

National Cancer Prevention Month & Wellness Day Kickoff



FEBRUARY 18th

Phelps Hospital Lobby

10:30am-1:00pm

Schedule

10:30am – 11:15am – Laughter Yoga with Dr. Shah in Atrium

10:30 – 12:00 pm – Community agencies serving cancer patients in the area

Cancer Support Team

Gilda's Club

American Cancer Society

Leukemia and Lymphoma Society

The Support Connection

11:30am – 12:00pm – Amy Hendler, RD discussing “Eating for Good Health” in lobby

12:00pm – 12:30pm and 12:30pm – 1:00pm – Meditation in Atrium

Starting in the Month of March, The Cancer Institute will be offering a monthly Wellness Day at the James House. We will be offering integrated therapy options such as Chair Yoga/Meditation (and/ or other options monthly) and a Patient/Caregiver Support group. Please check online for the latest schedule and sign up for the mailing list if you'd like to be notified.

For Information call Carol Greiner
at (914)366-1661
