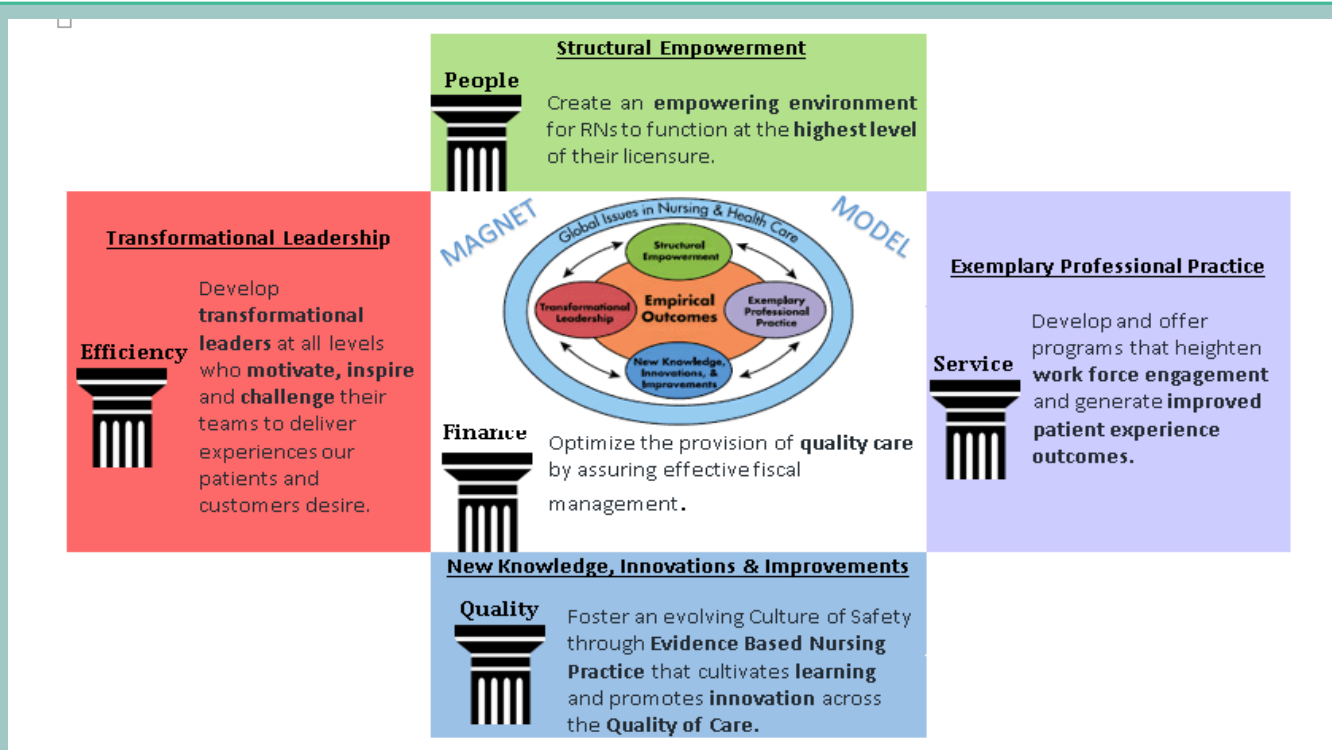
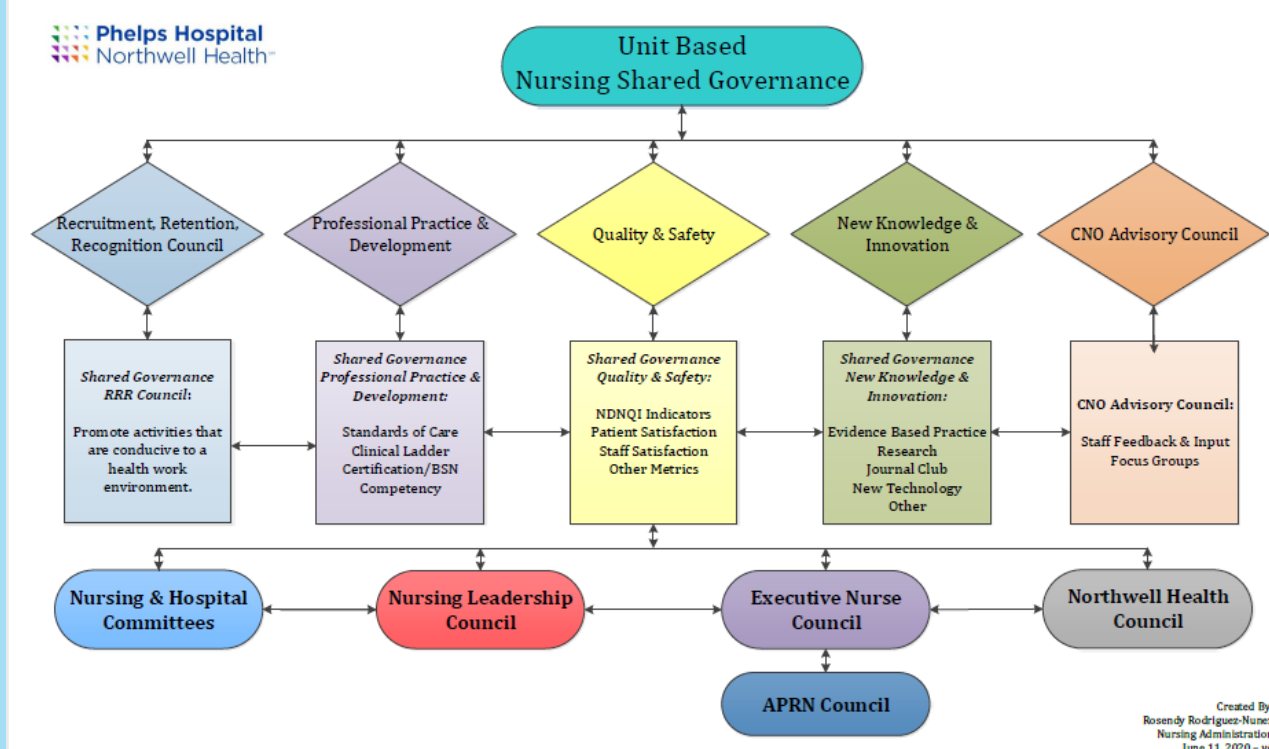


1 South Magnet® Board Inpatient - Psychiatric

Alignment of Nursing Strategic Goals with Magnet® Model



Transformational Leadership



Structural Empowerment

Volunteerism

- April 5, 2019 attended Briarcliff Manor HS Healthcare Career Day

Recognition

- 2019 Phelps Pride Nursing Award Winner - Maura Maier, MSED, RN



Professionalism

- BSN or Higher
- 1st Q '19 = 66.67%
- 4th Q '19 = 75.00%

Met 2019 Unit Goal!

Exemplary Professional Practice

2019 - Unit Level Dashboard					
Measurement	Benchmark or Goal	1st Q '19	2nd Q '19	3rd Q '19	4th Q '19
Clinical Indicators					
Falls Per 1,000 Patient Days	NDNQI	0.69	4.29	2.05	8.01
		3.30	3.45	3.42	3.34
Falls with Injury Per 1,000 Patient Days	NDNQI	0.69	0.00	0.68	2.91
		0.72	0.74	0.76	0.64
Restraints	Prevalence	0.00	0.00	0.00	0.00
	NDNQI	0.16	0.12	0.09	0.16
Hospital Onset CDIFF per 1,000 Patient Days	NDNQI	0.00	ND	ND	ND
		0.02	0.00	0.01	0.02
RN Education					
RNs w BSN or Higher	NDNQI	66.67%	81.25%	76.47%	75.00%
2019 Unit Goal = 75%		54.65%	56.78%	57.24%	56.58%
RNs w Professional Certification	NDNQI	26.67%	25.00%	23.53%	20.00%
2019 Unit Goal = 28%		14.28%	14.66%	14.48	13.71
Process Indicators					
Hand Hygiene	Phelps goal >= 90%	97%	96%	90%	94%
					Greatest Area of Opportunity - Before Patient Contact
Patient Satisfaction					
Likelihood recommending hospital	Top Box%	46.7	59.1	70	77.8
	Press Ganey	62.9	63.6	64.1	64.4
Staff worked together to care for you	Top Box%	42.9	52.2	73.3	78.6
	Press Ganey	64.7	65.3	65.9	66.1
Friendliness/courtesy of the nurses	Top Box%	50.0	59.1	77.4	71.4
	Press Ganey	67.6	68.3	68.8	69.7
Pain:					4Q-Pain question dropped from survey
Degree staff asked if you physical pain	Top Box%	35.5	45.5	58.6	NA
	Press Ganey	61.1	61.8	62.0	
How well physical pain taken care of	Top Box%	44.4	50.0	61.5	NA
	Press Ganey	59.5	60.0	60.4	

Continuous Focus on Positive Patient Outcomes!



New Knowledge, Innovations & Improvements

Phelps Hospital
Northwell Health

The Effect of Mandala Coloring on Psychiatric Inpatient's Anxiety

Doreen Gallagher Wall, MS, RN-BC
Maura Maier, MSED, RN

BACKGROUND

An initial review of the literature in 2015 revealed a significant gap related to anxiety and adult coloring of mandala. In 2017 a nursing team in a unit studied the effects of coloring mandala on well-being, self-esteem, and focus among psychiatric inpatients in an inpatient setting (Gallagher, Wall, Maier, & Kim, 2017) but did not look specifically at the effects of coloring on reducing anxiety.

PURPOSE

This research examined the effect of engaging in coloring mandala on the psychiatric patient's level of anxiety.

RESEARCH QUESTION

What is the effect of coloring mandala on the level of anxiety in psychiatric inpatients?

SIGNIFICANCE

The results of this study will:

- 1) decrease patient anxiety levels when coloring mandala on admission
- 2) inform psychiatric inpatient's health nursing practice

Design

This is a nonexperimental descriptive pretest/posttest design used to assess the condition this study.

Setting and sample: A convenience sample of inpatient psychiatric patients in a psychiatric inpatient unit.

Inclusion: Criteria adults age 18 and older admitted to a locked psychiatric unit inpatient unit, who were not on any psychiatric medications, and who were not pregnant.

Exclusion: Criteria included inability to complete assessment, Black Anxiety Inventory (BAI) score of 10 or higher, and patients with a current diagnosis of bipolar disorder.

Measures: The Beck Anxiety Inventory (BAI) (Beck, 1971), Beck Depression Inventory (BDI) (Beck, 1971), and the Beck Depression Inventory (BDI) (Beck, 1971) were used to measure anxiety, depression, and mood.

Intervention: Patients were given a 10-minute coloring session of a mandala. The coloring session was facilitated by a recreational therapist or nurse.

INTERVENTION/DESCRIPTION

Phelps Health 2019 approved abstract.
Research team member met (Gallagher) with the prospective participant (Wall) 22 hours of admission informed consent was obtained from participant.

Mandala coloring of the adult and mandala coloring. The researcher answered any questions related to the study.

Participants completed demographic survey and BAI tool pre-testing within 72 hours of admission.

Research team member collected completed (pre-test) BAI score, identified the participant's name and used a secured numerical coding system to protect participant privacy.

Patients participated in three (45 minute) mandala coloring sessions either alone or in a group facilitated by a recreational therapist or nurse.

Participants completed BAI tool (post-testing).

Participants completed BAI tool (post-testing).

Participants completed BAI tool (post-testing).

Participants completed BAI tool (post-testing).

Participants completed BAI tool (post-testing).

Participants completed BAI tool (post-testing).

Participants completed BAI tool (post-testing).

Participants completed BAI tool (post-testing).

Participants completed BAI tool (post-testing).

Categorical Data

Variable	Sample Size (N)	%
Gender	15	66.7
Race	15	66.7
Ethnicity	15	66.7
Marital	15	66.7
Religion	15	66.7
Occupation	15	66.7
Education	15	66.7
Income	15	66.7
Insurance	15	66.7
Other	15	66.7
Phenotypic	15	66.7
Genotypic	15	66.7
Environmental	15	66.7
Behavioral	15	66.7
Psychological	15	66.7
Social	15	66.7
Biological	15	66.7
Medical	15	66.7
Legal	15	66.7
Political	15	66.7
Economic	15	66.7
Cultural	15	66.7
Religious	15	66.7
Sexual	15	66.7
Gender	15	66.7
Age	15	66.7
Weight	15	66.7
Height	15	66.7
Eye Color	15	66.7
Hair Color	15	66.7
Build	15	66.7
Complexion	15	66.7
Facial Features	15	66.7
Body Features	15	66.7
Genetic	15	66.7
Environmental	15	66.7
Behavioral	15	66.7
Psychological	15	66.7
Social	15	66.7
Biological	15	66.7
Medical	15	66.7
Legal	15	66.7
Political	15	66.7
Economic	15	66.7
Cultural	15	66.7
Religious	15	66.7
Sexual	15	66.7
Gender	15	66.7
Age	15	66.7
Weight	15	66.7
Height	15	66.7
Eye Color	15	66.7
Hair Color	15	66.7
Build	15	66.7
Complexion	15	66.7
Facial Features	15	66.7
Body Features	15	66.7
Genetic	15	66.7
Environmental	15	66.7
Behavioral	15	66.7
Psychological	15	66.7
Social	15	66.7
Biological	15	66.7
Medical	15	66.7
Legal	15	66.7
Political	15	66.7
Economic	15	66.7
Cultural	15	66.7
Religious	15	66.7
Sexual	15	66.7
Gender	15	66.7
Age	15	66.7
Weight	15	66.7
Height	15	66.7
Eye Color	15	66.7
Hair Color	15	66.7
Build	15	66.7
Complexion	15	66.7
Facial Features	15	66.7
Body Features	15	66.7
Genetic	15	66.7
Environmental	15	66.7
Behavioral	15	66.7
Psychological	15	66.7
Social	15	66.7
Biological	15	66.7
Medical	15	66.7
Legal	15	66.7
Political	15	66.7
Economic	15	66.7
Cultural	15	66.7
Religious	15	66.7
Sexual	15	66.7
Gender	15	66.7
Age	15	66.7
Weight	15	66.7
Height	15	66.7
Eye Color	15	66.7
Hair Color	15	66.7
Build	15	66.7
Complexion	15	66.7
Facial Features	15	66.7
Body Features	15	66.7
Genetic	15	66.7
Environmental	15	66.7
Behavioral	15	66.7
Psychological	15	66.7
Social	15	66.7
Biological	15	66.7
Medical	15	66.7
Legal	15	66.7
Political	15	66.7
Economic	15	66.7
Cultural	15	66.7
Religious	15	66.7
Sexual	15	66.7
Gender	15	66.7
Age	15	66.7
Weight	15	66.7
Height	15	66.7
Eye Color	15	66.7
Hair Color	15	66.7
Build	15	66.7
Complexion	15	66.7
Facial Features	15	66.7
Body Features	15	66.7
Genetic	15	66.7
Environmental	15	66.7
Behavioral	15	66.7
Psychological	15	66.7
Social	15	66.7
Biological	15	66.7
Medical	15	66.7
Legal	15	66.7
Political	15	66.7
Economic	15	66.7
Cultural	15	66.7
Religious	15	66.7
Sexual	15	66.7
Gender	15	66.7
Age	15	66.7
Weight	15	66.7
Height	15	66.7
Eye Color	15	66.7
Hair Color	15	66.7
Build	15	66.7
Complexion	15	66.7
Facial Features	15	66.7
Body Features	15	66.7
Genetic	15	66.7
Environmental	15	66.7
Behavioral	15	66.7
Psychological	15	66.7
Social	15	66.7
Biological	15	66.7
Medical	15	66.7
Legal	15	66.7
Political	15	66.7
Economic	15	66.7
Cultural	15	66.7
Religious	15	66.7
Sexual	15	66.7
Gender	15	66.7
Age	15	66.7
Weight	15	66.7
Height	15	66.7
Eye Color	15	66.7
Hair Color	15	66.7
Build	15	66.7
Complexion	15	66.7
Facial Features	15	66.7
Body Features	15	66.7
Genetic	15	66.7
Environmental	15	66.7
Behavioral	15	66.7
Psychological	15	66.7
Social	15	66.7
Biological	15	66.7
Medical	15	66.7
Legal	15	66.7
Political	15	66.7
Economic	15	66.7
Cultural	15	66.7
Religious	15	66.7
Sexual	15	66.7
Gender	15	66.7
Age	15	66.7
Weight	15	66.7
Height	15	66.7
Eye Color	15	66.7
Hair Color	15	66.7
Build	15	66.7
Complexion	15	66.7
Facial Features	15	66.7
Body Features	15	66.7
Genetic	15	66.7
Environmental	15	66.7
Behavioral	15	66.7
Psychological	15	66.7
Social	15	66.7
Biological	15	66.7
Medical	15	66.7
Legal	15	66.7
Political	15	66.7
Economic	15	66.7
Cultural	15	66.7
Religious	15	66.7
Sexual	15	66.7
Gender	15	66.7
Age	15	66.7
Weight	15	66.7
Height	15	66.7
Eye Color	15	66.7
Hair Color	15	66.7
Build	15	66.7
Complexion	15	66.7
Facial Features	15	66.7
Body Features	15	66.7
Genetic	15	66.7
Environmental	15	66.7
Behavioral	15	66.7
Psychological	15	66.7
Social	15	66.7
Biological	15	66.7
Medical	15	66.7
Legal	15	66.7
Political	15	66.7
Economic	15	66.7
Cultural	15	66.7
Religious	15	66.7
Sexual	15	66.7
Gender	15	66.7
Age	15	66.7
Weight	15	66.7
Height	15	66.7
Eye Color	15	66.7
Hair Color	15	66.7
Build	15	66.7
Complexion	15	66.7
Facial Features	15	66.7
Body Features	15	66.7
Genetic	15	66.7
Environmental	15	66.7
Behavioral	15	66.7
Psychological	15	66.7
Social	15	66.7
Biological	15	66.7
Medical	15	66.7
Legal	15	66.7
Political	15	66.7
Economic	15	66.7
Cultural	15	66.7
Religious	15	66.7
Sexual	15	66.7
Gender	15	66.7
Age	15	66.7
Weight	15	66.7
Height	15	66.7
Eye Color	15	66.7
Hair Color	15	66.7
Build	15	66.7
Complexion	15	66.7
Facial Features	15	66.7
Body Features	15	66.7
Genetic	15	66.7
Environmental	15	66.7
Behavioral	15	66.7
Psychological	15	66.7
Social	15	66.7
Biological	15	66.7
Medical	15	66.7
Legal	15	66.7
Political	15	66.7
Economic	15	66.7
Cultural	15	66.7
Religious	15	66.7
Sexual	15	66.7
Gender	15	66.7
Age	15	66.7
Weight	15	66.7
Height	15	66.7
Eye Color	15	66.7
Hair Color	15	66.7
Build	15	66.7
Complexion	15	66.7
Facial Features	15	66.7
Body Features	15	66.7
Genetic	15	66.7
Environmental	15	66.7
Behavioral	15	66.7
Psychological	15	66.7
Social	15	66.7
Biological	15	66.7
Medical	15	66.7
Legal	15	66.7
Political	15	66.7
Economic	15	66.7
Cultural	15	66.7
Religious	15	66.7
Sexual	15	66.7
Gender	15	66.7
Age	15	66.7
Weight	15	66.7
Height	15	66.7
Eye Color	15	66.7
Hair Color	15	66.7
Build	15	66.7
Complexion	15	66.7
Facial Features	15	66.7
Body Features	15	66.7
Genetic	15	66.7
Environmental	15	66.7
Behavioral	15	66.7
Psychological	15	66.7
Social	15	66.7
Biological	15	66.7
Medical	15	66.7
Legal	15	66.7
Political	15	66.7
Economic	15	66.7
Cultural	15	66.7
Religious	15	66.7
Sexual	15	66.7
Gender	15	66.7
Age	15	66.7
Weight	15	66.7
Height	15	66.7
Eye Color	15	66.7
Hair Color	15	66.7
Build	15	66.7
Complexion	15	66.7
Facial Features	15	66.7
Body Features	15	66.7
Genetic	15	66.7
Environmental	15	66.7
Behavioral	15	66.7
Psychological	15	66.7
Social	15	66.7
Biological	15	66.7
Medical	15	66.7
Legal	15	66.7
Political	15	66.7
Economic	15	66.7
Cultural	15	66.7
Religious	15	66.7
Sexual	15	66.7
Gender	15	66.7
Age	15	66.7
Weight	15	66.7
Height	15	66.7
Eye Color	15	66.7
Hair Color	15	66.7
Build	15	66.7
Complexion	15	66.7
Facial Features	15	66.7
Body Features	15	66.7
Genetic	15	66.7
Environmental	15	66.7
Behavioral	15	66.7
Psychological	15	66.7
Social	15	66.7
Biological	15	66.7
Medical	15	66.7
Legal	15	66.7

On April 10, 2020 the APNA sent an email to Doreen Gallagher, MSN, RN-BC, clinical educator, behavioral health that **not one, not two, but all three** of the abstracts that were submitted were approved for **poster presentation** for the APNA 34th Annual Conference, September 30 – October 3 at Disney's Coronado Springs Resort. Due to limited space, only one can be accommodated. We will need to choose between:

- Does Lavender Aromatherapy Improve Patient's Sleep in an Inpatient Psychiatric Unit Compared to Sleep Prior to Admission Without Lavender Aromatherapy?
- Implementing Behavioral Health/Psychiatric Clinical Nurse Champions to Reduce Psychiatric Emergencies and Support Medical-Surgical Nurse Clinicians in a Community Hospital Setting
- Reducing Patient Falls in an Adult Psychiatric Unit By Implementing Tele-sitter Remote Video Surveillance Technology: A Pilot Intervention

*** chosen poster presentation

Poster Presentation at the prestigious 33rd Annual Conference of American Psychiatric Nursing Association (APNA)



“Our River of Care is a Bridge to Wellness”
~ Professional Practice Model

