



Phelps Hospital Nursing News March 2019



Celebrations:

Shijin Jose, RN of 5S passed PCCN certification

Eileen Maher, RN of 5 North received her Gerontological Nursing Certification

Catherine McCarthy, RN of OR advanced to RN II on the Clinical Ladder.

Amanda McNiff, RN of 5 North received her Med/Surg Nursing Certification.

Matthew Thompson, RN of OR advanced to RN II on the Clinical Ladder.

Samantha Weldon, RN of 5 North received her Med/Surg Nursing Certification.

Kristy Miyashita, MST of 5 South passed her RN NCLEX and will be leaving for the Peace Corps in April.

Jenna Harris, RN of 1 South graduated with her BSN from Franciscan Missionaries of Our Lady University.

Sharon Lind, RN of 1 South graduated with her BSN from Franciscan Missionaries of Our Lady University.

Educational Opportunities:

Managing Oncologic Emergencies: July 11th or November 8th, 8am-4:30pm at New York Presbyterian.
7.5 contact hrs. \$225. To register: www.nyp.org/nursing/news/cme.

Nursing Leadership Basics: This is a 3 day program at Northwell for new: Nurse Managers, Asst. Nurse Managers, Nursing Directors, or Nurse Educators. The class will be held on: May 20-22, or August 5-7, or November 11-13. Registration is through iLearn- Enrollment must be approved by the registrant's Director/Supervisor. Contact ryoungghans@northwell.edu for assistance or information.

Organizational Development Department Classes:

What You See, What You Say...: 4/23/19, 9a-1p in the C level Classroom. Register in HealthStream.

Everyday Bias Workshop: April 17th, 1-3pm. Register in HealthStream

Professional Development Workshop: April 26th, 8:30am-4:30pm. 7 contact hours, fulfills RN Level II requirement on the Career Ladder. Register in HealthStream.

Safe Patient Handling News:

Air Tap has been added to the Lift/Transfer Assessment. The assessment is required to be done on admission and every shift. Any technical concerns/issues with the assessment, please call IT.

View Lift/Transfer Assessment	
BED POSITIONING/LATERAL TRANSFER	
Pt. requires assist w/ positioning & lateral transfers:	<input type="radio"/> Yes - see next question <input type="radio"/> No
If Yes above, please choose an appropriate device	<input type="radio"/> Friction reducing device <input type="radio"/> AirAssist transfer device <input type="radio"/> AirAssist position device -Friction reducing device = Pink Slip/Maxislide -AirAssist transfer device = Hovermatt, pts that are unable to assist in own lateral transfer wt max 545 kg/1200lbs -AirAssist position device = Air Tap, Braden score below 15/requires assist of two or more to reposition/Vented but must be without spinal instability wt max 250kg/550lbs
LIFT ASSESSMENT	
Pt. stands, pivots, & walks w/ minimal or no assist from staff:	<input type="radio"/> Yes, Lift assess. complete <input type="radio"/> No, Lift assess. continues <input type="radio"/> No, patient on bedrest
Non-mechanical sit to stand lift recommended: (Stedy)	<input type="radio"/> Yes <input type="radio"/> No Requirements: Patient is able to pull self into standing position and weighs less than 120 kg/264 lbs
Mechanical sit to stand lift recommended: (Sara)	<input type="radio"/> Yes <input type="radio"/> No Requirements: Patient is able to bear weight on at least one leg, grip with at least one hand, undergo moderate pressure to mid-lower back, is able to follow simple instructions, and weighs less than 200 kg/440 lbs
Total assist lift recommended: (Maximove, Golvo, Maxisky, Liko)	<input type="radio"/> Yes <input type="radio"/> No Maximum weight capacity: Maximove-227kg/500lbs, Golvo-200kg/440lbs, Maxisky 200kg/440lbs(ICU), Maxisky 272kg/600lbs, Liko 500kg/1100lbs **Restrictions: If patient cannot undergo semi-reclined position, use specialty slings.**
Patient is not a candidate for any device listed above:	<input type="text"/> Requirements: Comment to be entered here. Recommend consult with Transfer Mobility Coach or supervisor.

Transfer Mobility Coach (TMC) Program: There are 2 training classes for new TMCs, please read the attached flyer.

Safe Patient Handling Competency: Please see the attached flyer with the dates for the Safe Patient Handling Competency. Don't wait until the last minute to register.

Reminder from Safe Patient Handling Committee:

- The maximum recommend weight limit for manual patient handling is **35 lbs.** Aside from the patient's weight always consider patient's mobility, cognition, and ability to cooperate when moving or transferring patients. Use appropriate patient handling equipment/device.
- **Do not** move a patient on an uninflated HoverMatt or Air Tap.
- **Do not** leave an inflated HoverMatt or Air Tap under the patient.
- When available, activate the **Max Inflate function** of the bed when transferring or moving patient.

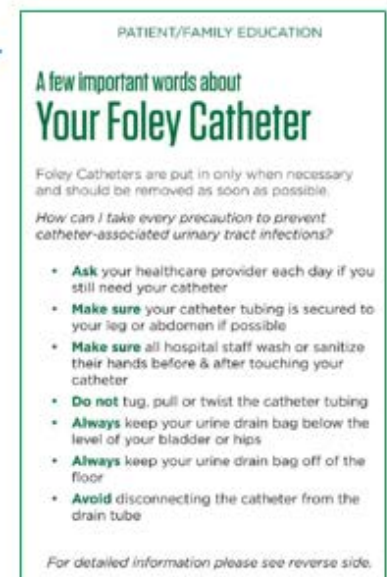


Patient Education Committee: the patient education videos on the Allen TVs are up for renewal this year. If you feel that any video is not relevant, not being watched, or out of date please pass that information on to Lena Lulaj or Patricia Fong, co-chairs of the Patient Education Committee.

Keeping It Clean With The Infection Prevention Team:

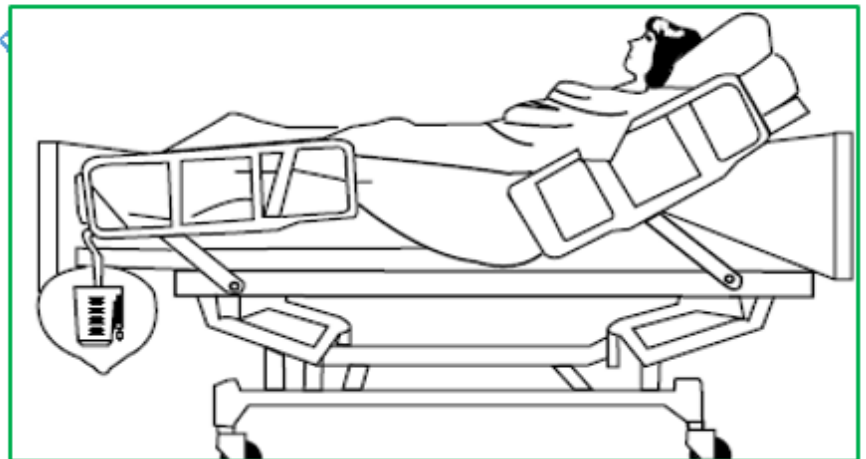
Indwelling Catheter Insertion Practices- when all else fails

- Use a Buddy and Checklist
- Catheter Selection- smaller is better (14 French) with a urimeter
- Use **ALL** the products in the in the kit-
 - Patient Education
 - Castile Soap
 - Purell
 - All the barriers



Best Practices in Maintaining Indwelling Catheters

- Continual Reassessment of Need
- Avoid Dependent loops and kinks- use **GREEN CLIP** and hang at the **FOOT of the BED**
- Keep bag lower than the bladder and off floor always
- Use STATLock and k
- Empty Bag prior to



Nursing Promise Program: Nursing Promise is a donor-funded program providing incentive and financial assistance for Phelps Hospital Northwell Health employees beginning or advancing a career in nursing.

Employees accepted into Nursing Promise receive an annual grant from Phelps to assist with expenses.

Nursing Promise supports two paths to a BS in Nursing. Employees may earn a Bachelor's in Nursing, or if already an RN may pursue an RN to BS in Nursing program.

Nursing Promise Scholars

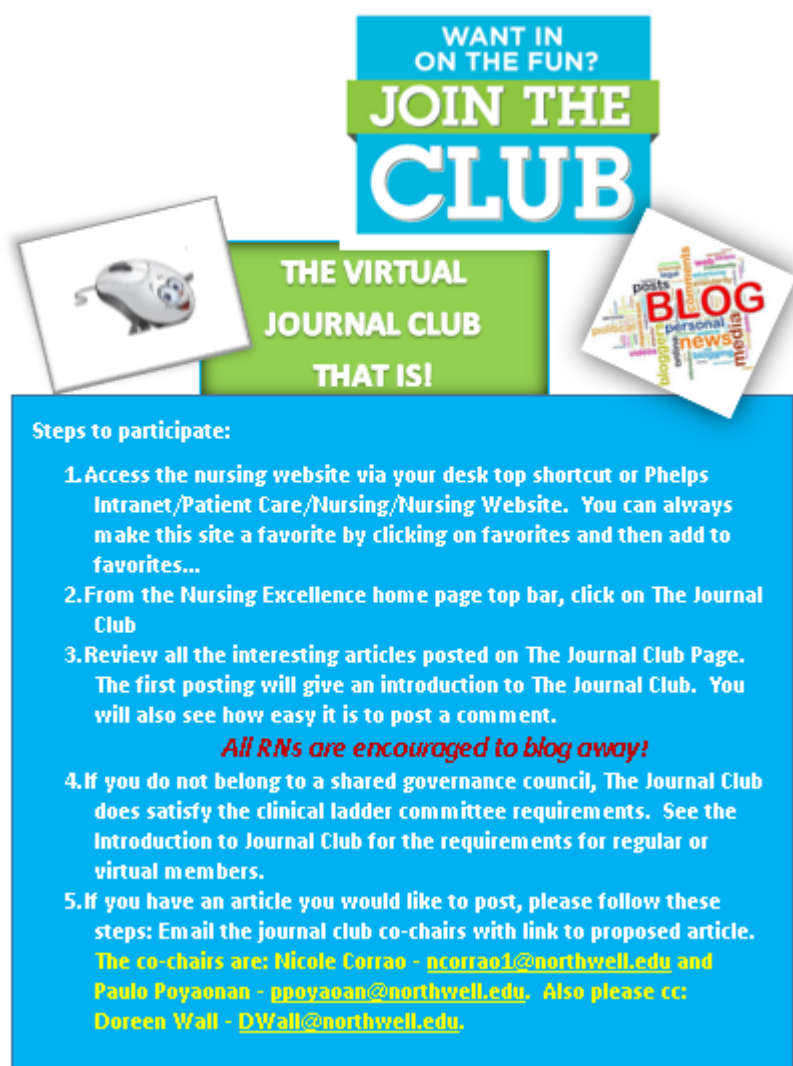
- Must be accepted and enrolled in an accredited program to earn a BS degree in nursing.
- Must complete their degrees within four semesters in two consecutive years. No award is given for less than two semesters.
- Complete “*Work Promise*” after graduation as defined in the policy in lieu of repayment of cash stipend.

If you will be starting class for the Summer 2019 semester the application for Nursing Promise is due by May 1st.

If you will be starting class for the Fall 2019 semester, the application for Nursing Promise is due by August 1st.

If you are interested in applying please contact Alicia Mulvena of Organizational Development for an application, contact info is: amulvena@northwell.edu.
Or 914-366-3165.

Stroke Center News: For the ninth year in a row, Phelps has received the *Get with the Guidelines-Stroke "Gold Plus" Achievement Award* for implementing specific quality improvement measures for the diagnosis and treatment of stroke patients as outlined by the American Heart/American Stroke Association. The "Get with the Guidelines-Stroke" program helps hospital teams provide the most up-to-date, research-based treatments with the goal of speeding recovery and reducing death and disability for stroke patients. Phelps earned this highest level award by meeting quality achievement measures including the aggressive use of medications and risk-reduction therapies at a set level for a designated period of time.



WANT IN
ON THE FUN?

**JOIN THE
CLUB**

THE VIRTUAL
JOURNAL CLUB
THAT IS!

BLOG

Steps to participate:

1. Access the nursing website via your desk top shortcut or Phelps Intranet/Patient Care/Nursing/Nursing Website. You can always make this site a favorite by clicking on favorites and then add to favorites...
2. From the Nursing Excellence home page top bar, click on The Journal Club
3. Review all the interesting articles posted on The Journal Club Page. The first posting will give an introduction to The Journal Club. You will also see how easy it is to post a comment.
All RNs are encouraged to blog away!
4. If you do not belong to a shared governance council, The Journal Club does satisfy the clinical ladder committee requirements. See the Introduction to Journal Club for the requirements for regular or virtual members.
5. If you have an article you would like to post, please follow these steps: Email the journal club co-chairs with link to proposed article. The co-chairs are: Nicole Corrao - ncorrao1@northwell.edu and Paulo Poyaoan - ppoyaoan@northwell.edu. Also please cc: Doreen Wall - DWall@northwell.edu.

Nursing Website:



Nurses
requested
easy access to
the Nursing
Website.

Now the
website is just

2 clicks away!

Step 1: Click on the Phelps Intranet

Step 2: Click on the Nursing Website

4th icon down on the right side.



Special thanks to Denise Podell for making this happen!

Pain Corner:

Chronic pain affects more than 100 million people in the United States and accounts for 20 percent of outpatient visits, 12 percent of all prescriptions, and over 100 billion dollars in direct and indirect expenses. Pain-related expenditures (direct costs and lost wages) in the United States exceed those for cancer, heart disease, and diabetes combined. The use and misuse of opioids for management of chronic pain is a major concern, with problems arising from their multiple adverse side effects including drug dependency, from drug diversion, and from under-treatment of chronic pain symptoms for fear of opioid abuse. Chronic pain is thus a major medical and social issue, affecting the quality of life of individual patients, their friends and families, the work force, and society in general. (Up to Date)

Nursing assessment is the basis of our nursing practice. Good documentation of pain is essential to the recovery and evaluation of pain treatment modalities. Pain needs to be assessed on admission and frequently throughout the shift. There needs to be a comfort goal established for patient pain management. Is zero a realistic goal? Not usually. Everyone's pain tolerance is different. We see this every day. Pain is a subjective assessment depending on patient statements or actions. Chronic pain patients may state that they can function at a 5 and are satisfied with that number. It is based on their needs. .

Pain assessment is done on admission, with vital signs, and when giving pharmacological and non-pharmacological treatment. Reassessment is just as vital in the evaluation of the treatment. Currently our pain re-evaluations are required at the following times:

1. Parental medications (IV, IM, or SC) are due to be reassessed within 45 minutes.
2. Oral and rectal medications are due to be revalidated within one hour.
3. Non- Pharmacological treatments are reassessed within one hour.

With our multimodal approach to pain please remember to document your excellent care! Get credit for what you are doing. Please keep up the great work. (Submitted by Margaret Cotter Santos MS, RN, ACNS- BC, CCRN)

Emergency Department News: The ED room numbers are being rearranged for better flow as identified by the ED Unit Council. Notices will be posted on the rooms for a two week period beginning March 4th to socialize changes.

Nursing News is compiled, edited, and distributed by: Alicia Mulvena (Organizational Development). If you would like to submit information for publication please contact: Alicia Mulvena, amulvena@northwell.edu, or ext. 3165.