



Phelps Hospital Weekly Nursing Newsletter April 1, 2020



Welcome to the first edition of our weekly newsletter. The idea for this newsletter came from a group of Clinical Educators discussing the challenges and struggles all the staff are encountering while caring for our patients during this very difficult time.

We welcome any solutions, ideas, suggestions, shout outs, etc. that may be assisting you to get your job done and get through your shift. We also welcome any mentions of “Humanism Stories” that you saw taking place in the hospital with any department. Please send any information to Alicia Mulvena, amulvena@northwell.edu. We hope you will find this helpful, enlightening, and maybe humorous.

-
- Does anyone have kids that need a “project” to work on for their online classes. How about suggesting the kids send homemade cards to our staff thanking and supporting them for their work during this challenge. You can have the cards sent to Alicia Mulvena or computer generated cards/letters can be emailed to amulvena@northwell.edu and I will print out and hang them up on the unit bulletin boards.
 - Remind your family members to have a current medical history and list of medications they take available and keep it with them at all times — this helps with a hospital admission if necessary.

Available videos for staff:

Our friends at NHPP have shared this short clip, “Managing Patient Covid-19 Fear,” presented by Dr. Stephen Beeson to help us communicate with our patients experiencing fear of the coronavirus. There are 4 other videos that you may be interested in. All of the videos are on the Nursing Website (Phelps Intranet) under the “ABOUT” tab.

Food Train Implemented :

If you have a patient family member or your own friends/family that wants to give back to the hospital staff perhaps they may be interested in participating with Meal Train.

Meals are prepared and cooked by local restaurants that are paid for by donors and delivered to staff at lunch, dinner, and the late-night shifts. Deliveries will be rotated to the different hospital units and teams. Contact Pam Lipperman (X3172, or 914-366-3172 for outside callers) for more info. Also see: <https://www.mealtrain.com/trains/nn7620>.

Pizza Delivered: Phelps Hospital staff were treated to pizza that was sent in by Bill & Hillary Clinton on March 25th. The Clintons live in Westchester County and have extended this act of kindness to other hospitals in the county over the past few days.

This newsletter is compiled, edited, and distributed by: Alicia Mulvena (Organizational Development). If you would like to submit information for publication please contact: Alicia Mulvena, amulvena@northwell.edu, or ext. 3165



**When I heard 2020 was
going to be "The Year of
the Nurse" this is not
what I expected..**