

Phelps Hospital Nursing News December 2020



Celebrations:

- Neethu Gopinadh RN of the Infusion Center submitted two abstracts to the ONS. Both of them got accepted for poster presentations at the 46th ONS National Congress to be held in Washington, D.C. in April, 2021. The poster topics were "Hazardous Drugs" and "Management of Extravasation".
- Doreen Gallagher RN of 1 South has been accepted into the 2021 EBP Fellowship Program at Northwell Health, Institute for Nursing.
- Doreen Gallagher RN of 1 South completed her DNP from Chamberlain University. Her graduation will be in January 2021 via Zoom.
- Lourdes Mendez, RN of the OR received her BSN from Chamberlain University in October 2020.

Organizational Development Department Classes:

- The 2021 BLS schedule is attached, please call ext. 3166 to schedule your class. Don't wait until the last minute, class size is limited due to COVID restrictions.
- 2021 CPI schedule is attached.

Register in iLearn for the Professional Development classes listed below. Register early in the year so you are not shut out. Check your emails for the complete schedules of all the classes- it was recently sent out to everyone.

- Being in Charge, a Professional Development Workshop, January 12th, 8:30a-4:30p.
- Passport to Preceptorship, February 23rd, 8:30a-4:30p
- Evidence Based Practice, February 26th, 9a-1p.

Nursing Website: check out the Nursing Website to view the next Phelps Sprout Inspiring Interview:

- https://1065226.site123.me/
 - o In the Spot Light
 - Phelps Sprouts



<u>Magnet Moments:</u> Shared governance councils continued despite snowstorms and change in meeting venue

We have quickly returned to our next Magnet journey! On Wed Dec 16, all of our meetings were completely virtual and once again, they were fantastic and inspiring! We had wonderful attendance and participation at each of the councils (CNO advisory was cancelled with the impending storm). While we were all able to connect, it was suggested at several meetings that we have a designated and rotating "microsoft mentor" to assist with technology. Common themes of the councils are highlighted here:

We reviewed our 2020 accomplishments and began to identify goals for 2021.

There will be a virtual Golden Ticket event, sponsored by Northwell 1/7/20 and we have an **immediate need** for nurses to submit **30-60 second "selfie videos"** of what it means to work at Phelps, at Northwell or a newly designated Magnet organization. Thanks to Erin Brady, RN clinical RN, ED, (Professional Practice & Development council), a broadcast email message was designed and forwarded to all RNs (Thanks Nancy Fox). Look for the email or review the guiding questions attached. Please send your video to IDillworth@northwell.edu. If selected, the nurse will receive a prize.

Also look for weekly emails from the Wellbeing Recognition and Resilience (WRR) task force which describe interdisciplinary initiatives for creating and sustaining a **healthy work environment** (**HWE**). Our goal for 2021 is to research existing staffing models based on census, patient acuity and RN experience/skill under the standard of "workload and staffing".

We celebrated recent Phelps awards (submitted by nurses): The **GOLD GoClear award** from AORN, Redesignated **NICHE with exemplar status** (both at the highest level) and we are expecting the "**CNOR Strong**" award, recognizing that more than 51% of our OR nurses are CNOR certified. We continue to celebrate recognitions by patients by honoring nurses with the **DAISY award**. We will launch the DAISY "team award" next year.

We recognized **Doreen Gallagher, RN** as being selected by Northwell to represent Phelps as an "EBP fellow". A big thank you to **Alicia Mulvena, RN** for her continuous support and mentorship, especially for the New Knowledge and Innovation council members. We are glad to see that she will "still be around" in 2021. This has been a challenging and yet, exciting year. At Phelps, we have demonstrated that Phelps is strong and resilient, especially during times of adversity. We wish you God's blessings for safe, healthy and peace during the holidays and every day of the year!

Judy Dillworth

NICER Research Study:

The NICER Research Pilot Study is Seeking Volunteers for the Patient Immersion Experience. Ever wonder what it would feel like to be on the other side of a patient encounter? Calling all interested family medicine residents/faculty, hospitalists, and nurses/techs to participate in this innovative research project (the first of its kind) by spending a night at Phelps "admitted" for a simulated inpatient hospital stay as a volunteer "patient".

As an IRB approved research study, NICER-P (Northwell-Phelps Immersion in Clinical Empathy and Reflection Pilot) has been designed and thoroughly reviewed to ensure your safety. Any interested Phelps employees should email Rebecca McAteer, MD: rmcateer@northwell.edu or Candice Johnson, RN (cjohnson21@northwell.edu) to learn more.

ENROLLMENT FOR THE NICER STUDY IS EXTENDED TO DECEMBER 31, 2020

SEE THE ATTACHED FLYER

Phelps Memorial Hospital Earns the AORN Go Clear Award for Surgical Smoke Safety:

In late November, the Phelps Hospital Operating Room team earned the AORN Go Clear Award for its achievement in eliminating hazardous smoke from its surgical procedures. The Go Clear Award is presented by the Association of Perioperative Registered Nurses (AORN) to recognize health care facilities that have committed to providing increased surgical patient and healthcare worker safety by implementing practices that eliminate smoke caused by the use of lasers and electrosurgery devices during surgery. Phelps earned its award by undergoing comprehensive surgical smoke education and testing and for providing the medical devices and resources necessary to evacuate surgical smoke during all smoke-generating procedures.

Surgical smoke is the unwanted by-product of energy-generating devices that are used in 90% of all surgeries. Its contents include toxic chemicals such as benzene, formaldehyde, hydrogen cyanide, carbon monoxide, viruses, bacteria, blood, and cancer cells. Inhalation and absorption of surgical smoke pose serious health risks to patients and surgical staff. Studies compare the inhalation of smoke from vaporized human tissue to the smoke created by cigarettes; the average daily impact of surgical smoke to the surgical team is equivalent to inhaling 27-30 unfiltered cigarettes. Today, it is estimated that only 50% of health care workers across the United States understand the hazards of smoke exposure.

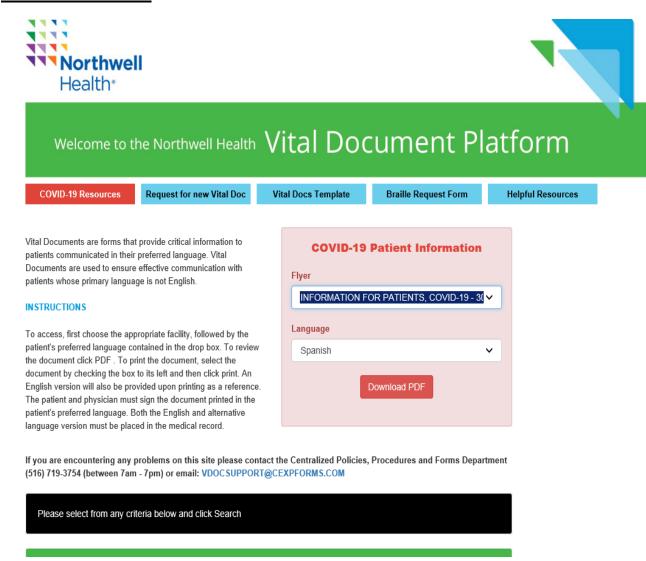
"Earning this award for Phelps was a departmental goal and was truly a collaborative effort on behalf of our surgeons, OR staff, OR educators, and Materials Management. It demonstrates our deep commitment to the health and safety of our patients and staff. We are proud to become the second hospital in the Northwell Health System to achieve this prestigious award." KellyAnn Esposito, Patient Care Manager (OR).

Journal Club:

Please make sure to check out new article posted by Gerry Dy, MSN, RN, CNOR, OR clinical nurse, on our Nursing Website/Journal Club.

22nd Journal Club Article - The mental health of healthcare workers in the COVID-19 pandemic: A systematic review

Patient Education:



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