# So you want to be a Nurse Practitioner?

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AVP Advanced Clinical Providers

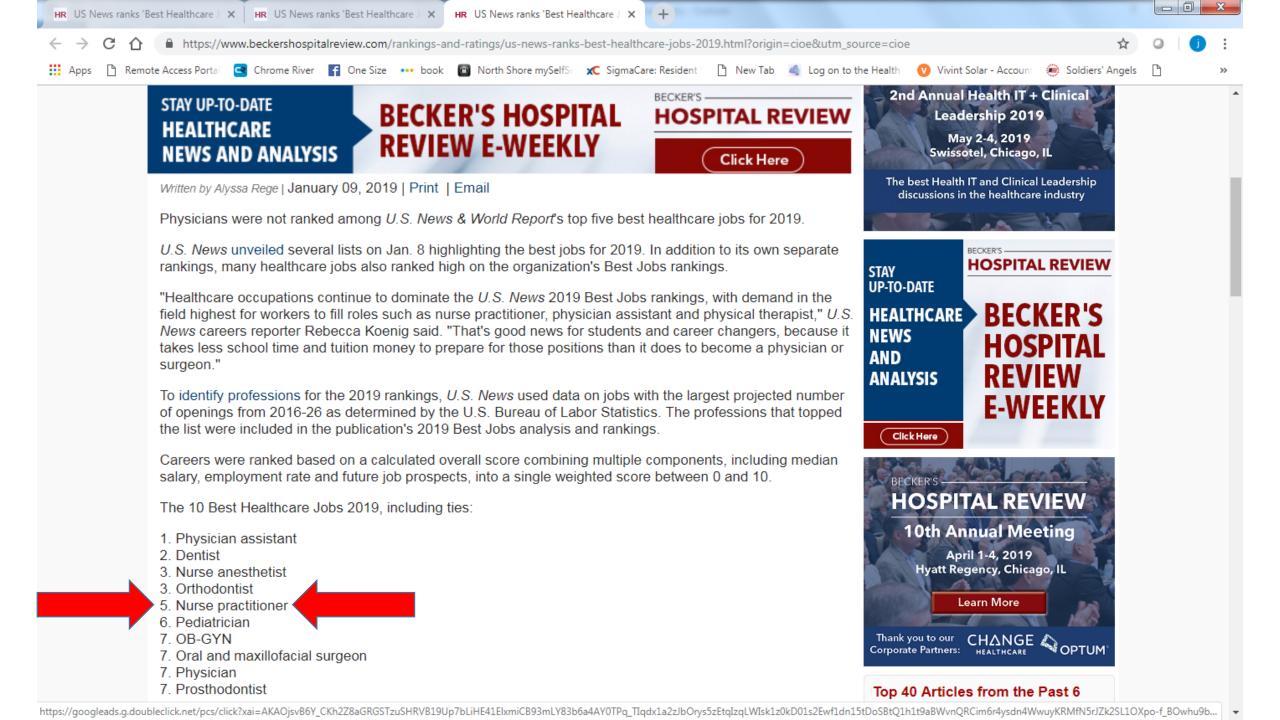
Northwell Health

# The Changing Landscape of Healthcare

- The demand for primary care services will increase by 14% by 2020
  - 81% of demand is driving by aging and population growth
  - 19% of demand is driven by the implementation of the Affordable Care Act
- The supply of primary care services will increase by only 8% by 2020 if no changes are made to the current system
- If we can integrate Advanced Clinical Providers into primary care settings, it is expected that we can mitigate the short fall by almost 70%
- Job growth for RNs in hospitals is expected to increase by only 15% over the next 10 years, while RNs job growth in the home health and ambulatory setting is projected to increase by 42.6% and 39.8% respectively
- A similar growth pattern is projected for NPs and PAs in inpatient versus outpatient and ambulatory setting

# What to expect...

- Working days/nights/weekends and holidays. Hospitals are 24/7 with sick patients who require technology in there care.
- Improving access to care means longer hours...
- Ambulatory space is no longer 9-5, Monday to Friday but early morning to late evenings. This will include weekend and holiday hours.
- On-call both in and out patient
- More transitional and house call like programs
- Larger focus on billing and coding, Health care is a business



# Rationale for a School of Graduate Nursing

An additional 30 million people need access to health care

The NP is essential to meeting the growing medical demands of an aging population and expanding access to high quality healthcare

People are living longer with chronic illness

The aging of the population...

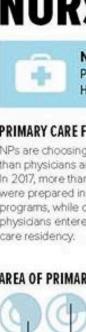
10,000/day will turn 65 for the next 19 years

NPs have consistently proven to be costeffective providers of high quality care for almost 50 years Greater access to primary care needed

NP's are a proven response to the evolving trend toward wellness and preventive health care driven by consumer demand

### **NURSE PRACTITIONERS**

NPs are the providers of choice for millions of Americans. NPs evaluate patients, diagnose, write prescriptions and bring a comprehensive perspective to health care.



NP: Your With a track record of quality health care delivery Partner In for nearly half a century... Health

and a growing need for health care providers, especially in primary care... Nurse Practitioners are a clear solution for patient-centered, accessible health care.

#### **PRIMARY CARE FOCUS**

NPs are choosing primary care more than physicians and physician assistants. In 2017, more than 89% of NPs were prepared in primary care programs, while only 14.5% of physicians entered a primary care residency.

MORE THAN 89% PREPARED IN PRIMARY CARE 3 out of 4

**NPs AT A GLANCE** 

Over 5 decades of

Over 1.02 billion

annual patient visits

in all 50 states

and quality care

estimated

Prescribe

and D.C.

medications

Improving patient access

DELIVER

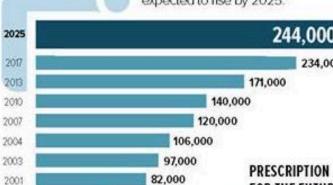
PRIMARY CARE

#### 60% OF NPs SEE 3 OR MORE PATIENTS PER HOUR

An increase in the overall population, aging baby boomers, and the newly insured under the Affordable Care Act will bring millions more into the health care system.

#### INCREASING IN NUMBER

The number of nurse practitioners is expected to rise by 2025:



68,300

#### AREA OF PRIMARY CARE PREPARATION



Women's Pediatrics Adult and Geriatrics Health

#### REQUIREMENTS FOR PRACTICE

State NP Licensure/Registration National Board Certification **Graduate Nursing Education** Registered Nurse License

Bachelor's Degree in Nursing

YEARS OF ACADEMIC AND CLINICAL PREPARATION

1999

**NPs BY THE NUMBERS** 72% accept Medicare 78% accept Medicaid 81% accept Private Insurance 77% accept Uninsured

2 out of 3 patients support legislation for greater access to NP services

FOR THE FUTURE

244,000

234,000



# APRN Consensus Model & Scope of Practice

Scope of practice must be tied to formal NP education and not RN education or on-the-job training

National Certification must match educational preparation from an accredited school

Northwell adopted model in 2016

## How Does LACE Affect Current NP Practice

- **Licensure** is how a member of a profession is granted the ability to practice. State agencies and the legislature define advanced-practice nursing, decide who can prescribe and determine the requirements for licensure.
- Accreditation is the process of evaluating schools of nursing and their programs nationwide. Accrediting bodies have published essentials for advanced-practice education that specifies a minimum of 500 hours in a population focus.
- **Certification** concerns the evaluation of an individual's knowledge, skills and abilities in a specialty. Licensure and certification are separate processes. ANCC requires education in the population focus for exam eligibility
- Education refers to advanced-practice educational programs at the master's postmaster's and doctoral levels and is specified by the American Association of Colleges of Nursing

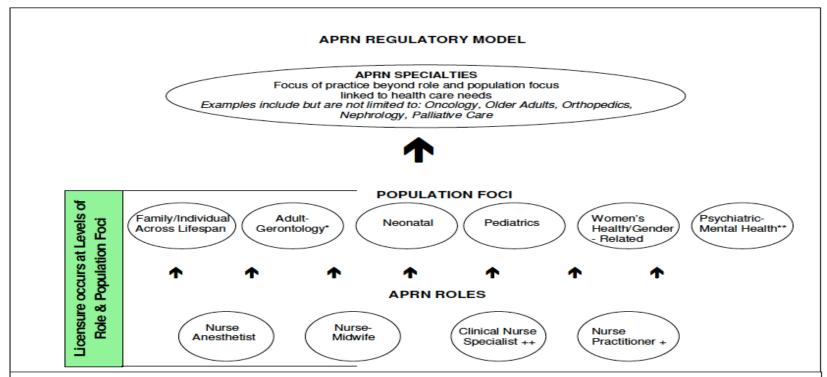
# Million dollar question....

 Can a Family Nurse Practitioner take a job as a Acute Care Nurse Practitioner if s/he has years of critical care nursing experience as a registered professional nurse?

**Answer:** No. The nurse practitioner must be certified by the New York State Education Department to practice in the specialty area of Acute Care in order to practice as a Acute Care Nurse Practitioner.

WHY????

# July 7, 2008 APRN Consensus Model



+The certified nurse practitioner (CNP) is prepared with the acute care CNP competencies and/or the primary care CNP competencies. At this point in time the acute care and primary care CNP delineation applies only to the pediatric and adult-gerontology CNP population foci. Scope of practice of the primary care or acute care CNP is **not setting specific** but is based on patient care needs. Programs may prepare individuals across both the primary care and acute care CNP competencies. If programs prepare graduates across both sets of roles, the graduate must be prepared with the consensus-based competencies for both roles and must successfully obtain certification in both the acute and the primary care CNP roles. CNP certification in the acute care or primary care roles must match the educational preparation for CNPs in these roles.

### So what's the difference???

- ACGNP vs. AGPCNP
- Similarities in the scope of practice of Acute Care and Primary Care Nurse Practitioners exist; however, the major differences lie in the population for whom they provide care.
  - care provided by Acute Care Nurse Practitioners is episodic in nature and limited to an exacerbation of a chronic disease or an acute traumatic event
  - provide comprehensive, chronic, continuous care characterized by a longterm relationship with the patient

### Acute Care Gero Nurse Practitioner

- Acute Care Nurse Practitioner:
  - Provide care to patients who are experiencing chronic complex illness
  - critical illness
  - physiologically unstable
  - technologically dependent
  - limited to an exacerbation of a chronic disease
  - care during a acute traumatic event

# Adult Gero Primary Care Nurse Practitioner

- Primary Care Nurse Practitioners:
  - screen
  - diagnose
  - treat common acute and chronic medical diseases and conditions
  - health promotion
  - Health screening
  - Provide education about primary prevention

### **Board Certification**

 Graduates are eligible for the American Nurses Credentialing Center (ANCC) and American Association of Critical Care Nurses (AACN) national board certification examinations.



AMERICAN
ASSOCIATION

FOR CRITICAL-CARE
NURSES

### **ACGNP**

- Work in a variety of settings which include:
  - emergency room
  - ICU's
  - medical and surgical units
  - hospital environment

 Many hospital-based positions require Acute Care Nurse Practitioners to work nights, weekends and holidays

#### **AGPCNP**

- Work in a variety of settings which include:
  - Fast track/CDU
  - Urgent care
  - Clinics
  - Primary care offices
  - Nursing homes
  - Underserved communities

 Primary Care Nurse Practitioners traditionally work a Monday through Friday schedule; however, hours may vary depending on the type of practice

### NP Practice Areas

 NYSED certifies NPs to practice in the following specialty practice areas:

Acute Care, Adult Health, College Health, Community Health, Family Health, Gerontology, Holistic Care, Neonatology, Obstetrics/Gynecology, Oncology, Pediatrics, Palliative Care, Perinatology, Psychiatry, School Health, and Women's Health.

# Elevator Speech

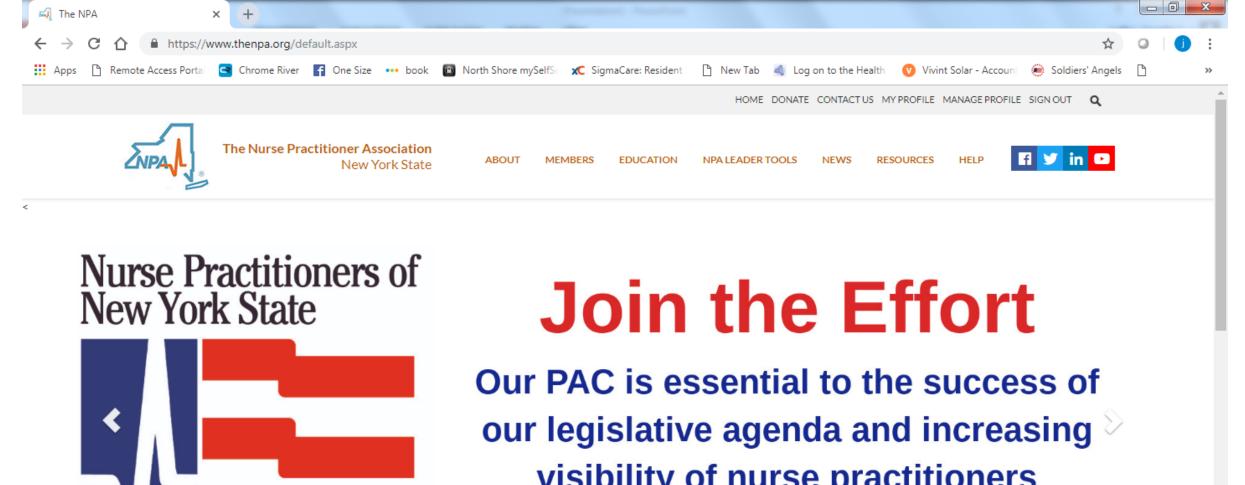
So.... What is a Nurse Practitioner???

• "A nurse practitioner is an advanced practice nurse - a registered nurse with advanced education and preparation, and holds either a master's or doctoral degree. Nurse practitioners are licensed and authorized in all states to diagnose, treat, and prescribe. NPs deliver primary and specialty health care to all populations across the lifespan. Every quality study done to date supports nurse practitioners as high-quality, cost-effective health care providers."

#### Contacts

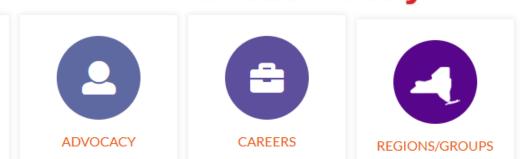
http://www.op.nysed.gov/prof/nurse/np.htm

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visibility of nurse practitioners

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