# CHG Bathing Intervention [frequency default: DAILY] Eff.10/20/20

CHG BATHING	
CHG Bathing Performed:	O Yes O No Comment
	<ul> <li>Do not use on the face, eyes, ears, mouth, and internal genital area.</li> <li>Do not use if patient has any open, non-intact skin; a sensitivity, or allergy to CHG.</li> <li>If the patient experiences skin irritation, sensitivity, or a generalized allergic reaction, STOP use of CHG cloths and notify the provider</li> </ul>
CHG Bathing Reason - Pt in/has:	Central Line/PICC/Port Midline CU Intensive Care Unit Peri-Operative Procedure MDRO Multi-Drug Resis Org
Other CHG Bathing Reason:	

#### **Directions:**

- 1. Give bath with BLUE wipes
- 2. Change pt. linens & gown
- 3. Coat skin with CHG wipes-May use more wipes, if needed
- 4.NO lotions-inactivates CHG
- 5.Document



## Chlorhexidine Gluconate (CHG) Cloths

### CHG Bathing Process—Using All Cloths

- Use all six cloths in the following order:
  - 1. Cloth 1: Neck, shoulders, and chest.
  - 2. Cloth 2: Both arms, both hands, web spaces, and axilla.
  - 3. Cloth 3: Abdomen and then groin/perineum.
  - 4. Cloth 4: Right leg, right foot, and web spaces.
  - 5. Cloth 5: Left leg, left foot, and web spaces.
  - 6. Cloth 6: Back of neck, back, and then buttocks.
- After application to each body site, be sure to clean tubing from Foleys, drains, Gtube/J-tubes, rectal tubes, chest tubes within 6 inches of the patient.

CHG Bathing Process—Bacteria Colonization on Skin

Use additional cloths if needed for incontinence or for obese patients.

### CHG Bathing Process—Key Points

- Firmly massage skin with CHG cloth.
  - Skin may feel sticky for a few minutes.
- Clean neck well even if it is not visibly soiled.
- The neck:
  - Commonly accumulates debris and moisture.
  - Is a high-risk area for contaminating lines
- CHG AFTER routine bathing:
  - Do NOT bathe with soap and water AFTER using CF
  - Exception: hair and face washed per previous routine.
  - Avoid contact of shampoo and facial soap with body.
  - Shampoo and many soaps will inactivate CHG.
  - Use CHG cloths after incontinence clean up.
  - Do NOT rinse, wipe off, or dry with another cloth. Let air dry.
  - CHG cloths have built-in moisturizers. Skin may feel sticky for a few minutes.
  - If additional moisturizer is needed, use only CHG-compatible products.
  - Certain lotions will inactivate CHG, ensure to check with manufacturer for compatibility.
  - Dispose of leftover cloths.





Stool spreads:

# Policy Update 10/2020

To continue in the adoption and integration of Northwell Policies, the following have been updated. It is important to regularly review policies to update your nursing practice.

Chlorhexidine Gluconate (CHG): Bathing of Adult Patients INF.2014		
Northwell Policy		
<ol> <li>Background</li> <li>Health care-associated infections (HAIs) are infections people get while they are receiving health care for another condition.</li> <li>Daily bathing treatment with chlorhexidine gluconate (CHG) for applicable hospitalized patients is one evidence-based intervention targeting HAIs.</li> <li>Chlorhexidine gluconate (CHG) has a broad-spectrum antimicrobial property that has proven to be effective in prolonged skin antisepsis and decreasing pathogens by remaining on the skin for several hours after application.</li> </ol>		
<ol> <li>Policy</li> <li>Use of the CHG bath requires an order from a physician, PA, or NP.</li> <li>The Registered Nurse or his/her designee will be responsible for bathing with CHG and documenting in the patient's medical record.</li> <li>The CHG product should contain at least 2% CHG in the disposable cloths or 4% CHG liquid solution.</li> <li>Guidelines</li> </ol>		
<ol> <li>Applicable patients include:         <ul> <li>Patients with <i>accessed</i> implanted ports, central lines or midlines</li> <li>Patients scheduled for certain surgical procedures</li> <li>Patients with multi-drug resistant organisms</li> <li>Patients in intensive care units.</li> </ul> </li> <li><u>Do not use</u> if the patient has any open, non-intact skin; a sensitivity or</li> </ol>		
<ul> <li>allergy to CHG; or wipe/bathe the patient face, ears, eyes, or mouth. If the patient experiences skin irritation, sensitivity, or a generalized allergic reaction, STOP use of CHG cloths and NOTIFY the provider.</li> <li>9. Package may be warmed 1 hour prior to use. Do not pre-stock warmer as packets are only good for 72 hours, once warmed.</li> <li>10. Don clean gloves and bathe the patient by gently rubbing in a back-and-forth motion—following the package body diagram.</li> <li>11. The skin may feel sticky for a few minutes after application.</li> <li>a. DO NOT rinse, wipe off, or dry with another cloth, let air dry.</li> <li>12. CHG cloths have built-in moisturizers. Do not use body lotion after use.</li> <li>13. Discard the used cloths in the regular waste receptacle.</li> <li>a. DO not FLUSH used cloths into toilets.</li> </ul>		