

# REEHA SHAHDAD

## CONTACT DETAILS

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**Location:** Frisco, TX

## EDUCATION

**Frisco High School, Texas**

August 2019 - May 2022

GPA: 3.94 UW, 5.178 W

**Heritage High School, Texas**

August 2018 - May 2019

**Test Score:** SAT- 1440

## VOLUNTEERING

- **Saddle Brook Memory Care**

August 2021 - present ~ ongoing hrs (current 20 hrs)

1. Work with Activities Director to organize and participate in activities
2. Engage with the residents to make them feel warm and energized

- **DFW Absolute Dental**

April 2021 ~ ongoing (current 15 hrs)

1. Review patient documents of significance and organize them into files
2. Make phone calls to remind patients of appointments and office information

- **Baylor Scott and White Front Desk Volunteer: Wound Care Department**

June 2019 - July 2019 ~ 56 hrs

1. Review patient documents of significance and organize them into files
2. Make phone calls to remind patients of appointments and office information

## ACTIVITIES

### YOUTH IN DENTISTRY – *OUTREACH TEAM*

October 2020 - PRESENT

- Contact dental professionals to share information on opportunities in dentistry
- Research various topics in dentistry to compile into blog posts

### HOMEGIRL PROJECT – *FELLOWSHIP COMMITTEE*

May 2021 - PRESENT

- Organize the mentor-mentee relationship between fellows and their mentors
- Contribute to the fellows ability to gain access to resources within their community to politically create change

### PURPLE HYDRANGEA PROJECT ~ *OUTREACH TEAM*

August 2020- PRESENT

- Reach out to different communities to conduct interviews on their mental health experiences
- Create, organize, record and script a mental health podcast

### CONVOLUTED HISTORY OF PAIN - FROM ITS EMOTIONAL ORIGINS TO THE FIFTH VITAL SIGN; AND OPIOID CRISIS– *DR. IMRAN MIR, UT SOUTHWESTERN*

October 2019 - December 2019

- Review the history of pain and its management throughout different cultures, including its position as a fifth vital sign and the opioid crisis
- Accepted for poster presentation at the Pediatric Academic Societies 2020 Meeting

## SKILLS & AWARDS

- Adaptability to a variety of tasks and environments
- Empathy in making connections with others
- Multilingualism: English, Kashmiri, Urdu
- Research skill in examining and presenting information
- 2020 AP Scholar Award
- 2021 AP Scholar Award