



# Phelps Hospital Nursing News June 2019



## **Celebrations:**

- Angela Adjete, Sr. Administrative Director of the Oncology Program and Infusion Center and Mary Kovoov of Risk Management had an abstract accepted for poster presentation at the International Cancer Education Conference in Utah in September 2019. The topic of the abstract is “HPV Patient Navigation Process & Physician Collaboration on Community Education.
- Anthony Mensah MHW of 1 South received his BSN from The College of New Rochelle.
- Kathryn Scherf, MST of 5 South received her BSN from Dominican College.
- Janice Marafioti, RN of the Infusion Center received her OCN certification.

Please congratulate the following nurses in completing the critical care level course for cardiac arrhythmia:

Amanda Dayton  
Katherine Urgiles  
Levi Mariz Ventillo  
Evelyn Condori  
Jessi Colletti  
Edwina Marc  
Roxanna McKenna  
Simone Wright

## **Educational Opportunities:**

**Managing Oncologic Emergencies:** July 11<sup>th</sup>, or November 8<sup>th</sup>. 8am-4:30pm at New York Presbyterian. 7.5 contact hrs. \$225. To register: [www.nyp.org/nursing/news/cme](http://www.nyp.org/nursing/news/cme).

**Nursing Leadership Basics:** This is a 3 day program at Northwell for new: Nurse Managers, Asst. Nurse Managers, Nursing Directors, or Nurse Educators. The class will be held on: August 5-7, or November 11-13. Registration is through iLearn- Enrollment must be approved by the registrant's Director/Supervisor. Contact [ryounghans@northwell.edu](mailto:ryounghans@northwell.edu) for assistance or information.

**Get Published, Coaching for Nurses: Writing for Publication:** July 25<sup>th</sup>, 9a-4p at Columbia University School of Nursing. 6 contact hrs. \$300. To register: [www.nyp.org/nursing/news/cme](http://www.nyp.org/nursing/news/cme).

**2019 Neuroscience Symposium:** August 26<sup>th</sup>, 7:30a-4:30p at Columbia University Medical Center. 6.75 contact hours for \$225. To register: [www.nyp.org/nursing/news/cme](http://www.nyp.org/nursing/news/cme).

## Organizational Development Department Classes:

Being in Charge-A Professional Development Workshop: July 25<sup>th</sup>, 8:30-4:30pm. Register in Healthstream.

**Professional Development Brochure :** There is a brochure on the Nursing Website that contains information about: Certification, Continuing Education, Nursing Promise, Tuition Reimbursement, Mentoring, Preceptoring, etc. Here is how you access this brochure- **Phelps Intranet-→ Patient Care-→Nursing-→Nursing Website-→Shared Governance Councils-→Professional Practice & Development-→Learn More-→Professional Development Brochure.** Take a look at the brochure, there may be some information that will prove helpful to you.

**Allen TVs:** Beginning May 28<sup>th</sup> Phelps will stop charging for movies through the Allen TV system. Once a patient chooses a movie to watch there will no longer be a payment process behind it.

**Nursing Conference News:** Amanda Dayton BSN, RN-BC, Kristin Cutaia BSN, RN-BC, Gerry Bathan BSN, RN, CRNI, VA-BC, Pauline Tedesco RN, VAS and Patricia Curtin MSN, RN, VAS all attended The [Infusion Nurses Society's](#) Annual Conference (New Jersey Chapter) on April 26, 2019. We learned the importance of stabilization and securement of peripheral IVs. Catheter Placement-Why are we always putting IV's where they do not belong, and then wondering why they move around and do not last?

We learned the following from INS:

- Use the site most likely to last the full duration of therapy.
- Use the forearm to increase dwell time, and prevent accidental removal and occlusions.
- Use veins in the upper extremities, and not the lower extremities unless you have no other option.
- Avoid the wrist areas of flexion, and areas of pain on palpitation.

*Amanda Dayton BSN, RN-BC*

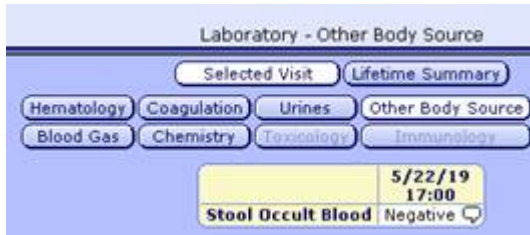
**Medication Safety News:** The following items were discussed at the May PI Team for Med Safety:

- When administering medications, if the pop-up indicates ***“The barcode you scanned was not found on the medication profile”***, **STOP** and explore why the medication is not scanning. Reasons may include, the medication is not ordered for that patient, it may not be the correct patient, the medication may have been discontinued, etc.
- **DO NOT clamp** Alaris tubing when sending patients to the OR. If removing the tubing from the pump, open the free flow clamp and regulate the fluid rate with the roller clamp. When you clamp the tubing:
  - You are discontinuing an order that is in progress; this is outside of your scope of practice
  - The line may clot and require a restart in ASU
  - The patient is not receiving needed fluid for the surgical procedure
- Please notify the provider to renew the medication when you receive the eMAR pop up regarding an upcoming medication order expiration. Nurses receive notifications prior to a medication expiration date well in advance of the medication “falling off the MAR”. Please ensure patient safety by working with the provider to ensure needed medications are renewed.

- If a patient has a medication infusing or added to the IV the Alaris pump **must stay in place**. This is especially important with High Alert medications such as potassium.

### **Meditech Information:**

This is how to find Hemocult in the EMR → Laboratory → Stool Occult Blood



**Student Preceptors:** thank you to the following nurses who precepted students from Pace University and SUNY Plattsburgh during the Spring 2019 semester. The students all had great experiences and appreciated that you volunteered for this valuable student experience.

Maria Buenaventura- 5 South  
 Kristin Cutaia- 5 North  
 Nerissa Douglas- 3 North  
 Laizamma James- 3 North  
 John Malizia- ICU  
 Amanda McNiff- 5 North  
 Alice Mullins- ICU  
 Josetta Rudinger- ICU  
 Lisa Vaccaro- ICU  
 Samantha Weldon- 5 North.

**Joint Commission Readiness Sessions:** please review the attachment that has the remaining Joint Commission Readiness Presentation schedule.

**Nursing Promise Program:** **Nursing Promise** is a donor-funded program providing incentive and financial assistance for Phelps Hospital Northwell Health employees beginning or advancing a career in nursing.

Employees accepted into Nursing Promise receive an annual grant from Phelps to assist with expenses.

**Nursing Promise** supports two paths to a BS in Nursing. Employees may earn a Bachelor's in Nursing, or if already an RN may pursue an RN to BS in Nursing program.

### **Nursing Promise Scholars**

- Must be accepted and enrolled in an accredited program to earn a BS degree in nursing.
- Must complete their degrees within four semesters in two consecutive years. No award is given for less than two semesters.

- Complete “*Work Promise*” after graduation as defined in the policy in lieu of repayment of cash stipend.

If you will be starting class for the Fall 2019 semester, the application for Nursing Promise is due by August 1<sup>st</sup>.

If you are interested in applying please contact Alicia Mulvena of Organizational Development for an application, contact info is: [amulvena@northwell.edu](mailto:amulvena@northwell.edu).  
Or 914-366-3165.

**Chrome River Information:** See the attached document that explains how to obtain pre-approval and approval of continuing education costs in Chrome River. Please may a copy for your future reference. There is an icon for Chrome River on the Phelps Intranet on the extreme right side column.

## **Keeping it Clean With the Infection Control Team:**

### Curos Disinfecting Caps & Tips

The new disinfecting caps and disinfecting IV tips are now available on all units! These caps should be placed on all IV access lines including, peripheral lines, PICC lines, accessed ports and TLC's. Together we can work to keep our patients safe!

## Curos Disinfecting Caps



- Alcohol Impregnated Caps
- Disinfects in 1 minute
- Used on all needleless connector sites including IV tubing.
- Can disinfect a site for up to 7 days

# Curos Disinfecting Tips

- Disinfects in 1 minute
- Alcohol impregnated tips
- Disinfects up to 7 days.



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**Safe Patient Handling:** See the attached flyer for the upcoming dates for the mandatory Safe Patient Handling sessions. TMCs are still needed for sessions- please contact Cherry Fuentes: [chfuentes2@northwell.edu](mailto:chfuentes2@northwell.edu).

**RN Med/Surg Competency:** See the attached flyer for the dates/times for Med/surg competency. Registration is through HealthStream.

**Tech/LPN/MHW Competency:** See the attached flyer for the dates/time for Tech/LPN/MHW Competency. Registration is through HealthStream.

## **Pain Corner:**

Pain assessment is essential in the care of any patient. In school many of us learned to do an assessment using PQRST method. The following will be a review of basic nursing assessment of pain. Since pain is subjective the patient needs to tell their story. These are simple reminders to get the full picture of the patient's pain.

P= Provokes.

- What causes pain?
- What makes it worse?
- What makes it better?

Q= Quality. Let the patient describe the pain. Sometimes they will say what they think you would like to hear. You may ask different descriptive words if they are unable to focus.

- What does it feel like?
- Is it sharp?
- Dull?
- Burning?
- Crushing?

R= Radiates

- Is the pain in one place?
- Does it radiate? If so, have them show how it radiates.
- Does it go anywhere else?
- Did it start in one place and is now localized in another spot?

S= Severity (intensity using appropriate pain scale) This is different for each person.

- How severe is the pain?

T=Time

- Time the pain started?
- How long did it last?

Pain is different for everyone and sometimes when observing the patient they might say they have a pain of five and have no visual symptoms. This is why we ask a patient, at what pain level do you require medication? In the hospital it is rare to be a zero.

Reminder for documentation. Please do not forget to reassess pain after treatment including non – pharmacological measures (examples ice, repositioning, elevation, etc..) Please review the education board on documentation given to each unit. Any questions please ask you educator or your pain council representative. Each unit does a performance improvement review of documentation of pain each month. Let us strive for 100 % for the unit! Continue the great work.

Nursing News is compiled, edited, and distributed by: Alicia Mulvena (Organizational Development). If you would like to submit information for publication please contact: Alicia Mulvena, [amulvena@northwell.edu](mailto:amulvena@northwell.edu), or ext. 3165.