

2020 MAGNET® SITE VISIT GUIDE



Phelps Hospital
Northwell Health®



IN THIS ISSUE

PG. 1

Guide objective and Magnet Projected TimeLine

PG. 2-6

Understanding the American Nurses Credentialing Committee (ANCC) Magnet Recognition Program®

PG. 7-8

Evolution of our Professional Practice Model

PG. 9-13

Shared governance model / Council's 2019 Annual Reports

PG. 14

Nursing Organization Chart

PG. 15-24

Highlights from the Nursing Strategic Plan

PG. 25-End

Stories in the Magnet Document Highlighting your Unit or Division or Hospital

Endoscopy

Mark your Calendars!
The Virtual Magnet®
Site Visit will be from:
August 19, 2020
to
August 21, 2020

2020 MAGNET® SITE VISIT GUIDE OBJECTIVE

ALLOW THE READER TO BE PREPARED FOR THE SITE VISIT BY OBTAINING KNOWLEDGE OF THE FOLLOWING:

- ❖ *Phelps Hospital Magnet® Journey*
- ❖ *Magnet Recognition Program®*
- ❖ *Magnet components and how they apply to nursing at Phelps*
- ❖ *Evolution of our Professional Practice Model*
- ❖ *Shared Governance Model*
- ❖ *Nursing reporting structure*
- ❖ *The Nursing Strategic Plan*
- ❖ *Your unit or divisions inspirational and innovative stories highlighted in our Magnet® Document*

BACKGROUND

IN 2017

PHELPS HOSPITAL COMPLETED A GAP ANALYSIS.

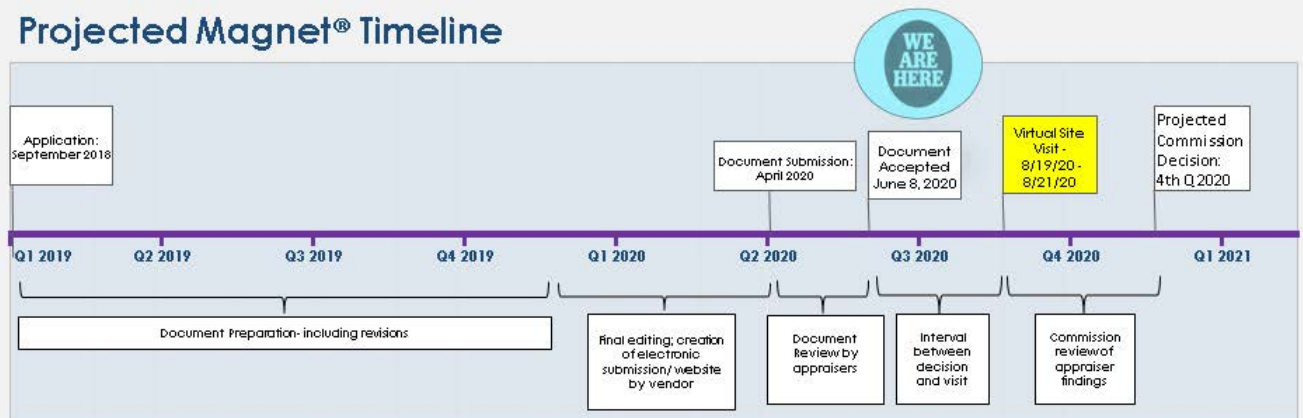
BASED ON THE FINDINGS, IT WAS DETERMINED THAT WE SHOULD JOIN OTHER SELECT NORTHWELL HEALTH HOSPITALS TO PURSUE THE PRESTIGIOUS MAGNET® AWARD.

THUS OUR MAGNET® JOURNEY BEGAN.

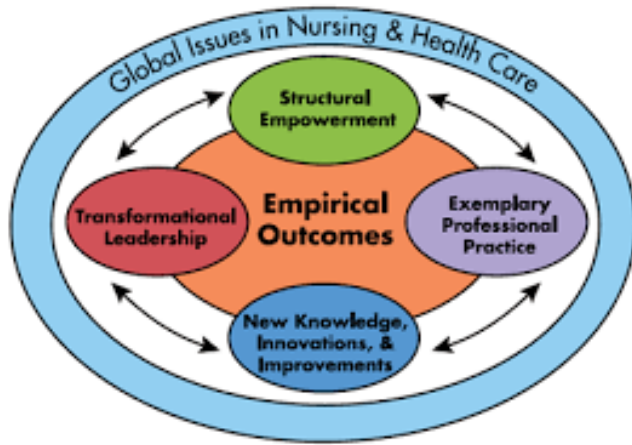
MAGNET® APPRAISERS HAVE REVIEWED AND APPROVED OUR MAGNET® DOCUMENT. WE ARE CURRENTLY IN THE PHASE TO PREPARE FOR OUR SCHEDULED VIRTUAL SITE VISIT FROM 8/19/20 - 8/21/20.

THE SITE VISIT IS YOUR TIME TO ... SHINE!

Projected Magnet® Timeline



The following pages explain the Magnet® Components and how they apply to Nursing at Phelps Hospital.



Magnet® Model

WHAT IS THE MAGNET RECOGNITION PROGRAM®?

The Magnet Recognition Program designates organizations worldwide where nursing leaders successfully align their nursing strategic goals to improve the organization's patient outcomes. The Magnet Recognition Program provides a roadmap to nursing excellence, which benefits the entire organization. To nurses, Magnet Recognition means education and development through every career stage, which leads to greater autonomy at the bedside. To patients, it means the very best care, delivered by nurses who are supported to be the very best that they can be.¹

BENEFITS OF MAGNET®:

- Highest standard of care for patients.
- Staff who feel motivated and valued.
- Business growth and financial success¹

¹ <https://www.nursingworld.org/organizational-programs/magnet>

² <https://www.indeed.com/career-advice/career-development/transformational-leadership>

³ http://lippincottolutions.lww.com/blog.entry.html/2017/10/06/at_the_core_of_magne-Xfs8.html

TRANSFORMATIONAL LEADERSHIP (TL)

Transformational leadership is a process where leaders and followers raise each other up to higher levels of motivation. A good transformational leader does the following:²

- ❖ Provides encouragement
- ❖ Sets clear goals
- ❖ Provides recognition and support
- ❖ Models fairness and integrity
- ❖ Provokes positive emotions in others
- ❖ Inspires people to achieve their goals

STRUCTURAL EMPOWERMENT (SE)

Structural empowerment allows for shared decision making involving direct care nurses through an organizational structure that is decentralized. While the chief nursing officer has an active role on the highest-level councils and committees, standards of practice and other issues of concern are handled by groups that allow direct care nurses of all levels to exercise influence.³

EXEMPLARY PROFESSIONAL PRACTICE (EP)

This entails a comprehensive understanding of the role of nursing; the application of that role with patients, families, communities, and the interdisciplinary team; and the application of new knowledge and evidence.¹

NEW KNOWLEDGE, INNOVATIONS & IMPROVEMENTS (NK)

Our current systems and practices need to be redesigned and redefined if we are to be successful in the future. This Component includes new models of care, application of existing evidence, new evidence, and visible contributions to the science of nursing.¹

EMPIRICAL OUTCOMES (EO)

Focuses on the outcomes of structures and processes and how they compare to national benchmark data.

Phelps Hospital Mission

- Improving the health of the community we serve;
- Sustaining an environment of excellence where medical, social and rehabilitative services are delivered proficiently, efficiently and effectively;
- Offering a broad range of preventative, diagnostic and treatment services;
- Educating our community to achieve optimal health outcomes and quality of life;
- Striving to enhance the personal and professional excellence of our medical, nursing, paraprofessional, technical, administrative and support staff;
- Providing care in a safe, modern environment where advanced medical techniques and effective management and planning are coupled with the strong Phelps tradition of caring.

NURSING DEPARTMENT'S MISSION

TO PROVIDE QUALITY CARE TO OUR PATIENTS,
FAMILIES AND COMMUNITY THROUGH
EXCELLENCE IN CULTURE, QUALITY, PRACTICE,
COLLABORATION, INNOVATION AND
EDUCATION.

Nursing Strategic Plan

TRANSFORMATIONAL LEADERSHIP

Do you have a mentor that guides and supports you at Phelps? How has that impacted you?

Was there a time where communication with your CNO, Mary McDermott, your director or your manager influenced change in the hospital and/or your unit?

During the COVID-19 Crisis did your leadership show support?



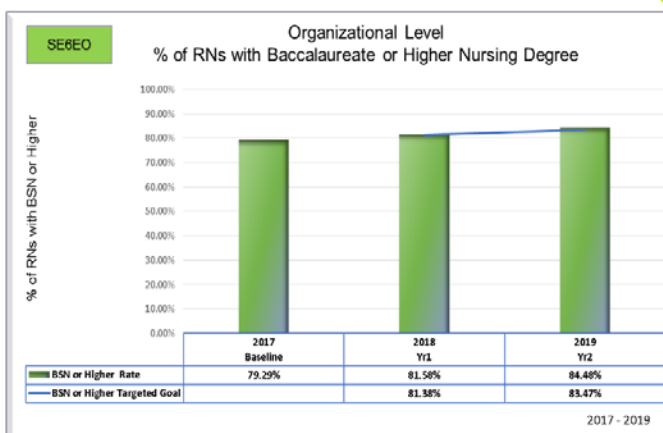
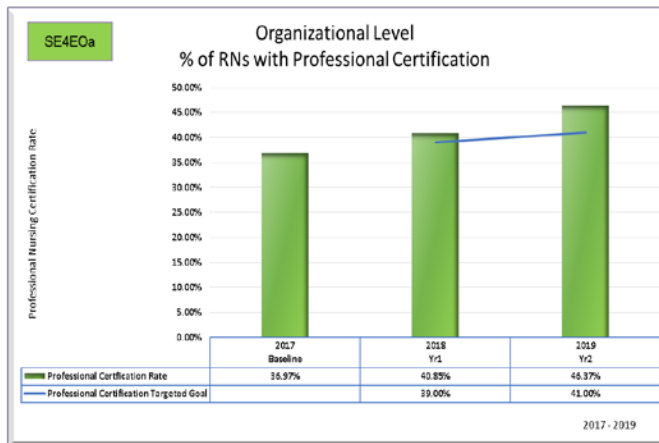
STRUCTURAL EMPOWERMENT

Shared governance day is the third Wednesday of every month. We attempt to have unit representation at every council. The following councils make up our shared governance structure:

- ❖ New Knowledge
- ❖ Professional Practice & Development
- ❖ Quality & Safety
- ❖ CNO Advisory
- ❖ Recruitment, Retention and Recognition
- ❖ Advance Practice Registered Nursing (APRN)

Each council has a: charter, agenda, meeting minutes, attendance, highlights and yearly accomplishments. These documents can be found on the nursing website under shared governance. Please reference pg. 9 to view the shared governance schematic.

Graphs highlighted at Professional Practice that we take pride in:



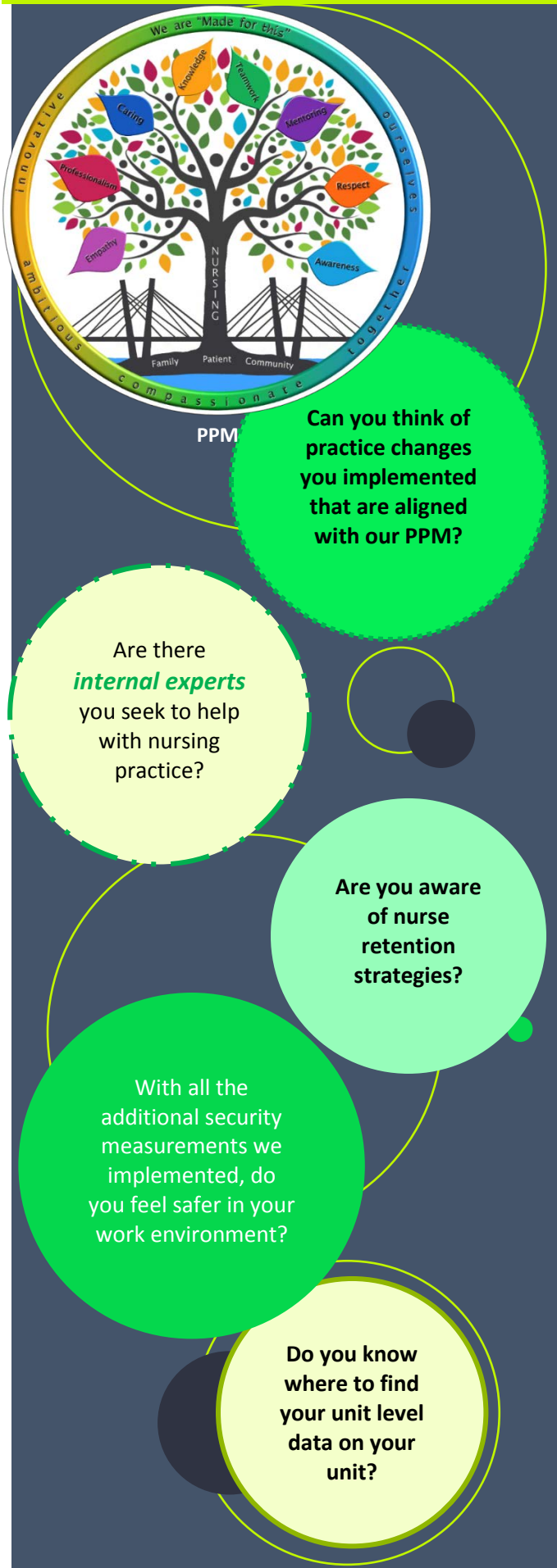
Has the hospital supported you in your volunteer efforts?

Has the hospital recognized you for your contributions in addressing the strategic priorities of the organization?

How has the hospital supported your professional growth?

Opportunities and support for continuing education:

- Onsite accredited live continuing education
- Access to e-learning – CE Direct
- HealthStream
- Longstanding reimbursement for continuing education
- Longstanding support for review courses and exam reimbursement
- Northwell policy; Longstanding certification differential
- Longstanding BSN differential
- Longstanding tuition reimbursement
- Nursing Promise grant
- Success Pays



Magnet "Fab 5"

- 1) RN Satisfaction - 2019 NDNQI RN Survey
please reference EP2EO in the magnet document
Selected
 - Adequacy of Resources & Staffing
 - Fundamentals of Quality Nursing Care
 - Autonomy
 - Professional Development - Access
- 2) Inpatient Clinical Indicators
please reference EP18EO in the magnet document
 - Falls with Injury
 - HAPI Stage 2 & Above
 - CAUTI
 - CLABSI
- 3) Ambulatory Clinical Indicators
please reference EP19EO in the magnet document
 - Falls with Injury
 - Patient Burns
- 4) Inpatient Patient Satisfaction
please reference EP20EO in the magnet document
Selected
 - Patient Engagement
 - Service Recovery
 - Courtesy & Respect
 - Responsiveness
- 5) Ambulatory Patient Satisfaction
please reference EP21EO in the magnet document
Selected
 - Patient Engagement
 - Patient Education
 - Safety
 - Courtesy & Respect



Successful Measurement:

The majority of the units outperform the national database benchmark the majority of the time.

NEW KNOWLEDGE, INNOVATIONS & IMPROVEMENTS

Have you participated in the implementation of evidenced based practice (EBP) on your unit?

INNOVATION!

PLEASE access the nursing website for essential and exciting nursing information! *Click on the heart icon on the Phelps Intranet or*

<https://1065226.site123.me/>

Did you know there is an **on-line Journal Club** in the Nursing Website with several thought provoking articles? Would love to hear from you!

Can you think of a time where you adopted technology that improved a patient outcome?

During COVID-19 Response, did you adopt innovative solutions?

PHELPS HOSPITAL RESEARCH STUDIES

Principal Investigator (PI)

"THE EFFECT OF AN EDUCATIONAL INTERVENTION ON PERIOPERATIVE REGISTERED NURSES KNOWLEDGE, ATTITUDES, BEHAVIORS AND BARRIERS TOWARD PRESSURE INJURY PREVENTION IN SURGICAL PATIENTS"

Co-PI: Catherine McCarthy, Lorrie Presby

"COLORING MANDALAS TO REDUCE ANXIETY IN ADULT PSYCHIATRIC UNIT"

Co-PI: Doreen Wall, Maura Maier

"EVALUATING THE EFFICACY OF A MINDFULNESS-BASED MOBILE APPLICATION ON STRESS REDUCTION AMONGST NURSES"

PI: Candace Huggins

"IMPACT OF EDUCATIONAL PROGRAM ON 'EXPRESSIONS OF HUMANISM' ON CARING BEHAVIORS, PATIENT EXPERIENCE AND QUALITY OUTCOMES"

PI: Elizabeth Wiley

"NORTHWELL-PHELPS IMMERSION IN CLINICAL EMPATHY & REFLECTION- PILOT (NICER-P)"

PI: Candice Johnson

BASED ON COVID-19 RESPONSE

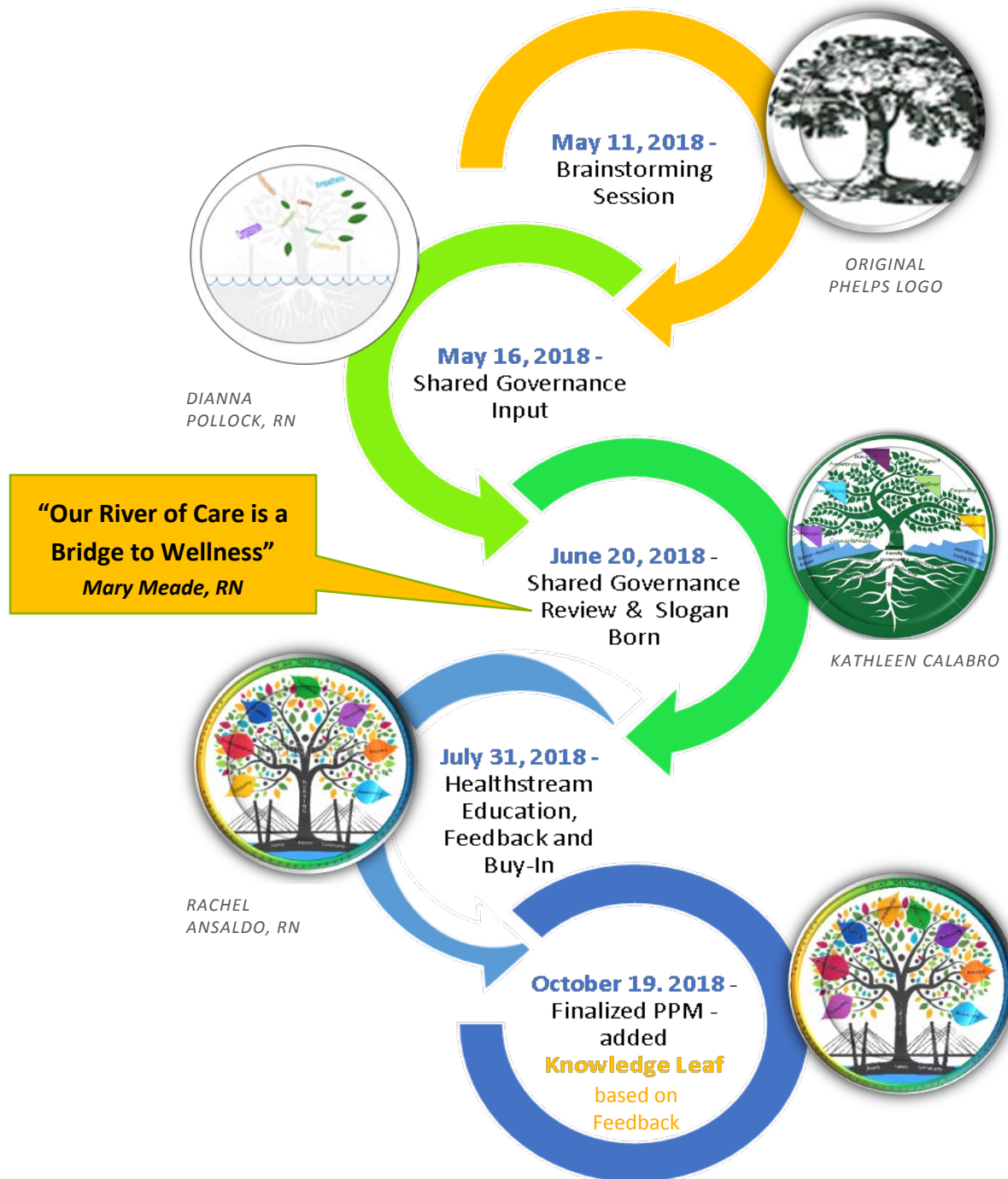
CONVALESCENT PLASMA FOR THE TREATMENT OF PATIENTS WITH COVID -19

HYPERBARIC OXYGEN STUDY - EVALUATING A POSSIBLE TREATMENT FOR COVID PATIENTS

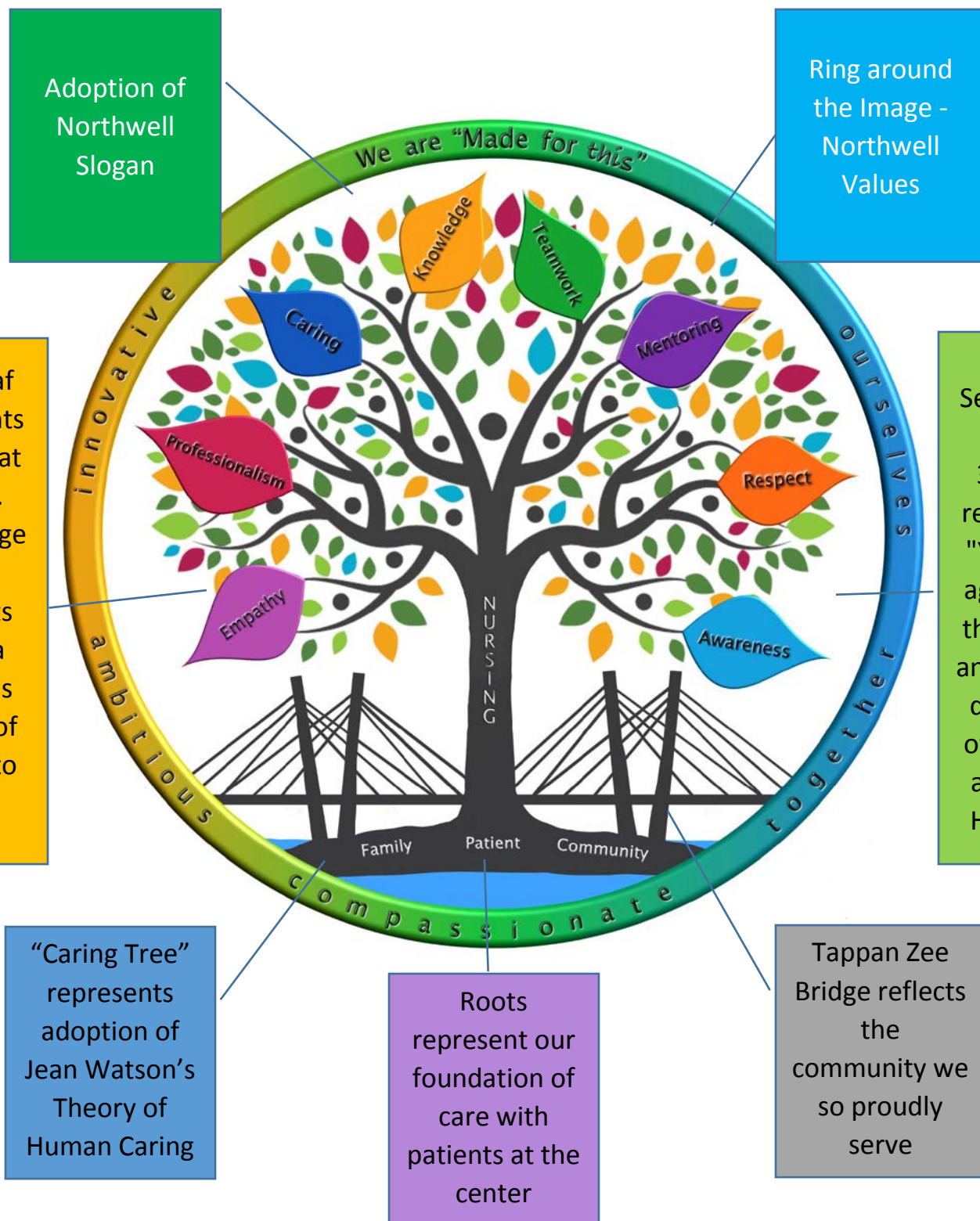
CLINICAL CHARACTERISTICS OF COVID + PATIENTS WITH CANCER

EVOLUTION OF THE PROFESSIONAL PRACTICE MODEL (PPM)

What is a Professional Practice Model (PPM)? The driving force of nursing care. “It is a schematic description of a system, theory, or phenomenon that depicts how nurses practice, collaborate, coordinate, and develop professionally to provide the highest-quality care for people served by the organization (e.g. patients, families, communities).” Professional Practice Models illustrate “the alignment and integration of nursing practice with the mission, vision and values that nursing has adopted”¹

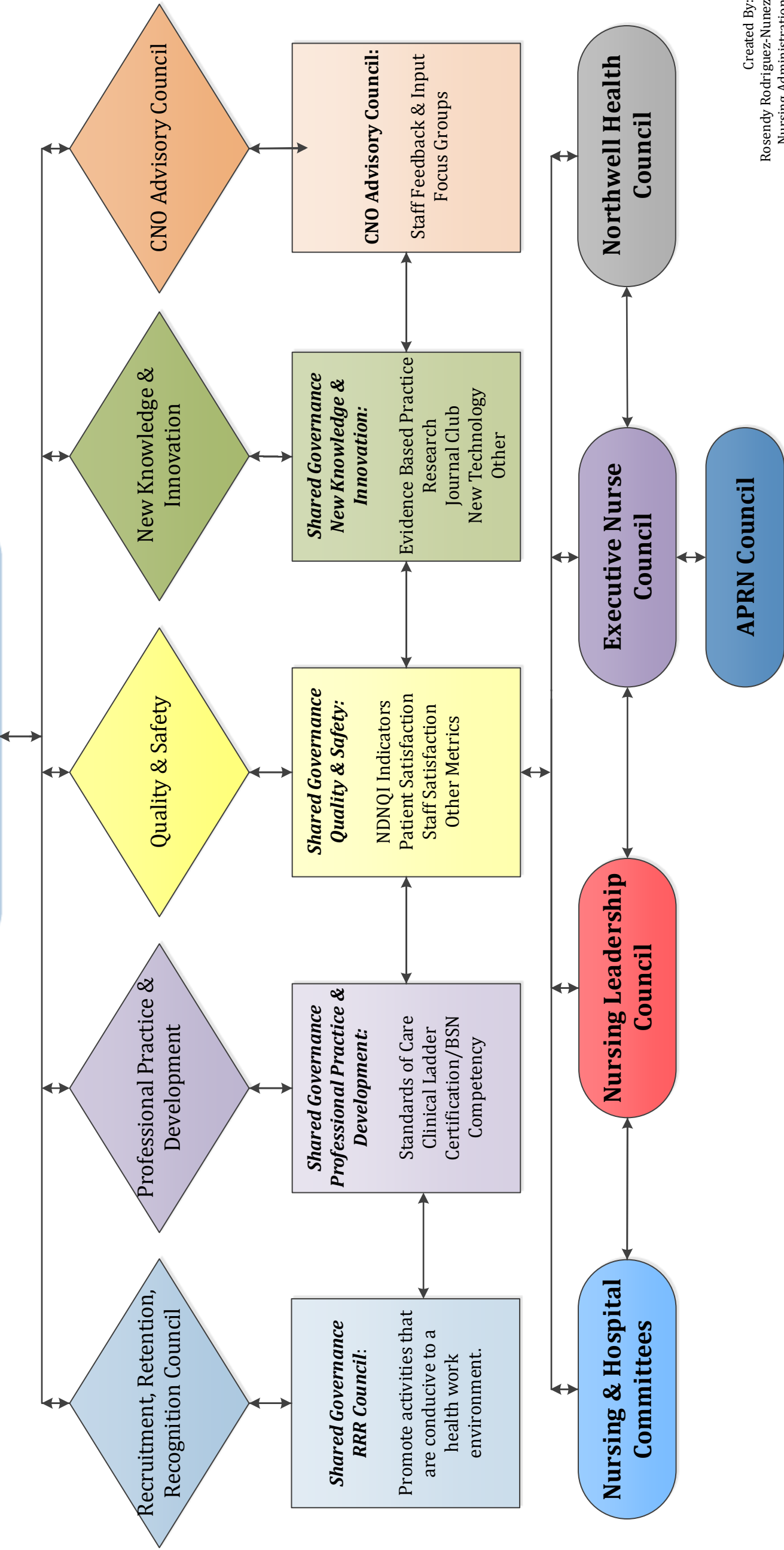


Understanding our Professional Practice Model



Designed by: Rachel Ansaldo, BSN, RN

**Unit Based
Nursing Shared Governance**



NEW KNOWLEDGE AND INNOVATION 2019 ANNUAL REPORT

2019 ACCOMPLISHMENTS:

- 5 Approved IRB studies
 - 2 Completed
 - 3 In progress
- Adoption of Northwell EBP Guidelines
- Nurse Residency Program
- Clinical Scholar Program:
 - Searching and appraising the literature
 - Abstract writing
 - Presentations
 - Internal audiences
 - External audiences



PROFESSIONAL PRACTICE & DEVELOPMENT (PPD) 2019 ANNUAL REPORT

2019

ACCOMPLISHMENTS:

- Ongoing monitoring of:
 - BSN Rates
 - Certification Rates
 - Clinical Career Ladder Advancements
- Individualized TeamSTEPPS®
- Portfolio template created in ED then shared with other areas
- Provided clarity to the Peer feedback tool by brainstorming examples for each value
- “We are made for this video” created by PPD co-chair, Candice Johnson, BSN, RN
- Succession planning
- Standards of care updates



QUALITY AND SAFETY 2019 ANNUAL REPORT

2019 ACCOMPLISHMENTS:

- Input into the unit-specific dashboards with metrics and suggested glossary for better understanding
- Ongoing review of data for:
 - Patient Satisfaction
 - Nurse-sensitive quality indicators
 - Performance improvement
 - Readmission Rate
- Continued report-out to the Performance Improvement Coordinating Group (PICG)
- Sparked idea for the Nursing Phone Interruption Analysis. Findings - peak interruptions during Medication Administration. Brainstorming of possible intervention(s) to be discussed and rolled out in 2020.

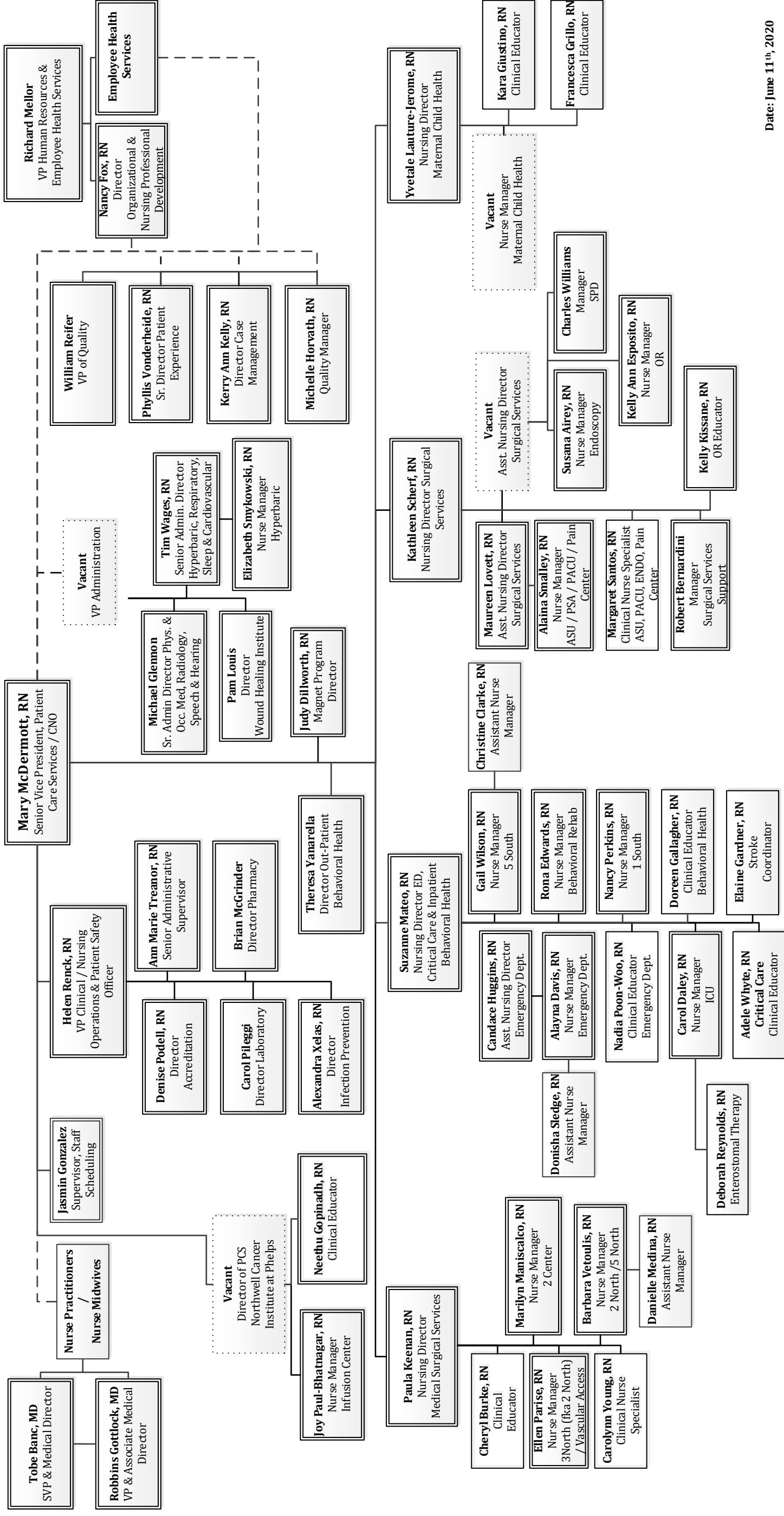


CNO ADVISORY COUNCIL 2019 ANNUAL REPORT

2019 ACCOMPLISHMENTS:

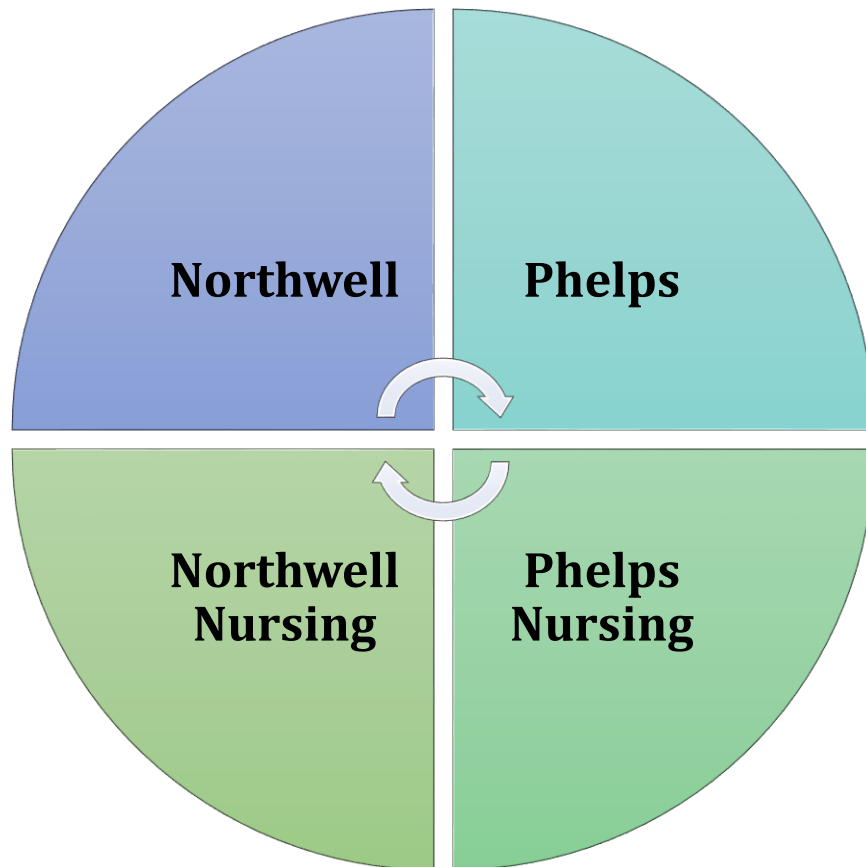
- Continued ability for nurses to escalate and or validate issues on their units with the support of their CNO.
- Staffing needs escalated and addressed on 2 center.
- Input into the new nursing uniforms.
- Provided “out-of-the-box” suggestions for leadership based on the NDNQI RN Satisfaction Survey.
- Suggested for 2020 the RRR Council monitor hospital events in order to better prepare and plan for celebrations.
- 12 hour shifts requested and approved for the Behavioral Rehab Units.





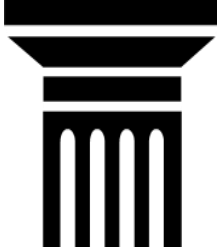
Nursing Strategic Plan

The Nursing Strategic Plan embodies the mission and overarching goals of both the Northwell System and Phelps Hospital. It is reflective of and aligned with Northwell Systems Patient Care Services Strategic Plan and the Hospitals Growth Plan and Strategic Initiatives ([Appendix B1](#)). It is grounded in our Professional Practice Model and the Phelps Hospital Nursing Quality and Safety Plan ([Appendix B2](#)) “to develop and sustain an environment of professional excellence in nursing practice in concert with the Hospital’s mission.”



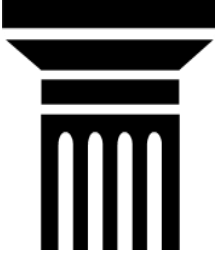
Goals

Quality



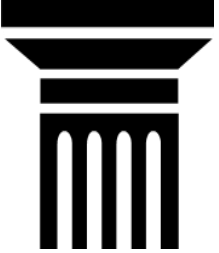
Foster an evolving Culture of Safety through Evidence Based Nursing Practice that cultivates learning and promotes innovation across the Quality of Care.

People



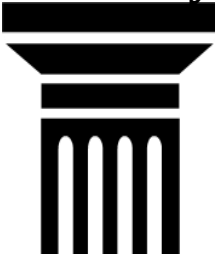
Create an empowering environment for RNs to function at the highest level of their licensure.

Service



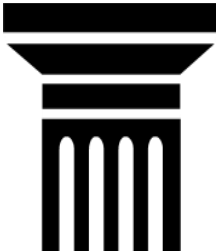
Develop and offer programs that heighten work force engagement and generate improved patient experience outcomes.

Efficiency



Develop transformational leaders at all levels who motivate, inspire and challenge their teams to deliver experiences our patients and customers desire.

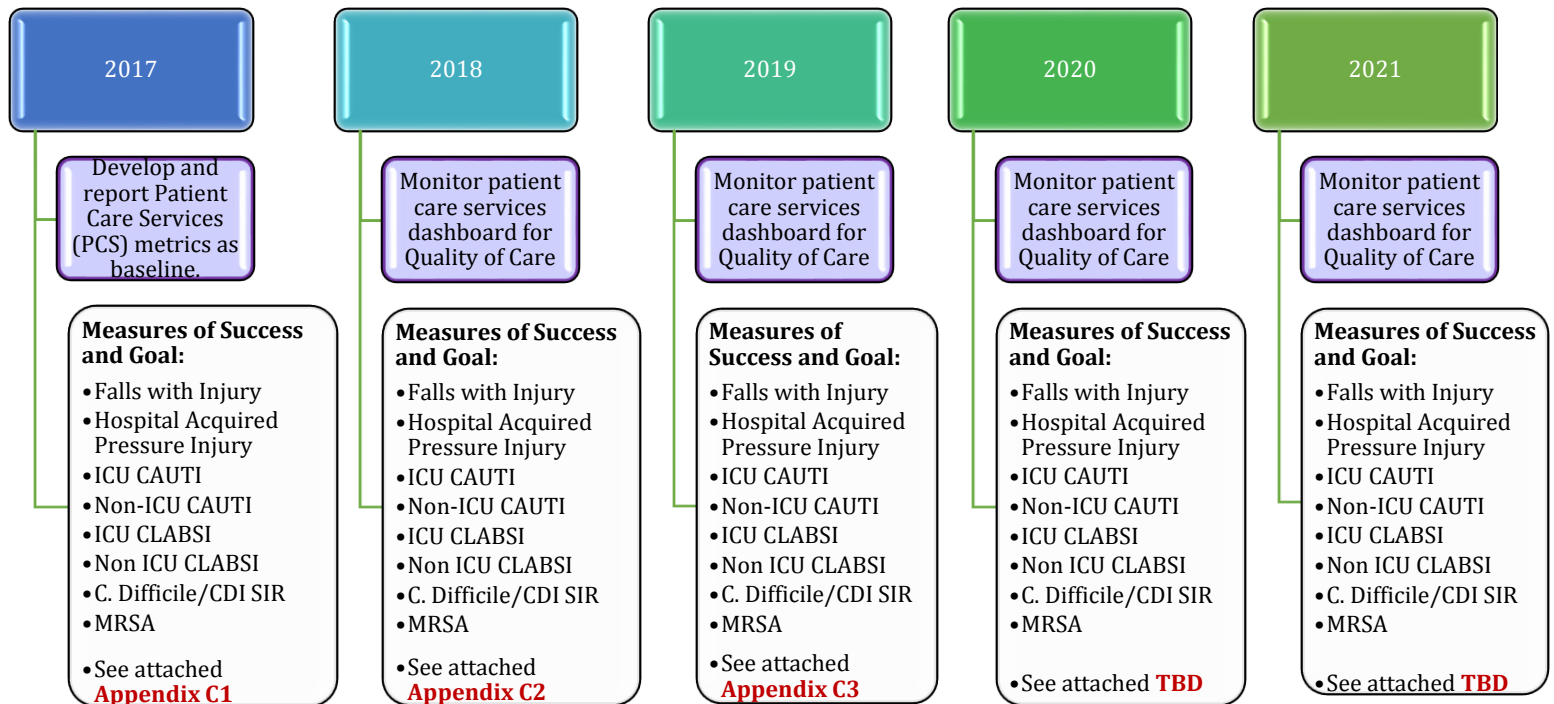
Finance



Optimize the provision of quality care by assuring effective fiscal management.

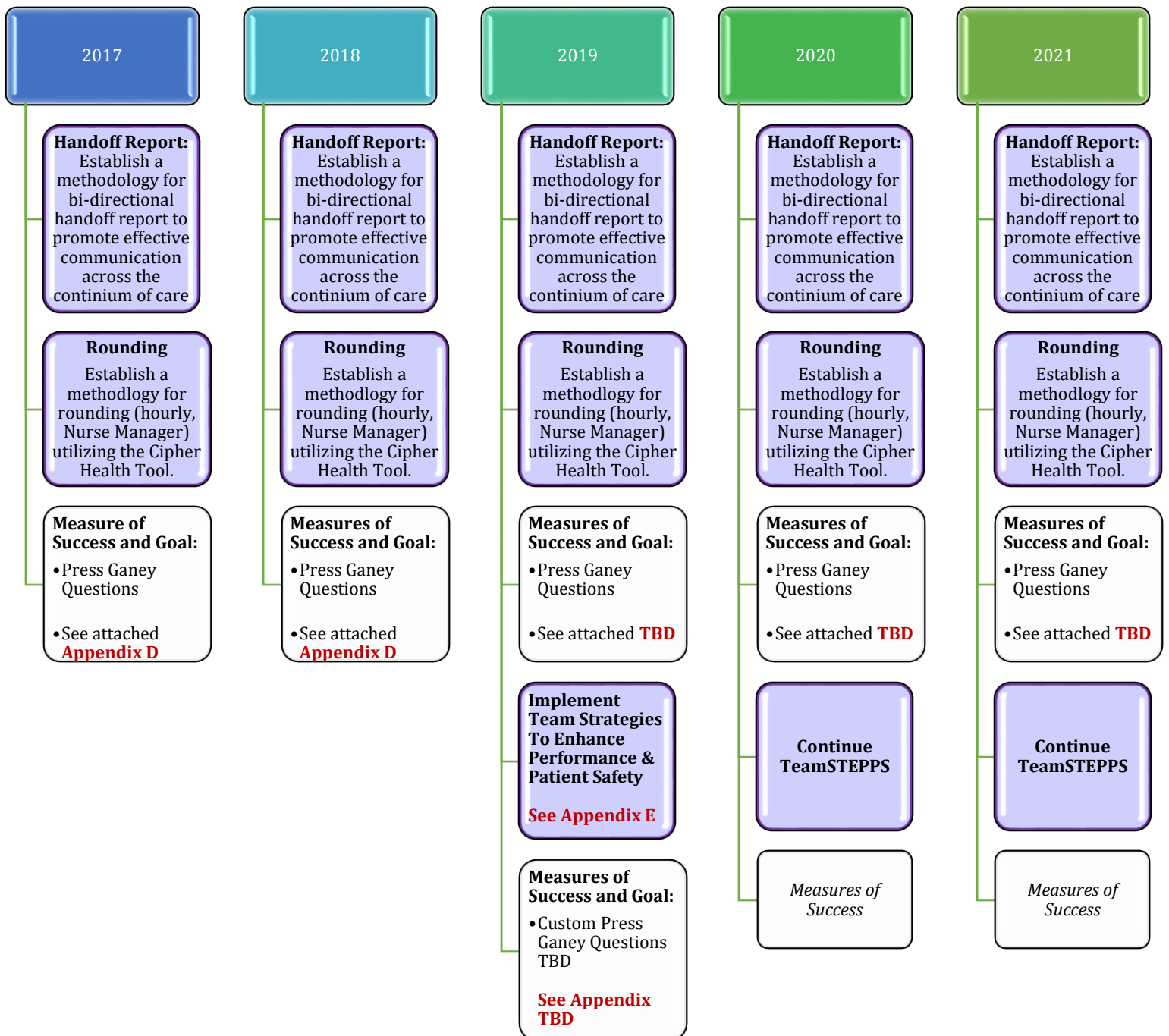
Quality

GOAL: Foster an evolving Culture of Safety through Evidence Based Nursing Practice that cultivates learning and promotes innovation across the continuum of care.



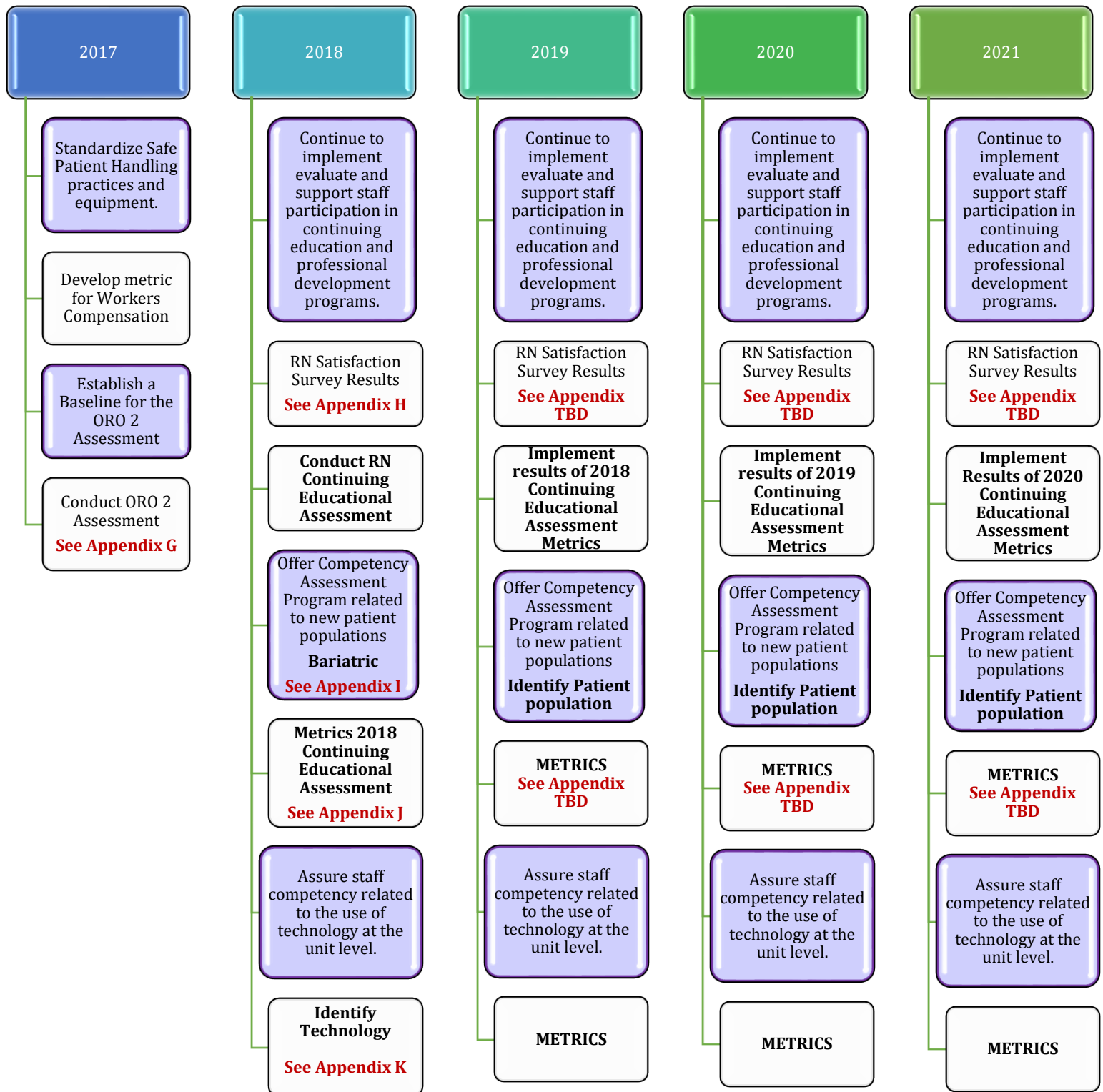
Quality

GOAL: Foster an evolving Culture of Safety through Evidence Based Nursing Practice and nursing research that cultivates learning and promotes innovation across the continuum of care.



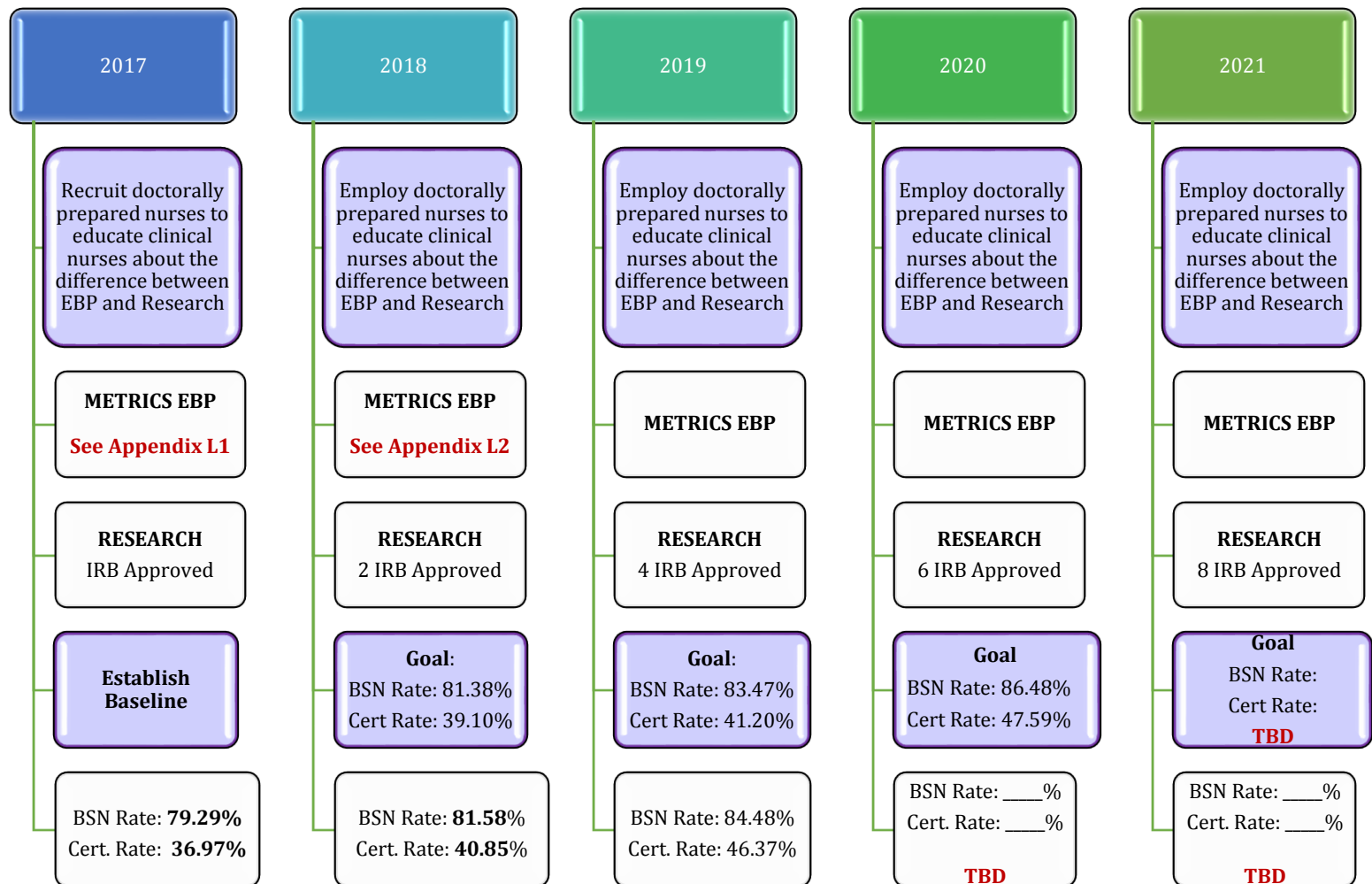
People

GOAL: Create an empowering environment for RNs to function at the highest level of their licensure.



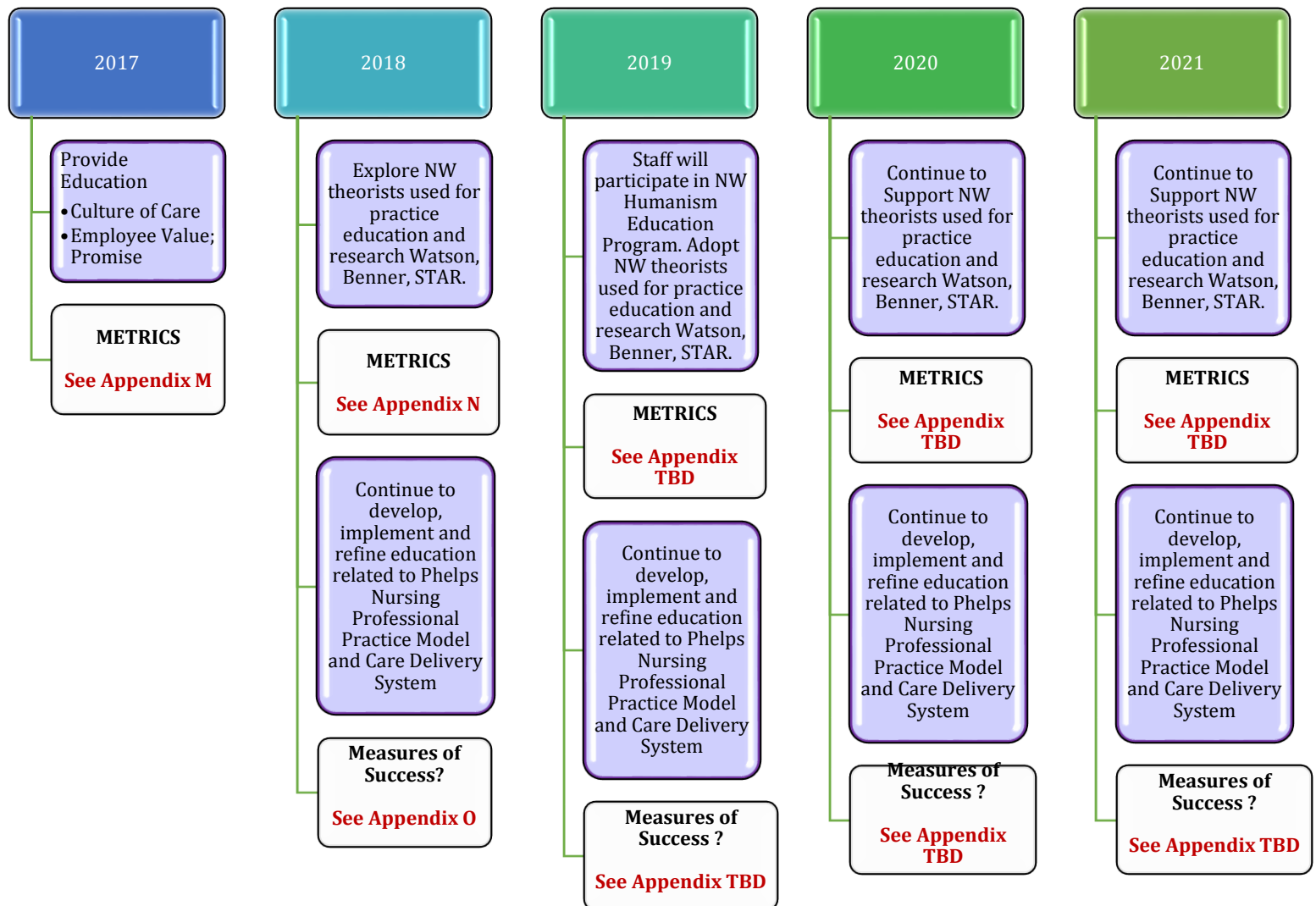
People

GOAL: Create an empowering environment for RNs to function add the highest level to their licensure.



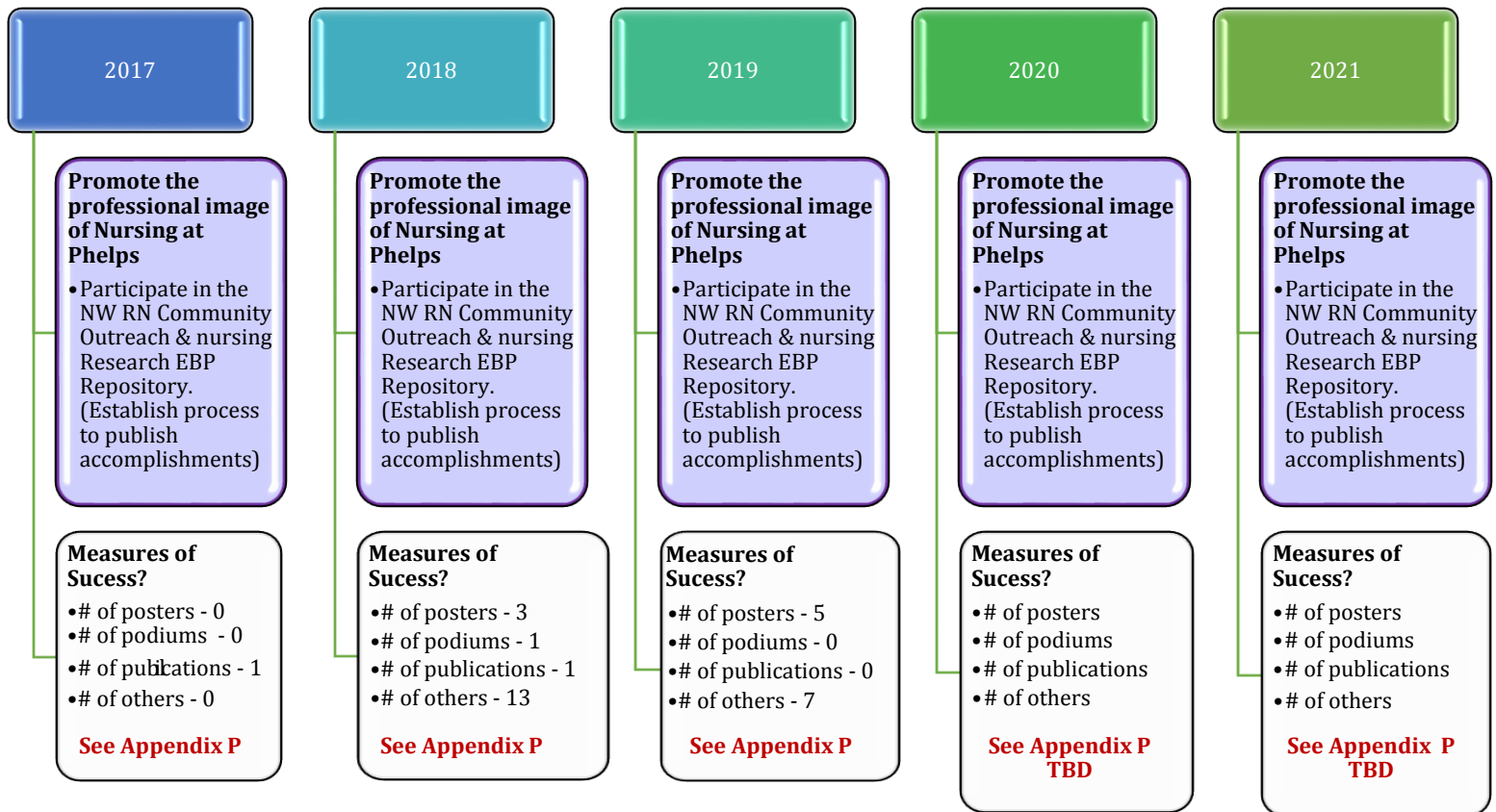
Service

GOAL: Develop and offer programs that heighten work force engagement and generate improved patient experience outcomes.



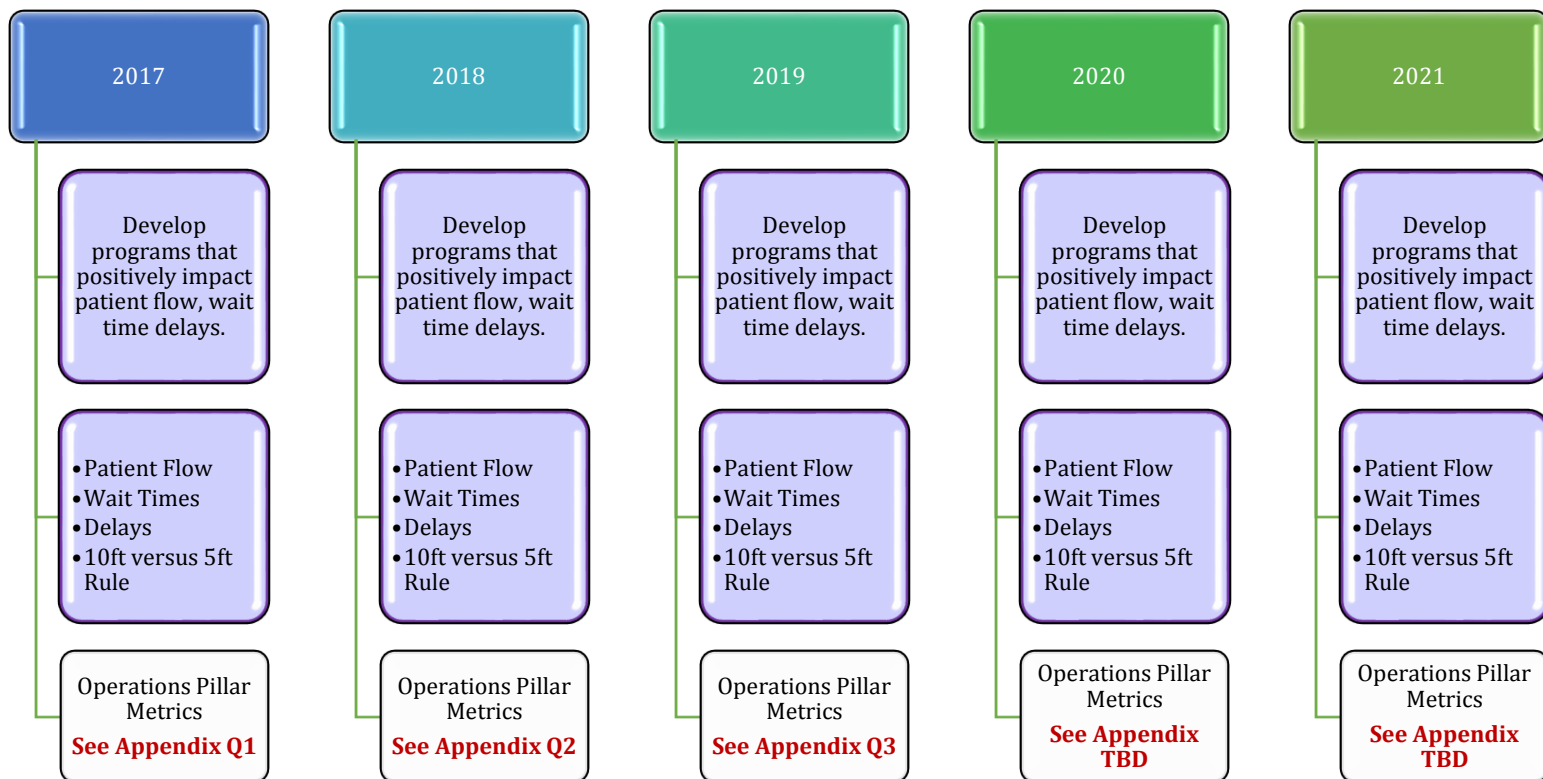
Service

GOAL: Develop and offer programs that heighten work force engagement and generate improved patient experience outcomes.



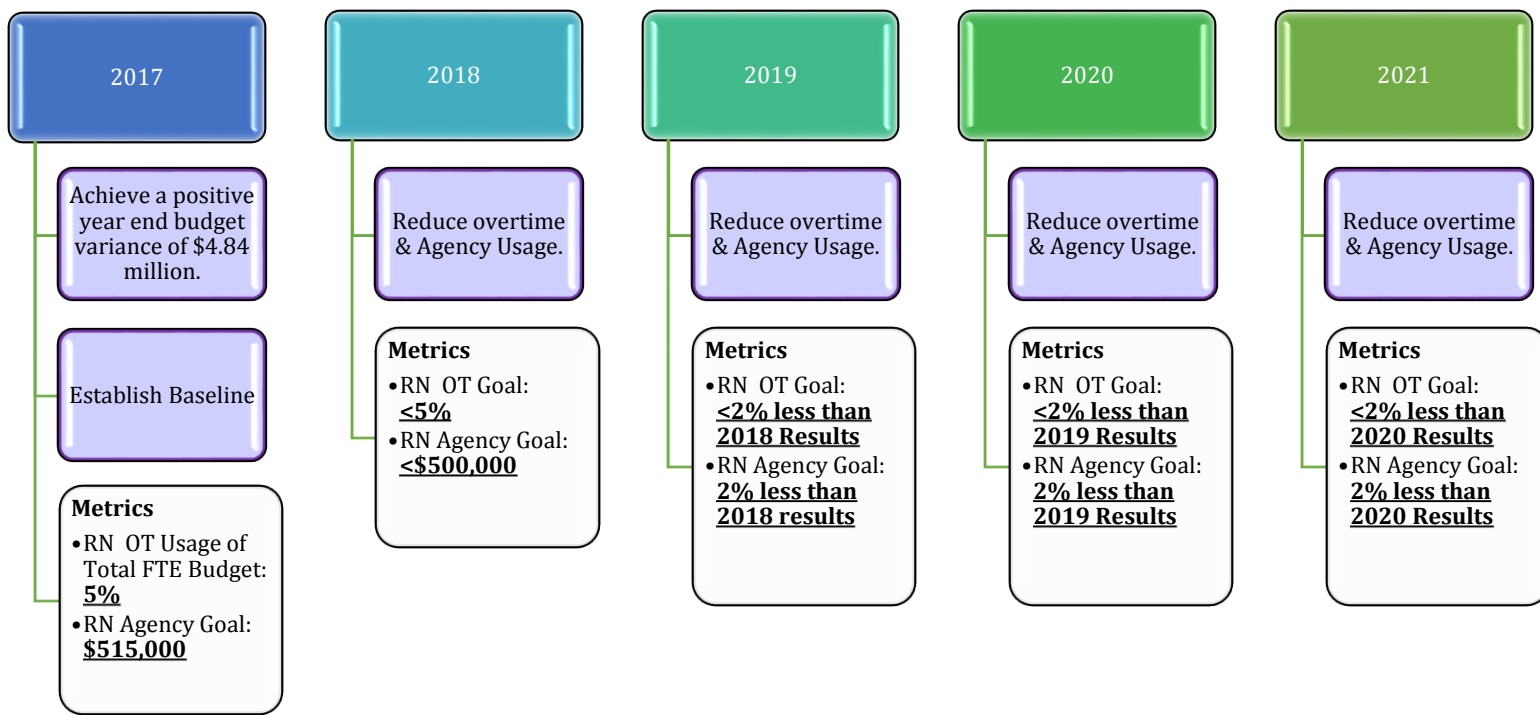
Efficiency

GOAL: Develop transformational leaders at all levels who motivate, inspire and challenge their teams to deliver experiences our patients and customer desire.



Finance

GOAL: Optimize the provision of quality care by assuring effective fiscal management.



STEPS TO PREPARE FOR SITE VISIT

Relish in the accomplishments of your unit as well as the entire hospital:

- ✓ Review this 2020 Magnet® Site Visit Guide for reference
- ✓ Visit the Nursing Website.
- ✓ Become familiar with the Magnet® Documents *
- ✓ Attend any educational activities
- ✓ Review information posted on your unit

Know where your data is displayed on your unit and have an understanding of how to speak to it:

- ✓ NDNQI RN Survey was taken in June 2019. Review your results and action plans
- ✓ Review your unit level dashboard. Understanding of the benchmark - "We outperform the benchmark..."

The Site Visit

- ✓ Appraisers verify the written examples
- ✓ Appraisers meet with:
 - Clinical nurses
 - Interdisciplinary teams
 - Community partners/stakeholders
 - Executive team
- ✓ Validate enculturation of Magnet principles throughout the organization where nursing is practiced

The Site Visit will be held virtually from 8/19/20 - 8/21/20:

- ✓ When you meet a magnet appraiser, introduce yourself, share your credentials, years of experience,... why you love working at Phelps Hospital
- ✓ **IT'S OK TO BRAG!** This is a wonderful opportunity to share what you are most proud of as well as ask questions of the appraisers.

* Two ways to access the Magnet® Documents

1. Direct link to the site:



<https://phelpsmagnet-employees.org/>

- Username: Employees
- Password: PHMagnet20

2. From the Nursing Website,

Click on the About Page and click on

"Phelps Magnet Document"

Helpful Hint - Save the Magnet® Document to your favorites page for easy access



Magnet resources available to you:

- ❖ Judy Dillworth, PhD, RN, CCRN-K, NEA-BC, FCCM, Magnet Program Director, at x3509 or jdillworth@northwell.edu
- ❖ Kathy Calabro, Magnet Data Analyst, at x3508 or kcalabro@northwell.edu

The following pages reflect the innovative stories from your unit or division highlighted in the Magnet® Document. Enjoy and take pride in your accomplishments!



THE SITE VISIT IS YOUR TIME TO ...SHINE!



TL1 - ORGANIZATION MISSION STATEMENT

NURSES CREATE NEW NURSING PRACTICE THAT ALIGNS WITH PHELP'S MISSION STATEMENT

Provide one example, with supporting evidence, of an initiative in nursing practice that is consistent with the organization's mission statement. Provide a copy of the organization's mission statement as one of the supporting documents.

Background

Overview: In 2016, nurse leaders at Phelps Hospital (Phelps) were challenged to find experienced perioperative nurses to fill current and anticipated operating room (OR) nurse positions. The increased demand for OR nurses emerged out of perioperative service line growth, increased surgical patient volume, anticipated nurse retirements and a concern about the increasing stress on the existing staff. The OR nurses were complaining that they were "working for extended periods without breaks," "had difficulty scheduling vacations" due to minimal coverage and were frequently asked "to work overtime." With an inadequate number of qualified nurses to meet the increasing complexity and demand, Kathleen Scherf, MPA, BSN, RN, NEA-BC, CAPA, director, Surgical Services, was concerned that surgeries would be delayed and/or canceled, thereby jeopardizing the hospital's ability to maintain excellence in care and support the hospital's mission. Concurrently, nurse leaders of the Northwell Health System were developing a Perioperative Fellowship Program, using the core curriculum of the Association of periOperative Registered Nurses (AORN) Periop 101 Program as a guide to address the shortage of OR nurses across the Northwell Health System (Northwell).

Nursing Practice Initiative: Before the Perioperative Fellowship Program, nurses were required to have at least one year of OR experience to be considered for hire within the department of Surgical Services at Phelps. The goals of the Perioperative Fellowship Program were to 1) recruit, educate and retain nurses, including new graduate and inexperienced nurses, 2) enhance the personal and professional excellence of the Phelps' staff, with an orientation program specific to the needs of perioperative nursing, 3) sustain an environment of excellence where services are delivered proficiently, efficiently and effectively, and 4)

expand the range and availability of services at Phelps to improve the health of the community we serve.

Mission Statement: Phelps Hospital employees are devoted to the mission of:

- Improving the health of our community through education, partnerships and advocacy – regardless of the ability to pay
- Sustaining an environment of excellence and compassion where medical, social and rehabilitative services are delivered efficiently and effectively
- Educating our community and the professionals that work here to achieve optimal health outcomes and quality of life
- Striving to advance the professional excellence of our healthcare and support professionals, as well as our research initiatives
- Providing quality, comprehensive care in a safe, modern environment where advanced medical techniques and effective management are combined to provide an indispensable community health resource

[TL1-A Community Service Plan 2014-2016 pg. 3](#)

Aligning Nursing Practice with Mission Statement: By creating this new program, Phelps demonstrated a commitment to its mission statement by ensuring the Perioperative area would have an appropriate supply of nurses prepared to deliver care that achieves optimal health outcomes and quality of life. In addition, this program strives to advance the professional excellence of our healthcare and support our nurses.

Designing the Change in Nursing Practice

Evaluating Current Processes: In June 2016, Kathleen met with Lorraine (Lorrie) Presby, BA, RN, CNOR, CRCST, nurse educator, to identify strategies for the recruitment and retention of OR nurses to Phelps. As they were both members of AORN, Kathleen and Lorrie reviewed AORN's Periop 101 curriculum and spoke with their Northwell Health System colleagues to understand how Northwell was addressing this national issue.

Identifying Solutions: Diana Lopez-Zang, RN, CNOR, director, System Perioperative Education, Northwell Health, offered to meet with Lorrie and Kathleen regarding the inclusion of Phelps and Northern Westchester in Northwell Health's Perioperative Fellowship Program. Its first session had begun in May 2016, with a plan to have four fellowships per year. This program incorporated the 25 modules from AORN's Periop 101 course and 25 additional modules created by the Northwell Health System into an intensive 6-week structured program of blended (didactic and simulation) learning. The program examined the multiple roles of the perioperative nurse and the phases of the perioperative nursing process. Experiential learning occurred at the individual hospital sites for the remainder of the fellowship period.

Lorrie and Kathleen were interested in implementing this program at Phelps. They agreed that to ensure a successful program for the “OR fellows,” based on the number of available preceptors, a maximum of four RNs could realistically participate in Northwell Health’s Perioperative Fellowship Program at one time. Lorrie and Kathleen decided to coordinate one Perioperative Fellowship cohort per year at Phelps to ensure the OR fellows were provided with an effective, comprehensive education with the appropriate support. Lorrie remained in contact with Diana to secure “seats” or positions for Phelps’ nurses in Northwell Health’s Perioperative Fellowship Program. On July 21, 2016, Kathleen emailed Mary McDermott, MSN, RN, APRN, NEA-BC, senior vice president, Patient Care Services and chief nursing officer, that Phelps had four “seats” in the program. [TL1-B Scherf-McDermott Emails July 2016](#)

Customizing the Program: Northwell’s Perioperative Fellowship is a year-long program that helps new graduate nurses attain and maintain the knowledge, skills and attitudes needed to provide safe care to patients and families and successfully navigate through the first year as a registered nurse in the OR. The program requires on-site classroom education at Northwell, as well as completion of online learning modules maintained in iLearn, the Northwell intranet educational site. Lorrie developed an individualized blended learning plan/schedule for the OR fellows at Phelps. Lorrie facilitated the OR fellows’ participation in various workshops and simulations at Northwell Health while incorporating didactic classroom sessions and guided OR experiences at Phelps, tailored to the lessons learned. [TL1-C Phelps Periop Fellowship Educator Grid Nov 2016](#)

Kathleen and Lorrie modified the eligibility criteria to include new RN graduates and experienced nurses without OR experience interested in the OR. Kathleen and Lorrie formed an OR selection team to assess the prospective nurse candidate’s attention to detail, ability to stay focused under stress and organizational skills. The OR selection team designed questions to assess the applicant’s potential to succeed in Northwell Health’s Perioperative Fellowship Program and ultimately as members of the Phelps Perioperative Team.

Implementing New Nursing Practice: On October 31, 2016, the Phelps OR Fellowship Program was launched as a one-year program with specialized education in intraoperative care through a six-week, didactic, clinical observation, hands-on workshop portion followed by 46 weeks of supervised (preceptor-guided) OR education at Phelps. Since its start, there have been four cohorts of OR fellows in the Phelps OR Fellowship Program. [TL1-D Newsletter Article in Notebook 012320](#)



TL7 - SUCCESSION PLANNING

EXAMPLE 1: SUCCESSION PLANNING ACTIVITIES FOR THE NURSE MANAGER ROLE

Provide one example, with supporting evidence, of succession-planning activities for the Nurse Manager role.

Background

Nurse: Rachel Ansaldo, BSN, RN, clinical nurse, Ambulatory Surgery Unit

In 2012, Rachel began her career at Phelps Hospital (Phelps) as a medical/surgical technician in the Intensive Care Unit (ICU). During this time, she was also matriculating in the baccalaureate program for nursing at Dominican College. She graduated with her Bachelor of Science degree in nursing in 2013 and continued working as a registered nurse in the ICU. In her quest to broaden her skills, Rachel transferred to the Outpatient Infusion Center in January 2018. One year later, she transferred to the Ambulatory Surgery Unit (ASU). It was while interviewing for this position that her goals of following the leadership track actually came to light.

Succession-Planning Activities

Identifying Nurse with Potential: The job description for the Nurse Manager role requires the candidate to have a Bachelor of Science in Nursing, at least 3 years of experience in a clinical role including one year in a supervisory or leadership role, Basic Life Support certification and a current New York State license as a Registered Nurse. There are certain skills that a candidate should also be able to demonstrate: Knowledge of nursing practice principles and techniques, sound clinical skills and understanding of acute care standards of practice, participation on shared governance councils and/or committees and be able to demonstrate knowledge of New York State Department of Health regulation and Joint Commission accreditation. The nurse manager duties and responsibilities include patient and staff safety, performance improvement/quality assurance, environment of care standards, communication, collaboration, relationship management, finance oversight, operational

oversight, staff development and other leadership responsibilities. [TL7-A Nurse Manager Job Description](#)

In early 2019, Rachel began to prepare herself for a leadership role. As a clinical nurse, Rachel took the initiative to be the co-chair of the Shared Governance Quality and Safety Council. She also took non-mandated courses offered by Phelps to enhance her understanding of the current trends in nursing (e.g. Nursing Trends, Nursing Advance).

Offering Education: In September 2018, Rachel participated in the Nursing Leadership Basics (3-day course) offered through the Learning Institute at Northwell. This course provided education about the role of a nurse leader, skills inherent in the nurse leader role, resources that are available to the nurse leader and education regarding transitioning to the role of nurse leader. [TL7-B Rachel's transcript with Nursing Leadership Basics Course 2018](#)

Offering Networking Opportunities: On March 26 and 27, 2019, Rachel attended the Northwell Health 2019 Leadership Retreat at the invitation of Mary McDermott, MSN, RN, APRN, NEA-BC, senior vice president, Patient Care Services, and chief nursing officer. There, Rachel had an opportunity to network with other leaders to discuss topics such as leadership competencies, the mentor-mentee model, humanism and therapeutic communication, Northwell's "quiet at night" initiative and transitions of care. [TL7-C Article in Northwell Notebook 041819 pg. 3](#) and [TL-D Rachel's transcript with Leadership Retreat 2019](#)

Results

Presently, Rachel's goals include plans to become certified in her specialty when she meets the clinical requirement to do so. She continues to look for any opportunity to learn and make a difference. With the support of Maureen Lovett, BSN, RN, assistant director of Nursing, Surgical Services, and Kathleen Scherf, MPA, BSN, RN, NEA-BC, CAPA, director of nursing, Surgical Services, Rachel plans to continue advancing up the clinical ladder and to ultimately accomplish her goal of acquiring a nurse manager leadership position at Phelps.

EXAMPLE 2: SUCCESSION PLANNING ACTIVITIES FOR THE NURSE DIRECTOR ROLE

Provide one example, with supporting evidence of succession planning activities for the AVP/nurse director role.

Background

Nurse: Shirley Beauvais, MSN, RN, CCRN, assistant director, Endoscopy, Sterile Processing Department (SPD) and Operating Room (OR)

Succession-Planning Activities

Identifying Nurse with Potential: In conjunction with Northwell Health System, Phelps Hospital (Phelps) uses the 9-Box Assessment grid for succession planning purposes. The process involves comparing the individual's performance in their current role to their potential for a leadership role. The final assessment is completed by a team of nurse leaders and members of the Human Resources department. Because the assessment team had multiple interactions on different levels with the nurse, meaningful discussions regarding his or her leadership potential occur.

At completion of the 9-box assessment, the assessment team identified Shirley Beauvais, MSN, RN, CCRN, assistant director, Endoscopy, SPD and OR, as a "rising star" with high potential. Shirley has been employed at Phelps since 2016, when she was originally responsible for Endoscopy, SPD and the Pain Center; her responsibilities changed in April 2018. Her strengths were identified as having the ability to motivate and inspire others, adapt, communicate and provide feedback, support her team and be a role model as a leader.

In August 2018, Kathleen Scherf, MPA, BSN, RN, NEA-BC, CAPA, Director of Nursing Surgical Services, met with Shirley to discuss her career goals and information from the 9-Box Assessment. Shirley expressed interest in nursing leadership and administration. The next role for Shirley, as part of the succession plan was the Director role. To prepare Shirley for the nurse director role, the assessment team recommended formal and informal learning experiences, on-the-job experiences and opportunities for Shirley to network and learn through others. The assessment team felt that, with continued development, Shirley would be ready to transition into a director role within one year. [TL7-E Beauvais Assessment and Development Plan August 2018.](#)

Supporting Formal Learning Experiences: Shirley had taken courses offered by Northwell Health for leadership development, as defined in her professional development plan. In keeping with the core behaviors her plan identifies, "Developing Self" and "Execution," Shirley was encouraged to attend various programs to enhance her leadership skills:

- Lean/Six Sigma: Shirley was encouraged by Kathleen to take courses in Six Sigma, which provide a rigorous approach to ensuring quality. Six Sigma extends beyond the Quality department and is foundational for creating a culture of excellence throughout the organization. On March 13, 2019, Shirley completed Six Sigma courses offered by the Northwell Health System. This course provided an overview of improvement science methodologies. It focused on how leaders can use these tools to solve their operational performance issues. Later, on May 3, 2019, Shirley completed the Six

Sigma White Belt course, the next step in the Six Sigma process.

- **Leadership Retreat:** On March 26 and 27, 2019, Shirley was invited by Mary McDermott, MSN, RN, APRN, NEA-BC, senior vice-president, Patient Care Services and chief Nursing officer, to attend the Northwell Health Leadership Retreat: Transforming Ideas into Action. This was a two-day conference for which each Northwell facility is represented by nurses with strong leadership potential.
- **Project Management Course:** On March 29, 2019, Shirley completed the course Introduction to Project Management, which is offered by Northwell Health System. This course focused on how leaders can use project management skills to optimize the rollout of large initiatives within their respective organizations. [TL7-F Shirley's Transcript with Six Sigma Courses 031319,032919 & 050319](#)

Offering On-the-Job Experiences. In April, 2019, Kathleen delegated the implementation of a computerized documentation project for the Endoscopy unit to Shirley, as an on-the-job experience. Endoscopy, was one of the remaining areas to transition from paper to electronic documentation. Shirley worked with clinical nurses and members of the Information Technology (IT) department. Shirley led this initiative from April 2019 until its completion September 2019, when computerized nursing documentation went live in the Endoscopy unit.

As the Assistant Director, Shirley was provided with many on-the-job experiences as part of her succession plan. Shirley attended meetings with Kathleen (e.g. OR operations, nursing related meetings) and in place of Kathleen, when she was away. Kathleen transferred her responsibilities to Shirley and communicated to others that Shirley was in charge through her out of office email and voicemail messages. Within a period of six months, Shirley attended various nursing, administrative and construction meetings and addressed staff and/or physician concerns, when covering for Kathleen. [TL7-G Out of Office Message October 2019](#)

Learning through Others: Shirley is also a PhD student, and has taken courses in both qualitative and quantitative research, healthcare policy and strategic planning. Shirley readily applies her new knowledge to practice, which has been valuable for her continued growth and an asset to Phelps. [TL7-H PhD Coursework Transcript](#)

EXAMPLE 3: SUCCESSION PLANNING FOR A CNO

Provide one example, with supporting evidence, of succession planning activities for the CNO role.

Background

Nurse: Helen Renck, MSN, RN, CJCP, CPPS, Clinical Operations, Administration

Identifying Nurse with Potential: In March 2015, Mary McDermott, MSN, RN, APRN, NEA-BC, senior vice-president, Patient Care Services and chief nursing officer recruited Helen Renck, MSN, RN, CJCP, CPPS, Clinical Operations, Administration, as the assistant vice-president of Clinical Operations and patient safety officer at Phelps Hospital. Helen was responsible for the Radiology, Cardiovascular, Laboratory and Pharmacy departments, and the nursing supervisors. In May 2016, Mary promoted Helen to vice president of Clinical Operations and patient safety officer. Helen's scope of responsibility continued to include the nursing supervisors, Laboratory and Pharmacy departments, with the added responsibilities of Standards and Accreditation and Infection Control.

Succession-Planning Activities

Job Progression: With the intention of grooming Helen as a potential chief nursing officer, Mary recognized the importance of exposing Helen to as many leadership opportunities as possible, as well as the need to build her resume. For example, the chief nursing officer's job description includes several requirements:

- Master's degree in nursing (which Helen already had)
- Minimum of 10 years of senior management experience
- Nurse Executive-Board Certified (NE-BC) or Nurse Executive Advanced-Board Certified (NEA-BC) certification
- Excellent problem solving, analytical, verbal and written communication skills required (using quantitative analysis and critical thinking). Ability to actively listen to ideas and concerns and respond in an appropriate manner.
- Excellent organizational skills and the ability to plan and meet deadlines.
- Promotes positive communication. [TL7-I CNO Job Description](#)

Offering Networking Opportunities: In July 2018, Mary requested that Helen attend the August 2018 Medical Board meeting in Mary's place. Dr. Zimmerman, president of the Medical Board, agreed that Helen should attend to represent Nursing for Mary. [TL7-J McDermott-Zimmerman Emails 072117](#)

Offering Leadership Opportunities: In August 2018, Helen covered for Mary during her vacation. During this time, there was an unannounced CMS survey at Phelps Hospital. While Helen was overseeing Nursing operations, she adeptly responded to the surveyors' requests. Helen planned and coordinated the daily activities and ensured a successful site visit. [TL7-K McDermott Emails 081718](#)

Offering Education: In September 2018, with Mary's encouragement, Helen attended The Joint Commission's "Hospital Executive Briefing" continuing education course. During this course, Helen learned the most current information available regarding the standards and accreditation process—an important component of the CNO role. [TL7-L TJC Certificate 092118](#)

In December 2018, Mary and Daniel (Dan) Blum, president and CEO, nominated Helen to

participate in Phelps' new management development program, LeadNEXT, offered through the Northwell Health Center for Learning. This customizable program was specifically designed to help current leaders cultivate their coaching, role-modeling and relationship-building skills. On December 17, 2018, Dan informed Helen that she was accepted to the program, with the start date of February 6, 2019. Helen required a three month leave of absence from January to March 2019, so her nomination to the LeadNEXT program was deferred to 2020. [TL7-M Helen is accepted to leadNEXT 2019-2020](#)

6 Pages



TL8 - DATA-DRIVEN RESOURCING

CLINICAL NURSES USE QUALITATIVE DATA TO ADVOCATE FOR AN AROMATHERAPY PROGRAM AT PHELPS

Provide one example, with supporting evidence, where a clinical nurse(s) utilized data to advocate for the acquisition of a resource, in support of the care delivery system(s).

Background

Overview: Non-medicinal approaches for pain management, emotional well-being and overall health are transforming the practice of medicine. Prescriptions for opioids are diminishing as care practitioners place greater emphasis on improving the quality of life for people living with pain through non-pharmaceutical methods. Aromatherapy, the therapeutic use of essential oils extracted from plants, is one non-medicinal approach that has shown some promise in mitigating anxiety and depression, alleviating pain for patients with chronic conditions, stabilizing blood pressure and improving sleep quality.

Clinical Nurses: In May 2017, Mariel Consagra, BSN, RN, clinical nurse, 5 South; Eileen Maher, BSN, RN-BC, clinical nurse, 5 North; Denise Morgan, BSN, RN, CGRN, clinical nurse, endoscopy; Nancy Turrone, BSN, RN, CPAN, clinical nurse, Post-Anesthesia Care Unit, and Cheryl Burke, MSN, MBA, RN-BC, WCC, clinical educator, attended a presentation on holistic medicine by Susan Raskin, MS, RN, CNS, AHN-BC, manager, Integrative Medicine Program, Northern Westchester Hospital Northwell Health (NWH). Susan highlighted some of the successes with aromatherapy used to support a healing environment for patients. She specifically focused on the benefits of aromatherapy to curb pain, relieve nausea and anxiety, reduce stress and promote relaxation.

Data Used: Susan Raskin presented qualitative data during her presentation and referenced a systematic review and meta-analysis, which identified, appraised and synthesized 12 quantitative and qualitative studies regarding aromatherapy and pain (Lakhan, Sheafer & Tepper, 2016)

Clinical Nurses Use Data to Advocate for Resources

Reviewing Research Data: During Susan's presentation on aromatherapy, she provided qualitative data supporting the value of aromatherapy in creating a calm and healing environment and achieving improved patient care outcomes. This qualitative data was derived from a systematic review and meta-analysis. [TL8-A SRaskin Slide with reference to Systematic Review and Meta-Analysis 2016 article included.](#)

Inspired by Susan's presentation, the clinical nurses spent June 2017 through December 2017 reviewing the literature, evaluating the data for patient outcomes, contacting other hospitals which use aromatherapy and identifying various scents to be used to achieve specific outcomes. As they collected this data, the clinical nurses became even more excited that they now had data which could be used to advocate for resources (e.g. essential oils) to implement aromatherapy.

Proposing a Solution: On January 18, 2018, Eileen and Denise attended a three-hour class on aromatherapy at Northern Westchester Hospital (NWH) to become further informed about aromatherapy and the implementation of the aromatherapy program at Northern Westchester Hospital.

On February 17, 2018, the clinical nurses shared the information they learned regarding Northern Westchester's aromatherapy program with Cheryl. They reviewed Northern Westchester Hospital's aromatherapy policy and made suggestions for changes that would make the policy applicable to patient care systems at Phelps. They also developed a preliminary plan for establishing an aromatherapy program at Phelps. Based on the data they obtained from the literature and their colleagues at NWH, the four nurses selected four essential oils: 1) lavender to minimize discomfort, 2) ginger to soothe an upset stomach, 3) mandarin to promote a sense of calm and well-being and 4) lemon to uplift and energize patients. The clinical nurses discussed the next steps to include a meeting with Mary McDermott, MSN, RN, APRN, NEA-BC, senior vice president, Patient Care Services and chief nursing officer for approval. Cheryl, as Value Analysis Committee member, would serve as their liaison and request the procurement of four essential oils at Phelps. [TL8-B Meeting minutes with clinical nurses evaluation of data and plan for Aromatherapy 021718](#)

Advocating for Resources: On February 26, 2018, Eileen, Denise, Nancy, Mariel, Cheryl and Mary met to discuss their proposal to initiate aromatherapy at Phelps. During the meeting, the clinical nurses presented their projected aromatherapy plan to Mary. [TL8-C Meeting minutes with Mary regarding aromatherapy 022618](#) Mary gave her approval for the plan to start in 2019.

In early December 2018, Eileen, Denise, Nancy and Mariel met with Cheryl to create guidelines for establishing nurse competency in aromatherapy and documentation in the Phelps electronic medical record, Meditech. They decided to develop their competency standard based on the model used by Deborah McElligott, DNP, ANP-BC, HWNC-BC, CDE, nurse practitioner, Center for Wellness & Integrative Medicine, Northwell Health, an expert on

aromatherapy.

On January 17, 2019, Eileen, Denise, Nancy, Mariel and Cheryl began to develop the policy for aromatherapy, and the associated documentation for Meditech. They met several times over the next few weeks to finalize the policy. Mary provided them with support as they shared their progress during this time.

On February 19, 2019, Cheryl attended the Value Analysis Committee meeting and presented the evidence-based findings, a draft of the aromatherapy policy, justification and request for the essential oils needed to launch the aromatherapy program. Giovanna Conti-Robles, BS, manager, Materials Management then ordered the four essential oils, which were purchased and received May 20, 2019. [TL8-D Invoices 052019 and Email notification 070119](#)

On April 26, 2019, Mary presented the Clinical Aromatherapy Policy and received the final approval from the Phelps' Medical Board on May 1, 2019.

Acquiring the Resource: On June 1, 2019, the Aromatherapy program officially began at Phelps, with approximately 60 nurses educated and competent to provide aromatherapy to patients. [TL8-E Aromatherapy policy announced In Notebook 062719 p.1-2](#)

Results

Our professional practice model represents our commitment to our patients and our profession. We are dedicated to our patients encompassing mind, body and spirit. Our care delivery embodies the concepts of: compassion, culturally competent care, and respect for the uniqueness of each patient, innovation and vision. The use of aromatherapy supports our care delivery model as a safe, inexpensive non-pharmacological intervention which clinical nurses can independently provide for the immediate relief of pain, anxiety or nausea for those patients who do not have contraindications (e.g. allergies) and express interest. At Phelps, aromatherapy may be administered as an immediate intervention or in addition to medication.



TL9EO - COMMUNICATION INFLUENCES CHANGE

EXAMPLE 1: MCH CLINICAL NURSES ESCALATE CONCERNS TO THE CNO

Provide one example, with supporting evidence, of an improvement in patient care or the nursing practice environment, associated with communication between the clinical nurse(s) and the CNO.

Problem

Overview: The patient experience is increasingly important in people's choice of healthcare providers. Healthcare facilities need to couple clinical expertise with service that matches or exceeds that of hospitality industries. The importance of leadership in assuring a stellar patient experience cannot be overstated. Patients deserve the best, and their experience is a part of their care. Leadership creates, supports and gives direction to the organization which, in turn, drives staff engagement and improves the patient experience across the continuum. "Communication with nurses" is a main driver of patient experience metrics on patient satisfaction survey scores, and is one of the domains which has a significant impact on patients' perception of care.

Background: In July 2017, Theresa Hagenah, MSN, RN, NCC-EFM, CNML, assistant director, Maternal Child Health (MCH) stepped down from her leadership position to a clinical nurse role. At that time, the nursing leadership structure consisted of an assistant director and nurse manager position for the entire MCH service (Labor and Delivery, Post-partum, Nursery, Pediatrics and Lactation services). Shortly after Theresa assumed a staff position, Edna Glassman-Lackow, BSN, RNC, nurse manager, MCH, decided to transfer to the Phelps Hospital (Phelps) Employee Health Service, as an occupational health nurse with a proposed transfer date of October 2017. As a result, there were two vacant nursing leadership positions in the MCH Service. During this time, the MCH top box scores for Communication with Nurses had decreased and were lower than desired.

Clinical Nurses/CNO Communication: In October 2017, Theresa, now as clinical nurse, Labor and Delivery, emailed Mary McDermott, MSN, RN, APRN, NEA-BC, senior vice-president, Patient Care Services and chief nursing officer, the concerns of the MCH clinical nurses

regarding the impact of the void in leadership and its potential effect on patient satisfaction. Theresa requested a meeting with Mary and the MCH clinical nurses to discuss these concerns. On October 25, 2017, Mary met with Theresa and the MCH clinical nurses to hear their concerns. The clinical nurses expressed major concern regarding the effect of this reduction in management support on excellent patient care and service in the MCH service. During this meeting with Mary, the clinical nurses shared how they valued the nurse leader's role in assuring patient rounding and eliciting patient feedback regarding their experience. The clinical nurses were concerned that by losing two nurse leaders, the perception of post-partum mothers regarding "communication with nurses" was affected.

Challenge: In October 2017, the MCH patient satisfaction survey top box scores for the Communication with Nurses domain was 72.2%.

Goal Statement

Goal: Increase % MCH patient satisfaction top box scores for Communication with Nurses domain

Measure of Effectiveness: % MCH patient satisfaction top box scores for Communication with Nurses domain.

Participation

TL9EO - Table 1 - MCH Team

Name	Credentials	Discipline	Dept/Unit	Job Title
Theresa Hagenah	MSN, RN, EFM-C, CNML	Nursing	MCH	Clinical Nurse (at the time)
Ita Brennan	AAS, EFM-C	Nursing	MCH	Nurse Coordinator
Philis Chiao	BSN, RN, EFM-C	Nursing	MCH	Nurse Coordinator
Dorit Lubeck-Walsh	MSN, RN, FNP-BC, EFM-C	Nursing	MCH	Clinical Nurse
Karen Skinner	BSN, RN, EFM-C	Nursing	MCH	Clinical Nurse
Yeva Posner	BSN, RN, IBCLC, EFM-C	Nursing	MCH	Lactation Specialist
Kara Giustino	MSN, RN, CPN, IBCLC	Nursing	MCH	Clinical Educator
Mary McDermott	MSN, RN, APRN, NEA-BC	Patient Services	Administration	SVP Patient Care Services/ CNO
Michael Nimaroff		Medical	MCH	Physician
Lawrence Mendelowitz		Medical	MCH	Physician
Sarina Distefano		Medical	MCH	Physician
Patrizia Musilli		HR Operations	Human Resources	Director
Daniel Blum		Senior Leadership	Administration	President & CEO

Interventions

Identifying Immediate Actions: In November 2017, Mary and the clinical nurses discussed strategies to provide support to the MCH team with temporary leadership, while searching for permanent MCH leadership positions. As an immediate solution to the concerns of the clinical nurses, Mary negotiated with Patrizia Musilli, director, Human Resources, who was overseeing the Phelps' Employee Health Service, at the time, to delay Edna's transfer to an effective date in December 2017. Patrizia and Edna were both agreeable to this change as a short-term solution for MCH's staffing issues.

Developing New Staffing Plan: In November 2017, Mary contracted an external placement agency to urgently seek candidates for interim and permanent replacements for the MCH director and nurse manager leadership positions which Theresa and Edna had held. In November 2017, Mary also contacted Maureen White, MBA, RN, NEA-BC, FNAP, FAAN, chief nurse executive, Northwell Health system, for assistance with the identification of internal system candidates. As part of Northwell facilities' succession planning, certain individuals had been highlighted as having "strong leadership potential" for director or nurse manager positions throughout the Northwell System. Mary continued to interview candidates to fill these leadership positions as she received suitable resumes from the Phelps' Talent Acquisition team. Mary's plan was to support MCH with a full staffing capacity as soon as possible.

Relaying Progress Update Back to Clinical Nurses: In November 2017, Mary emailed the MCH clinical nurses and staff that she had taken the steps above to address the immediate need in response to the clinical nurses' concerns. Mary further explained that she had contacted B.E. Smith placement agency and hired Sue Selker, BSN, RN, as an interim MCH director; Sue's hire date in this interim role was November 16, 2017. Mary reiterated that Sue's hire was a temporary solution while she continued to seek and interview for a permanent director.

Implementing New MCH Leadership Plan: On January 8, 2018, Mary hired Yvetale (Yve) Lauture-Jerome, MAS, BNS, RN, SANE-A, as the nursing director, MCH. One of Yve's primary objectives was to fill the nurse manager position and select an appropriate replacement for Edna. Yve worked closely with Mary and the Phelps' Talent Acquisition team, recruited and hired Nicole Mincey, BSN, RNC-OB, IBCLC, as the new MCH nurse manager, effective April 30, 2018.

Outcome

Pre-Intervention Timeframe: October 2017

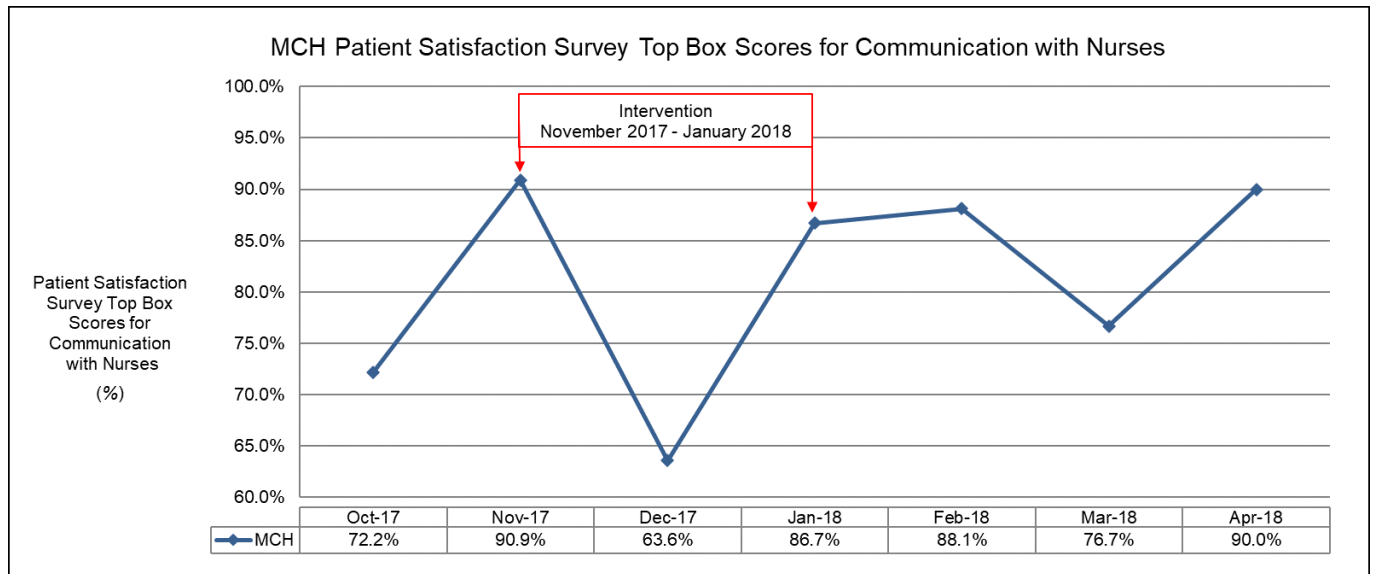
Pre-Intervention Baseline Data: During the pre-intervention timeframe, the MCH patient satisfaction survey top box scores for the Communication with Nurses domain was 72.2%.

Intervention Timeframe: November 2017 – January 2018

Post-Intervention Timeframe: February – April 2018

Post-Intervention Data: During the post-intervention timeframe, the MCH patient satisfaction survey top box scores for the Communication with Nurses domain averaged 84.9%. This represents an 18% improvement in scores.

TL9EO - Graph 1 - MCH Patient Satisfaction Survey Top Box Scores for Communication with Nurses



EXAMPLE 2: ENDOSCOPY CLINICAL NURSES ESCALATE CONCERNS TO NURSE MANAGER

Provide one example, with supporting evidence, of an improvement in patient care or the nursing practice environment, associated with communication between the clinical nurse(s) and a nurse manager.

Problem

Overview: Providing clear instructions for patients regarding procedures performed in the ambulatory Endoscopy unit is crucial to the patient experience. When patients arrive for procedures without proper preparation, procedural delays or cancellations become necessary. This negatively impacts both patient experience and workflow on the unit.

Background: In the second quarter of 2018, Jacqueline (Jackie) Pisano, BSN, RN, CGRN, clinical nurse, Endoscopy, and Topsy James, BSN, RN, clinical nurse, Endoscopy, expressed concern regarding the effect of cancelled procedures on the patients' overall experience at Phelps Hospital (Phelps) and the organizational flow of the unit. Upon review and discussion with the Endoscopy clinical nurses, Jacqueline and Topsy found that the upper esophagogastroduodenoscopy (EGD) and colonoscopy procedures constituted a majority of

the procedures cancelled in the Endoscopy unit. These procedures were cancelled because patients were arriving to the Phelps' Endoscopy unit unprepared: they ate food or drank fluids which were not allowed pre-procedure (e.g. patients didn't understand the definition of "clear liquids") and/or they did not have the required ride home post-procedure. The Endoscopy clinical nurses appreciated the anxiety these patients had while anticipating the procedure and the detrimental effect that a cancellation had on the patient. During this time, patient satisfaction survey top box scores for "Provided needed information regarding procedure" had decreased below desired levels. Jacqueline and Topsy knew that in order to improve the patients' experience with better preparation for these procedures, modification of the educational materials was needed.

Challenge: In June 2018, the Endoscopy patient satisfaction survey top box scores for "Provided needed information regarding procedure" was 88.0%.

Goal Statement

Goal: Increase % Endoscopy patient satisfaction survey top box scores for "Provided needed information regarding procedure"

Measure of Effectiveness: % Endoscopy patient satisfaction survey top box scores for "Provided needed information regarding procedure"

Participation

TL9EO - Table 1 - Patient Education Team Members

Name	Credentials	Discipline	Dept/Unit	Job Title
Topsy James	BSN, RN	Nursing	Endoscopy	Clinical Nurse
Jacqueline (Jackie) Pisano	BSN, RN, CGRN	Nursing	Endoscopy	Clinical Nurse
Shirley Beauvais	MSN, RN, CCRN	Nursing	Endoscopy	Assistant Director (Nurse Manager function)
Jenee Richardson	BSN, RN, CGRN	Nursing	Endoscopy	Clinical Nurse
Lena Lulaj	MSN, RN, ONC,	Nursing	2 Center	Clinical Nurse
Cherry Lyn Fuentes	MS, RN-BC, NPD-BC	Education	Organizational Development	Education Specialist
Nancy Fox	MS, RN, NEA-BC, NPD-BC, CNML	Education	Organizational Development	Director
Margaret Plofchan		Support Services	Marketing & Public Relations	Corporate Director

Interventions

Clinical Nurses/Nurse Manager Communication: In July 2018, Jackie emailed her immediate supervisor, Shirley Beauvais, MSN, RN, CCRN, assistant director, Endoscopy, and carbon-copied Topsy and Jenee Richardson, BSN, RN, CGRN, clinical nurse, Endoscopy,

regarding the clinical nurses' concerns that several patients were unprepared for their upper EGD or colonoscopy procedure because they did not understand the pre-procedural instructions they received. Shirley functions in a nurse manager role for the Endoscopy unit with accountability and supervision responsibilities over all nurses and healthcare providers delivering care in the unit. After discussing this issue in their unit's Shared Governance Council meeting, Jackie and Topsy reviewed the educational materials that were given to patients pre-procedure and developed an educational brochure which specified the pre-procedure preparation requirements and addressed the common reasons for cancellation. These included what could be ingested by mouth prior to the procedure and to ensure that the patient had someone to take him/her home post-procedure. Jackie attached the first draft of the educational brochure for patients preparing for upper EGD and colonoscopy procedures to her email. Shirley was impressed with the brochure and immediately responded to the email by speaking directly with Jackie, Topsy and Jenee Richardson, BSN, RN, CGRN, clinical nurse, Endoscopy. Together, they decided next steps to create the brochure.

Investigating New Approach: On July 24, 2018, Shirley reviewed the draft of the educational brochure again and emailed Cherry Lyn Fuentes, MS, RN-BC, NPD-BC, education specialist, Organizational Development, and co-chair of the Patient Education Committee, and Nancy Fox, MS, RN, NEA-BC, NPD-BC, CNML, director, Organizational Development, to understand the protocol for approving and implementing educational resources at Phelps. On July 26, 2018, Cherry responded that she would forward the educational brochures developed by Jackie and Topsy, to the interprofessional Patient Education Committee, which was also co-chaired by Lena Lulaj, MSN, RN, ONC, clinical nurse, 2 Center, for review. Cherry also requested that Jackie or one of the Endoscopy clinical nurses present the educational brochures at the next interprofessional Patient Education Committee meeting for peer feedback and approval.

Gaining Peer Feedback: On August 13, 2018, Topsy attended the Patient Education Committee meeting and presented the draft of the Endoscopy patient education brochure. The Patient Education Committee members provided feedback that certain language in the educational brochures required editing. One of the requirements discussed was the need for all educational materials to be at a 6th grade reading level.

Developing the Educational Brochure: From September to December 2018, after the initial review, either Topsy or Jackie attended several more Patient Education Committee meetings to obtain additional feedback regarding the successive revisions to the educational brochures. Shirley provided the needed support for the clinical nurses to dedicate the time needed to confer with their nurse colleagues, make the recommended changes to the educational brochure and attend the patient education committee during work hours. While modifying the educational brochures, Jenee, Topsy and Jackie learned that different physicians used varying preparation methods. To avoid confusion, the clinical nurses eliminated the section regarding the actual preparation and deferred that explanation to the

physician.

Requesting Final Approval: In January 2019, Jackie, Topsy and Jeneé made final revisions to the educational brochure and submitted it to the Patient Education Committee for approval. On February, 8, 2019, Cherry gave the green light to move forward with the brochures and recommended that the clinical nurses ask patients for feedback as a final step, before they created the official brochures; Jeneé and Topsy obtained this feedback.

Educating Associates on the New Educational Brochure: In February 2019, Jackie and Topsy contacted the office managers of Richard Findling, MD, associate director, Medicine-Gastroenterology and the Gastroenterology service, and discussed the need to replace the existing information with the new educational brochures. Jackie and Topsy answered the managers' questions and provided background information as needed.

In April 2019, Shirley submitted the final educational brochures to Margaret Plofchan, corporate director, Marketing and Public Relations. Margaret made minor modifications to the educational brochures to meet Phelps' branding and resolution needs.

Implementing New Educational Brochures: In May 2019, the final approved educational brochures were delivered to the Phelps Endoscopy Unit and then distributed to the Gastroenterology offices. Upon receipt, the office managers began to distribute the educational brochures to patients when their appointments were scheduled.

Outcome

Pre-Intervention Timeframe: June 2018

Pre-Intervention Baseline Data: During the pre-intervention timeframe, the Endoscopy patient satisfaction survey top box scores for "Provided needed information regarding procedure" was 88.0%.

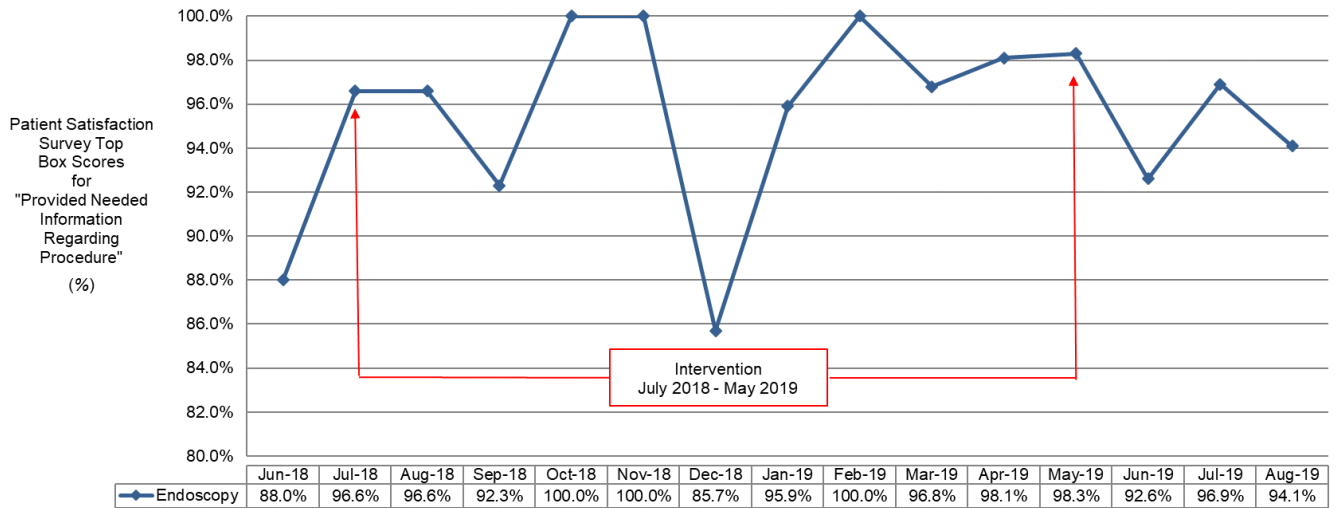
Intervention Timeframe: July 2018 – May 2019

Post-Intervention Timeframe: June – August 2019

Post-Intervention Data: During the post-intervention timeframe, the Endoscopy patient satisfaction survey top box scores for "Provided needed information regarding procedure" averaged 94.5%. This represents a 7% improvement in scores.

**TL9EO - Graph 1 - Endoscopy Patient Satisfaction Survey Top Box Scores for
"Provided Needed Information Regarding Procedure"**

Endoscopy Patient Satisfaction Survey Top Box Scores for
"Provided Needed Information Regarding Procedure"





SE13 - RECOGNIZING INTERPROFESSIONAL TEAM

PHELPS HOSPITAL RECOGNIZES C.A.R.E. LEADER TEAM

Provide one example, with supporting evidence, of the organization's recognition of an interprofessional group (inclusive of nursing) for their contribution(s) in influencing the clinical care of patients.

Background

Overview: Healthcare facilities that incorporate interprofessional cooperation into practice and operations have fewer preventable medical errors, better patient outcomes, and reduced health care costs (Nester J. "The Importance of Interprofessional Practice and Education in the Era of Accountable Care." *North Carolina Medical Journal*, March-April 2016). Interprofessional collaboration also leads to improved working relationships among the different health care disciplines.

Recognition: C.A.R.E. Leader team meetings have been recognized through a variety of venues: 1) the Senior Leadership team recommended the Care Leader Team as a best practice at the "Every Moment Matters" patient experience conference hosted by Northwell Health (January 2019), 2) in the Phelps Hospital (Phelps) employee newsletter (May 2019), 3) at a Management Meeting conducted by Senior Leaders (September 2019), 4) at Phelps Town Hall meetings (October 2019), and 5) at a recognition breakfast (December 2019).

Interprofessional Team: In early 2016, Daniel (Dan) Blum, MS, president and chief executive officer, Phelps Hospital, established the C.A.R.E. Leader team, an interprofessional group of individuals focused on working together to optimize patient care outcomes and improve patients' experiences. C.A.R.E, an acronym for Connect, Awareness, Respect and Empathy, provides the central elements of communication at Phelps. The C.A.R.E team, co-chaired by Mary McDermott, MSN, RN, APRN, NEA-BC, senior vice-president, Patient Care Services and chief nursing officer and Dan, is composed of leaders from the departments of Nursing, Radiology, Finance, Administration, Admissions, Physician Practices, Respiratory Therapy, Outpatient Cardiovascular, Wound Healing, the Cancer Institute, Housekeeping, Food and Nutritional Services, Case Management, Patient Experience, Internal

Communications, Development, Security, Engineering, Safety, and Risk Management.

Interprofessional Team's Actions: Since 2016, C.A.R.E. Leaders from every inpatient and ambulatory unit and/or department have met weekly to review and collectively address patient experience issues identified from the patient comments reports from the Medicare Hospital Consumer Assessment of Healthcare Providers and Systems (HCAHPS) and Press Ganey surveys, patient letters, written correspondence, one-on-one meetings and telephone calls from patients. Positive, negative and neutral comments are posted on a screen for C.A.R.E team members to read and provide feedback, while the responsible unit and/or department leaders share the response/intervention taken regarding the comment (e.g., acknowledge the people who were identified as positive, elicit suggestions for individual, unit or system improvement).

How Actions Influenced Clinical Care: C.A.R.E Leader team meetings have heightened the awareness of Phelps employees' understanding of the importance of working "cooperatively together" to optimize patient care. Through the responsiveness of the C.A.R.E. Leader team, patients recognize that Phelps is listening to their concerns, interested and serious about correcting issues. Improved patient care outcomes have been achieved as evidenced by the reduction in the number of complaints regarding inconsistency in breastfeeding information and the temperature of the ED, respectively.

Participation

SE13 - Table 1 - C.A.R.E. Leader Team

Name	Credentials	Discipline	Unit/Dept.	Job Title
Daniel Blum	MS	Administration	Administration	President, CEO
Tobe Banc	MD	Medicine	Administration	Medical Director
Mary McDermott	MSN, RN, APRN, NEA-BC	Patient Care Services	Administration	SVP Patient Care Services/ CNO
Eileen Egan	JD, BSN, RN	Risk Management	Administration	Vice President
Tracy Feiertag	MS, DHA	Administration	Service Lines, Physician Practices	VP, Service Lines and Physician Practices
Robbins Gottlock	MD, MBA	Physician Practices	Administration	VP, Associate Medical Director
William (Bill) Reifer	LCSW	Quality, Case Management	Quality, Case Management, Patient Experience, Internal Communications, Religious Services	VP, Quality and Case Management

Helen Renck	MSN, RN, CJCP, CPPS	Clinical Operations	Administration	Vice President/ Patient Safety Officer
Jill Scilibilia	CFRE	Development	Development	Vice president
Glen Taylor		Support Services	Administration	VP, Support Services
Tony Acosta		Environmental Services	Environmental Services	Assistant Director
Susanna Airey	BSN, RN, OCN	Nursing	Endoscopy	Nurse Manager
Brian Akers		Facilities	Plant Operations Management	Assistant Director, Facilities Management
Melanie Anderson		Administration	Administration	Senior Executive Assistant
Katrina Aronoff		Radiation Medicine	Northwell Health Cancer Institute	Chief Radiation Therapist
Ingrid Arzeno		Physician Practices	Physician Practices	Practice Administration Manager
Neal Browne		IT Communications	Information Services	Site Director
Manny Caixeiro		Support Services	Security	Director
Kimorine Campbell		Physician Practices	Physician Practices	Manager
Carol Daley	MSN, RN, CNML	Nursing	ICU	Nurse Manager
Alayna Davis	BSN, RN, PCCN	Nursing	ED	Nurse Manager
Rona Edwards	MSN, RN-BC	Nursing	Behavioral Rehab Units	Nurse Manager
Melissa Eisele-Kaplan	MSW, LCSW, CPXP	Social Work	Patient Experience	Program Coordinator
Patty Espinoza		Patient Access, Admissions	Admitting	Director, Revenue Cycle Management
Nancy Fox	MS, RN, NEA-BC, NPD-BC, CNML	Education	Organizational Development	Director
Cherry Lyn Fuentes	MS, RN-BC, NPD-BC	Education	Organizational Development	Education Specialist
George Gattullo		Plant Operations Management	Engineering	Director, Facilities Management
Barry Geller	MD	Emergency Medicine	Emergency Department	Director
Michael Glennon		Radiology Diagnostic	Radiology	Senior Administrative Director

JoAnn Greene		Surgical Services	Surgical Services – operating Room	Director
Carol Greiner	MSW, LCSW	Social Work	Northwell Health Cancer Institute	Social Worker
Francesca Grillo	MSN, RN, C-EFM	Nursing	Maternal Child Health	Clinical Educator
Jane Hearty	BSN, RN	Nursing	Infusion Center	Nurse Navigator
Andrea Hodges		Support Services	Food/Nutritional Services, Hospitality, Transport, Guest Services	Assistant Director
Candace Huggins	MSN, RN, NEA-BC, CEN	Nursing	Emergency Department	Assistant Director
Paula Keenan	MSN, MPH, RN	Nursing	Medical Surgical Services	Nursing Director
Kerry Kelly	BSN, RN, CNM	Case Management	Case Management, Physician Services	Director
Michelle Kowack		Physician Practices	Physician Practices	Practice Administration Manager
Lauture-Jerome, Yve	MAS, BSN, RN, SANE- A	Nursing	Maternal Child Health	Nursing Director
James Lindey			ED	
Pam Lipperman	MSW	Social Work	Volunteers	Director
Amara Lynch	MSN, RN, FNP-BC	Nursing	Radiation Medicine	Nurse Practitioner
Pamela Louis	MSHP	Nursing	Wound Healing Institute	Director
Maureen Lovett	BSN, RN	Nursing	Surgical Services	Assistant Director
Neha Makhijani	RVI, MPA	Clinical Operations	Cardiovascular Diagnostics Lab	Manager
Maria Malacarne		Admitting	Financial Counseling	Supervisor
Marilyn Maniscalco	BSN, RN, CNML	Nursing	2 Center	Nurse Manager
Janice Marafioti	BSN, RN, ONC	Nursing	Infusion Center	Acting Nurse Manager
Suzanne Mateo	MA, RN, NEA-BC	Nursing	Emergency Department, Critical Care & Inpatient Behavioral Health	Nursing Director
James McCullagh		Administration	Finance	Associate Director, Finance, Multi-Site

Brian McGrinder	RPh	Pharmacy	Pharmacy	Director, Pharmacy and Clinical Services
Megan McNutt	MBA, MHA	Emergency Department	ED	Administrative Director
Danielle Medina	BSN, RN-BC	Nursing	5 North	Assistant Nursing Manager
Jonathan Monsen		Physician Practices	Physician Practices	Practice Administration Manager
Patrizia Musilli		Human Resources	Human Resources	Director
Andrew Notaro		Northwell Health Cancer Institute	Oncology	Administrative Manager
Ellen Parise	MSN, RN, CNML	Nursing	3 North (FKA 2 North)/Vascular Access Team	Nurse Manager
Dominic Paruta		Physician Practices	Physician Practices	Senior Administrative Manager
Joy Paul- Bhatnager	MSN, RN, OCN, CCGRN	Nursing	Infusion Center	Nurse Manager
Mario Pensabene		Environmental Services	Environmental Services	Director, Environmental Services
Nancy Perkins	BSN, MS, MPA, RN	Nursing	1 South	Nurse Manager
Carol Pileggi	BS, MT(ASCP), SLS	Laboratory	Lab	Administrative Director
Debbie Pirchio		Medical Records	HIM	Director, Revenue Cycle Management
Margaret Plofchan	RD	Marketing and Public Relations	Marketing and Public Relations	Director
Elena Rivera		Physician Practices	Physician Practices	Practice Administration Manager
Carol Robinson	CDN	Internal Communications	Patient Experience	Coordinator, Internal Communications
Kathleen Scherf	MPA, BSN, RN, NEA-BC, CAPA	Nursing	Surgical Services	Nursing Director
Edwin Serrano		Physician Practices	Physician Practices	Practice Administration Manager
Biagio Siniscalchi	BS, RT, CU, MRSO	Radiology Diagnostics	Radiology	Assistant Director
Donisha Sledge	BSN, RN, CEN	Nursing	ED	Assistant Nurse Manager

Alaina Smalley	MSN, RN	Nursing	PACU/ASU	Nurse Manager
Carol Stanley		Laboratory	Lab	Assistant Director
Krista Tamny		Physician Practices	Physician Practices	Practice Administration Manager
Julissa Vargas		Physician Practices	Physician Practices	Senior Administrative Manager
Nelly Vega-Woo	DNP, RN, FNP-BC	Nursing	Infusion Center	Nurse Practitioner
Barbara Vetoulis	BSN, RN, CNML	Nursing	5 North	Nurse Manager
Phyllis Vonderheide	MS, RN-BC	Quality	Patient Experience	Senior Director
Tim Wages	MSN, RN, NE-BC	Nursing	Hyperbaric, Respiratory, Sleep and Cardiovascular	Sr. Administrative Director
Gail Wilson	MHA, BSN, RN	Nursing	5 South	Nurse Manager
Darron Woodley		Support Services	Food & Nutrition Services	Manager

Recognizing Interprofessional Team for Contributions to Clinical Care

C.A.R.E. Leader Team Informational Poster presented at *Every Moment Matters*, Northwell Health System Conference - April 9, 2019.

During a Phelps senior staff meeting, William (Bill) Reifer, LCSW, vice-president, Quality, and Phyllis Vonderheide, MS, RN-BC, senior director, Patient Experience, suggested that Phelps submit a poster entitled “*C.A.R.E. Leader Meeting – A Dynamic Team-oriented Approach to Patient Feedback*” as an exemplar for the Northwell Health System annual patient experience conference. The senior leaders approved the requested submission. The *C.A.R.E. Leader team* initiative was submitted to Northwell by Phyllis and Mary in December 2019. They reported on the progress of the submission at the Senior Staff meeting in January 2019. [SE13- A Senior Leader Minutes 112818 – 011519](#).

In March 2019, Phyllis prepared a final draft of the poster, highlighting the contributions of the C.A.R.E. leader team, which was accepted by Northwell Health. The poster included the C.A.R.E Leader team’s background, benefits, and two success stories. Phelps Hospital was added to Northwell Health’s list of hospitals that were presenting at the conference. On April 9, 2019, members of the Senior staff, Mary, Tobe Banc, MD, Senior Vice-President, Medical Director, Jill Scibilia, Vice-President, Development, and Bill attended the “*Every Moment Matters*” Conference, with approximately 650 attendees, to support Phyllis and recognize the C.A.R.E. leader team for their contributions in influencing the clinical care of patients at

Phelps.

During the C.A.R.E Leader team following the conference, Phyllis, Tobe, Jill and Bill recognized the C.A.R.E Leader team for their contribution to Phelps and Northwell Health. They provided feedback to the C.A.R.E Leader team that the poster was well received. They shared that numerous hospital members were inquiring about the methodology used to create this program because they wanted to replicate the program, with the interprofessional teams within their facilities to improve patient experience outcomes.

Recognition in Hospital Publication: In May 2019, Dan acknowledged some of the achievements of the C.A.R.E. Leader team in the Phelps employee newsletter, *Notebook*, in an article entitled, “The C.A.R.E. Leader Team – Enhancing Patient Care Excellence through Inter-Professional Cooperation.” Dan recognized the C.A.R.E. Leader team’s contributions successes including greater diversity in food selections, enhanced consistency in the presentation of breastfeeding information, a more collaborative approach to maintaining hospital cleanliness, and the systematization of blanket deliveries to patients in the ED. [SE13-B Phelps Hospital Notebook Article 041819](#).

Recognition in Management Meeting: On September 12, 2019, The C.A.R.E. Leader’s Team was recognized by Senior Leaders for its contributions in influencing the clinical care of patients at the monthly Management Meeting. Phyllis presented the most recent Press Ganey data and acknowledged the efforts of the C.A.R.E. Leader team in improving and sustaining these outcomes. Some of the initiatives mentioned included the Breastfeeding Improvement Program and the Welcome Blanket Program. Following Phyllis’ presentation, Dan reiterated the value of the Care Leader team and thanked them for their ongoing efforts. [SE13-C Management-Meeting-Minutes-091219](#).

Recognition at Town Hall Meetings: During the October 2019 Town Hall meetings, Dan recognized the C.A.R.E Leader team for providing oversight and influence on their respective staff to address patient concerns in a systematic way and, subsequently, contribute to improved patient outcomes. Town Hall meetings provide the venue for all Phelps employees to hear about recent accomplishments and future directions of the hospital. During the meetings, Dan and others presented data from the Press Ganey patient care survey comment reports. Dan highlighted the contributions of the C.A.R.E Leader team by providing two examples of initiatives recommended by the C.A.R.E Leader team to resolve patient concerns. [SE13-D-TownHall-Slide13-1019](#).

Recognition at Special Breakfast CARE Leader Meetings: In December 2019, C.A.R.E Leader team members were invited to a special breakfast recognition by the Phelps Hospital Administration recognized the C.A.R.E Leader team for their contributions to improving the patient experience over the past year. [SE13-E-CARELeader-BreakfastRecognition](#).



NK1 - NURSING RESEARCH STUDY

Study Overview

Study Title: The Effect of an Educational Intervention on Perioperative Registered Nurses Knowledge, Attitudes, and Behaviors towards Pressure Injury Prevention in Surgical Patients.

IRB Approval Date: The study underwent expedited review and received Northwell Health IRB approval on May 11, 2018 (IRB#: 18-0240)

Study Start Date: May 12, 2018

Study Completion Date: December 13, 2019

Research Team

NK1 - Table 1 - Research Team

Name	Credentials	Discipline	Dept/Unit	Job Title/ Research Role
Peggy C. Tallier	MPA, EdD, RN	Nursing	Nursing Administration	Coordinator of evidence-based practice and research
Lorraine Presby	ADN, RN, CNOR	Nursing	Operating Room	Clinical educator (at the time)
Catherine McCarthy	BSN, RN, CNOR	Nursing	Operating Room	Clinical nurse, Phelps' site principal investigator

Study Aims

Study Purpose: The purpose of this study is to test the effectiveness of an educational intervention on perioperative registered nurse (RN) knowledge, attitudes, and behaviors towards pressure injury prevention in surgical patients.

Specific Aims:

- I. To measure the effect of an educational intervention on perioperative nurses' knowledge of pressure injury development, predictive and risk factors, and pressure

injury prevention protocols.

- II. To measure the effect of an educational intervention on perioperative nurses' attitudes and behaviors of pressure injury development, predictive and risk factors, and pressure injury prevention protocols

Literature Review Significance

This study was a continuation of previous work published by Tallier, Reineke, et al. (2017). The findings from the Phase 1 study titled "What are Perioperative Registered Nurses' Knowledge, Attitudes, Beliefs, and Behaviors towards Pressure Injury Prevention in Surgical Patients" indicated that perioperative nurses have a knowledge deficit about pressure injury risk assessment and prevention. The pilot study findings indicated that although most perioperative nurses are able to correctly identify and stage a pressure injury, they lack the requisite knowledge to identify patients at risk and implement prevention strategies in their practice. Perioperative nurses had not engaged in continuing educational activities such as attending or listening to a lecture, reading an article about pressure ulcers, or attending formal training in the last four years indicating the need for further education (Tallier, Reineke, et al., 2017).

Current Knowledge: Annually, 2.5 million patients are affected by pressure ulcers (AHRQ, 2016). In the United States overall incidence for hospital acquired pressure ulcers (HAPUs) is 4.5%. In addition to causing severe pain and suffering for patients, HAPUs are associated with adverse patient events including longer hospital length of stay and higher mortality both in hospital and within 30 days of discharge (Lyder et al., 2012). An under investigated area of concern is the development of HAPUs in the perioperative area. A recent systematic review of 17 international studies concluded that the incidence of surgery related HAPUs has increased with a pooled incidence of 15% (Chen, Chen, & Wu, 2012). Shaw, Shang, Lee, Kung, and Tung (2014) observed the development of stage 1 pressure ulcers in 9.8% of patients immediately following surgery and in 5.1% of patients thirty minutes post-operatively. Further, the risk was higher for patients who underwent cardiac surgery (18%) or hip fracture surgery ([22%], Chen, Chen, & Wu, 2012).

There is paucity of research regarding nurses' knowledge, attitudes, behaviors, and barriers related to pressure ulcer prevention in the perioperative area. It is necessary for this to be examined and further research is needed. Understanding nurses' knowledge, attitudes, behaviors, and barriers in relation to pressure ulcer prevention may contribute to the development of pressure ulcer preventive strategies in perioperative patients to lower adverse patient outcomes and costs associated with HAPUs. The terminology hospital acquired pressure ulcers (HAPU's) has been updated in the literature to hospital acquired pressure injuries (HAPI's). The current study reflects the new language however one of the instrument's uses the old terminology.

Significance to Nursing:

The results of this study:

1. Measured and tested the effectiveness of an Educational Intervention on nurses' knowledge, attitudes, beliefs, and behaviors towards Pressure Injury Prevention with the intent aimed at lowering the incidence of pressure injury development in surgical patients in the perioperative services.
2. Informed perioperative practice
3. Addressed gaps in the literature

Innovation

The new knowledge generated may inform practice change with risk assessment and prevention of pressure injury development in perioperative areas with surgical patients.

Study Design: Quantitative non-experimental pre-test post-test longitudinal study. Participants participated in an educational intervention and completed surveys prior to the intervention, within seven days completing the intervention, and six months after the intervention.

Research Question:

- What is the effect of an educational intervention on perioperative registered nurses' knowledge, attitudes, and behaviors towards pressure injury prevention in surgical patients?

Sample Description

Type of Sample: Non-randomized convenience sample

Inclusion Criteria:

- Licensed male or female RNs working in perioperative services (including operating room, ambulatory surgery, endoscopy, and post anesthesia care unit (PACU))
- Full time or part-time
- Have at least one year of experience in perioperative services

Exclusion Criteria:

- Agency nurses
- Student nurses
- RNs with less than one year experience in perioperative services
- Non-licensed personnel

Sample Size: A convenience sample size of 41 Phelps' perioperative registered nurse participants were recruited to participate in the study. Flyers were posted in the perioperative areas and nurses voluntarily agreed to participate in the study.

Study Location

Eleven hospitals, including Phelps Hospital, were selected to participate in the study.

NK1 - Table 2 - Participants Table

Principal Investigator:	Peggy C. Tallier, MPA, EdD, RN
Co-Investigator	Patricia R. Reineke PhD, RN
Site PI: Northwell Health Phelps Hospital	Catherine McCarthy
Site PI: Northwell Health Northern Westchester	Louella Tan
Site PI: Northwell Health Huntington Hospital	Donna Tanzi
Site PI: Northwell Health Lenox Hill Hospital	Eleonora Shapiro
Site PI: Northwell Health North Shore University Hospital	Laura Friedkin Wachel
Site PI: Mount Sinai St Lukes	Ishoma John-Peters
Site PI: Saratoga Hospital	Jane Stratton
Site PI: St Joseph's Health	Christopher Kowall
Site PI: White Plains Hospital	Andrea LaCourcier
Site PI: NYP Hudson Valley	Kathy Asaadoorian
Site PI: Northwell Health LIJ Valley Stream	Lisa Chung

Study Procedures

Site PI Preparation: Approval to conduct the study was obtained from Mary McDermott, MSN, RN, APRN, NEA-BC, senior vice president, Patient Care Services and chief nursing officer at Phelps. Each participating site identified a PI. Catherine McCarthy, BSN, RN, CNOR, clinical nurse, OR, as site PI, and Lorrie Presby, RN, CNOR, clinical educator, completed CITI training and certification. Members of the research team trained site PIs on data collection protocols and the educational intervention. Each site PI was responsible for collecting data at three different time periods. IRB approval was obtained prior to beginning the study.

Initial Screening Procedures: Participants were recruited voluntarily. Recruitment was conducted using a combination of flyers and announcements at unit meetings. Catherine and Lorrie posted flyers and provided information about the study in the Phelps' Nursing News and Notebook.

Study Instruments: Study instruments (surveys) were provided in paper and pencil. The rationale for this is that the evidence has shown that the response rate for paper and pencil proctored surveys is higher than surveys administered electronically. Surveys took

approximately 20-30 minutes for participants to complete each time period.

Study instruments included:

1. Pieper-Zulkowski Pressure Ulcer Knowledge Test Version 2 (Pieper & Zulkowski, 2014, [PZ-PUKT]): A 72-item instrument that measures nurses' knowledge of pressure injury prevention. The PZ-PUKT has a reported Cronbach's alpha of .80. The PZ-PUKT also includes a 12-item demographic survey.
2. Pressure Sore Survey (Moore & Price, 2004): Two subscales were used to measure pressure injury prevention attitudes (11 items) and pressure ulcer prevention strategies (8 items). The Pressure Sore Survey has a reported Cronbach's alpha of .84.

Data Collection:

Pre-Test Procedure: The site PI provided individual survey packets to each participant. The PI instructed each participant that their packets contained two envelopes that were labeled Pretest Data (informed consent, two surveys, and two envelopes) and Posttest Data (two surveys and one envelope).

1. Pretest Data Envelope: Pretest data was collected at the site, June 2018 by the site PI. The PI instructed participants to open the Pretest Data envelope. The PI then instructed participants to read the informed consent. The PI provided time for questions before the informed consent was signed. After signing the informed consent, participants completed the two surveys. The participants then placed their two surveys and their signed informed consent into the envelope found inside the Pretest Data envelope. The participants were instructed to seal the envelope, print their name on the outside of the envelope, and return to the PI.
2. Posttest Data Envelope: The PI instructed participants to print their name on the outside of the Posttest Data Envelope and return it to the PI for completion after the educational intervention.

Educational Intervention Procedure: After the pre-test surveys were completed and collected by the site PI, the educational intervention was implemented the first week of August 2018. Four components from the AORN Prevention of Perioperative Pressure Injury Tool Kit were used for the educational intervention. Risk assessment and prevention each included two components from the toolkit which must be accessed directly from the AORN website. To allow for scheduling flexibility within the individual organizations, the educational intervention was initiated within seven days after the completion of the pretest surveys.

Educational Intervention

- I. Risk assessment
 - a. Perioperative Pressure Ulcer Risk & Prevention: Scott Triggers Webinar (30 minutes)
 - b. Scott Triggers Risk Assessment Instrument (10 minutes)
- II. Prevention

- I. The Basics of Positioning Patients in Surgery slide presentation – 45 minutes
- II. Prevent Perioperative Pressure Injury Checklist – 15 minutes

Posttest Data Collection Period #1: Posttest #1 data were collected the second week of August 2018 within seven days following the educational intervention. The site PI distributed the Posttest Data Envelope to the participants. The participants opened the envelope and completed the two surveys. The participants then placed their two surveys into the envelope found inside the Posttest Data Envelope. The participants were instructed to seal the envelope, print their name on the outside of the envelope, and return to the PI. The site PI placed all of the completed pretest and posttest #1 envelopes into the self-addressed stamped mailer and returned them to the PI.

Posttest Data Collection Period #2: Posttest data #2 were collected February 2019, six months after the educational intervention. The site PI distributed the Posttest Data Envelope to the participants by their name on the outside of the envelope. The participants opened the envelope and completed the two surveys. The participants then placed their two surveys into the envelope found inside the Posttest Data Envelope. The participants were instructed to seal the envelope, print their name on the outside of the envelope, and return to the PI. The site PI placed all of the completed posttest #2 envelopes into the self-addressed stamped mailer and returned them to the PI.

Data Analysis Methods: Data were entered into an electronic data capture tool by the data analyst. Data were entered twice to decrease the risk of data entry error. Versions were compared, disparities noted and then corrected in the original file. Discrepancies were reviewed by the data analyst for clarity and consensus. An audit trail of changes and rationales was maintained. Data were scored by the analyst only.

Data were analyzed using IBM SPSS statistical software version 23.0 (IBM, Armonk, New York). Descriptive statistics summarized demographics, knowledge, attitudes, and behaviors with reported means, standard deviations, frequencies, and percentages. A t-test was used to determine if (1) the training intervention improved test performance by comparing the average posttest score with the average pretest score (2) the respondents retained the knowledge acquired during training, by comparing the second average posttest score, administered six months later, with the initial average posttest score.

Results

Sample characteristics: Forty-one nurses participated in the survey ($n=41$). The majority of the nurses' had a bachelor's degree (71%, $n = 29$) with the remaining participants having an associate's degree (12%, $n = 5$), master's degree (15%, $n = 6$) or a diploma (2%, $n=1$). Ninety percent had five or greater years of experience ($n = 37$), and seventy-eight percent had ten or more years of experience in current specialty ($n=32$). None of the nurses held wound certification, however, more than 60% of the nurses held national board certifications.

Data Analysis Results

Nurses Knowledge

Nurses' knowledge was measured using Pieper-Zulkowski Pressure Ulcer Knowledge Test Version 2 (Pieper & Zulkowski, 2014, [PZ-PUKT]). Table 2 reports overall scores and the subscale (prevention, staging, & wound) scores.

Overall Test Results:

There were 72 items reported in the overall test results. For the majority of items, the percentage correctly answered increased between pre-and-posttest. On the item 22, *Persons, who are immobile and can be taught, should shift their weight every 30 minutes while sitting in a chair*, only 2.4% of the respondents provided the correct answer. A t-test revealed that for the PZ-PUKT overall, the difference between the average posttest score (52.32) and average pretest score (49.0) was statistically significant at $p < .001$. Furthermore 73% of the items were correctly answered. Turning to the average posttest 2 score (47.41), it was lower than the average posttest 1 score by nearly 4.91 points. This result was statistically significant at $p < .003$, indicating that respondents retained very little of the information six months out.

Prevention Subscale Results:

There were 28 test items reported in the Prevention subscale results. For all of the items, the percentage correctly answered increased between pre-and-posttest. On item 13, *a specialty bed should be used for all patients at high risk for pressure injury/ulcers*, only one respondent provided the correct answer. The t-test revealed that for the Prevention subscale, the difference between the average posttest score (21.20) and average pretest score (20.24) was statistically significant at $p < .01$. Furthermore 72% of the items were correctly answered. Turning to the average posttest 2 score (19.76), it was lower than the average posttest score by almost two points. However this result was not statistically significant at $p < .05$, indicating that respondents retained very little of the information six months out.

Staging Subscale Results: There were 20 test items reported in the staging subscale results. For 8 of the 20 of items, the percentage of items correctly answered increased between pre-and-posttest. Item 15, *When the ulcer base is totally covered by slough, it cannot be staged*, experienced the largest percentage point gain (25 points) from pre-to-posttest. The t-test revealed that for the Staging subscale, the difference between the average posttest score (14.54) and average pretest score (14.31) was not statistically significant at $p < .05$. However 72% of the items were correctly answered. Turning to the average posttest 2 score (13.90), it was lower than the average posttest score by less than one point. This result was not statistically significant at $p < .05$, indicating that respondents retained very little of the information six months out.

Wound Subscale Results:

There were 24 test items reported in the staging subscale results. For the majority of items,

the percentage of items correctly answered increased between pre-and-posttest. On item 24, *Bacteria can develop permanent immunity to silver dressings*, 12 or fewer respondents provided the correct answer across the pre-and-posttests. The t-test revealed that for the Wound subscale, the difference between the average posttest score (16.59) and average pretest score (14.49) was statistically significant at $p < .000$. Furthermore 71% of the items were correctly answered. Turning to the average posttest 2 score (15.24), it was lower than the average posttest score by a little over 1 point. However this result was not statistically significant at $p < .05$, indicating that respondents retained very little of the information six months out.

NK1 - Table 3 - Wound Subscale Results

Subscale Name (Number of test items)	Pre Test (percentage scored correctly and raw score)	Posttest # 1	Posttest# 2
Prevention (28)	72% 20.24	76% 21.20 * $p < .01$	71% 19.76
Wounds (24)	60% 14.49	69% 16.59 * $p < .000$	64% 15.24 * $p < .018$
Staging (20)	72% 14.31	73% 14.54	70% 13.90
Overall (72)	68% 49.0	73% 52.32 * $p < .001$	66% 47.71 * $p < .003$

Nurses' Attitudes toward Pressure Injury Prevention and Care

Pressure Sore Survey (Moore & Price, 2004) was used to measure pressure injury prevention attitudes (11 items) and pressure ulcer prevention strategies (8 items). Table 3 reports the scores. Respondents were asked to rate each survey item on a 5-point scale. For items one, two, and six the scale ranged from strongly agree=5 to strongly disagree=1. The rest of the items were scaled in reverse. Attitudes were assessed on each item which was weighted using the rating scale. A weighted score of less than 1.5 was considered a very negative attitude (VNA) while a weighted score above 4.6 was considered a very positive attitude (VPA). Overall respondents mean score was 2.91 indicating that respondent attitudes were neither positive nor negative (NPNA).

On average posttest 1 survey showed no change from the pretest scores as the overall score was 2.91 suggesting that respondents' attitudes did not change after receiving training. The overall average score on the posttest 2 survey, which was administered six months later, was similar to the posttest 1 overall score of 2.90 suggesting that respondents attitudes did not decline but remained the same from pretest to posttest 2.

NK1 - Table 4 - Pretest Results

Item	Strongly agree	Agree	Neither agree nor disagree	Disagree	Strongly disagree	Weighted Mean	Attitude Scale*
(1) All inpatients are at potential risk of developing pressure sores	159 71.3%	53 23.8%	1 0.4%	8 3.6%	2 0.9%	4.609865	VPA
(2) Pressure sore prevention is time consuming for me to carry out	11 5.0%	38 17.1%	47 21.2%	62 27.9%	64 28.8%	2.414414	NA
(3) In my opinion, patients tend not to get as many pressure sores nowadays	40 17.9%	73 32.6%	65 29.0%	39 17.4%	7 3.1%	2.553571	NA
(4) I do not need to concern myself with pressure sore prevention in my practice	147 65.6%	67 29.9%	3 1.3%	0 0.0%	7 3.1%	1.450893	VNA
(5) Pressure sore treatment is a greater priority than pressure sore prevention	122 54.7%	74 33.2%	18 8.1%	5 2.2%	4 1.8%	1.632287	NA
(6) Continuous nursing assessment of patients will give an accurate picture of their pressure sore risk	137 61.2%	79 35.3%	3 1.3%	2 0.9%	3 1.3%	4.540179	PA
(7) Most pressure sores can be avoided	6 2.7%	4 1.8%	21 9.4%	123 54.9%	70 31.3%	4.102679	PA
(8) I am less interested in pressure sore prevention than other aspects of nursing care	66 29.6%	88 39.5%	47 21.1%	19 8.5%	3 1.3%	2.125561	NA
(9) My clinical judgement is better than any pressure sore risk assessment tool available to me	44 19.6%	91 40.6%	65 29.0%	20 8.9%	4 1.8%	2.325893	NA
(10) In comparison to other areas of nursing care, pressure sore prevention is a low priority for me	85 37.9%	103 46.0%	23 10.3%	11 4.9%	2 0.9%	1.848214	NA
(11) Pressure sore risk assessment should be regularly carried out on all patients during their stay in hospital	12 5.4%	4 1.8%	2 0.9%	62 27.7%	144 64.3%	4.4375	PA

Nurses Behavior and Use of Pressure Tools

Respondents were asked a series of questions about their behaviors regarding pressure sore assessment, prevention, and use of pressure sure tools. In the pretest survey, 42% of the respondents reported that they carried out risk assessment on all patients, while 40% reported that they carried out risk assessment on none of the patients. The posttest 1 and posttest 2 surveys reported a similar result. Seventeen percent of respondents reported that they carried our risk assessment at the time of admission only. These percentages dropped to 15% on the posttest surveys. Approximately a third of the respondents reported carrying out risk assessment daily during the patients' stay in the hospital. Both posttests indicated similar percentages. Regarding writing up prevention care plans, 20% of respondents reported on the pretest that they prepare plans on all patients at risk. A must smaller percentage reported writing prevention care plans on both posttest surveys. The majority of respondents on all three surveys reported that they did not prepare pressure sore prevention plans on patients. On the pretest and posttest 2 surveys more than half the respondents reported never having read pressure sore prevention plans while 44% of posttest 1 responses indicated 'less often'. Only 37% of respondents reported that they reviewed pressure sore prevention plans on the pretest survey, 22% on the posttest 1 survey, and 37% on the

posttest 2 survey. The majority of respondents (54%) checked off the 'other' category on the pretest, 42% on the posttest 1 survey, and 52% on the posttest 2 survey. A review of the reasons why care plans were not read, the majority of respondents indicated that they worked in an area where the plans were not necessary, such as outpatients and ambulatory care. Less than a quarter of respondents reported that they updated care plans daily during the patient's stay in the hospital across all three surveys. Approximately 40% of respondents reported 'never' updating care plans across all three surveys. More than 70% of respondents reported in the pretest that they carry out pressure sore prevention strategies. These percentages increased to over 80% on the posttests. When respondents were asked why they carry out prevention strategies 97% indicated on the pretest that 'They are an essential part of nursing', 57% percent indicated that 'I see other nurses doing the same', 43% indicated that 'Other nurses expect me to', and 57% indicated that 'The hospital policy states that I should.' For posttest 1 these percentages were 90%, 22%, 15% and 29% respectively. For posttest 2 the percentages were 83%, 12%, 10% and 24%. Clearly, the majority of respondents across the three surveys indicated that 'They are an essential part of nursing' being the main reason for carrying out pressure sore prevention strategies.

Three questions on the survey focused on pressure sore tools — the presence of pressure sore risk assessment tools, the presence of pressure sore grading tools, and formal training on pressure sore prevention and management. More than half of the respondents indicated the presence of a pressure sore risk assessment tool on the pretest, 46% on the posttest 1 survey, and 41% on the Posttest 2 survey. The majority of respondents could not recall what risk assessment tool was present. The few respondents who did remember indicated that it was the Braden Risk Assessment Tool. A little more than half of the respondents indicated on the pretest the presence of a pressure sore grading tool (54%). This percentage dropped to 34% on posttest 1 one and 42% on posttest 2. Almost none of the respondents across the three surveys could recall the tool that was available. Approximately 78% of the respondents reported on the pretest that they received training on pressure sore prevention and management. This percentage dropped to 73% on posttest 1 and increased to 85% on Posttest 2. Across all three survey's respondents reported a variety of formal training sessions – in-service training, wound care clinics, wound conference held at the hospital, online learning modules such as Health Stream Learning, NDQI pressure modules, and Meditech modules, nursing orientations, assessments of pressure sore risk assessments, and annual educational reviews.

Summary of Key Findings

A summary of the findings demonstrates that perioperative nurses have a knowledge deficit about pressure injury risk assessment, prevention, and wound characteristics. This provides an opportunity for further education especially in the areas of risk assessment and prevention. This study examined perioperative registered nurse's knowledge, attitudes, behavior, and barriers towards pressure ulcer prevention in perioperative patients. Nurses' overall score pretest was 68%, increased to 73% a statistically significant finding ($p < .001$)

one week after the teaching intervention (posttest 1), and then decreased to an overall score of 66% also a statistically significant finding ($p < .003$) six months after the teaching intervention. This indicates that although most perioperative nurses are able to correctly identify and stage a pressure ulcer, they lack the requisite knowledge to identify patients at risk and implement prevention strategies in their practice and that they are retaining very little knowledge six months after the teaching intervention.

The majority (95%) of perioperative nurses had engaged in continuing education activities such as attending or listening to a lecture, reading an article about pressure ulcers, or attending formal training.

Perioperative nurses had neither positive nor negative attitudes towards pressure ulcer prevention. This indicates the need for further education regarding the prevention of pressure injuries in perioperative patients. Nursing practice behaviors have an important role in pressure ulcer prevention. In the current study, although 97% of the perioperative nurses believed carrying out pressure ulcer prevention strategies is essential to nursing practice, 42% reported conducting pressure injury risk assessment on all patients and 40% reported they carried out risk assessment on none of the patients. Posttest one and two had similar findings. Even fewer reported developing, updating, and reading pressure prevention care plans.

Although approximately 40% of the participants reported that the use of a pressure injury risk assessment tool was implemented the majority could not recall what tool was used and on those who did recall, they stated the Braden Scale was in use. This scale is not recommended in the perioperative area according to best practices. This indicated the need for further education and the implementation of a risk assessment tool more properly suited to perioperative patients.

Implications of Findings:

This study explored the effect of an educational intervention on perioperative registered nurse's knowledge, attitudes, and behavior towards pressure ulcer prevention in perioperative patients and attempted to underscore the need for ongoing and continuing education. Findings from this study indicated that perioperative nurses have a knowledge deficit about risk assessment pressure injury prevention and that there is need for the implementation of an appropriate risk assessment tool for the assessment and prevention of pressure injury in perioperative patients. An understanding of perioperative registered nurses' knowledge, beliefs, attitudes, behaviors, and barriers to pressure ulcer development will inform perioperative practice and lead to the development of interventions aimed at lowering the incidence of pressure ulcer development, improving surgical patient outcomes, and lowering hospital costs.

Recommendations to the Organization: Peggy Tallier, MPA, Ed,D, RN shared the Phelps' findings with Mary, the principal investigators, Catherine and Lorrie, and Kathleen Scherf,

MPA, BSN, RN, NEA-BC, CAPA, nursing director, Surgical Services for discussion of the best methods for dissemination at Phelps. The research study was presented at the New Knowledge and Innovation Shared Governance Council meeting which had representatives from the OR, PACU and Deborah (Debi) Reynolds, BA, AAS, RN, WOCN, clinical nurse, enterostomal therapy in January 2020. Research findings are scheduled to be disseminated to the clinical nurses from the OR, Endoscopy unit, ASU, and PACU, during the Perioperative shared governance unit council, Perioperative nursing staff meetings and the monthly Surgical Services meeting. During these forums, the perioperative nurses have the opportunity to discuss the importance of the results, collaborate with Debi and Perioperative educators to implement the Scott Triggers Risk Assessment tool for perioperative patients and conduct ongoing review of pressure injury prevention strategies with Debi skin champions and the clinical nurses of surgical services.



NK5 - INNOVATION

NURSES DRIVE INNOVATIVE SOLUTION TO COMMUNICATION

Provide one example, with supporting evidence, of an innovation within the organization involving nursing.

Background

Overview: Until 2018, nurses at Phelps Hospital (Phelps) communicated largely through emails, a monthly nursing newsletter (Nursing News) and messages posted on unit bulletin boards. Though useful, each of these methods had shortcomings that meant nurses did not always have access to timely, accurate and relevant information. Mary McDermott, MSN, RN, APRN, NEA-BC, senior vice-president, Patient Care Services and chief nursing officer (CNO) recognized the limitations of Phelps' nursing communication methods and identified the need for a dynamic and centralized method for amassing and disseminating information to all nurses.

Innovation: Nurses spearheaded building an internal, nurse-specific website to foster enhanced communication, promote information sharing and celebrate the successes of clinical nurses.

Creating Innovative Solution in the Organization

Hiring a Developer: In March 2018, Mary hired Kathy Calabro, BS, a data analyst with experience designing websites, to build and manage a nursing database and to create a nursing website. Mary shared this vision with the clinical nurses during the Shared Governance CNO Advisory Council (AC) meeting that month. [NK5-A CNO AC Meeting Minutes 032118 pg. 5](#)

Developing the Innovation: In April 2018, Kathy projected the first draft of the nursing website (located on the Phelps intranet) on a screen at the CNO Advisory Council meeting so the clinical nurses could view the page headings and provide feedback. The initial prototype included Shared Governance and Contact pages. The clinical nurses were enthusiastic and supported Mary's idea of having this nursing website as a means to facilitate communication.

Eden Simms, BSN, RN, CPAN, clinical nurse, PACU, suggested that an “In the Spotlight” section be created to recognize nurses who became certified. After further discussion with other nurses and Mary, Kathy added the section and expanded on Eden’s idea to include recognition for nurses who earned an advanced degree, received an award or advanced on the clinical ladder. [NK5-B CNO AC Meeting Minutes 041818 pg.6](#)

From April to June 2018, Mary and Kathy continued to review the evolving website and discuss how to use it to improve communication with nurses. At Mary’s request, Kathy created two additional sections: the Events page and the Topics page. The Events page would offer nurses weekly updates, with information about upcoming workshops, seminars, classes, conferences and designated days of recognition, such as Certified Nurses Day. The Topics page would be updated monthly and provide links to the monthly Nursing News and any new information regarding evidence-based practices, nursing standards or protocols.

Implementing the Innovative Practice: In June 2018, Mary officially launched the website and enabled access for all nurses at Phelps. [NK5-C Notebook Newsletter 072618 pg.7](#)

Updating the Innovative Practice: After the website’s initial rollout, Kathy added other pages based on nurse input. In September 2018, she added a Pressure Injury Resource (PIR) page after PIR team members said they were looking for a place where skin champions could easily be identified. The page evolved to include other key information, such as incidence and prevalence rates of hospital-acquired pressure injury at Phelps.

In October 2018, a virtual Journal Club was introduced to the site based on suggestions from Paulo Poyaoan, BSN, RN, clinical nurse, Wound Care Institute; Nicole Corrao, BSN, RN, clinical nurse, Endoscopy; and Doreen Wall, MSN, RN-BC, clinical educator, Behavioral Health. The section, which includes articles and discussion, provides a way for nurses to engage, learn and support each other in evidence-based practice regardless of their shifts or level of responsibility. [NK5-D Nursing News October 2018 pg.4](#)

In January 2019, Mary agreed to include a page on infection prevention after Alex Xelas, MSN, RN, director, Infection Prevention, and Rachel Valdez-Vargas, BSN, RN, Infection Prevention, requested one to inform nurses of infection control issues to safeguard the health of patients and Phelps’ employees. The infection prevention page contains monthly reports and statistics. [NK5-E Calabro-McDermott Emails January 2019](#)

Results

Available on the Phelps intranet 24/7, the Nursing Website is a dynamic, readily-accessible communication tool that has evolved over time in response to nurses’ needs and interests. Constantly growing and expanding, the site now provides:

- Current nursing information from the Shared Governance Councils
- Educational and professional resources
- Interactive access to nursing leadership, especially the CNO

- A means for interactive dialogue
- A place to recognize nurses' accomplishments and professional achievements.

3 pages