**2022 – 2023 NHS HOURS SHEET**

SPCHS NATIONAL HONOR SOCIETY

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| **NAME:** | **GRADE:** |
| **DATE** | **EVENT** | **DESCRIPTION** | **P / E\*** | **HOURS** | **CONTACT SIGNATURE** |
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**\* PERSONAL HOURS / NHS EVENT HOURS, SPECIFY.**

**TOTAL HOURS:**

**Goal = 20 Hours: 10 Hours in NHS-Sponsored Events Required, 10 Hours in Personal Choice (Must Be Non-profit and Approved By Our Chapter Advisor)**