

# Nursing News February 2021



# **Congratulations to:**

- <u>Neethu Gopinadh</u>, MSN, RN, OCN, VA-BC<sup>™</sup>, has been selected as one of the recipients of a 2021 ONS Congress Conference Scholarship. Neethu is the Clinical Professional Development Educator for the Infusion Center and Cancer Institute. She will be recognized during the Oncology Nursing Society's Annual Congress which will be held virtually in April.
- Josenia Lawlor, BSN, RN, CRNI®, for her article published by the Infusion Nurse Society (INS) entitled "Lived Experiences during COVID19." Josie is a Vascular Access Nurse Specialist on the Phelps' Vascular Access Team.
  <a href="https://www.insl.org/lived-experiences-during-covid-19/?utm\_campaign=540109\_Notebook-2-4-2021&utm\_medium=email&utm\_source=Phelps%20HR&dm\_i=5AGV,BKR1,2X4MQ2,1BOJD,1">https://www.insl.org/lived-experiences-during-covid-19/?utm\_campaign=540109\_Notebook-2-4-2021&utm\_medium=email&utm\_source=Phelps%20HR&dm\_i=5AGV,BKR1,2X4MQ2,1BOJD,1</a>

## **Organizational Development Department Classes:**

- The **2021 BLS schedule** is attached, please call ext. 3166 to schedule your class. Don't wait until the last minute, class size is limited due to COVID restrictions.
- Heartcode BLS is another option to renew your BLS certification. <u>Part 1</u> is the online interactive curriculum and test. <u>Part 2</u> involves a computerized demonstration of skills. Call ext. 3166 to be assigned the program.

<u>Register in iLearn for the Professional Development classes listed below</u>. Register early in the year before classes are closed out.

## Coming Soon......

- Everyday Bias, February 25<sup>th</sup>, 1:00pm 3:00pm
- Conflict and Delegation Workshop, March 31st, 8:30am 4:30pm

<u>\*\*2021 Research and EBP Calendar\*\*</u> attached. Calendar also available on the Nursing Research Website.

<u>Debbie Tascone Nursing Scholarship</u> – Every year, Northwell awards six Debbie Tascone Scholarships to nursing students who are Northwell employees or qualifying dependents who exemplify Northwell's values. The application deadline is <u>Friday</u>, <u>March 12</u>, 2021. **Please see attached "Debbie Tascone Nursing Scholarship Overview & FAQ for further details.** 





## **Blood Bank: Transfusion Reactions Review**

Any unfavorable and harmful transfusion related events occurring in a patient during or after transfusion of blood or components is called a TRANSFUSION REACTON. Some examples include fever, chills, urticaria, hives, anaphylaxis, respiratory distress, cyanosis, loss of consciousness, and death. A patient can start to have a reaction within minutes of starting the transfusion. A patient can also experience a reaction post transfusion (i.e., post transfusion purpura associated with platelet transfusions or a drop in hemoglobin indicating a delayed hemolytic reaction to red blood cells). All reactions should be documented on the Possible Transfusion Reaction Form and Blood Bank notified.

#### **Magnet Moments:**

## Shared Governance Council Meeting Update

**APRN Council** chaired by Dorit Lubeck-Walsh, MSN, ANP-BC on 2/9/21. Thanks to Dr. Rebecca McAteer and Rev. Tenku Ruff who led a discussion using a 4-quadrant tool taken from the Providence Center of Healthcare Ethics (clinical integrity, beneficence, autonomy, justice/nonmaleficence) as a "practical approach" to address Ethical concerns.

This past Wed, 2/17, we had increased attendance and participation by our clinical nurses during our Shared Governance Council meetings. We created a grid with names of members for each council. Our goal this year is to have *consistent members* at each council meeting; these RNs represent all of you and obtain your feedback during your monthly unit/service council meetings. Please let Judy Dillworth (x3509) know when your meetings will be held next, so that you can get off to a good start. We have template agendas & meeting minutes and your unit dashboards to help focus on areas of opportunity. **Thanks again** to your Nurse Managers and Directors for facilitating our structure which supports clinical nurse input into decision-making. Check out the Nursing website for meeting minutes; highlights are:

**Recruitment, Retention & Recognition Council**: Our Talent Acquisition specialists shared the MyExperience platform for available positions at Phelps/Northwell and use of the career framework to support professional goals and career advancement.

**New Knowledge & Innovation Council:** Myrta Rabinowitz, PhD, RN, from Northwell's Institute for Nursing will be supporting this council, EBP and Research. Please consider becoming CITI- trained and identifying topics of interest for future research. Stay tuned for *"Noontime Knowledge"* sessions (regarding self-care) held monthly on Friday from 12p-1p.

**Professional Practice & Development Council:** Discussed support of our colleagues who are "going to school (BSN, MSN, Doctorate)", preparing for a certification exam or sustaining certification. We will finalize target BSN and Certification Rates (Unit/organizational level) at NLC this Wed., 2/24.



**Quality & Safety Council:** Angela Sniffen presented important aspects of clinical documentation. Helen Renck, MSN, RN shared the safety survey results (taken from the Employee Engagement Survey) – RNs identified team communication as an area to work on.

**CNO Advisory Council:** Mary invited Pam Lipperman to share that \$200,000.00 was donated (2020 Champagne ball matched by Phelps Hospital) in the "People Caring for People Education Fund" for education on helping the mind, body or spirit". Applications for individuals/teams will be available soon. *Judy Dillworth* 

## **Age-Friendly Health Systems Pilot Study:**

The Age-Friendly Health System (AFHS) Committee is pleased to announce the start of the Institute for Healthcare Improvement (IHI) Level II *Committed to Care Excellence* process with a 4Ms pilot study on 3 North starting February 2, 2021. The 4Ms model of care will track the practices of *What Matters Most*, Mentation, Mobility and Medication for patients 65+ years of age. Achieving the *Committed to Care Excellence* recognition requires the submission of data documenting our ability to deliver the 4Ms model of care to 95% of the patients age 65+ on 3 North over a three-month period. The IHI's 4Ms model is a shift in the paradigm of care for older adults. It is the foundation for what drives care and decision making in the inpatient and ambulatory care settings.

Achieving this recognition requires an interdisciplinary approach and is dependent on the entire Phelps team embracing the 4Ms model of care.

Please direct any questions to **Ellen Woods at x3937 or ewoods3@northwell.edu**. *A special thank you to Ellen Parise and her team for helping us launch this initiative* 

# **Infection Prevention:**

The green **Curos Caps and Tips** used for IV lines <u>will be eliminated</u> from hospital inventory. For best practice to prevent central line or peripheral IV infections:

- Vigorously scrub the hub for 5-15 seconds with alcohol or a CHG swab and allow to air dry for 5 seconds.
- Cap the end of the IV tubing with the sterile male cap.

See attached educational flyer.



# Lab: New Glucose Critical Values and Reference Ranges

Effective February 2, 2021 the Point of Care and Main Laboratory glucose reference ranges and critical values have changed. These changes are being implemented across Northwell Health as both a patient safety enhancement and alignment with American Diabetic Association guidelines.

The new Point of Care Critical Ranges are:



- Birth to 1 year < 31, >299
- 1 year to adult < =54, >=450

#### **Meditech Updates:**

- The Translation/Interpreter Record intervention has been added to all Standards of Care as a PRN intervention. Document every patient and/or patient family interaction using interpretation services.
- COVID Discharge Instructions are now available in Meditech under Patient Instructions. Only choose the Northwell Health instructions (see below).



## Safe Patient Handling Air Tap and HoverMatt

- Air-assisted lateral transfer devices can be utilized **outside of negative pressure rooms** the key is to ensure all have proper PPE donned. You can use the Air Tap or the HoverMatt to assist patients who are COVID positive if everyone in the room (including those not helping) are wearing proper PPE.
- Cleaning
  - The filter is to be changed annually (see attachment for details).
  - Pumps are to be cleaned using hospital grade wipes in between patient use (refer to pdf for more details).

#### National Patient Safety Goals :

The purpose of the National Patient Safety Goals is to improve patient safety. The goals focus on problems in health care safety and how to solve them (see attachment). There will be an iLearn assignment in the spring to further describe the goals and the interventions that Phelps uses to address these important safety goals.



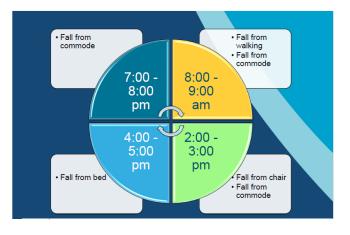
## **Pharmacy - Alaris Guardrails Usage:**

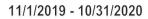
Phelps Guardrails usage for January was 85.86%. The Northwell goal is 92% compliance. Why are RNs using the *Basic Infusion* function rather than *Guardrails Drugs* or *Fluids*? One reason may be the medication is not in Guardrails, but there may be other reasons. Please identify potential opportunities for improving the use of Guardrails and let manger know or email Brian McGrinder, Director of Pharmacy, at <u>bmcgrinder@northwell.edu</u>.

#### **Telesitter Hot Topic**

Phelps Hospital has a quarterly Telesitter Newsletter (see attachment) that presents the data collected on falls and the telesitter intervention.

Did you know? ......





Highest % of falls by disposition with peak times

- The preferred method of communication to the patient is by using your own voice, not the prerecorded message.
- Ongoing communication and building a rapport with patients can often assist in improving responses to interventions. Speaking to the patients as often as possible can improve this very important metric.

<u>Stericycle CsRx Waste Compliance Program</u> is scheduled to begin this month. Container boxes will be installed in medication areas to safely dispose of controlled substances. An iLearn has been assigned to all nurses. Please check your iLearn assignments and complete if not done already.





## Northwell Institute for Nursing Virtual Certification Reviews:

#### • Critical Care Virtual Certification Review Course

March 9, 11, 23 and 25, 2021 All sessions are 4:00pm – 7:00pm via Zoom Employee price: \$325 for 12.0 Contact Hours Groups of 10+ can receive certification exam group discount Go to AACN website to check for eligibility requirements (see link below) https://www.aacn.org/certification/get-certified/ccrn-adult?dm\_i=49BX,ZXR0,1JYM52,4I6UC,1 Search "CCRN Certification Virtual Review Course 2021" on iLearn to register.

#### • Medical-Surgical Virtual Certification Review Course

<u>March 2, 4, 9 and 11, 2021</u> All sessions are 4:00pm – 7:00pm via Zoom Employee Price: \$325 for 12.0 Contact Hours Go to ANCC website to check for eligibility requirements (see link below) <u>https://www.nursingworld.org/our-certifications/medical-surgicalnurse/?dm\_i=49BX,ZXR0,1JYM52,4I6UD,1</u> Search "Medical Surgical Certification Virtual Review Course 2021" on iLearn to register.

## • Ambulatory Certification Virtual Review Course 2021

March 4, 11, 18 and 25

All sessions are 5:00pm – 8:00pm via Zoom Employee Price: \$325 for 12.0 Contact Hours Go to ANCC website to check for eligibility requirements (see link below) <u>https://www.nursingworld.org/our-certifications/ambulatory-care-</u> <u>nursing/?dm\_i=49BX,ZXR0,1JYM52,4I6UD,1</u> Format of this exam will change after May 1, 2021 Search "Ambulatory Certification Virtual Review Course 2021" on iLearn to register.

\*Medical-Surgical and Ambulatory Certifications – Initial certification exams qualify to be taken under Northwell Health/ANCC's Success Pays® Program.

For course outlines, instructor information or ANCC's Success Pays® Program, please contact Ariana Mahato, MHA <u>amahto@northwell.edu</u>.

#### **Other Northwell Courses:**

#### **Cardiac Interprofessional Virtual Conference**

<u>Thursday, March 11, 2021</u> 9:00am – 1:00 pm \$25 Northwell Employees, Contact hours provided, register through iLearn

If you would like to submit information for publication please contact: Kathy Pappas, Organizational Development, at <u>kpappas2@northwell.edu</u> or ext. 3169. Thank you.