

Muscogee County School District's

School Social Work Department



Dates to Remember:

May 20

Last Day of School – Report cards go home

Dear Parent,

Well Mom and Dad, you made it through another school year!! Not only did your child do a great job this year, but congratulations to you in all of your efforts helping your child succeed. We are thankful for all of your hard work and hope that you have a strong finish to the school year this month and a joyous summer, full of sweet memories. We will see you again in August!!

May is National Military Appreciation Month. Make sure to thank a military member or their family for their service to our country!! This is a special time of year where we love not only on the military member, but their spouse and children who give so much to our country while their significant other is serving in the military. Find ways to serve their family, such as providing a meal/gift certificate for dinner, offer to create care packages for our troops, offer assistance to any spouse you know who's significant other is overseas, such as cutting their grass, walking their dog, or any other small gesture to show your appreciation. These families are the backbone of our military and deserve to be celebrated appropriately.



Easy Dad and Me Date Ideas

Okay all the dads out there, as promised last month, we have come up with some ideas for you to take your kids on some one on one dates. This is a time for you to bond with your child, make them feel special, and important in your life. Make this time all about them.

- Grab some tools and give your child a lesson in building something. It would be a lot easier and quicker to do your next DIY project on your own, but your child would love to get in on the action and making memories together will make the project special.
- Teach your child one of your favorite hobbies. Take them fishing, work on your car, or whatever your interest may be. Teach them how you became interested in this hobby and why you love it. Help them to understand you better during your one on one time.
- Get involved in whatever your child's favorite activity is. Ask them questions about their hobbies and interests.
- Go hit a bowling alley, batting cage, gymnastics meet, Whatever your child is interested in.
- Make sure that whatever you are doing, you are spending time connecting with them and finding small ways to feed into them emotionally. Make a memory!!

**YOUR
CHILDREN GET
ONLY ONE
CHILDHOOD.
MAKE IT
MEMORABLE.**

~regina brett



Teacher Appreciation Month is also in May. Check with your school to see if there is a special week designated to give your teacher special treats. Find ways to make sure that your teacher knows how appreciated they are!!

Ways to Avoid the Summer Slide

It has been shown that children can lose a significant amount of learning over the summer months if they are not engaging in any educational lessons. Here a few small pointers to keep kids from losing what they worked so hard to gain over the last year.

- Have your child read for 30 minutes every day before they have any TV or screen time.
- Take your child on trips to the library and make reading fun this summer.
- Find fun places to visit, like museums, to help your child continue to learn while having fun.
- Have fun science projects. Search on Pinterest or Google fun research projects to keep your child engaged in learning.

Finding Balance

By Lauren Penton

You made it through another school year and now it's time to finish this school year out strong and enjoy the summer with your children. Throughout this year, we have provided you with self-care tips for yourself and we hope that you are able to implement these tips throughout the year. Mostly, we hope that you are able to be the mom and dad you strive to be, by taking care of yourself and enjoying the days of childhood with your sweet little ones.

**You will never
have this day
with your children
again.**

Today is a gift.

**Breathe and
notice.**

**Study their little
faces and feet.**

**Relish the charms
of the present.**

**Enjoy today
mama, it will be
gone before you
know it.**

Jan Hatmaker

StayAtHomeSusie.com