



# Phelps Hospital Nursing News August 2018



## **Celebrations:**

**Wilson Guerrero**, HUC from ED passed his NCLEX and will begin working in the OR this month.

**Judith Karimi**, RN of 5North received her DNP (Doctor of Nursing Practice) from the University of Massachusetts in May 2018.

**Jessi Colletti**, MST 5N, graduated with a BSN from Dominican College in May and passed the NCLEX.

**Edwina Marc**, MST 5N, graduated with a BSN from Dominican College in May and passed the NCLEX.

**Nadika Bhumnarian**, MST 5N graduated with a BSN from Pace University in May and passed the NCLEX.

**Tahler Cambriello**, MST 5N graduated with an AAS from Westchester Community College and passed the NCLEX.

## **Educational Opportunities:**

**Incorporating Holistic Health Modalities into Nursing Practice:** September 25<sup>th</sup>, at NY Presbyterian. 6.75 contact hours. To register: [www.nyp.org/nursing/news/cme](http://www.nyp.org/nursing/news/cme).

**Opioids & Marijuana: Managing the Nationwide Emergency:** September 20<sup>th</sup> in Yonkers. 6 contact hours. Cost is \$99, to register: [www.INRseminars.com](http://www.INRseminars.com).

**Ethical Issues Across the Lifespan:** September 11<sup>th</sup> and 12<sup>th</sup> @ Columbia University Irving Medical Center. 12 contact hours. Cost is \$375, to register: [www.nyp.org/nursing/news/cme](http://www.nyp.org/nursing/news/cme).

**A Critical Care Symposium:** October 9<sup>th</sup> -11<sup>th</sup>. in Manchester NH. Cost is \$455. To register: [aacnhorizonsconference.org](http://aacnhorizonsconference.org).

The following Northwell Conferences are being held this fall at various locations in LI, registration and payment will be done on Eventbrite.com.:

**PeriAnesthesia Certification Review Course: September 15 & 16<sup>th</sup>**

**Perinatal-neonatal Nursing Conference: September 26<sup>th</sup>.**

**Evidence Based Practice Conference: September 28<sup>th</sup>.**

**Perioperative Certification Review Course: October 6 & 7<sup>th</sup>**

**Pediatric Nursing Conference: October 4<sup>th</sup>.**

**Behavioral Health Conference: October 10<sup>th</sup>.**

**Diabetes Nursing Conference: November 1<sup>st</sup>.**

**Perioperative Nursing Conference: November 10<sup>th</sup>.**

**Nursing Education Conference: November 20<sup>th</sup>.**

**Oncology Nursing Conference: December 6<sup>th</sup>.**

**Cardiac Resuscitation Symposium 2018:** to be held on October 11<sup>th</sup> in Tarrytown. 6.5 contact hours. \$99. To register: [www. Physio-control.com](http://www.Physio-control.com).

## **Phelps Critical Care Courses:**

### **Care of the Post Anesthesia Patient:**

This class is recommend for nurses who care for patients that undergo anesthesia. Some topics covered are anesthetics, types of anesthesia, how to read the anesthesia record, PACU phase 1 and Phase 2, and most common complications. This is open to any nurse.

Date: Tuesday, October 16, 2018 8am-4:30pm in the Auditorium

### **Critical Care Cardiac Arrhythmia (5 weeks):**

This is for the Registered Nurse and is required for RN's who wish to care for a critically ill patient or patients requiring cardiac monitoring. Critical care areas are ED, ICU, 5 South (Telemetry), PACU, Radiology. Employees who are nursing students are allowed to take this course if cardiology is completed in their nursing program. Calipers are required. Magnifying glass or card is recommended. Course is given over 5 weeks.

Dates:

1. Saturday September 8-October 6<sup>th</sup>, 8a-4:30p in C Classroom /Walkway
2. Monday's November 5<sup>th</sup> to December 6<sup>th</sup> 8a-4:30p in MSB 545

**\*\*To register for The Post Anesthesia or Cardiac Arrhythmia class:** Please call the Nursing Office to sign up for a class.

**Questions** on the above courses please email Margaret Cotter Santos at [msantos17@northwell.edu](mailto:msantos17@northwell.edu)

**Evidence Based Practice Workshop:** September 6<sup>th</sup>, 9a-1p in the Boardroom. Another session will be held on December 21<sup>st</sup>. This is a repeat of the March class. **This is a requirement to move up to Level IV on the Clinical Ladder.** To register call: ext. 3696.

### **SAVE THE DATE!!** *Nurses – stay current in your practice*

A full day program on **Thursday, September 20th**, called **Trends in Nursing Practice** to be held at Phelps. Contact hours will be awarded. Topics will include Palliative Care, DVT, Suicide Assessment, LGBTQ care, Pain Management and Risk Management. A flyer with registration information is attached..

**Stroke Conference:** Please see the attached flyer for a Stroke Conference on 9/26 at North Shore Hospital.

**Tech Competency:** Please check the attached flyer for the dates/times and registration information for Tech Competency.

**Computer News:** when signing on to a computer please use **phshared** for the user name and password. This helps prevent the computers from becoming frozen with too many logins.

**Skin Champions:** Debbie Reynolds RN (Wound Care Specialist) is looking for RNs who would like to become Skin Champions. There will be 2 educational sessions held in September that must be attended in order to become a Skin Champion. More information to follow with specific dates and times.

**Pharmacy News:** Controlled substances that are patient's own, are not allowed to be used in the hospital-excluding Marijuana-for which there is a specific policy. If a patient is admitted and is currently on a prescribed controlled substance, it should be given to the patient's family, when possible or sent to the Pharmacy for storage. Any controlled substance that is not on formulary and cannot be switched to a formulary alternative, will be ordered by the pharmacy department once that plan is agreed upon by the prescriber and pharmacy. For any questions please contact: Brian McGrinder (Pharmacy Director)

**Patient Restraints:** Lap belts are permitted to be placed on patients with **the Velcro release in the front** without a restraint order. When the release is placed in the front the patient is able to undo it, therefore it is not considered restraining.



**Transfer Mobility Coach Program:** Please see the attached flyer for class information to become a Transfer Mobility Coach.

**Nursing Promise:** Congratulations to the following Med/surg techs who were selected for the Nursing Promise Award: Latonia Edwards of 5North and Daniella Gavilanes of 2 North.

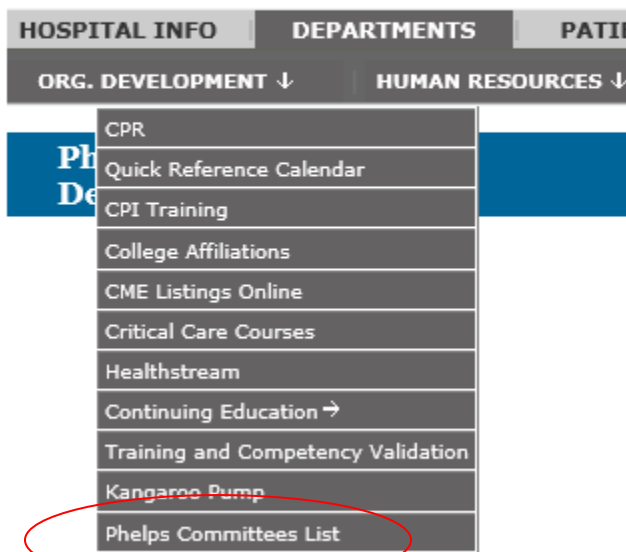
Congratulations to Nancy Perkins, RN of 1 South who was selected for the RN-BSN Nursing Promise Award.

## Committees:

“What committees are available for me to join?” is a question that has frequently been asked. There is a master list that includes every hospital committee that could be identified. Committees that would be appropriate for nurses to join may be found on the far right hand tab identified as Nursing Councils; that list is a subset of the master list. There is a description of the function of each committee, the time, day and location of meetings, and the person(s) to contact if you want to join or learn more information.

### **Intranet Location**

The master list is now located on the Phelps Intranet. Open the department tab -> Organizational Development -> the committee list is the last item on the drop down menu.



### **Excel Document Tabs**



## Magnetic Moments:

### **Highlights of Shared Governance Council meetings on August 15, 2018**

We experienced another engaging, thought-provoking and idea-generating shared governance council day. A few highlights of the day are presented below. Please be sure to frequently check the nursing webpage and read the council meeting minutes and the many activities Nurses at Phelps Hospital are involved in which promote better patient care and outcomes.

**Congratulations to Cherry Fuentes, MS-C, RN-BC, for acceptance of her abstract entitled “New Graduate Nurse Peer Mentoring Program” for a poster presentation at Northwell’s Evidence Based Practice Conference September 28, 2018 at the Inn at New Hyde Park.**

**Doreen Wall, MS, RN-BC received IRB approval for her research study entitled “Coloring Mandalas to Reduce Anxiety in an Adult Psychiatric Unit”.** This study will commence on September 10, 2018 for a duration of 6 months with patients on 1 South. Best of luck to Doreen as the PI of this important study.

Nurses at Phelps explore the safest and best practices for their patients and practice environment. Our goal is to continuously seek ways to generate new knowledge. Please keep Judy Dillworth, PhD, RN, CCRN-K, NEA-BC informed of any conferences or professional meetings where new knowledge is obtained. Peer-reviewed journals are another means of obtaining new knowledge and information which could be applied to our daily practice. We are exploring the idea of having a “virtual journal club” to increase participation. If you have any interest or experience in this area, please contact Judy Dillworth or Doreen Wall.

During the Professional Practice and Development Council meeting, Cherry Fuentes presented the “New Graduate Nurse Peer Mentoring Program” using the model of Appreciative Inquiry; engaging dialogue followed. The clinical nurses look forward to supporting Cherry at Northwell’s EBP conference. The council members continued to discuss recruitment and retention strategies (e.g. transitioning to new roles within Phelps hospital, succession planning), as a continuum to the July’s Quality and Safety Council, where the suggestion of having a Recruitment and Retention Council was raised. This idea was brought to the CNO Advisory Council meeting and endorsed by Mary McDermott, MA, RN, NEA-BC.

We are preparing to launch a Recruitment, Retention and Recognition Council (the final name to be determined by the council). The goal of the council would be to discuss topics such as: 1) innovative recruitment strategies, 2) retention activities including mentoring, “shadowing” a nurse in other clinical practice areas and succession planning, and 3) recognition opportunities such as initiating the “DAISY Award” program.

We are very excited with the positive response and comments we received from our nurses regarding the Professional Practice Model (PPM). As of Monday, August 20, 2018, there were 200 evaluations of the PPM accessed from Health Stream. All of the nurses who responded agreed that the PPM reflected Nursing at Phelps. Many nurses added comments to further validate this belief. These qualitative descriptions will provide the seed for the next phase of the PPM development. Besides the image, a narrative description of the PPM is required. The PPM is based on nursing theory and Phelps’ Philosophy of Nursing. Please review the brief summaries of the nurse theorists we use to guide our professional practice at Phelps hospital. More information regarding each theory will be provided during our next brainstorming session. The date and location will be announced shortly. If you’d like to join this session, please let Judy Dillworth know. Meanwhile, feel free to research these nurse theorists

### **Theoretical Foundation for Nursing Practice**

Nursing at Phelps Hospital Northwell Health takes its inspiration and direction from the following theories and model

- Nursing Practice: Jean Watson’s Theory of Human Caring: [Jean Watson's Theory of Human Caring and Core Concepts](#)
- Nursing Education: [Patricia Benner’s Theory: From Novice to Expert](#)
- Evidence-Based Practice: Steven’s Star Model of Knowledge Transformation (Previously known as ACE Star Model and Star Model): [Steven's Star Model of Knowledge Transformation](#)
- Collaborative Practice model (ensure care is patient/family centered) provides an overarching framework for nurses, nursing care and inter-professional patient care
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## **Philosophy of Nursing Practice**

We, the registered nurses of Northwell Health, believe that nursing is an art and science; an art with the delivery of compassionate care honoring the diversity and uniqueness of all; and a science driven by our spirit of inquiry, the embodiment of evidence-based practice, and embracing innovation culminating in nursing excellence and the practice of wellness across the lifespan.

In Northwell Health, the philosophy of nursing practice embraces a healthy working environment as the milieu for the delivery of patient and family-centered care enabling healing and highest level of health as well as ensuring a peaceful and dignified end-of-life.

Registered professional nurses coordinate the delivery of safe patient care in collaboration with the patient, family, and inter-professional team. As professionals we believe in promoting health and wellness for ourselves, lifelong learning, growth and development, and attainment of the highest levels of competence.

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