

Clinical Psychology

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Sheet# 9
Eating Disorder

IF YOU COME BY ANY MISTAKE , PLEASE
KINDLY REPORT IT TO
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Eating Disorder

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- Terminology :

- Detriment ضار
- Relentless (عدم شفقة) قاسي
- Binge شراهة
- Drastically بشكل جذري
- Trajectory مسار
- Undue مفرط
- Hostility عدوانية
- Bullying تسلط
- Impulsive اندفاعية
- Jockeys فرسان
- Satiety شبع
- Slender نحيف
- Purge → Removal From Stomach .
- Enemas : Rectal Injections of fluid to cleanse or stimulate the emptying of your bowl .

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Restriction → مثلًا (Diet) محاولة يقللوا أكل عن طريق الـ (Diet) مثلًا

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Binge-eating → Eat in a large amount of food in restricted period → always has a large amount of carbs .

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- NT : Neurotransmitter .
- PET : Position Emission Tomography .

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Vital Signs →

Lanugo Hair → شعير يظفر عند الطفل بعد الولادة و يتساقط بعد فترة ، عند هؤلاء المرضى يكون هذا الشعر موجود يكون ناعم و خفيف .

ECG Changes : T-wave flattening or inversion , ST segment depression → Caused by hypokalemia (Vomiting → Hypochloric hypokalemia metabolic alkalosis)

Endocrine changes : Low luteinizing hormone, low follicle-stimulating hormone, low estrogen, or testosterone, low T3, increased prolactin. ↑ Cortisone , ↑ Prolactin

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* The osteoporosis caused by the low weight, so we try to increase the patient weight to treat this reversible osteoporosis .

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* الشكل كامل مطلوب.

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2-Chronic hypochloremic hypokalemic metabolic alkalosis → in vomiting .
Laxative cause hypokalemic metabolic acidosis .

TFT → Thyroid Function Test .

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▪ The Causes of Death in Anorexia :

1. Dehydration → Hypotension
2. Arrhythmia (أهم سبب)
3. Hypokalemia causes a systole
4. Heart Failure + Cardiomyopathy
5. Acidosis + Alkalosis → Respiratory Failure
6. BUN → Affect the brain + Hepatic failure
7. Electrolyte Imbalance → Seizures

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>Psychotherapy : cognitive-behavioral therapy. → The Main Treatment .

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The difference between Anorexia nervosa & Bulimia nervosa , the Bulimia nervosa :

1. Doesn't have restricting (Just Binge Purge) .
2. Doesn't have low BMI → Normal or Slightly below normal .

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In bulimia nervosa , the use of anti-depressant is more important because SSRI (Selective Serotonin Reuptake Inhibitor) influence the serotonin levels when we compare it to the use of anti-depressant in the anorexia nervosa .

Serotonin → Cause appetite suppressant .

MRI → Magnetic Resonance Image .

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Mallory-Weiss → Tear of tissues of your lower esophagus .

Russell's Sign → Caused by repeated contact of the incisors of skin of the hand that occur during self-induced vomiting .

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* هاي العلامات على اليد صارت لإنه المرضي بحطوا أصابعهم بأفواههم عشان يستقر غوا.

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* Chipmunk caused by Parotid gland enlargement .

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Bulimia : Normal or slightly below normal weight .

Anorexia : Very skinny and below normal weight .