

# COMMUNITY MEDICINE

(FINAL EXAM)

MED 410

SOUL BATCH

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1 – Not a monosaccharide:

Sucrose

2 – Not a role of fibers in digestion:

Increase GI transit time

3 – Causes blindness:

Vitamin A deficiency

4 – Thiamine deficiency:

Beri Beri

5 – Calcium deficiency:

Osteomalachia

6 – Water soluble vitamin:

Vitamin C

7 – Iodine deficiency:

Hypothyroidism

8 – The scope of global health:

a – Disability

b – Communicable diseases

c – Mental health

d – All of the above

9 – Not from global burden of the disease:

Under 15 mortality rate

10 – Mothers mortality rate is measured by:

100,000 live births

11 – Not from measurements of health status:

Tax rate

12 – Maternal death is:

Death of women while pregnant or within 42 days .....

13 – Not a major cause of maternal death:

Unipolar disease

14 – Maternal health care includes:

a – Pregnancy

b – Childbirth

c – Postpartum

d – All of the above

15 – Not a normal birth weight:

1.5

16 – Not true:

Growth is a quantitative increase in child's functioning

17 – Not affect growth and development of the child:

Family history of cardiovascular diseases

18 – Four years old boy, height=

100 cm

19 – Not true:

During adolescence, growth is gradual

20 – Mothers from adolescents behavioral problems:

Schizophrenia

21 – Best source of vitamin K:

Spinach

44 – ليس من محاور برنامج مدارس الكفاءة الصحية:

برامج الرعاية الصحية الأولية

23 – Health disparities:

Difference in health that persist over a long period of time

24 – Glycemic index:

Relative ability of different carbohydrates to raise blood sugar

25 – Toddler:

1-3 years old

26 – Regarding research of metabolic syndrome:

\*\* False statement:

12.7% had 3 criteria

\*\* False statement:

Metabolic syndrome increases with age in both sexes, but statistically significant just in men.

27 – Regarding water pipe research:

\*\* False statement:

The final sample was 1781

\*\* True or false: (water pipe smoking can lead to initiation of cigarettes smoking in adolescents):

True

28 – Regarding DM research:

\*\* False statement:

Low education level, OR= 1.09

\*\* PHQ\_8 total scores:

0-24

\*\* False statement:

Not following eating plants, OR= 1.09

29 - False statement:

Bahrain has the highest prevalence of metabolic syndrome

30 – False regarding ATPIII criteria:

Waist circumference <94 in males

31 – True or false: (Prevalence of men was the highest above age of 60 years in both sexes):

False

32 – False statement:

In 2014, 1.9 billion adults were obese

33 – Not a component of school health policy:

Separated family and community involvement

34 – Not one of the roles of school health physician:

Screening suspected cases through supervision of students in the class room

35 – Not one of smoking cessation policies:

Training of staff

36 – False statement:

Those who died because of smoking are particularly heavy smokers

37 – Public health is relevant to specialists:

Yes

38 – True or false: (Public health plays a big difference in our life except in diagnosing diseases):

True

39 – The new P of 5 P's:

Preparedness

40 – Not one of the 10 essential public health services:

Diagnose and investigate health problems and health hazards among individuals

41 – Not one of the 5 A's:

Advocate

42 – Provide students with social, health and mental health services:

School health services

43 – Regarding Nutrition Situation research:

\*\* False statement:

Anemia prevalence in children less than 5 years old is 35\_88%

\*\* LBW was estimated from:

Yemen