



Nursing News

November 2021



Congratulations to:

- **Debi Reynolds** for receiving the DAISY award. Presentation was held on November 4th and attended by Dr. Frank Lattarulo, members of the Recruitment, Retention and Recognitions council Pressure Injury Resources team members and clinical staff.
- The following nurses who presented posters at Northwell Health's 27th Annual Research and EBP Virtual Conference on November 5, 2021. Phelps nurses represented 3 of the 16 total posters presented. In addition to the virtual poster presentations, the nurses followed with a Q&A session.
 - **Catalina Chistol, RN** who presented "Evaluation of Depression Screening Tools for the Older Adult, which represented her work with **Daniella Gavilanes, RN** and **Meaghan McKiernan, RN**.
 - **Doreen Gallagher, RN** who presented "Dynamic Appraisal of Situational Aggression (DASA): An integrative review."
 - **Neethu Gopinadh, RN** who presented "Improve the Knowledge Level of Clinical Nurses: Development of an Extravasation Management Protocol".
 -

Thank you for your efforts and representing Phelps so well!

- All our **Nurse Practitioners** for all that you do as we celebrated National Nurse Practitioner Week held Nov. 7-13, 2021.



Organizational Development Department Classes: Register in iLearn

- **Conflict and Delegation Workshop** – December 3, 8am-12pm, Auditorium
- **CPI (Initial)** – December 6, 8:00am- 4:00pm Auditorium
- **CPI (Renewal)** – December 20, 9am-1pm, Auditorium
- **Everyday Bias Workshop** – December 7, 10am-12:00pmin the Auditorium
- **Emotional Intelligence for Team Members** – Dec. 8, 10:00am-12:00pm in the Boardroom

Educational Opportunities:

- Medical Surgical RN Certification Live Virtual Review Course:

Part 1: Thursday, December 2, 2021 4:00pm-7:00pm EST

Part 2: Tuesday, December 7, 2021 4:00pm-7:00pm EST

Part 3: Tuesday, December 14, 2021 4:00pm-7:00pm EST

Part 4: Thursday, December 16, 2021 4:00pm-7:00pm EST

Cost - \$325 for Northwell RNs, Register through iLearn

- Psychiatric-Mental Health RN Certification Live Virtual Review Course:

Part 1: Monday, January 31, 2022 4:00pm-7:00pm EST

Part 2: Thursday, February 3, 2022 4:00pm-7:00pm EST

Part 3: Monday, February 7, 2022 4:00pm-7:00pm EST

Part 4: Thursday, February 10, 2022 4:00pm-7:00pm EST

Cost - \$325 for Northwell RNs, Register through iLearn

- Northwell Health's 2021 Virtual Diabetes Conference: December 10, 2021 8:00AM – 12:30PM (see attached flyer)

Telesitter Corner:

AvaSure

AMU Room Positioning 23/24

BEST LOCATION
 Close to doorway
 Close to hallway
 4"-6" from wall
 At foot of bed area, in room
 At least 6" away from TV
 Not sitting next to any WoW's (workplace on wheels)

SECOND BEST LOCATION
 Try to place mobile cart in Best location
 If this area is unavailable place cart in any yellow area.
*Monitor staff will notify clinical staff if placement is affecting wireless signal

INCORRECT LOCATION
 Far from doorway
 Close to outside wall
 In an alcove or closet in room
 At head of bed

Window

TV

Doorway

Bathroom

Telesitter Monitoring Update



Congratulations to our telesitter monitor techs for achieving our goal for number of **verbal interventions** per patient day (PPD). In 2021 we started out in with 1 verbal interventions PPD and now improved to **11 verbal interventions PPD!**



As the number of verbal interventions increases the number of pre-recorded messages decreases- Just what we wanted!



Congratulations to **5 North** for being the Safety Care Unit of the Month.

OCTOBER LANDING PAGE

Northwell Health - Phelps Memorial Hospital

AVASURE DEVICE UTILIZATION



PATIENTS DISCHARGED

From Avasure Video Monitoring for patient safety

108

TOTAL NEAR MISSES

Adverse Events Prevented

455

SAFETY CARE UNIT OF THE MONTH

For highest utilization of Avasure

5 NORTH



22

STAT ALARM
RESPONSE TIME (SECONDS)



2.4

STAT ALARMS
PER PATIENT DAY



11

VERBAL INTERVENTIONS
PER PATIENT DAY

Landing page data for last month will be updated by the 5th of the current month.

STAT ALARM RESPONSE TIME (SECONDS) > 19.5 seconds associated with an increased risk of falls. Guigley, PhD, MPH, MS, P.A., Vonnahme, MSN, RN, L., & Kaminiski, MS, J. (2019). Outcomes of Patient-Engaged Video Surveillance on Falls and Other Adverse Events. *Clinics in Geriatric Medicine*, 35(2), 253-262. <https://doi.org/10.1016/j.cger.2019.01.005>

Exciting news - look at the number of verbal interventions!


Need to be careful with the stat alarm response time creeping up and over 19 seconds.

Nursing Documentation Re-Design/Meditech Changes:

Several changes will occur in December/January to Nursing Documentation. A collaborative effort has occurred over the past year between *Nursing Re-Design Team* (clinical nurses), *Informatics Team/Department*, and Phelps Laboratory/Blood Bank.

A. ADMISSION Documentation for the Medical Surgical Patient (SOC)

1. Update/Change from Paper to Electronic

- 
- HxDB: **ADMISSION** Interview [update]
 - HxDB: **PMH/PSH** [update]
 - **REMOVED** → HxDB: Med/Surg Physical Assessment
 - **UPDATE** → **Med/Surg Shift Assessment**
“One-Stop-Shop”
 - For **ADMISSION**, **Shift Assessment**, **Transfer** (when a patient is received from another unit/ED/ICU), or **Ongoing Assessment** (update assessment due to change in patient condition).

B. Blood Product Administration

1. CHANGE from Paper to Electronic

- Physician’s Order Form/Blood Product Order Set
- Transfusion Administration Record
- Blood Warmer Daily Usage Sheet
- Possible Transfusion Reaction Form



2. KEEP these Paper forms

- Consent to Blood Transfusion
- Blood and Blood Product Release (used to pick up blood)
- Blood Bank Record (blood tag)
- Blood Verification SCRIPT Cards
- Code Fusion/Massive Blood Transfusion forms

C. Pain Management [see also attached]

Education & Implementation in December, 2021

1. Update or Change from Paper to Electronic

- Pain Assessment [update]
- PCA Assessment [new]
- **Handoff**—Controlled Substance/PCA/Transdermal Patch [new]
- eMAR Pain Assessment/Reassessment [update]

2. Changes in Practice to align with Northwell System PAIN Management Policy

- **RASS Sedation Scale** (Richmond Agitation Sedation Scale) → No longer using the POSS scale. Laminated guides will be placed on WOWs for reference.

- **Critical Care Pain Observation Tool Scale (CPOT)** → Adult critically ill who are unable to self-report pain (intubated or extubated patients).
- **FLACC** may be used for **Pediatric AND Adult patients** who are unable to verbalize pain or express pain with numeric values or Faces scale.

See attached information sheet for additional Pain Policy documentation information and screenshots.

New Northwell Policies—Implementation January 2022

PCS.1610 Wristbands, Color-Coded, High Alert Conditions

Color-coded wristbands are placed on the patient with the specified **HIGH ALERT CONDITIONS**, including Inpatient and Emergency Department patients.

Corresponding Standardized Processes Related to High Alert Conditions***

Wristband Color	High Alert Condition	Related Standardized Processes
RED	ALLERGY	Patient and allergy specific
YELLOW	FALL RISK	#PCS.1619: Fall Prevention
PURPLE	DO NOT RESUSCITATE	#100.24: Withholding and Withdrawing Life Sustaining Treatment Including Do Not Resuscitate (DNR) Orders #100.049: MOLST (Medical Orders for Life-Sustaining Treatment)
PINK	DO NOT USE EXTREMITY	#PCS.1631: Vital Signs for Adult and Pediatric Patients #PCS.1612: IV Insertion (Short Peripheral Catheters); #PCS.1625: Midline Catheter, Insertion, Maintenance, and Removal; #PCS.1602: Central Venous Access Devices CVAD
GREY	ASPIRATION PRECAUTIONS	#PCS.1664: Dysphagia Screening for Adults
BLUE	CRITICAL AIRWAY	#C100.2: Critical Airway Patients (Pediatrics); Site Policy may address Adult Critical Airway

***For all wristbands: other standardized processes not listed here, and patient specific interventions may apply.

Infection Control and Prevention: CHG Bathing

Chlorhexidine (CHG) bathing has been shown to reduce infections for patients with:

- Central Venous Catheters (CVCs)
- Multidrug Resistant Organisms (MDROs)
- And in the Intensive Care Unit (ICU)

Who should have CHG bathing daily?

- ICU Admissions
- Central Lines: PICC, TLC, Port, Dialysis, PA Line
- Midlines
- MDRO: MRSA, CRE, ESBL

What does nursing need to do?

- Help identify patients who need CHG bathing
 - CHG bathing is contraindicated for patients with an open wound
- Obtain a Physician's order for CHG bathing for identified patients

- Some patients will have an order as part of a reflexed order
- Bath patient with CHG wipes daily
- Document daily that CHG bathing was done

**** With your help and CHG bathing we can reduce our CLABSI and HAI risk. Thank you for helping offer our patients the best care possible! ****



Respiratory Reminder!

When using Vocera to contact your Respiratory Therapist covering any of these units: **ICU, ED, 5N, 5S, L&D, 4S, PACU, 3N, Endo, 2N, 2C, 1S**

Please say **“Call (insert unit) Respiratory”** to ensure you will contact the therapist covering your floor.

For all other areas, just ask for Respiratory.

Phelps Diet Order Changes:

Meditech diet order changes will take place on 11/29/21. The changes on the *attached flyer* identify how the orders will need to be placed by the provider and the resulting reflex orders or order details.

Labeling of Blood Specimens:

Please review the attached “Labeling of Blood Specimens” handout identifying the correct process.



Magnet Moments:

On November 11-13, ten Phelps nurses joined close to 150 Northwell nurses at the 2021 Magnet conference in Atlanta, Georgia. Northwell made a wonderful impression up front and center: the conference started with the Northwell nurse choir and the achievement of the Magnet Prize by Cohen Children's hospital. **Our Phelps nurses** were one of five Northwell hospitals that "walked on stage" and were recognized for having achieved Magnet status. The conference was fun and intense- learning and collaborating with 6000+ nurses from around the world. We look forward to sharing and implementing some of the best practices here at Phelps. See attached picture and video.

Thanks to all who supported the attendance of clinical nurses at the shared governance council meetings on Wed 11/17. Several of the nurses who attended the Magnet conference in Atlanta shared their experience: **Maria Mendlovsky** led a mini meditation at our Professional Practice & Development council meeting and began the discussion on how to incorporate wellness for nurses programs at Phelps, **Ellen Parise and Yve Lauture-Jerome** gave suggestions for Nurse's week 2022, **Lynda Neary** shared "the power of a simple idea" taken from keynote speaker, Josh Linkner and **Michael Palazzo** gave highlights of the conference culminating in stories already in progress on 2Center at the CNO Advisory council meeting.

The new 2023 Magnet manual was released: we will focus on the Donabedian Model (structure-process-outcome), use of evidence-based practice as a foundation for all we do, increase emphasis on shared governance (shared decision-making) and meet more ambulatory requirements.

If you are in school for your MSN degree or DNP for the nurse practitioner role, you are more than welcome to join our APRN council which meets the 2nd Tuesday of every month from 4:30p-5:30p in the Atrium or via MS Teams. Reach out to Judy Dillworth/Dorit Lubeck Walsh for more information.

We are back on our Magnet journey towards re-designation!



Nursing Promise Applications:

Nursing Promise is a donor-funded program providing incentive and financial assistance for Phelps Hospital Northwell Health employees beginning or advancing a career in nursing.

Employees accepted into Nursing Promise receive an annual grant from Phelps to assist with expenses.

Nursing Promise supports two paths to a BS in Nursing. Employees may earn a Bachelor's in Nursing, or if currently an RN with an Associate Degree, may pursue an RN to BS in Nursing.

Nursing Promise Scholars must:

- Be accepted and enrolled in an accredited program to earn a BS degree in nursing.
- Complete their degrees within four semesters in two consecutive years. No award is provided for less than two semesters.
- Complete "*Work Promise*" after graduation as defined in the policy in lieu of repayment of grant.

If you will be starting class for the Spring semester, 2022, the application for Nursing Promise is due by December 15th.

Culture of Care Facilitators Needed!

Keep the Culture of Care alive! Please consider becoming a Culture of Care facilitator or refreshing your skills if you are already one. Virtual train-the-trainer sessions will be held to review the curriculum, discuss facilitation best practices and address any questions/concerns for the program that is being rolled out to the staff. New facilitators can arrange a special Facilitation Workshop.

Upcoming Courses

- 12/20 from 10a-12p via Teams
- 1/25 from 9a-11a via Teams
- 2/23 from 9a-11a via Teams
- 3/17 from 9a-11a via Teams

*Registration is done via iLearn, keyword "*facilitation*" OR email nfilippa@northwell.edu directly to enroll.

Please contact Phyllis VonderHeide at x3168 or pvonderheide@northwell.edu for more information.

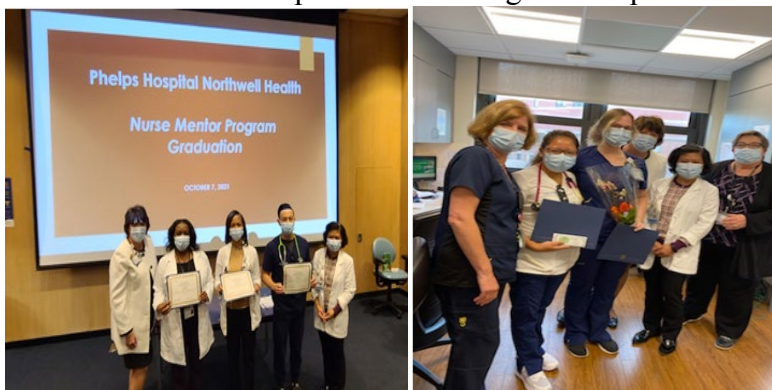
Nursing Website:

Special thanks to Catalina Chistol, BSN, RN, clinical nurse, 2 North, for creating a quick guide on how to access the nursing website. Perfect to post on your unit. *See Attached.*

You can also add the web address to your favorites for easy access: <https://1065226.site123.me/>

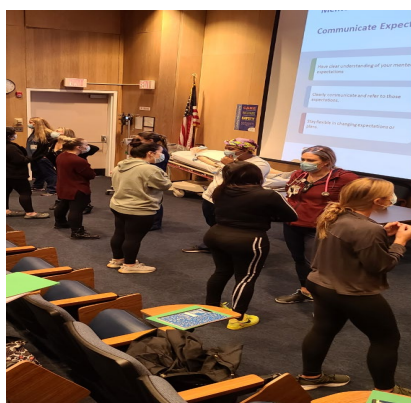
Mentor Program Updates:

Phase 3 of Northwell Health Nurse Mentor Program celebrated their year-long partnership last October 7, 2021. Members of this cohort expressed gratitude for the positive support that their mentor or mentee provided them. They also shared that through the program they met nurses outside of their department and expanded their professional network. The mentors also expressed that they feel rewarded when their mentees learn from the professional insights & experience that they shared.



Mary McDermott, SVP, PCS /CNO presented the Certificate to the participants during the Graduation Ceremony and on the unit.

Cohort 5 Entry to Practice track was launched in October 22, 2021. New RNs are matched with mentors after their orientation period to support their transition to practice. For this cohort, the dyads were matched according to their preferences. During the orientation they were given an opportunity to know each other and select their top 3 choices. Our aim for this activity is close to optimum relationship between mentors and their mentees.



Cohort 5 during the orientation.

For questions or any interest in the Mentoring Program, please contact Nancy Fox at nfox.northwell.edu or Cherry Lyn Fuentes @ chfuentes2@northwell.edu.

If you would like to submit information for publication please contact: Kathy Pappas, Organizational Development, at kpappas2@northwell.edu or ext. 3169. Thank you to all the contributors.

Happy Thanksgiving to all!