

# SKIN DOCUMENTATION

04/09/2021

4/13/21 PUR team  
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## 1. RISK ALERTS PRESENT ON ADMISSION

Risk Alerts Present on Admission		C	SC	ONADM	6 hrs
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Document Present on admission

Fri, Apr 9, 2021 1005 by Carolyn Young

PATIENT ON ADMISSION WITH:	
Risk Alerts present on Admission:	<input type="checkbox"/> Foley Catheter
	<input type="checkbox"/> Adult Diaper
	<input type="checkbox"/> PICC Line
	<input type="checkbox"/> None
	CVAD includes any of the following: Midline, Hickman Broviac, Infusaport, Triple Lumen(Subclavian), Single/Double/Triple Lumen, Groshong, Arterial, Shiley, Quinton, PICC, Femoral, Intraosseous, Adjunct Internal Jugular

## 2. PRESSURE INJURY/ULCER UPON ADMISSION (Currently in HxDB ADM:Physical -- Med/Surg)

MANDATORY PRESSURE POINTS EVALUATION	
OCCIPITAL SCALP - Skin intact/without redness?	<input type="radio"/> Yes <input type="radio"/> No
POST AURICULAR - Both intact/without redness?	<input type="radio"/> Yes <input type="radio"/> No
SCAPULA - Both intact/without redness?	<input type="radio"/> Yes <input type="radio"/> No
ELBOWS - Both intact/without redness?	<input type="radio"/> Yes <input type="radio"/> No
TROCHANTER - Both intact/without redness?	<input type="radio"/> Yes <input type="radio"/> No
SACRUM - Skin intact/without redness?	<input type="radio"/> Yes <input type="radio"/> No
KNEES - Both intact/without redness?	<input type="radio"/> Yes <input type="radio"/> No
HEELS - Both intact/without redness?	<input type="radio"/> Yes <input type="radio"/> No
MALLEOLUS - Both intact/without redness?	<input type="radio"/> Yes <input type="radio"/> No
Details	
If ANY of the previous 9 questions have a "NO" answer, BRIEFLY describe details, then add and DOCUMENT on Pressure Ulcer Assessment Intervention.	

### 3. GENERAL ASSESSMENT (Shift Assessment Med/Surg)

#### • CV ASSESSMENT (bottom of section....)

SKIN / GENERALIZED ASSESSMENT	
Temperature	<input type="radio"/> Warm <input type="radio"/> Hot <input type="radio"/> Cool <input type="radio"/> Cold
Color	<input type="radio"/> Normal <input type="radio"/> Flushed <input type="radio"/> Pale <input type="radio"/> Ashen <input type="radio"/> Jaundiced <input type="radio"/> Ruddy <input type="radio"/> Cyanotic <input type="radio"/> Mottled <input type="radio"/> Sallow <input type="radio"/> Dusky <input type="radio"/> Other _____
Moisture	<input type="radio"/> Dry <input type="radio"/> Diaphoretic <input type="radio"/> Clammy
Turgor	<input type="radio"/> Good <input type="radio"/> Fair <input type="radio"/> Poor
ADDITIONAL INFORMATION	
CV Comment	

#### • SKIN INTEGRITY ASSESSMENT

Skin is Intact.

NO Ulcers,  
Wounds, or  
other Skin  
Alterations

SKIN INTEGRITY ASSESSMENT	
	<input type="radio"/> Yes <input checked="" type="radio"/> No <b>INTACT</b> If YES, skin is intact, no further skin documentation required. If NO, Must Document Details On: ***If pressure ulcer present - use Pressure Ulcer Assessment **If wound present - use Wound Assessment *If rash, skin tear, abrasion/bruising, etc present - Document BELOW on Skin Integrity System Assessment.
SKIN - Occurrence #1	
Skin Issue <b>Problem Type</b> <input type="radio"/> Abrasion <input type="radio"/> Dermatitis <input type="radio"/> Linear split <input type="radio"/> Rash <input type="radio"/> Amputation <input type="radio"/> Dialysis access <input type="radio"/> Ostomy <input type="radio"/> Scab <input type="radio"/> Blister(s) <input type="radio"/> Ecchymosis <input type="radio"/> Petechiae <input type="radio"/> Scar(s) <input type="radio"/> Burn <input type="radio"/> Eschar <input type="radio"/> Port <input type="radio"/> Skin tear(s) <input type="radio"/> Contusion <input type="radio"/> Laceration <input type="radio"/> Purple area <input type="radio"/> Tube(s)	<input type="checkbox"/> Other <b>SATA =</b> <input type="checkbox"/>
Body Location <input type="checkbox"/> Generalized <input type="checkbox"/> Left <input type="checkbox"/> Right <input type="checkbox"/> Upper <input type="checkbox"/> Lower <input type="checkbox"/> Anterior <input type="checkbox"/> Posterior <input type="checkbox"/> Medial <input type="checkbox"/> Lateral	
Body Site (Listed Head to Toe) <input type="radio"/> BODY <input type="radio"/> Eye <input type="radio"/> Finger <input type="radio"/> Coccyx <input type="radio"/> Leg <input type="radio"/> Head <input type="radio"/> Ear <input type="radio"/> Thumb <input type="radio"/> Buttock <input type="radio"/> Thigh <input type="radio"/> Scalp <input type="radio"/> Shoulder <input type="radio"/> Nailbed <input type="radio"/> Ischium <input type="radio"/> Knee <input type="radio"/> Face <input type="radio"/> Axilla <input type="radio"/> Breast <input type="radio"/> Abdomen <input type="radio"/> Calf <input type="radio"/> Nose <input type="radio"/> Arm <input type="radio"/> Chest <input type="radio"/> Hip/Trochanter <input type="radio"/> Ankle <input type="radio"/> Neck <input type="radio"/> Elbow <input type="radio"/> Back <input type="radio"/> Perineum <input type="radio"/> Foot <input type="radio"/> Cheek <input type="radio"/> Wrist <input type="radio"/> Trunk <input type="radio"/> Genitalia <input type="radio"/> Toe <input type="radio"/> Chin <input type="radio"/> Hand <input type="radio"/> Sacrum <input type="radio"/> Groin <input type="radio"/> Heel <input type="radio"/> Other _____	<b>Alphabetize</b>
SKIN CONDITION	
Skin symptom(s) <b>Appearance</b> <input type="checkbox"/> Diaphoretic <input type="checkbox"/> Macerated <input type="checkbox"/> Dry <input type="checkbox"/> Moist <input type="checkbox"/> Edematous <input type="checkbox"/> Pruritis <input type="checkbox"/> Excoriated/Denuded <input type="checkbox"/> Rash <input type="checkbox"/> Flaky <input type="checkbox"/> Scaly <input type="checkbox"/> IAD-Incon Asso Dermatitis <input type="checkbox"/> Weepy <input type="checkbox"/> Intertrigo Dermatitis	<input type="checkbox"/> Denuded <b>Remove</b>
Temperature	<input type="radio"/> Warm <input type="radio"/> Hot <input type="radio"/> Cool <input type="radio"/> Cold
Color	<input type="radio"/> Normal <input type="radio"/> Erythema/Redness <input type="radio"/> Mottled <input type="radio"/> Cyanotic <input type="radio"/> Flushed <input type="radio"/> Pale <input type="radio"/> Dusky <input type="radio"/> Hemosiderin staining <input type="radio"/> Pink <input type="radio"/> Ecchymosis <input type="radio"/> Jaundiced <b>purple</b> <input type="radio"/> Other _____
Skin Additional information REMEMBER: **Pressure Ulcers are documented on Pressure Ulcer Assessment **Wounds are documented on Wound Assessment	

Body Location	<ul style="list-style-type: none"> <li>Left</li> <li>Right</li> <li>Bilateral</li> </ul>	<ul style="list-style-type: none"> <li>Upper</li> <li>Middle</li> <li>Lower</li> </ul>	<ul style="list-style-type: none"> <li>Anterior</li> <li>Posterior</li> </ul>	<ul style="list-style-type: none"> <li>Medial</li> <li>Lateral</li> </ul>	<ul style="list-style-type: none"> <li>Proximal</li> <li>Distal</li> </ul>	<ul style="list-style-type: none"> <li>Dorsal</li> <li>Volar</li> </ul>
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frontal  
occipital  
temporal

(Ventral)



#### 4. SKIN RISK ASSESSMENT scale

SKIN RISK ASSESSMENT SCALE	
Moisture Risk	<input type="radio"/> Constantly Moist <input type="radio"/> Very Moist <input type="radio"/> Occasionally Moist <input type="radio"/> Rarely Moist
Sensory Perception	<input type="radio"/> Completely Limited <input type="radio"/> Very Limited <input type="radio"/> Slightly Limited <input type="radio"/> No Impairment
Activity Risk	<input type="radio"/> Bedfast <input type="radio"/> Chairfast <input type="radio"/> Walks Occasionally <input type="radio"/> Walks Frequently
Mobility Risk	<input type="radio"/> Completely Immobile <input type="radio"/> Very Limited <input type="radio"/> Slightly Limited <input type="radio"/> No Limitations
Nutrition	<input type="radio"/> Very Poor <input type="radio"/> Probably Inadequate <input type="radio"/> Adequate <input type="radio"/> Excellent
Friction & Shear Risk	<input type="radio"/> Problem <input type="radio"/> Potential Problem <input type="radio"/> No Apparent Problem
Skin Risk Total Score	<div style="border: 1px solid black; width: 100px; height: 20px; margin-bottom: 5px;"></div> (points) Patients with a total score of 18 or less are considered to be at risk of developing pressure ulcers: - 15 to 18 = Mild Risk - 13 to 14 = Moderate Risk - 10 to 12 = High Risk - 9 or less = Very High Risk  ****If score is 18 or less, ADD "Turn and position patient every 2 hours" and "Skin Care Products" interventions!
<b>MEASURES BASED ON SCORE OF 18 OR LESS</b>	
Potential for skin breakdown	<input type="radio"/> YES, Risk Score is 6-18 <input type="radio"/> NO, Risk Score is 19-23
Sensory perception, mobility & activity measures	<div style="display: flex; justify-content: space-between;"> <div> <input type="checkbox"/> Turn and position Q2H  <input type="checkbox"/> Suspend heels off bed  <input type="checkbox"/> Press. redistribution bed  <input type="checkbox"/> Air tap repositioner             </div> <div> <input type="checkbox"/> Heel protectors  <input type="checkbox"/> Chair cushion/pillow  <input type="checkbox"/> Low air-loss bed  <input type="checkbox"/> N/A             </div> <div> <input type="checkbox"/> Keep HOB &lt; 30 degrees  <input type="checkbox"/> Air overlay mattress  <input type="checkbox"/> Involve PT if necessary             </div> </div> <p><i>Routinely</i></p> <p><del>**Low Air Loss bed - look for PINK label on foot of bed</del> <i>scale</i></p>
Moisture management	<div style="display: flex; justify-content: space-between;"> <div> <input type="checkbox"/> Moisture barrier  <input type="checkbox"/> Indwelling catheter  <input type="checkbox"/> Alter. incontinence meas.             </div> <div> <input type="checkbox"/> Fecal Management  <input type="checkbox"/> Check skin folds  <input type="checkbox"/> Female urine mgmt system             </div> <div> <input type="checkbox"/> Peri-cleanser  <input type="checkbox"/> Separate skin folds  <input type="checkbox"/> N/A             </div> </div>
Nutrition measures	<div style="display: flex; justify-content: space-between;"> <div> <input type="checkbox"/> Nutrition consult ordered  <input type="checkbox"/> Feeding tube             </div> <div> <input type="checkbox"/> NPO status  <input type="checkbox"/> Supplements             </div> <div> <input type="checkbox"/> Encourage p.o. intake  <input type="checkbox"/> IV Fluids  <input type="checkbox"/> N/A             </div> </div>
Friction & shear measures	<div style="display: flex; justify-content: space-between;"> <div> <input type="checkbox"/> HOB @ lowest position  <input type="checkbox"/> Have pt. use a trapeze  <input type="checkbox"/> N/A             </div> <div> <input type="checkbox"/> Remove stockings Q shift  <input type="checkbox"/> Inspect under devices  <input type="checkbox"/> Foam dressing             </div> <div> <input type="checkbox"/> Moisturize heels &amp; skin  <input type="checkbox"/> Use LIFT sheets             </div> </div>
<b>SKIN STAGE AND TREATMENT GUIDELINES</b>	
Skin Stage and Treatment Guidelines	<div style="border: 1px solid black; width: 100px; height: 20px; margin-bottom: 5px;"></div> NOTE: Contact WOCN or CNS/Director if a specialty mattress or bed is needed.  NOTE: Suspected deep tissue injury, Stage I, II, III, IV, or Unstageable requires documentation on PRESSURE ULCER ASSESSMENT!  NOTE: Refer to the Skin Care Guidelines for appropriate treatment in the absence of MD order.

*Text Foam Dressing*



## Nursing Standards of Practice

\*All policies and procedures are reviewed and/or revised at least every two years.  
A hard copy of all policies and procedures, along with attachments, is maintained in Nursing Administration office.

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\*\*\*Last reviewed/revised: 6/19

- S PCS.1633
- \*Seclusion (Also in AP+P manual)
  - \*Sedation Scale
  - \*Skin Care Management**
    - \*Skin Care Standard
    - \*Skin Integrity Protocol
    - \*Perineal Skin Integrity Guidelines
    - \*Pressure Ulcer-Prevention, Assessment, Management
    - \*Pressure Ulcer (Injury) Staging Guidelines
    - \*Skin Tears Guidelines

Northwell Health

System Patient Care Services

<b>POLICY TITLE:</b> <b>Pressure Ulcer: Prevention, Assessment, and Management</b>	System Nursing Policy and I
<b>POLICY #:</b>	<b>CATEGORY SECTION: System Patient Care Services Policy, Procedure &amp;</b>
<b>System Approval Date: 1/28/2016</b>	<b>Effective Date: 12/2001</b>

3/2021

## Skin Care Policies/Protocols 2021

Current Phelps Hospital Policy/Standard	Suggestions....	What do you think?
1. Ostomy and Wound Consultation Services	?	
2. Rectal Tube Insertion and Use (not Dignicare)	Can 2 these be combined	
3. Dignicare Rectal Tube	above	Fecal Management System?
4. <b>Negative Pressure Wound Therapy (NPWT)</b>	Update	
5. <b>Skin Care Standard</b>	Management Policy 7/2015	
<b>Northwell Guidelines:</b>		
6. NW: <b>Pressure Injury Prevention, Assessment &amp; Management</b>	Keep	PCS.1666 2/21
7. NW: <u>Perineal Skin Integrity Guidelines</u>	Keep	
8. NW: <b>Pressure Ulcer (Injury) Staging Guidelines</b>	Keep	
9. NW: Skin Tears Guidelines	Keep	
10. NW: Biliary Drain (NEW)	NEW/Educate	PCS.
11. NW: <b>Oral Hygiene Care for Dependent Patients</b>	New/Educate	PCS.1621 2/21
12. NW: Skin Tool Kit		
<b>Current Protocols</b>		
1. <del>Diaper Use</del>	Retire	
2. <del>External Catheter Management</del>	Retire	
3. Fecal Management System	Combine /Retire (above)	
4. <del>Incontinent Patient</del>	Retire	
5. <del>Negative Pressure Wound Therapy (NPWT)</del>	Retire	
6. <b>Ostomy Management</b>	Convert to a Policy	
7. <del>Skin Integrity</del>	Retire	
8. <del>VAC Protocol</del>	Retire	
9. <b>Stomatitis (Oral) Mucositis</b>	Update with NW policy	10/15
10. <del>Pull-Ups</del>	Retire	