

Clinical Psychology

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Sheet# 11

Obsessive Compulsive & Related Disorder
(OCD)

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KINDLY REPORT IT TO
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Obsessive Compulsive & Related Disorders (OCD)

Slide number 2 : In obsessive compulsive disorders the patient suffers either from compulsions or obsessions or both.

Repetitive thoughts and ideas accompanied by repetitive movements or actions to satisfy the thoughts and decrease the anxiety. For the patient to be diagnosed with OCD, he must suffer from anxiety due to the obsessive thoughts, and the actions must be time consuming. At least an hour a day obsessively thinking or repeating certain actions or movements. The patients usually understand that the thoughts do not make sense, but they can't control them.

Slide number 3 : important slide .

Slide number 5 : why does the patient resist the thoughts? Answer: because the thoughts are ego dystonic.

Slide number 6 : the last sentence **“Patients can literally take hours to eat a meal or shave their faces.”** Is not supposed to be under pathological doubt. It is supposed to be under Symmetry.

Slide number 7 : Suicidal intrusive thoughts are not associated with depression in this case, the patient does not actually want to end his/her life. In symmetry, Patients can literally take hours to eat a meal or shave their faces.

Slide number 9 : After PANS the child may suffer sudden separation anxiety, anxiety disorder, ADHD, or OCD.

Slide number 13 : OCPD or obsessive-compulsive personality disorder is not necessarily associated with OCD.

Slide number 19 :

(female) بالعادة بتكون (body dysmorphic disorder) ممكن يكون الوجه (perfect)، لكن دائما بتشوف إنه في خلل في الأنف، الأسنان، بالتالي منزعجين دائما ويبصيروا يغطوها بـ (Make up،Accessories) أو يغطوها ب خمار أو ما تطلع من البيت أو اللجوء للجراحات التجميلية أو الجلدية.

Slide number 20 :

بتشوف حاله بكل شيء (different) .

Slide number 21 :

Body dysmorphic disorder (OCD related disorder)

وجدوا إنهم يستجيبوا لأي إشي بزيد الـ (Serotonin Level) فبالتالي إليها علاقة بالـ (Serotonin Dysregulation).

Slide number 22 :

*Anorexia nervosa: مهوسين بوزنهم وشايفه أنصح من الطبيعي.
*إذا كان فقط التفكير بالوزن هاد اسمه Anorexia .
*Body dysmorphic disorder لازم يكون في خلل آخر غير الوزن .

Slide number 24 :

تجميع أشياء بلا قيمة بالتالي النتيجة هي (Excessive clutter of living spaces) .