

# **Feelings Scendario Cards**

I am watching my favorite movie. My mom made me popcorn. I feel \_\_\_\_\_.

I fell down and hurt my knee. I feel \_\_\_\_\_.

I am walking in the dark. I hear something move, but I cannot see it. I feel \_\_\_\_\_.

My friend just told me a lie. I feel \_\_\_\_\_.

My family and friends cannot play with me right now. I do not have anything to do. I feel \_\_\_\_\_.

I get to go to Disney World today! I have been waiting for this all year. I feel \_\_\_\_\_.

I just won my  
basketball game. I  
scored six points. I  
feel \_\_\_\_\_.

I stepped on my  
favorite game and it  
broke. I feel  
\_\_\_\_\_.

A big spider just ran  
across the floor. I  
feel \_\_\_\_\_.

Somebody stole my  
favorite pencil. I feel  
\_\_\_\_\_.

I had to come to work  
with my mom. There is  
nothing to do. I feel  
\_\_\_\_\_.

My parents are taking  
me to get a new bike  
today. I cannot wait!  
I feel \_\_\_\_\_.

I am playing my favorite game with my best friend. I feel \_\_\_\_\_.

My dog just ran away. We cannot find him anywhere. I feel \_\_\_\_\_.

I have to go to a new school tomorrow. I will not know anybody. I feel \_\_\_\_\_.

My brother just ripped my math homework in half. I worked hard on it and now it is ruined. I feel \_\_\_\_\_.

I am at my grandma's house and it is raining outside. I wish I had brought my toys. I feel \_\_\_\_\_.

I get to go ice-skating today. I cannot wait for school to be over so I can go! I feel \_\_\_\_\_.