Meeting Name	CNO Advisory Council				
Location	Boardroom/Virtual				
Date	09/16/2020 3:00 pm - 5:00 pm		Council/Meeting	Please check off all components and indicators that relate to each topic being discussed.	
Time			Minutes		
Conducted By	Mary McDermott, MSN, RN, APRN, NI	Mary McDermott, MSN, RN, APRN, NEA-BC			
Recorder	Kathleen Calabro, Magnet Data Analyst				
Topic/ Facilitator	Discussion	Staff Input & Feedback	Action	Magnet® Components	Strategic Plan Indicator
Presentation by Ellen Woods, Program Director, Vitality	Council and shared presentation on the hospital's goal to achieve Age Friendly Healthsystem Recognition.  Hospital wide support needed for success which includes: - Leadership Group - Task Force:	Judy Dillworth, PhD, RN, NEA-BC, CCRN-K, FCCM, Magnet® Program Director shared she envisions a grid with all the units and what they are measuring for the 4 M's  Mary asked if an Emergency Department (ED) Clinical Nurse should be part of the Task Force. Ellen shared for now she is the liaison for the Task Force and the ED and meets with ED leadership.  Mary shared with Ellen that there is already a team looking at Medi Tech and trying to streamline the documentation process.  Pat Bonnano, BSN, RN, clinical nurse, ED asked if we are replacing MediTech and Mary said due to financial constraints and	Please spread the word.	☐ Transformational Leadership ☐ Structural Empowerment ☐ Exemplary Professional Practice ☐ New Knowledge, Innovations and Improvements	<ul> <li>☑ People</li> <li>☑ Patient Experience</li> <li>☑ Quality</li> <li>☑ Financial Performance</li> <li>☑ Operations</li> </ul>

	As another part of the program we will be asking nurses to refer appropriate patient to our new care giver program. Reference cards will be provided. Pam Lipperman will be the care giver coach starting in October. Eventually we will have a team of care giver coaches.	possible disruption - not at this time.  Mary also asked Ellen if this is similar to Magnet where you need to continue to meet defined standard in order to recertify - the answer is Yes!			
Review of the Magnet® Site Visit	Mary started the discussion by stating in Mary's mind the Magnet® Site Visit was <b>FLAWLESS!</b> Everyone was engaged and on-time and she could not have been prouder. It was a real example of how we can coordinate. The stage was set with kicking off with the Executive Meeting. Michael Dowling was his usual enamoring self. (The appraisers googled him after the meeting). Following that meeting the Nursing Leadership continued to impress the appraisers. For the following 3 days - we all did a fantastic job. Mary was most concerned with the HR Review meeting where 20-25 files were reviewed to ensure all the proper documentation was evident. All required elements were there! The community meeting held on Friday was amazing. The community's connection to Phelps was evident in all their stories. Hoping to hear from the Magnet® office in October. Lenox Hill submitted their document	CJCP, JCC participated in the community meeting and shared how addressing all the needs of our patients is just something we do. We rarely get the time to appreciate and enjoy the impact that we have on our patients. It was so nice to hear!  Mary shared that during the first meeting they did not know that the appraisers could hear the conversations prior to the meeting. They were talking about the virtual wine and beer festival and when the appraisers joined the meeting they were like this is a fun group!	Helen heard on various occasions that we should take our interventions to the next level and publish.	<ul> <li>☒ Transformational Leadership</li> <li>☒ Structural Empowerment</li> <li>☒ Exemplary Professional Practice</li> <li>☒ New Knowledge, Innovations and Improvements</li> </ul>	<ul> <li>☑ People</li> <li>☑ Patient         Experience</li> <li>☑ Quality</li> <li>☑ Financial         Performance</li> <li>☑ Operations</li> </ul>

Pat Bannono, BSN, RN, clinical nurse, ED, shared her experience during the Magnet® Site Visit	were awarded the prestigious Magnet Recognition®. Only 8% of the hospitals in the country are awarded this.  Mary reiterated that she is just very proud and inspired "For me, it was just amazing!"  Pat participated in the CNO Advisory Council session as well as her unit meeting. She thought both went very well. Pat felt the meeting were more conversational and not threatening at all. Pat worked on creating their unit Magnet Board. She even stole flowers to jazz up the board. She thinks the nurses participation in creating the board added to the pride the nurses felt during their unit visit.  Pat was wondering what achieving the Magnet® Award means to the hospital?	hospital's STAR rating which then can have an impact on reimbursement. Also, can influence the recruitment and retention of RNs	<ul> <li>☑ Transformational Leadership</li> <li>☑ Structural Empowerment</li> <li>☑ Exemplary Professional Practice</li> <li>☑ New Knowledge, Innovations and Improvements</li> </ul>	<ul> <li>✓ People</li> <li>✓ Patient         Experience</li> <li>✓ Quality</li> <li>✓ Financial         Performance</li> <li>✓ Operations</li> </ul>
BSN, RN, WCC, clinical nurse, Wound Healing Institute, shared her experience as	opportunity to be an escort. She build a connection with her appraiser. She was happy the emotions came through despite the masks. Bethany thanked Mary for the opportunity to be an escort and felt it was an honor.		<ul> <li>☑ Transformational Leadership</li> <li>☑ Structural Empowerment</li> <li>☑ Exemplary Professional Practice</li> <li>☑ New Knowledge, Innovations and Improvements</li> </ul>	<ul> <li>✓ People</li> <li>✓ Patient         Experience</li> <li>✓ Quality</li> <li>✓ Financial         Performance</li> <li>✓ Operations</li> </ul>

shared her experience during the Magnet® Site Visit	Kathy shared that even though we were so fortunate to go right to site visit that this made preparing for site visit extra stressful. The appraisers shared that this is very rare to read the document and go right to site visit all within 4 months!  Kathy was so proud of all the nurses and how we were able to accomplish such a heartwarming site visit despite being virtual was amazing.  *See Kathy's notes from the appraiser's summary meeting on page 6.	Į	<ul> <li>☑ Transformational Leadership</li> <li>☑ Structural Empowerment</li> <li>☑ Exemplary Professional Practice</li> <li>☑ New Knowledge, innovations and improvements</li> </ul>	<ul> <li>☑ People</li> <li>☑ Patient         Experience</li> <li>☑ Quality</li> <li>☑ Financial         Performance</li> <li>☑ Operations</li> </ul>
BSN, RN, clinical Nurse, 5 North shared her experience during the Magnet® Site Visit	Jade thought that with the virtual visit that it would be hard to form a connection. Thought it was going to be interesting and then it wasn't even an issue.  COVID formed bonds and relationships and appreciation  We were strong but COVID made us even stronger!	Į	□ Transformational     Leadership     □ Structural     Empowerment     □ Exemplary     Professional Practice     □ New Knowledge,     Innovations and     improvements	<ul> <li>☑ People</li> <li>☑ Patient         Experience</li> <li>☑ Quality</li> <li>☑ Financial         Performance</li> <li>☑ Operations</li> </ul>
Nurse, 3 North		Į	<ul> <li>☑ Transformational Leadership</li> <li>☑ Structural Empowerment</li> <li>☑ Exemplary Professional Practice</li> <li>☑ New Knowledge, Innovations and Improvements</li> </ul>	<ul> <li>☑ People</li> <li>☑ Patient         Experience</li> <li>☑ Quality</li> <li>☑ Financial         Performance</li> <li>☑ Operations</li> </ul>

Mike Palazzo, BSN, RN-BC, clinical Nurse, 2 Center, shared his experience as an escort during the Magnet® Site Visit	help out on the unit so RNs could attend	true team player!		<ul> <li>☒ Transformational         Leadership</li> <li>☒ Structural         Empowerment</li> <li>☒ Exemplary         Professional Practice         ☒New Knowledge,         Innovations and         Improvements</li> </ul>	<ul> <li>☑ People</li> <li>☑ Patient</li> <li>Experience</li> <li>☑ Quality</li> <li>☑ Financial</li> <li>Performance</li> <li>☑ Operations</li> </ul>
Judy shared her experience as an escort during the Magnet® Site Visit	Judy stated it was very difficult to not be able to participate in the meetings she had wished she could have been a fly on the wall!  She is so proud of the clinical nurses and to the nurse managers and directors for figuring out how to get all those nurses to all the meetings 45% of the clinical nurse's participated in at least one session- phenomenal!  She was happy the Magnet Minutes and Infograms were so helpful.			<ul> <li>☑ Transformational Leadership</li> <li>☑ Structural Empowerment</li> <li>☑ Exemplary Professional Practice</li> <li>☑New Knowledge, Innovations and Improvements</li> </ul>	<ul> <li>☑ People</li> <li>☑ Patient         Experience</li> <li>☑ Quality</li> <li>☑ Financial         Performance</li> <li>☑ Operations</li> </ul>
Nursing Website Review by Kathy Calabro	Kathy reviewed the following updates to the Nursing Website: - Corona virus response page - Magnet Site Visit • Magnet Video • Infograms - The Journal Club - Events - In the Spotlight - Phelps Sprout - Hot Topics		Kathy shared the countdown to the Magnet Site Visit found on the Nursing Website on The About Page.  Magnet Site Visit Countdown  Oo: Oo: Oo: Oo: Oo  We are made for that It's is your time to brag!  Congratulations to the ENTIRE HOSPITAL for a successful Site Visit!	<ul> <li>☒ Transformational Leadership</li> <li>☒ Structural Empowerment</li> <li>☒ Exemplary Professional Practice</li> <li>☒New Knowledge, Innovations and Improvements</li> </ul>	<ul> <li>☑ People</li> <li>☑ Patient         Experience</li> <li>☑ Quality</li> <li>☑ Financial         Performance</li> <li>☑ Operations</li> </ul>

Open	Judy shared that participation in the	Mary agreed and stated that		
discussion	councils is very important. We will	nursing representation at		
	continue to used Microsoft Teams	every council is very		
	Career Ladder has a section on council	important.		
	and attendance requirement.	_		
	<ul> <li>CEUs - have ability to use CE</li> </ul>	Mary shared that we need to		
	Direct.	be fiscally responsible and		
	<ul> <li>Waived conference</li> </ul>	each conference will need to		
	requirement.	be explored on a case by		
	Judy shared that there is a lot of interest	case basis.		
	from the NK Council to virtually attend			
	the Northwell Health 26th Annual			
	Nursing Research Conference			

#### Wrap up Notes from 8/21/20 - Last day of Magnet Site Visit

#### Appraisers shared the following:

- > Were able to Verify, Clarify and Amplify what was in our Magnet Document
- > Enjoyed reading our Magnet Document
- ➤ Going to portray our hospital in "the best light possible" to the Magnet office
- > Even though virtual were able to sense the family
- > Only technical difficulty was on their end
- ➤ Hospitals response to COVID-19 Amazing
  - Nurses felt safe
  - o Nurses felt supported
  - o I-pad and ability to connect with families was important
  - o Appreciated the rounding of Eileen, Mary and Helen
  - o Nurses recognize how fortunate they were, in comparison to other hospitals in NY
- Culture amazing and eludes energy
- > Going right to site visit without deficiencies/delay in unusual

# Age-Friendly Health Systems Update



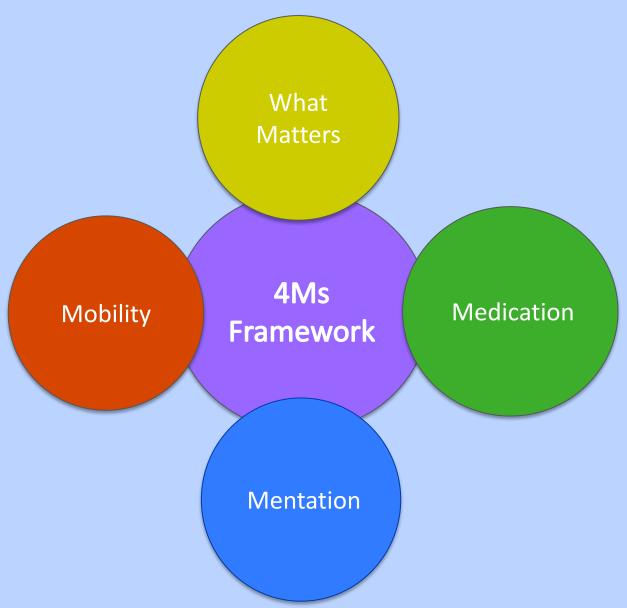
#### WHY IS THIS SO IMPORTANT?

- ☐ When seniors interact with health systems, they tend to have a negative impact on their health.
- ☐ One third of patients over 70 and half of patients over 85 leave hospitals more disabled than when they arrive.

How Can We Improve Care Delivered to Patients 65 Years and Over 100 Percent of the Time?



#### **Evidence-Based 4Ms Framework**





# 4Ms: Drives all care and decision making for the older adult in the inpatient and ambulatory setting

What Matters: align care with each older adult's specific healthcare goals and care preferences
<b>Medication:</b> Identify potentially harmful medications - not to interfere with What Matters, Mentation and Mobility
Mentation: prevent, identify, treat and manage dementia, depression and delirium
Mobility: the daily ability to move safely to maintain function and do What Matters



## **Supporting Actions**

Use the 4 Ms to organize care and focus on the older adult, wellness, and their strengths rather than solely on disease or lack of functionality
Integrate the 4Ms into existing workflows
Document the 4Ms in the medical record
Make the 4Ms visible across the care team and settings
Have an interdisciplinary care team review the 4Ms in daily huddles/rounds
Educate older adults, caregivers, and the community about the 4Ms
Link the 4Ms to community resources and supports to achieve improved health outcomes



#### **Achievement Goals**



#### Level I

☐ Age-Friendly Health System Recognition: Achieved August 2020

#### Level II

- Age-Friendly Health System: Committed to Care Excellence
  - Pilot Study
  - Submit a Minimum of 3 Months of Data
  - Achieve 95 Percent Compliance of 4Ms
  - Performance Improvement Plans



## **Phelps' Caregivers Services**



#### **CAREGIVER SERVICES**

#### Caregiver Program

- \*Target date: fall 2020
- \*Contact through referrals
- \*Pam Lipperman, MSW
- \*Phone contact and/or virtual meetings
- \*Volunteer coaches Q2-3 2021 (determined by COVID-19)

#### Caregiver Center

\*Target date: 2022



# **Thank You**

