## CONGRATULATIONS TO OUR

# TOP 20 NURSES



SUNNY ARJUN, RN Westchester Medical Center

In the three years that he has worked on the Children's Unit of the Behavioral Health Center, Sunny Arjun has never called in sick. That's an amazing accomplishment, but for Sunny, it's only the tip of the iceberg. Sunny has been known to come in on his day off if another RN is needed, and he willingly "floats" to another unit if his

presence there will be helpful. Sunny tries to meet the needs of each patient; he will sit on the floor to make eye contact with a young patient, if that will earn the child's trust. He does whatever he can to help patients and colleagues, and does it with a wealth of positive energy.



JESSICA CONKLIN, RN, MSN WMC HealthAlliance: Broadway Campus

Jessica Conklin started out at HealthAlliance as a part-time clerk with a high school education. From the start, she displayed intuitive communication skills, empathy, attention to detail, and excellent problem-solving abilities. While working in the hospital's inpatient Rehabilitation and Addiction Program, Jessica became a credentialed alcohol and substance

abuse counselor. Excelling in that role, she returned to school and became an RN. Jessica soon became a go-to nurse on a medical-surgical floor, standing out for her knowledge and robust management skills. Eventually returning to detox and rehab, Jessica played a critical role in developing state-sponsored Narcan trainings to reverse opioid overdoses. She has earned an MSN degree and is now known as an extraordinary nurse with a "healer's touch."



REBECCA CRISPI, RN Westchester Medical Center

Rebecca Crispi approaches each day as an opportunity to use her skills as a nurse to make the world a better place. Rebecca provides exceptional nursing care at Westchester Medical Center, working full-time while also pursuing a Nurse Practitioner degree. Her continuous learning and training make her a role model for her peers, who

have come to rely on her expertise and guidance. But Rebecca's desire to serve goes beyond the hospital walls; she uses her own vacation time and her own money to travel to disaster zones and provide much-needed care. Between disaster relief trips, this selfless RN raises funds for Semper Fi, an organization that provides support for injured members of the military.



CASEY FORDE, RN, MSN, NE-BC NewYork-Presbyterian Hudson Valley Hospital

Casey Forde took on the role of Patient Care Director for NYP Hudson Valley Hospital's Maternal Child Health unit after numerous management turnovers. A successful agent of change, Casey has inspired and empowered the other nurses on the unit; as one colleague says of her manage-

ment style, "She leads by example, holding hands in the process." A board-certified Nurse Executive, Casey has been working in healthcare for almost 20 years, earning a Master's in Nursing while providing excellent care in the high-stakes Intensive Care and Emergency departments. Casey single-handedly implemented the hospital's Car Seat Safety program, and as the mother of four children, she is a supportive role model for other working mothers on her unit.



KOZETA CERRATO, BSN, RN White Plains Hospital

Known for her energy, kindness, and high standard of care, Kozeta Cerrato is a strong and impressive presence at White Plains Hospital. She has served as a charge nurse and preceptor of new RNs, and consistently demonstrates the knowledge, competence, and attention to detail required to be an excellent nurse. Tireless in advocating for her patients.

Kozeta extends herself by taking on additional projects with The Magnet Council, the Central Line Task Force, and The Outpatient Service Line Council. Kozeta has been a volunteer EMT for several years and is currently pursuing a Master of Science in Nursing. Even with her busy schedule, she always finds time to treat patients and colleagues with compassion and respect.



#### MARIEL CONSAGRA, ADN, BSN, RN Phelps Hospital Northwell Health

Mariel Consagra is widely known for having a caring nature, excellent judgement, and superior communication skills. These attributes make her an extraordinary bedside nurse, a true professional dedicated to saving lives and preserving her patients' quality of life. Not content to focus on any one aspect of nursing, Mariel has many roles and hits the

ground running to fulfill them all; she is a key member of Phelps' education council and serves as an important member of the organ donation committee. She has become a champion of NICHE (Nurses Improving Care for Healthsystem Elders). Mariel was instrumental in bringing an innovative aroma therapy program to Phelps and supports her community by volunteering at a local soup kitchen.



### KAREN DRISKILL, BSN, RN Orange Regional Medical Center

Karen Driskill possesses the attributes needed to be an excellent oncology nurse: compassion, empathy, and a fierce dedication to help patients manage their symptoms and maintain quality of life throughout their cancer journey. In 2010, Karen's mother-in-law passed away from intrahepatic cholangiocarcinoma, leading Karen to immerse herself in

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volunteer advocacy work to help patients and caregivers. She guides her patients through the confusing medical language and tests performed during cancer treatment, while simultaneously offering hope and reassurance. The recipient of two research scholarships, Karen has presented posters at several conferences and collaborated on two published articles. She works tirelessly to combine caring, compassionate, and competent nursing care with research and advocacy for cancer patients.



#### **ELIZABETH JOY, BSN, OCN** Memorial Sloan Kettering Cancer Center

Elizabeth Joy has been a dedicated oncology nurse for 21 years, with 13 of them at Memorial Sloane Kettering Cancer Center, caring for a unique and complex population of patients. As an Oncology Certified Nurse, Liz is a clinical expert in the areas of chemo/biotherapy nursing. She is a highly skilled, knowledgeable, and compassionate team player who

displays the highest ethical standards. Liz serves on MSK's Culture of Safety Committee and spearheaded a program that reduced patient falls by 50%. Her commitment to providing superior care led her to enroll in a Clinical Nurse Specialist Master's program; she also serves as a mentor and coach to other nurses seeking to further their education or professional goals.