

YU - MEDICINE

PASSION ACADEMIC TEAM

# Clinical Psychology

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Sheet# 12  
Trauma & Stressor Related Disorders

IF YOU COME BY ANY MISTAKE , PLEASE  
KINDLY REPORT IT TO  
SHAGHAFBATCH@GMAIL.COM

# Trauma & Stressor Related Disorders

**Slide number 14:** Hypervigilance means super alert.

We need 7 symptoms to diagnose PTSD while for Acute stress disorder we need 9 symptoms add to that the traumatic event making them 10 symptoms.

**Slide number 24:** Why is it more difficult for patients that are very young and very old to deal with traumatic events? Answer: Very young patients have a more difficult time dealing with traumatic events due to the lack of exposure.

And for the very old it is more difficult to change their coping mechanism after it has been already developed.

**Slide number 27:** Eye movement desensitization and reprocessing (EMDR) read about it.

Read about Prazosin for treatment of disturbing dreams and nightmares.

**Slide number 29:** The stressful event in this case is not life threatening The depressive or anxious symptom in this case does not fulfil the criteria of generalized anxiety or major depressive disorder. MDD as a diagnosis may be preceded by stress, but in this case the criterion of MDD must be completely met.

**Slide number 33:** “The symptoms do not represent bereavement” so any anxiety and depression accompanied by the loss of a loved one is considered normal and is not considered adjustment disorder.