



# Phelps Hospital Nursing News October 2018



## Celebrations:



Congratulations to Cherry Fuentes, RN of Organizational Development who won 1<sup>st</sup> place for her poster on the “New Graduate Nurse Peer Mentoring Program” in the category: Generating New Evidence at the Northwell EBP Conference on September 28<sup>th</sup>.

## **The following nurses advanced on the career ladder:**

Lauren Guardino, RN of 5 South advanced to Level 2.

Christopher Moon, RN of 5 South advanced to Level 2.

Alexandra Reale, RN of 2 North advanced to Level 3.

## **Educational Opportunities:**

The following Northwell Conferences are being held this fall at various locations on Long Island, registration and payment will be done on Eventbrite.com.:

**Diabetes Nursing Conference: November 1<sup>st</sup>.**

**Perioperative Nursing Conference: November 10<sup>th</sup>.**

**Nursing Education Conference: November 20<sup>th</sup>.**

**Oncology Nursing Conference: December 6<sup>th</sup>.**

**Best of Radiation Oncology: December 7<sup>th</sup> in NYC.** Cost is \$50 for Northwell employees. To register: northwell.edu/cme.

**7<sup>th</sup> Annual Acute Stroke Assessment Symposium:** November 15<sup>th</sup>, 5p-8:30pm at Mt. Kisco Country Club. \$15 for 3 contact hours. To register: 2018strokesymposium.eventbrite.com.

**Coping with Chronic Pain:** November 30<sup>th</sup>, 8am- 3:30pm. in Tarrytown. Cost is \$99 for 6 contact hours. To register: [www.INRseminars.com](http://www.INRseminars.com).

## **Phelps Critical Care Courses:**

### **Critical Care Cardiac Arrhythmia (5 weeks):**

This is for the Registered Nurse and is required for RNs who wish to care for a critically ill patient or patients requiring cardiac monitoring. Critical care areas are ED, ICU, 5 South (Telemetry), PACU, Radiology. Employees who are nursing students are allowed to take this course if cardiology is completed in their nursing program. Calipers are required. Magnifying glass or card is recommended. Course is given over 5 weeks.

Dates:

1. Mondays November 5<sup>th</sup> to December 6<sup>th</sup> 8a-4:30p in MSB 545

**\*\*To register for The Cardiac Arrhythmia class:** Please call the Nursing Office to sign up for a class.

**Questions** on the above courses please email Margaret Cotter Santos at msantos17@northwell.edu.

## **Webinars:**

1. "Five Critical Actions to Take Now to Position Yourself as an Up & Coming Nurse Leader", November 13<sup>th</sup> at 1pm in the Auditorium.
2. "How to Survive Bullies During Your Early Years as an RN- Part 2", December 7<sup>th</sup> at 1pm in MSB 225.

**Hospitality:** The following items are available from the Hospitality Department: headsets, ear plugs, eyeglasses, eye masks, and phone charger give aways. Call the Hospitality Supervisor on Vocera from 6:30a-7:30p, the ED Hospitality Representative from 7:30-11:30pm. After 11:30 pm, Telecommunications has a supply.

**Pink Slips:** Just a reminder about the use of pink slips.....

After using a Pink Slip to transfer a patient from one surface to another, **remove the Pink Slip before transporting** the patient to another department. Transporting the patient while they are lying on a Pink Slip creates a safety risk. Remove the Pink Slip from under the patient, fold it, and take it with the patient so that it may be used in the next department.

**Flex Staff:** Flex staff are nursing assistants and are only permitted to do vital signs and activities of daily living which include hygiene, toileting, oral care, turning and positioning, skin care, etc.

They are not working under a technician job description. They **may not perform** accuchecks, bladder scans, EKGs, phlebotomy, etc. Please do not ask them to do these activities.

If you have questions please discuss with your manager or coordinator.

**Alaris IV Pumps:** Despite the changes to the Alaris Guardrails Program you still need to program IV solutions using Guardrails IV Fluids:

. IVF: 1 - 30 mL/h
. IVF: 31- 300 mL/h
.IVF: 301- 999 mL/h
.IVF + KCL 10 mEq/L
.IVF + KCL 20 mEq/L

The above selections replace the previous choices of D5 ½ Normal Saline, Lactated Ringer’s, etc. Do Not Program Using Basic Infusion.

**Face Sheets:** Patient Face Sheets are no longer being printed in the ED. They need to be printed out when the patient is admitted to the unit.

**Magnetic Moments:** Racheal Ansaldo, BSN, RN, Infusion Center; Judy Dillworth, PhD, RN, CCRN-K, NEA-BC, Magnet Program Director; Diana Ferguson, BSN, RN, 5 South; Judith Kennedy, BSN, RNC-MN and Susan Kuznicki, BSN,RN,PCN, Maternal Child Health; Mary McDermott, MSN, RN, APRN, NEA-BC; SR. VP Patient Care Services/CNO and Katherine Urgiles, BSN, 2 North will be attending the Magnet Conference this year. The ANCC National Magnet Conference will be held in Denver, Colorado October 24-October 26, 2018. We look forward to hearing all about the conference in the next Nursing News.

**Magnet Committee Workgroups:** the Magnet Workgroups that normally meet on the 3<sup>rd</sup> Wednesday of the month will meet on November 14<sup>th</sup> instead of November 21<sup>st</sup>. Room change- TBA.

## **Journal Club for Nurses:**

The Phelps Hospital Journal Club for Nurses is excited to announce its transformation from a monthly meeting to a virtual Journal Club effective immediately! The Journal Club virtual format is available around the clock every day. We made this transition to open a forum to all of our clinical nurses to participate regularly in evidence based practice. Rather than meeting in person to review an article, nurses can log onto the site anytime to read and react and comment. We hope that this innovative approach is what nurses have been asking for to be connected to each other and excellence in practice. The Journal Club will feature evidence based articles from primarily nursing sources on our Phelps website.

This web-based Journal Club is intended to expand opportunities for professional growth, support our nursing community, improve engagement in evidenced based activities and make literature reviews accessible and enjoyable!

The Journal Club is responding to clinical nurse's feedback that engaging in best practice is important to us. A virtual Journal Club can enhance the research we are currently engaged in, as well as support our future best practice activities.

Nurses may access the site by clicking on Phelps homepage, clicking on Patient Care, clicking on Nursing Website. Once you open the page on the top banner is "Journal Club." Click on Journal Club and you will easily find current articles posted for your review and feedback.

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