

# Clinical Psychology

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Sheet# 23  
Personality Theories

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# Personality Theories

*A. Written By : Chekayat Dawood.*

## *Slide #2*

Personality it is not only how we act with our friends or family; it's how we act in all situations.

## *Slide#4*

it's related to genes and how they affect traits as temperament (how we act and how easy going we are).

\*بعد السطر الرابع

## *Slide#9*

\*(read lecture 22)

Freud talked about structural topographic theory of the mind, conscious and unconscious, ego, superego, and Id.

## *Slide#15*

Life instincts: تلبية الرغبات

\*بعد السطر الخامس

Death instincts: everybody has an unconscious wish to die.

\*بعد السطر ١٤

## *Slide #16*

Jung was not as Freud (pessimistic) he had a more positive view of human nature.

## *Slide #18*

Jung has broader definition for libido.

## *Slide#19*

Personal unconscious like the unconscious what Freud talked about .

\*Collective unconscious: it is universal (آراء متشابهة بينا و بين الاشخاص الاخرين)

## *Slide#22*

We have both energies (extraverts and introverts) but one of them is more dominant and the less dominant attitude well affect our personality as well.

## *Slide#26*

Adler focused on the inferiority complex, we all have inferiority feelings that try to compensate, but if we couldn't compensate these feelings, leading to the development of an inferiority complex.

## *Slide#38*

Humanistic Personality Theory: Focused on the things that make a person to be a productive and useful human.

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*B. Written By : Roqaya Mahmoud.*

*Slide#40 - 76 :*

الدكتورة هون ما ذكرت أي كلمة خارجة عن السلايدات أبدا.