

From: [Plofchan, Margaret M](#)
To: [PMHC Email Community](#)
Subject: GO RED FOR WOMEN
Date: Thursday, January 24, 2019 11:11:20 AM

Phelps Hospital Northwell Health

February is American Heart Month



You put your heart into everything
Let's keep it beating strong

Friday, February 1 is National Go Red for Women Day. Wear something red to show your support for American Heart Month.

For more Phelps events
please visit our website
<https://phelpshospital.org/about-phelps/events/>

Go Red Day Activities:

Group Photo: 12pm, Main Lobby
Show off your Red to raise awareness and show your support for American Heart Month!

Heart Healthy Meal & Education: Riverview Café, 11am-2pm
Learn recipes and tips for heart healthy eating!

Heart Month Fundraiser: Riverview Café, 12pm-1pm
or contact Katrina Aronoff KAronoff@northwell.edu to purchase.

Suggested donations:

Red dress pins - \$5
Key chains - \$2
Wristbands - \$1
Paper Hearts - \$1



Northwell Health is the NYC Goes Red Sponsor
©2018 American Heart Association, also known as the Heart Fund.™Go Red trademark of AHA, Red Dress trademark of DHHS

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Northwell Health

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