




AUGUST CHARACTER WORD

TOLERANCE

Consideration for the individual differences, views, and beliefs of other people

OTHER WORDS TO WORK ON:

Acceptance
Forgiveness
Consideration
Open-mindedness






WEEK 1 CHARACTER WORD

Acceptance

Recognition of the diversity of others, their opinions, practices, and culture without attempting to change it

DAILY AFFIRMATION

It doesn't matter where a person comes from, what neighborhood they grew up in, or how much money they have, it is our humanity that connects each of us to one another.






WEEK 1 CHARACTER WORD

Acceptance

Recognition of the diversity of others, their opinions, practices, and culture without attempting to change it

DAILY AFFIRMATION

We may have all come on different ships, but we're in the same boat now.






WEEK 2 CHARACTER WORD

Forgiveness

Benefiting yourself and other by ceasing to feel resentment towards others

DAILY AFFIRMATION

Forgiveness does not change the past but it does enlarge the future.





WEEK 2 CHARACTER WORD

Forgiveness

Benefiting yourself and other by ceasing to feel resentment towards others

DAILY AFFIRMATION

Let go of the past and the past will let go of you.






WEEK 3 CHARACTER WORD

Considerate

Showing concern for the rights
and feelings of others

DAILY AFFIRMATION

There are two ways of
spreading light: to be the
candle or the mirror that
reflects it.





WEEK 3 CHARACTER WORD

Considerate

Showing concern for the rights
and feelings of others

DAILY AFFIRMATION

A warm smile is the
universal language of
kindness.






WEEK 4 CHARACTER WORD

Open-mindedness

To learn tolerance and acceptance through exposure to cultures, ways of life, and ideas other than their own

DAILY AFFIRMATION

Having a mind opened to alternative perceptions knows there are many ways to see the same situation





WEEK 4 CHARACTER WORD

Open-mindedness

To learn tolerance and acceptance through exposure to cultures, ways of life, and ideas other than their own

DAILY AFFIRMATION

A mind that opens to a new idea never returns to its original size.

