

Systemic Module

CNSII

“Anatomy”

Autonomic Nervous System

Dr. Ayman Alzubi

Faculty of Medicine, Yarmouk University

Nervous System

Remember !!!

- Two main divisions of Nervous system:
 - **Central Nervous System (CNS).**
 - **Peripheral Nervous System (PNS).**
- **CNS:** Composed of the **brain** and **spinal cord** -- Serve as the main control centers for all body activities.
- **PNS:** Composed of the **cranial nerves** and **spinal nerves** -- Serve as linkage between the CNS and the body.

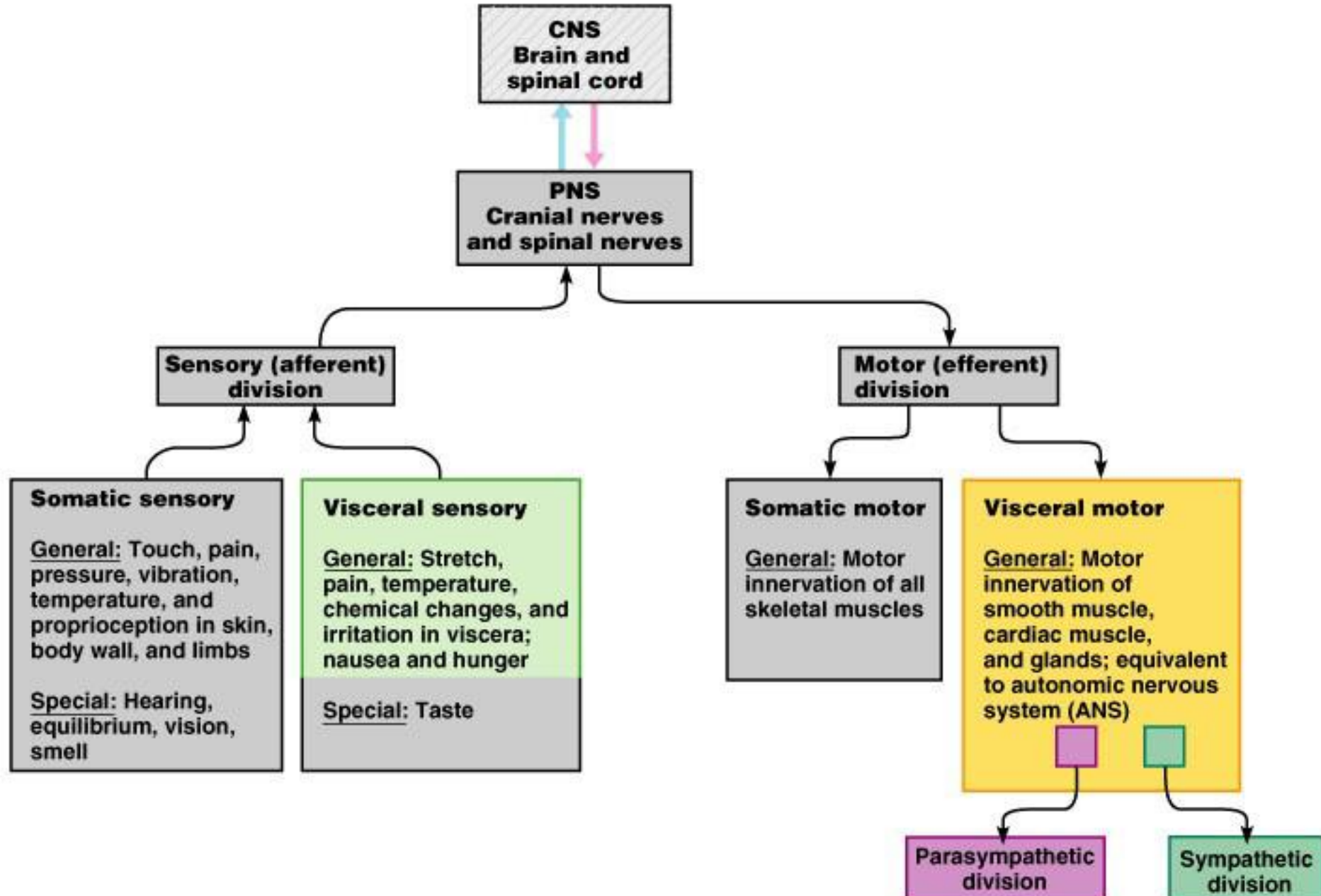
Nervous System

- PNS consists of :
 - **Sensory (afferent) nerves.**
 - **Motor (efferent) nerves.**
- The sensory nerves send nerve impulse from the body to the CNS
- Impulse reaches brain and is integrated (control center).
- The motor nerves send the reaction commands from the CNS to the effector organs.

Nervous System

- Motor nerves (or motor output) are functionally divided into:
 1. **The somatic nervous system (SNS)** which regulates the voluntary contraction of the skeletal muscles.
 2. **The autonomic nervous system (ANS)** which regulates the involuntary control of smooth, cardiac muscles and glands.






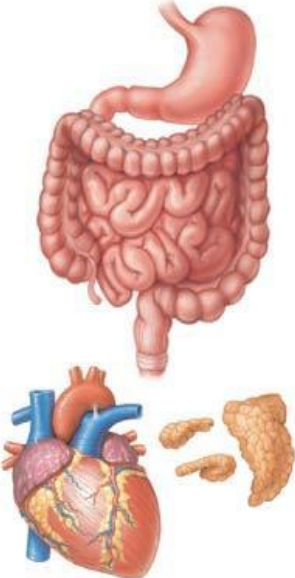

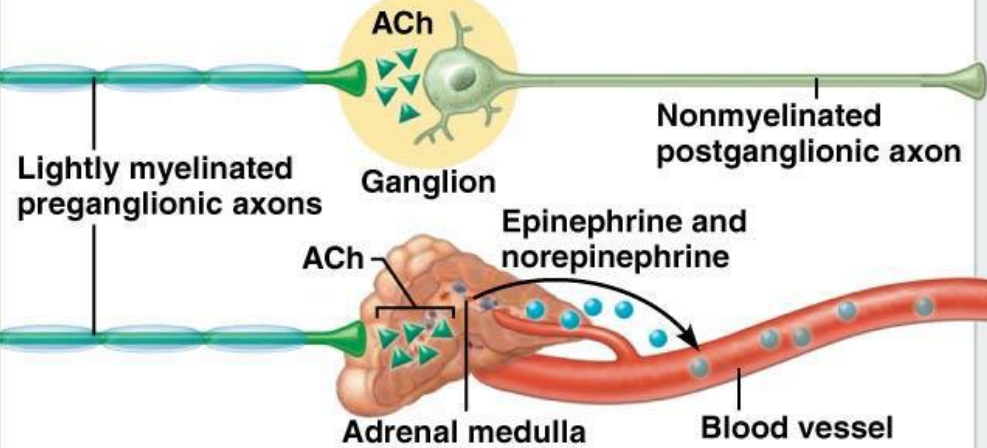

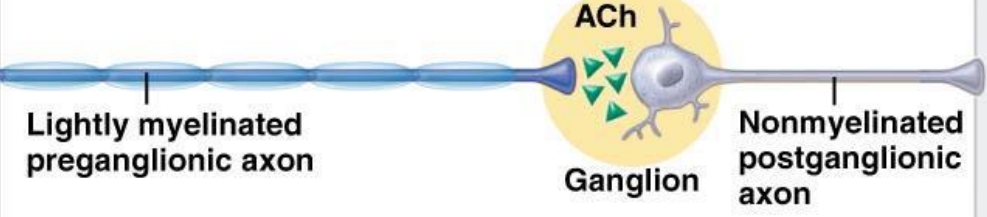

Organization of Nervous System



SNS vs ANS

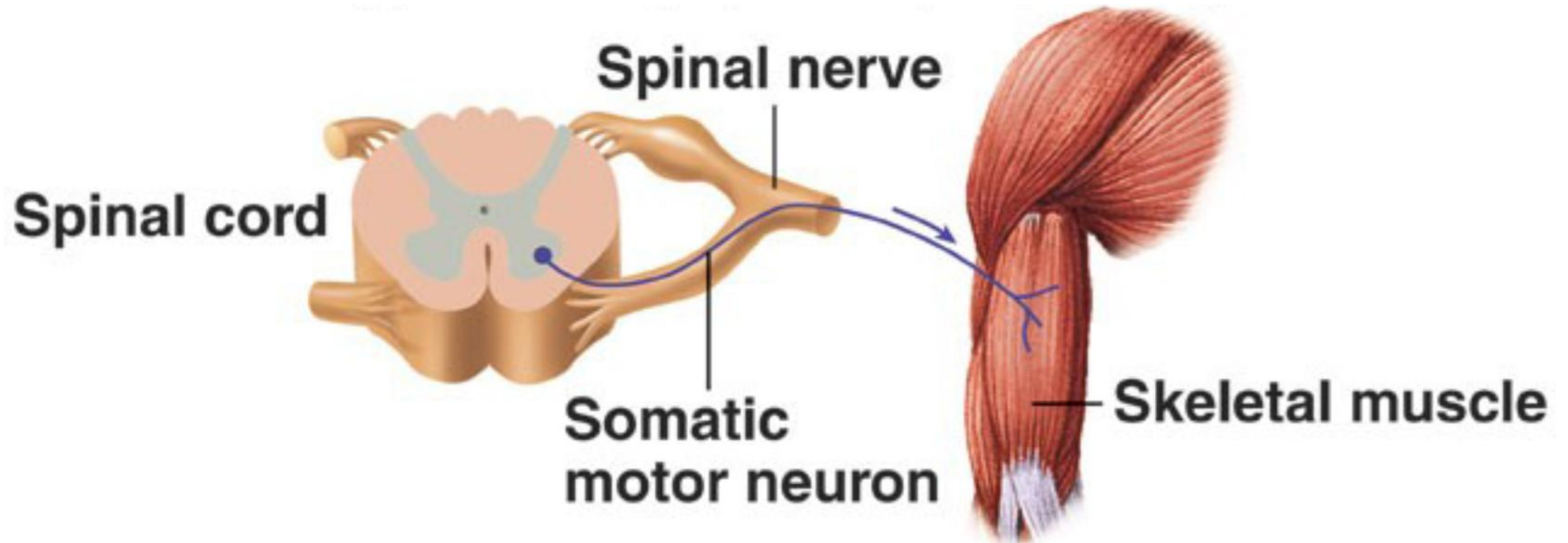
- **Somatic Nervous System (SNS)**
 - Innervates *skeletal muscles*
 - Voluntary control from cerebral cortex
 - Direct synapse with target organ
 - Excitatory
- **Autonomic Nervous System (ANS)**
 - Innervates *smooth muscle , cardiac muscle and glands*
 - Involuntary control from hypothalamus limited control from cerebral cortex.
 - Two neurons chain (preganglionic and postganglionic neurons)
 - Excitatory and Inhibitory

Comparison of Somatic and Autonomic Systems

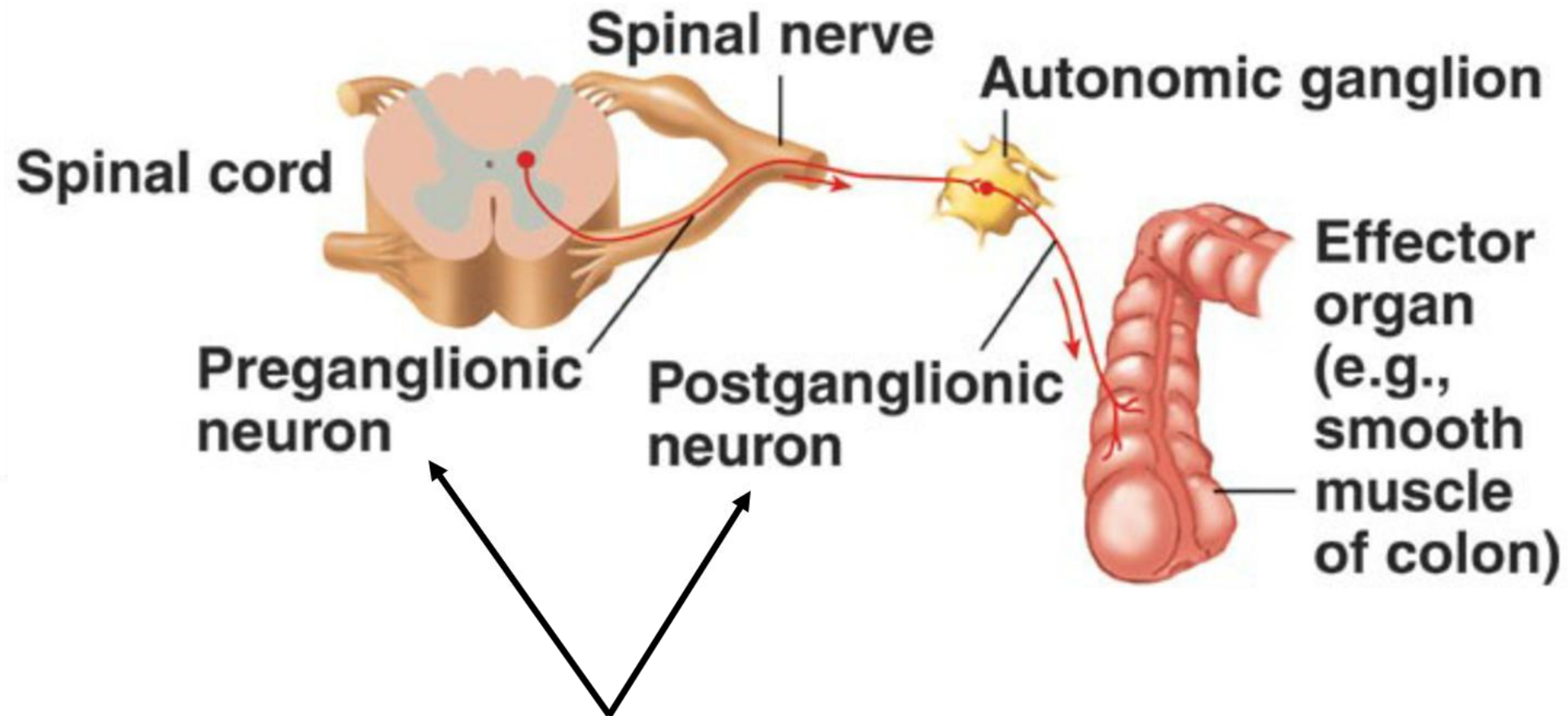
		Cell bodies in central nervous system	Peripheral nervous system	Neurotransmitter at effector	Effector organs	Effect
SOMATIC NERVOUS SYSTEM			Single neuron from CNS to effector organs	ACh 	 Skeletal muscle	+ Stimulatory
		Heavily myelinated axon 				
AUTONOMIC NERVOUS SYSTEM	SYMPATHETIC	Two-neuron chain from CNS to effector organs		NE 		+ - Stimulatory or inhibitory, depending on neurotransmitter and receptors on effector organs
			Lightly myelinated preganglionic axons 			
	PARASYMPATHETIC		Lightly myelinated preganglionic axon 		ACh 	Smooth muscle (e.g., in gut), glands, cardiac muscle

 Acetylcholine (ACh)  Norepinephrine (NE)

Somatic Motor Action- Somatic Nervous System



Autonomic Motor Action- Autonomic Nervous System

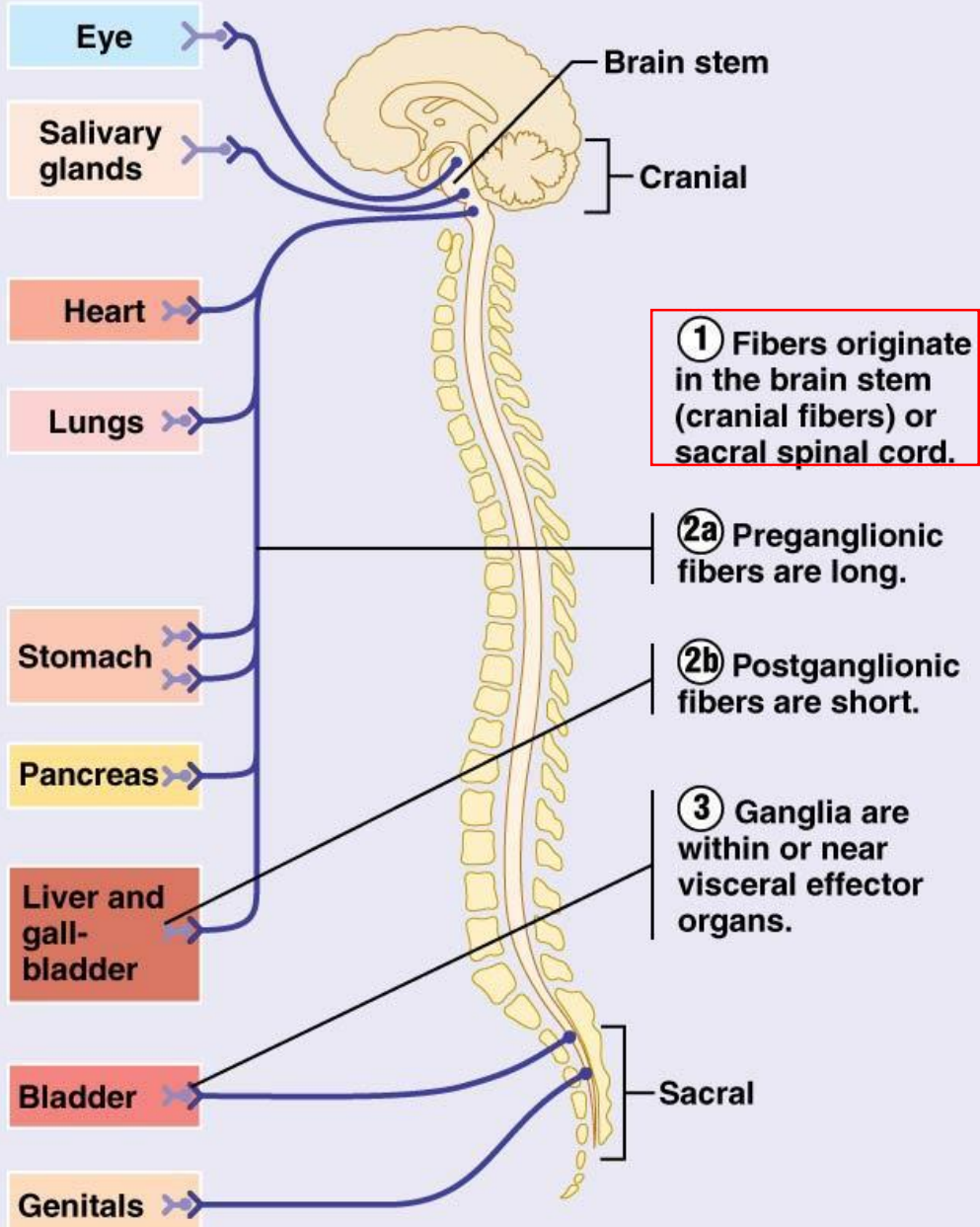


Chain of two motor neurons

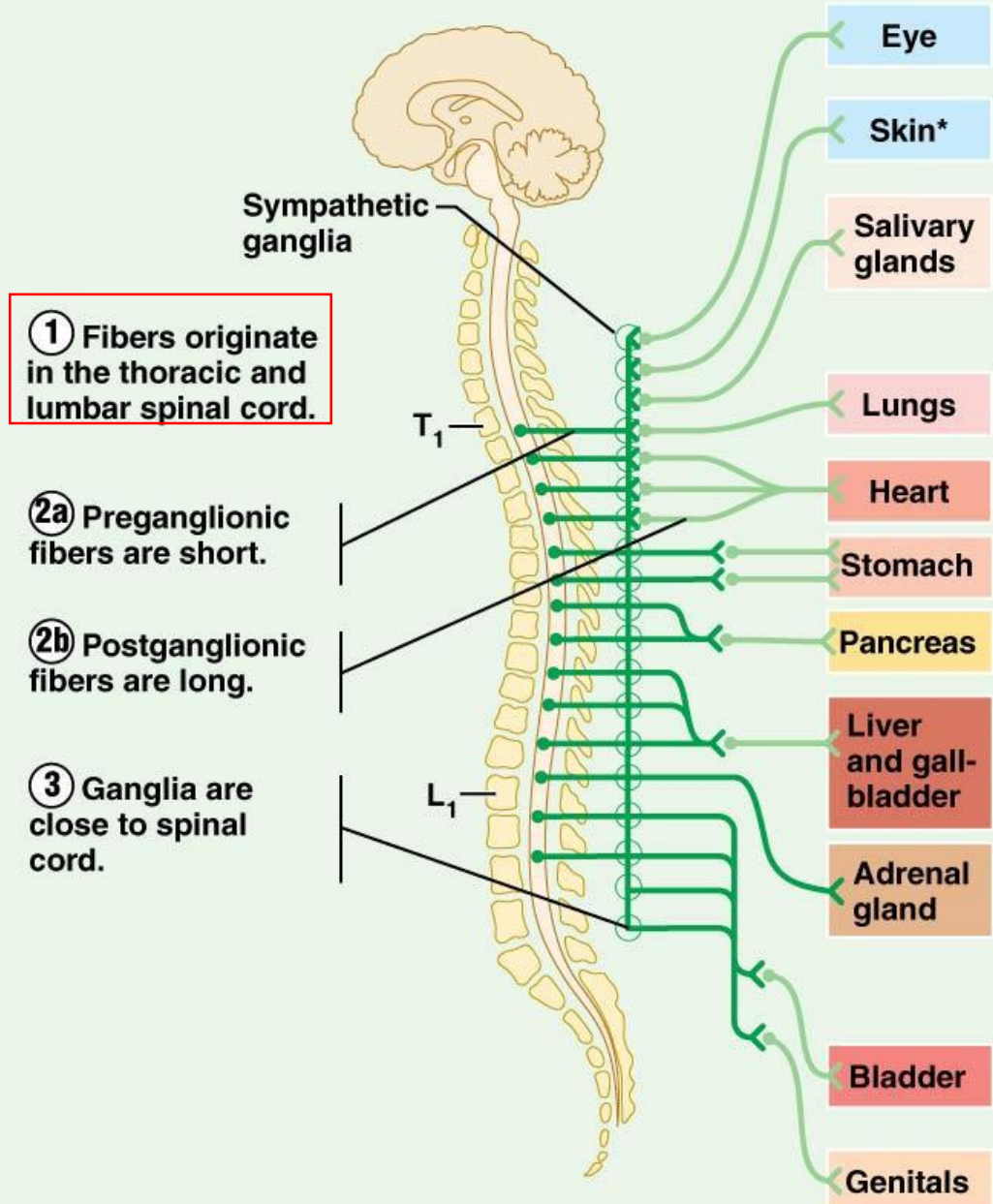
Divisions of Autonomic Nervous System

- The ANS can be divided into:
 - **Sympathetic division**
 - **Parasympathetic division**
- In general:
 - **The sympathetic division** stimulate activities of the effector organs (except digestive organs).
 - **The parasympathetic division** inhibit activities of the effector organs (except digestive organs).

Parasympathetic



Sympathetic

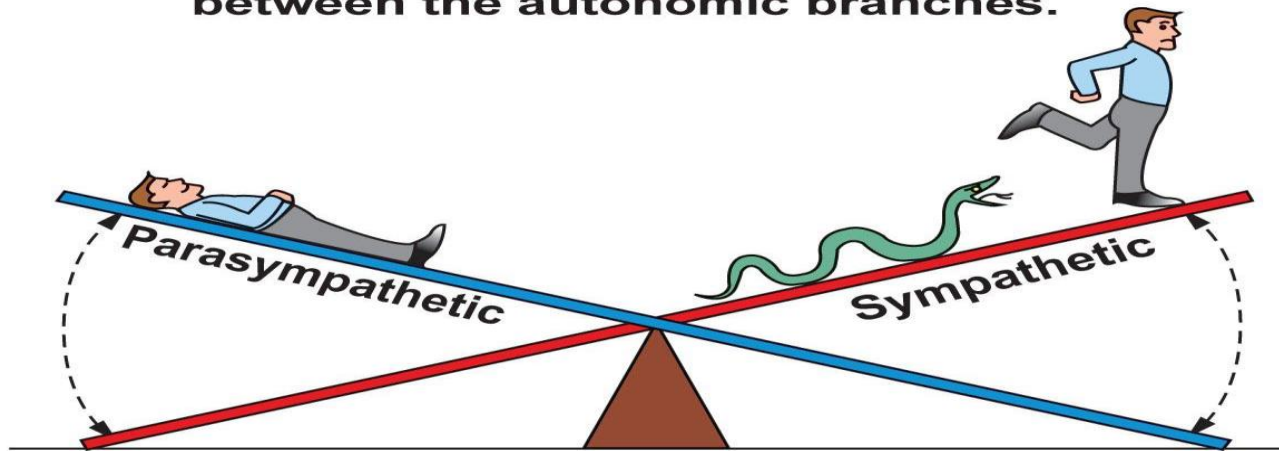


Sympathetic Division

Sympathetic Division

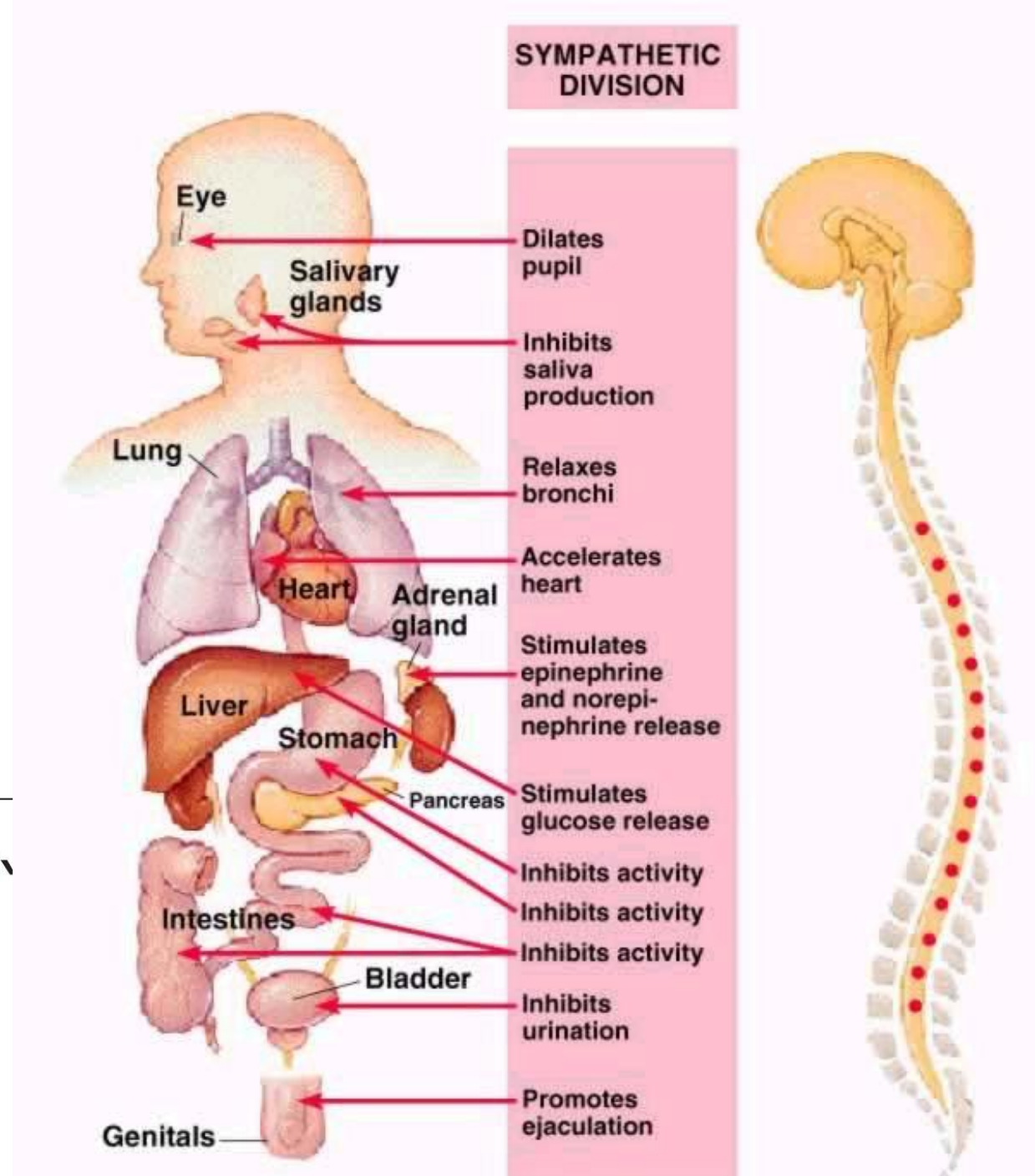
- The entire sympathetic nervous system is activated in *stressful or emergency situations* – *fight or flight response*
- When stimulated:
 - Release of large quantities of epinephrine from the adrenal gland.
 - Increases the heart rate and cardiac output
 - Bronchial dilation and increase in respiration
 - Skeletal muscle vasodilation
 - Gastrointestinal vasoconstriction
 - Pupillary dilation, bronchial dilation
- *The overall effect is to prepare the individual for imminent danger or stressful situation.*

Homeostasis is a dynamic balance between the autonomic branches.



Rest-and-digest:
Parasympathetic activity dominates.

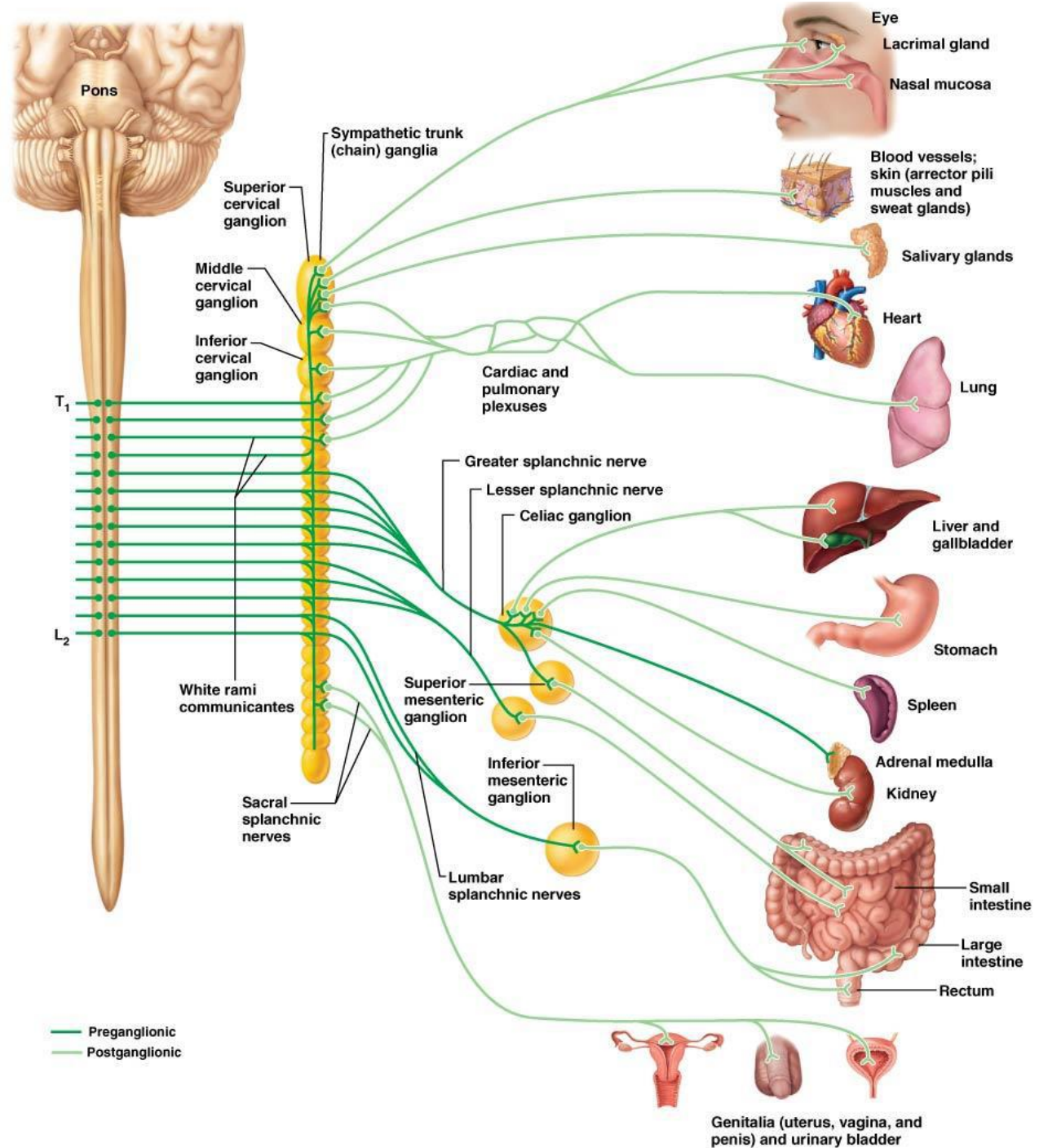
Fight-or-flight:
Sympathetic activity dominates.



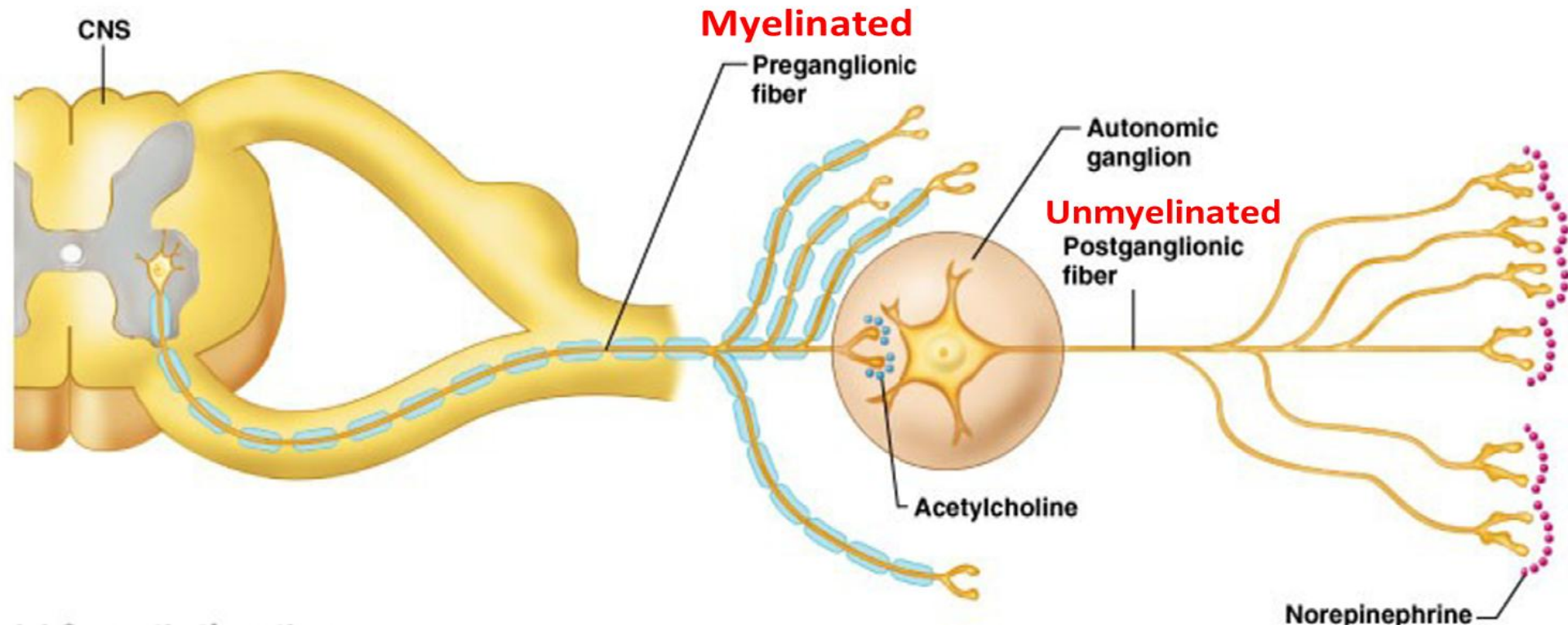
Sympathetic Division

- The cell bodies of the preganglionic neurons are in thoracic and lumbar segments of the spinal cord specifically at **T1 - L2**.
- *Short preganglionic neurons; Long postganglionic neurons*. The ganglia for the sympathetic division are located just outside the spinal cord on both sides of it (*Paravertebral and Prevertebral ganglia*).
- Postganglionic fibers are distributed throughout the body (innervates internal organ and skin)
- Preganglionic neurons secrete **Ach** onto nicotinic receptors.
- Postganglionic neurons secrete **NE** onto α or β receptors.

Sympathetic Division

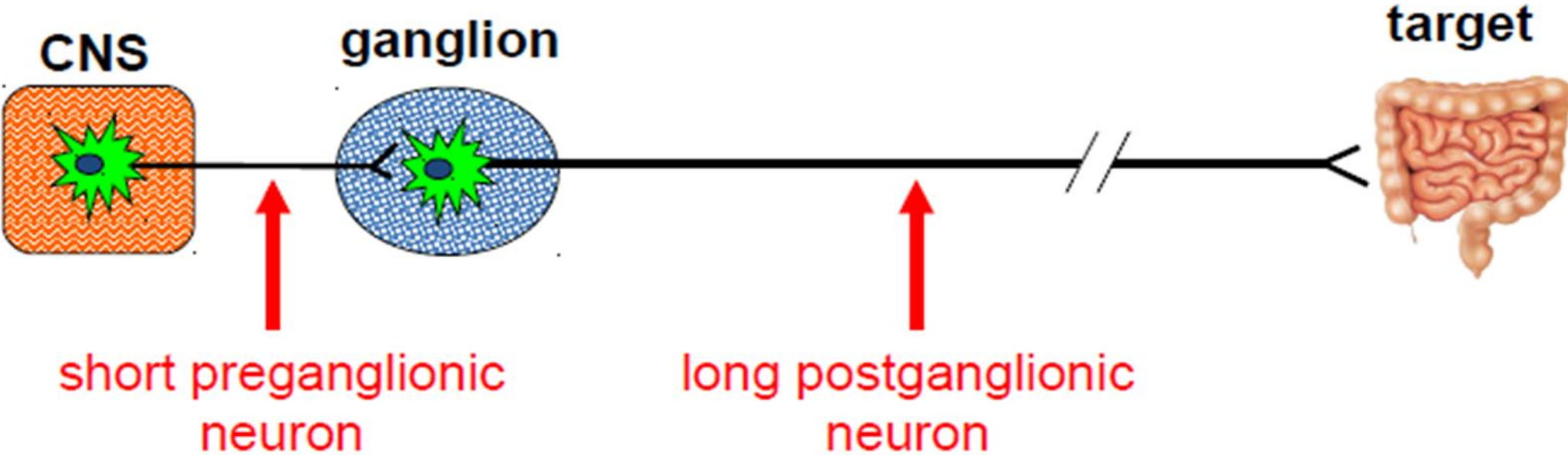


Sympathetic Pathway



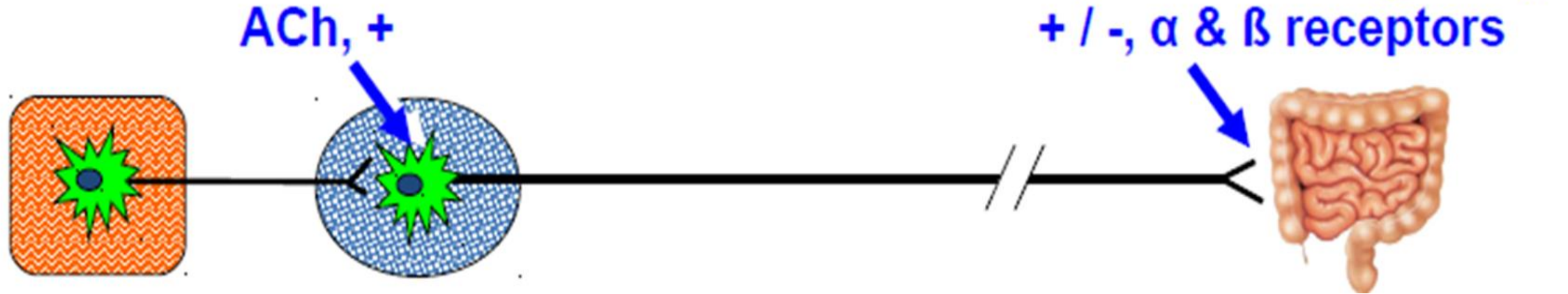
Sympathetic Pathway

Relative Lengths of Neurons



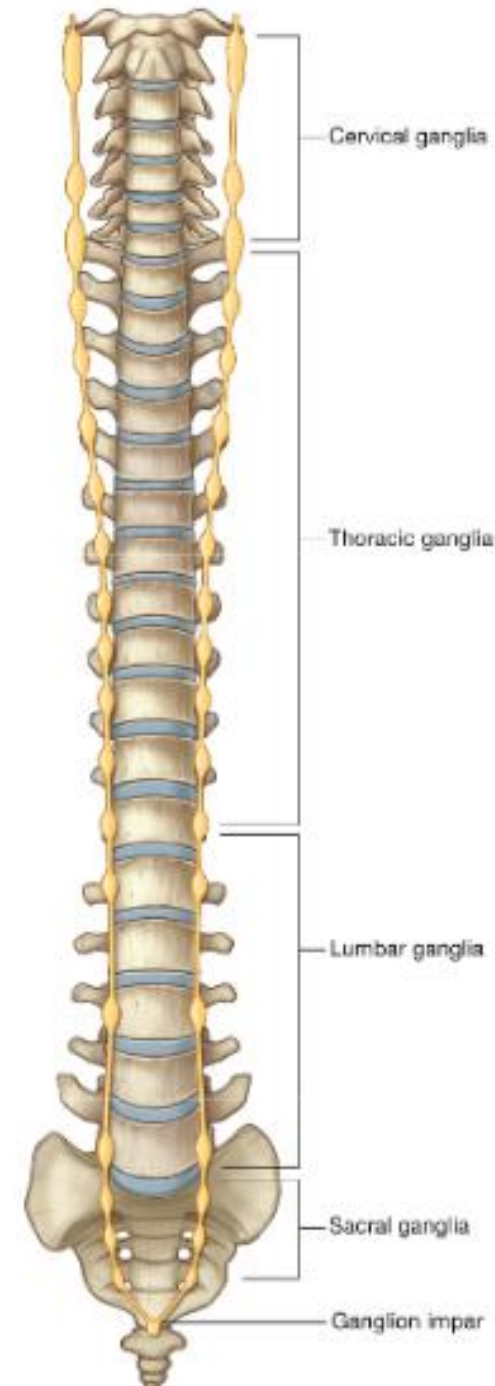
Sympathetic Pathway

Neurotransmitters

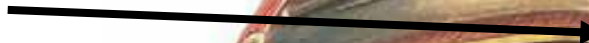


Sympathetic Trunk and Paravertebral Ganglia

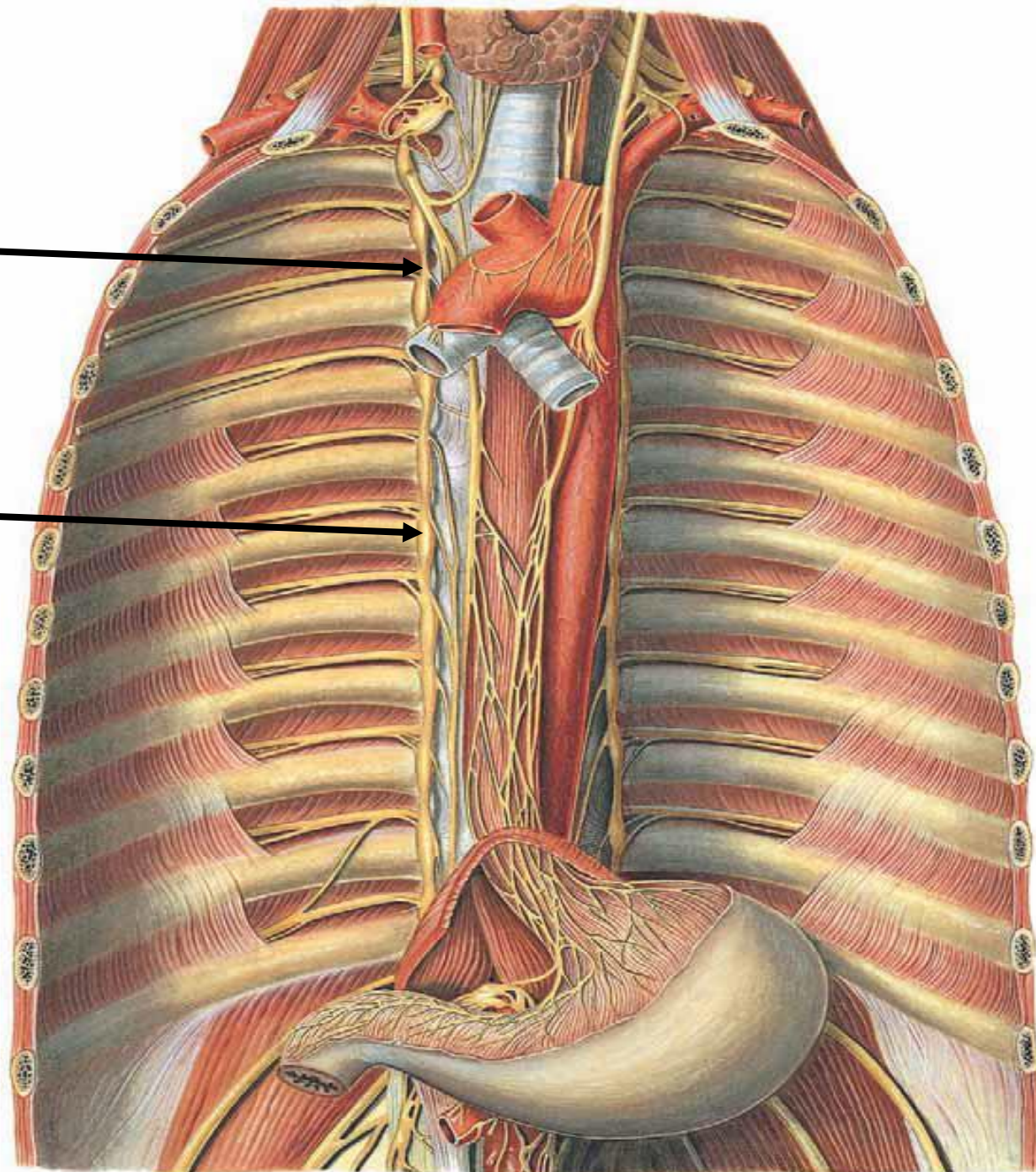
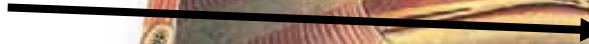
- The sympathetic trunks are two parallel nerve cords extending on either side of the vertebral column from the base of the skull to the coccyx.
- Contain sympathetic ganglia called **paravertebral ganglia**:
 - 3 in the cervical region
 - 11 or 12 in the thoracic region
 - 4 in the lumbar region
 - 4 or 5 in the sacral region
- The two sympathetic trunks come together anterior to the coccyx to form the **ganglion impar**.



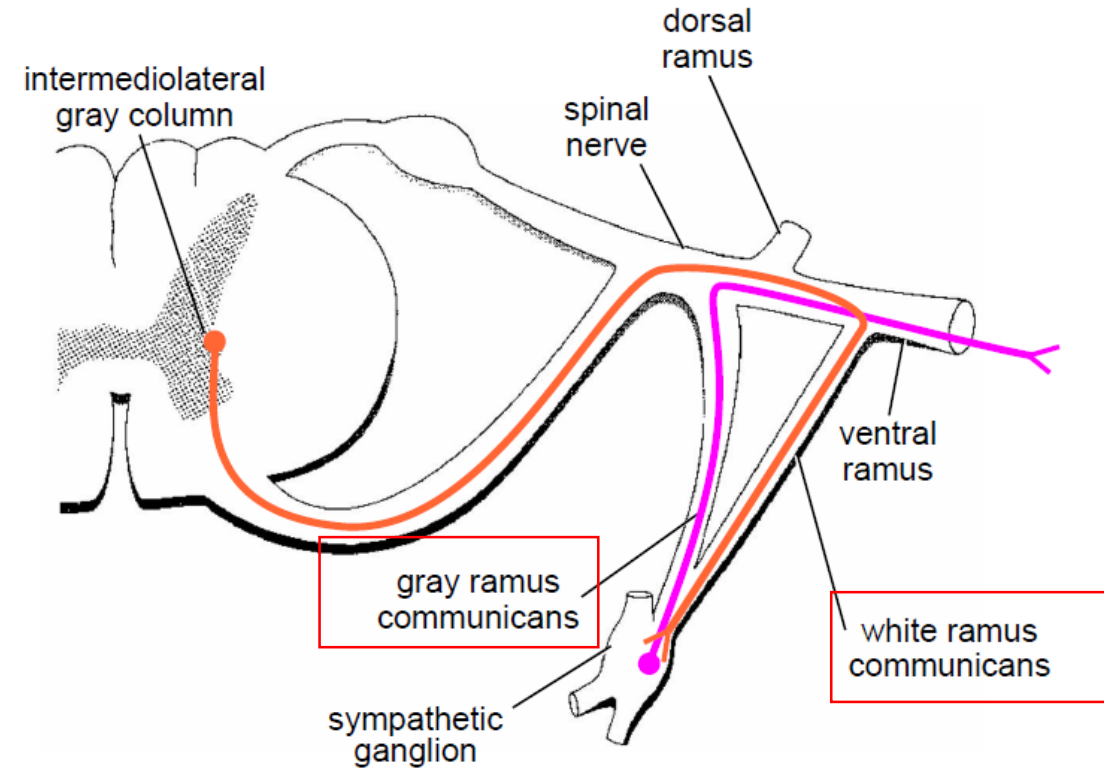
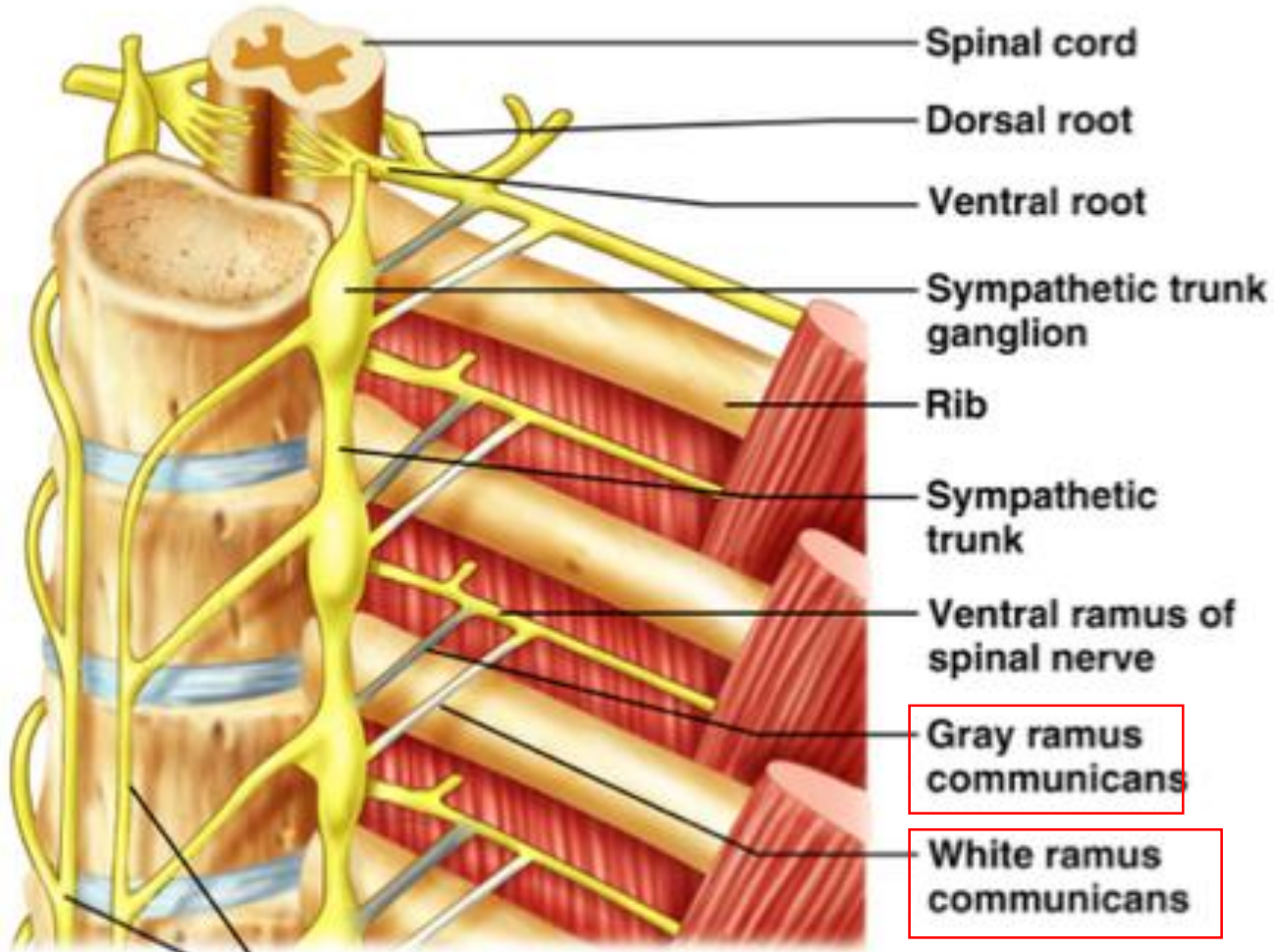
Sympathetic trunk



**Thoracic paravertebral ganglia,
Sympathetic trunk**

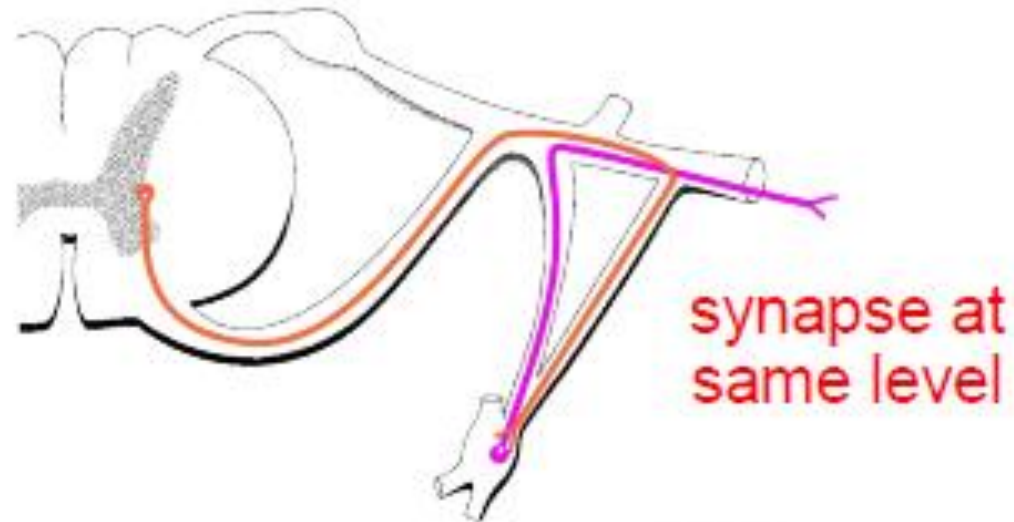


Sympathetic Trunk Ganglia

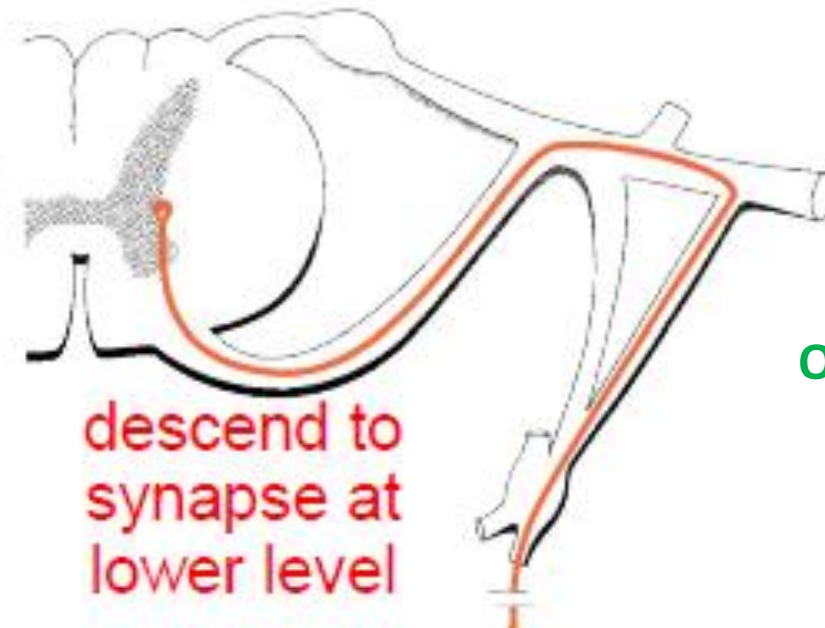
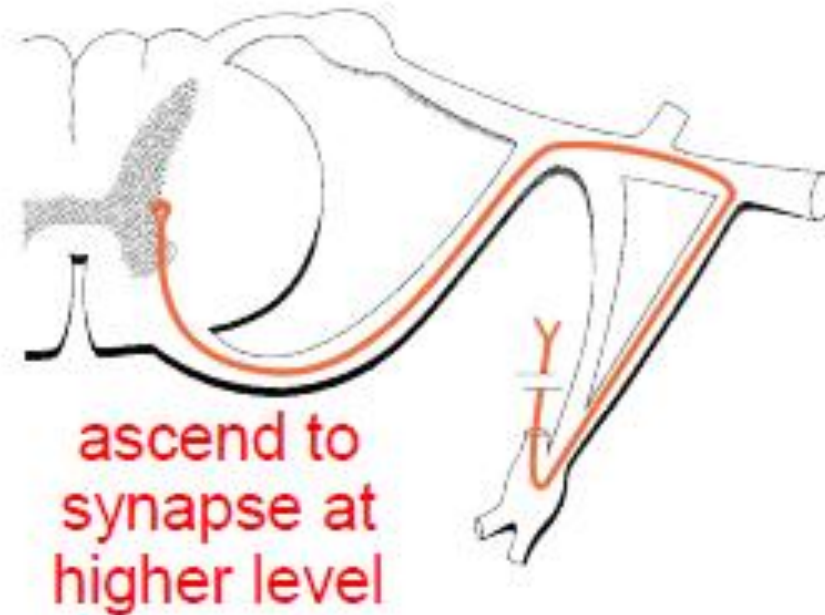


Options of preganglionic axons in sympathetic trunk

Option 1

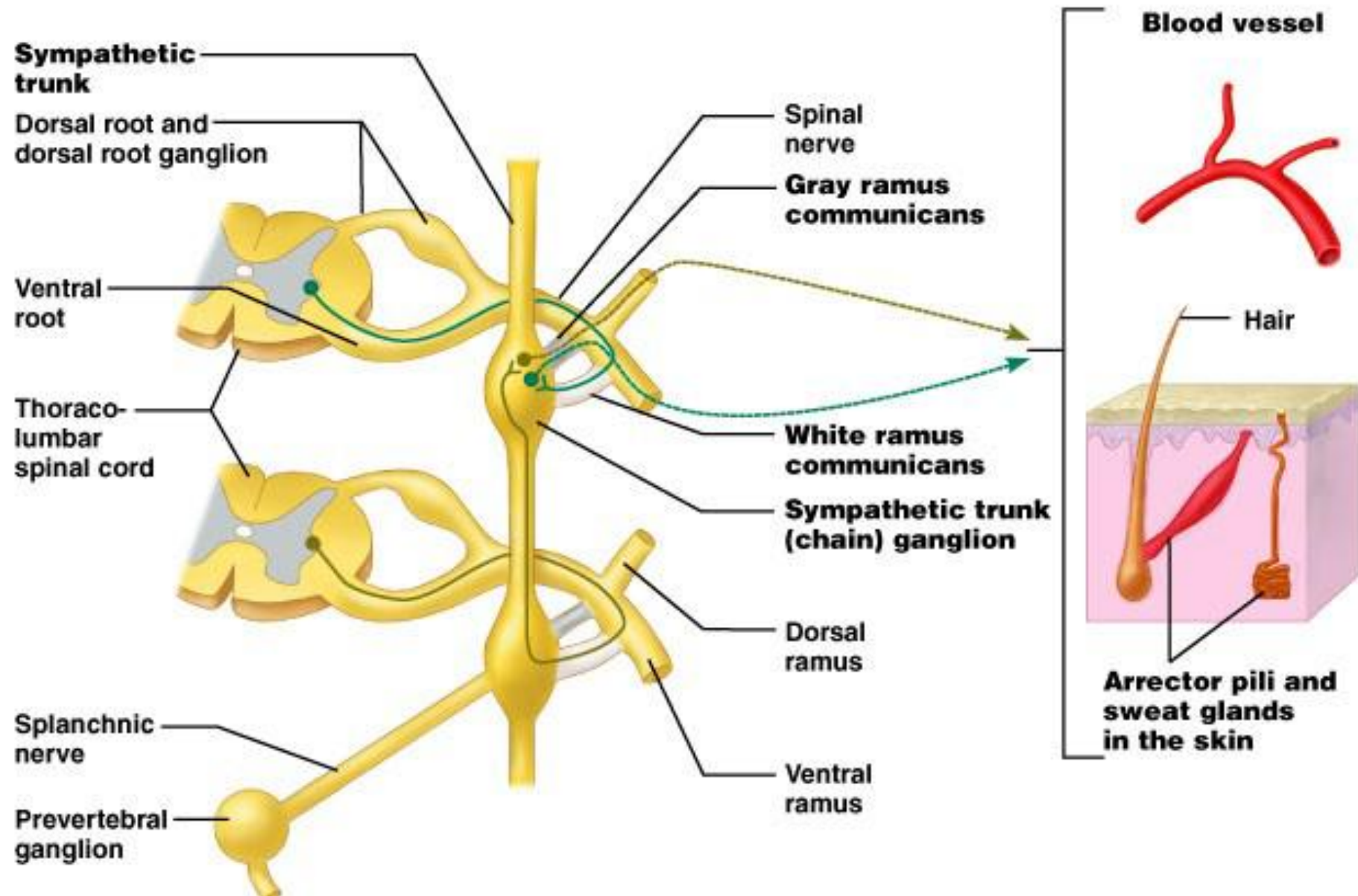


Option 2



Option 3

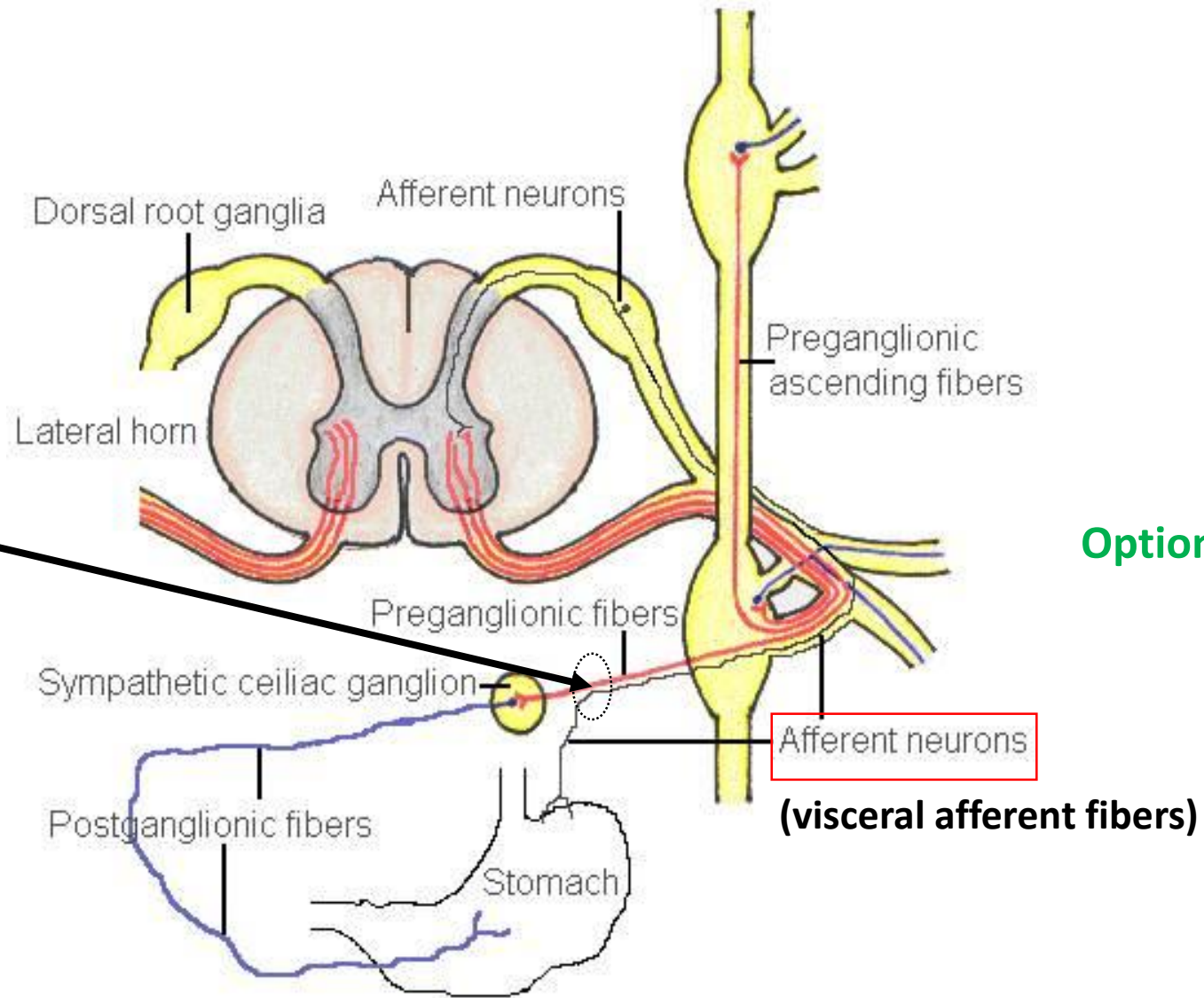
Synapse in sympathetic trunk at **same level** or **different level**



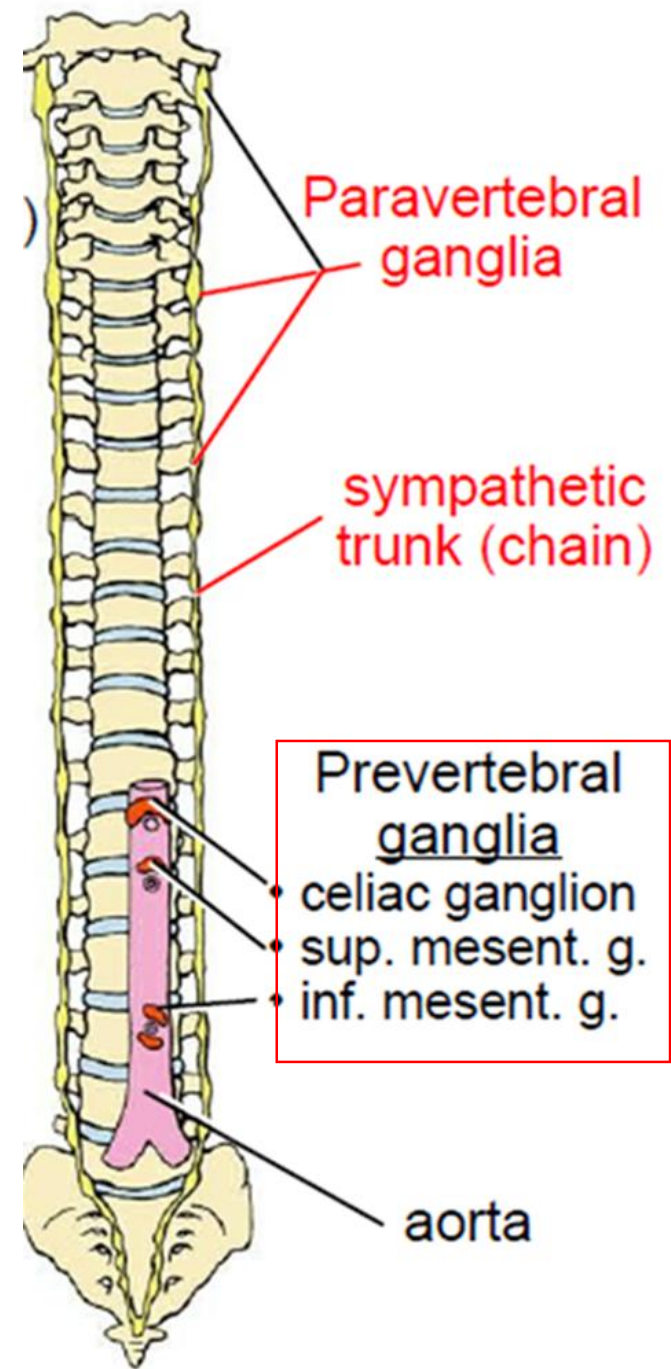
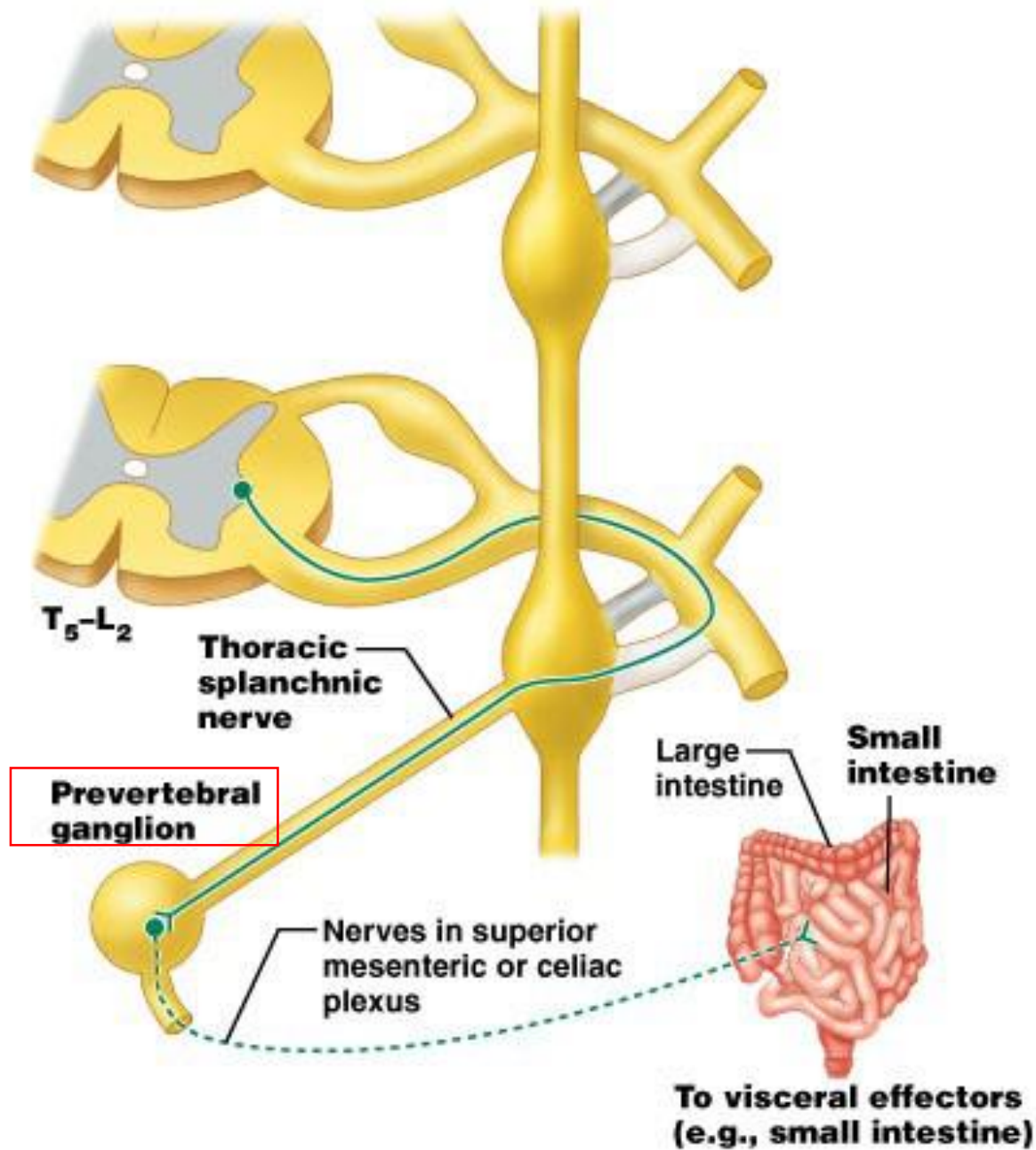
Prevertebral (Preaortic) Ganglia

- Some preganglionic fibers leave the sympathetic trunk without making synapses.
- These preganglionics form the **splanchnic nerves** and reach the **prevertebral ganglia** that are located anterior to abdominal aorta, in plexuses surrounding its major branches.
- The postganglionic follow arteries to **abdominopelvic organs**.

Splanchnic nerve



Option 4



Sympathetic Splanchnic Nerves

Abdominopelvic splanchnic nn.

Greater splanchnic n
T5-T9 spinal cord segment

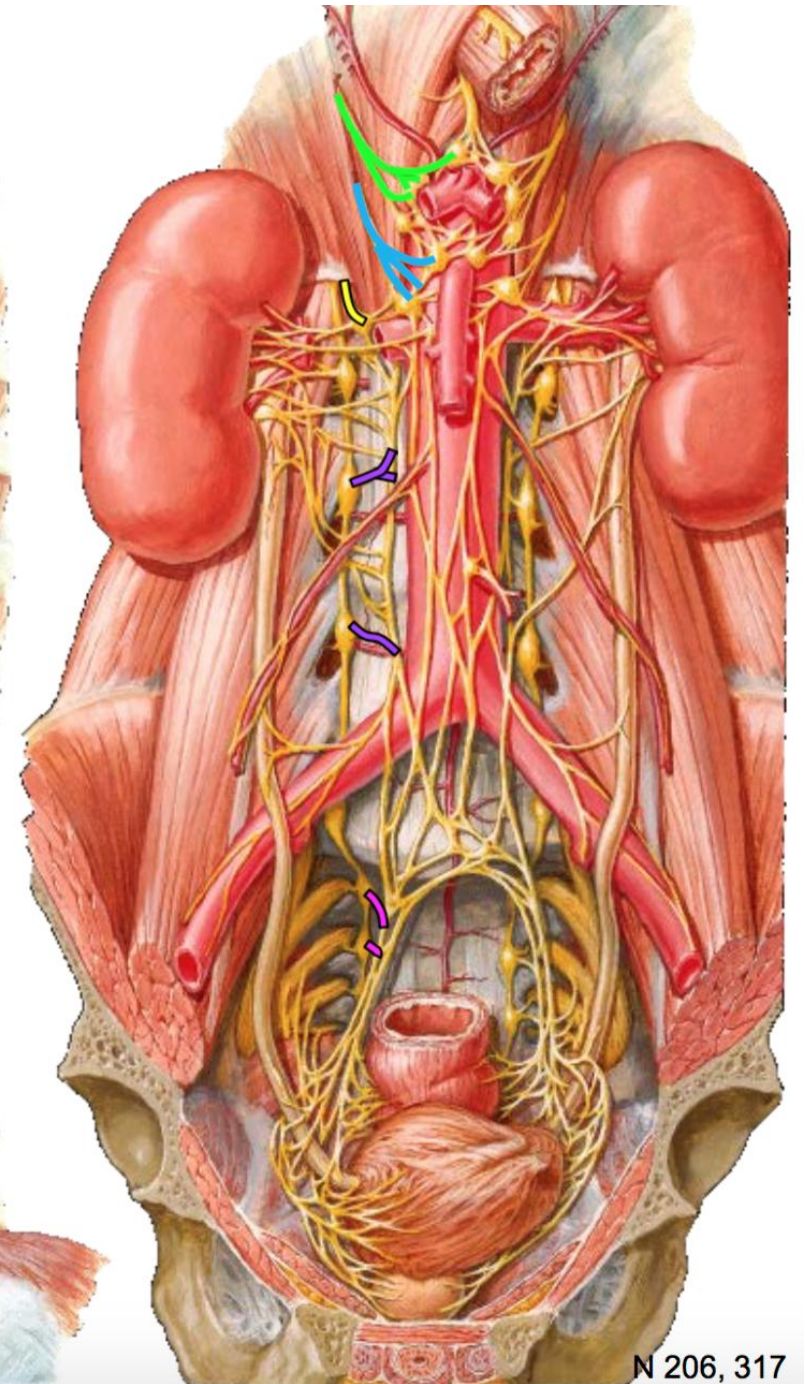
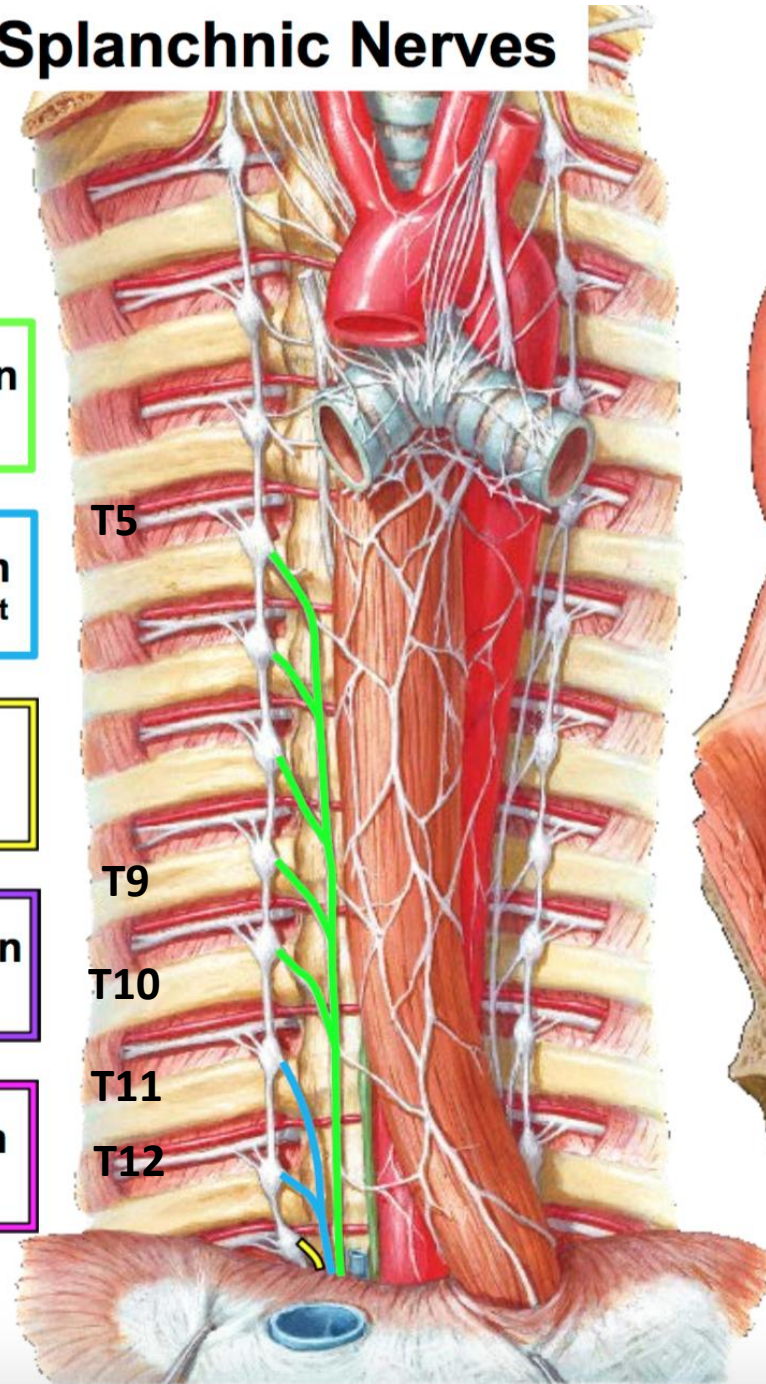
Lesser splanchnic n
T10-T11 spinal cord segment

Least splanchnic n
T12 spinal cord segment

Lumbar splanchnic n
L1-L2 spinal cord segment

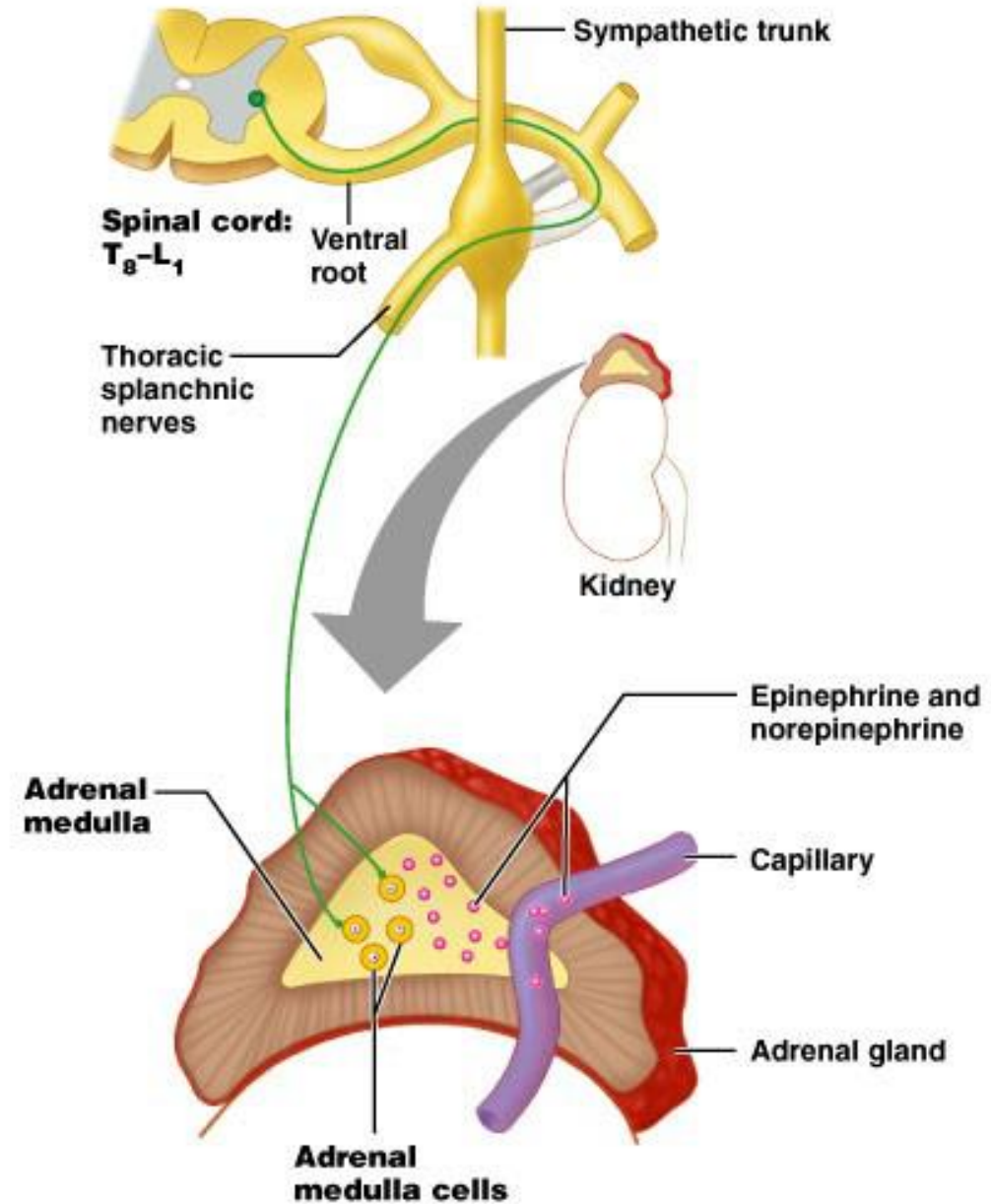
Sacral splanchnic n
L1-L2 spinal cord segment

Thoracic splanchnic nerve

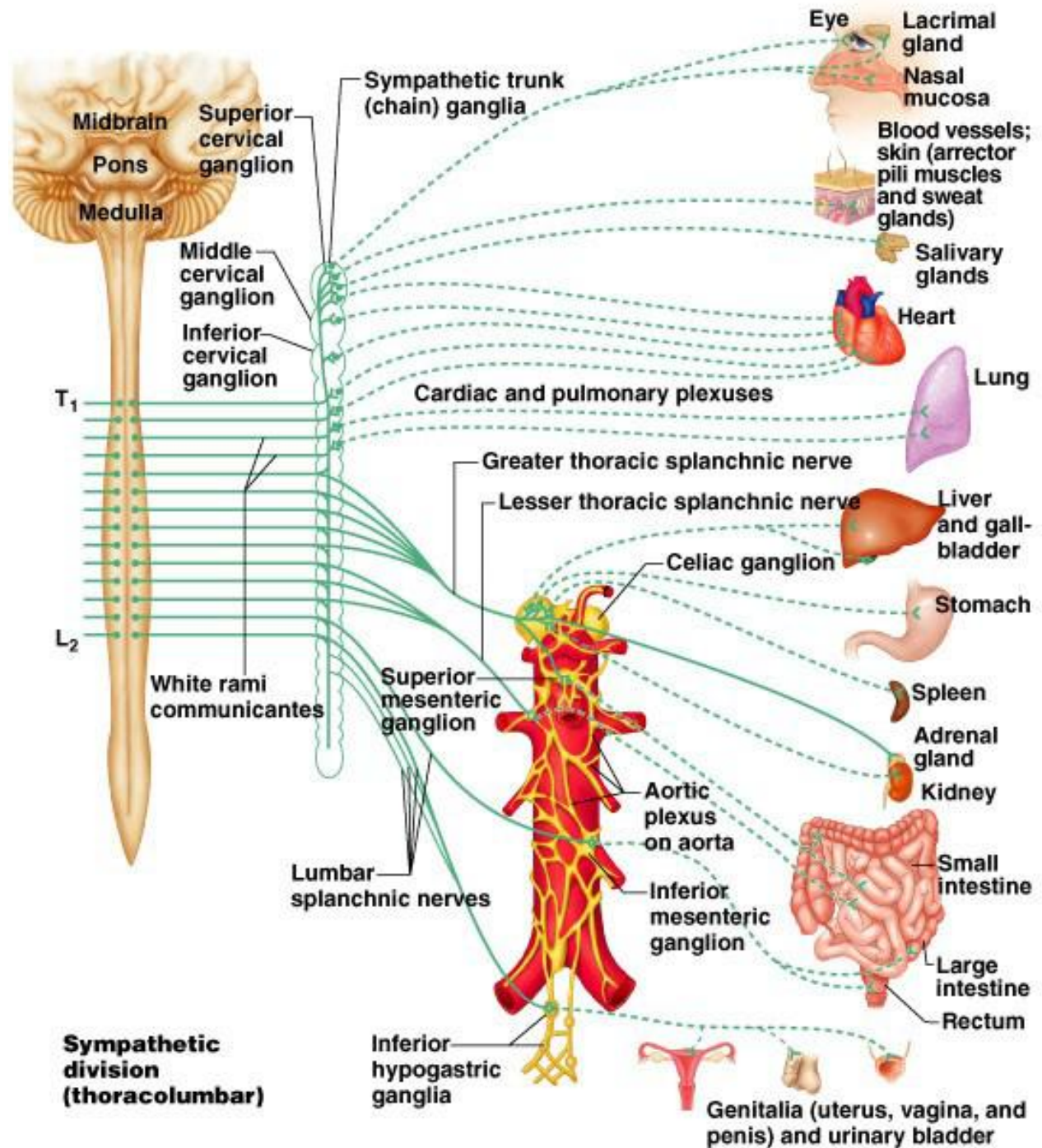


Adrenal gland is exception

- Adrenal medulla (inside part) is a major organ of the sympathetic nervous system
- Preganglionics synapse on adrenal medulla cells – can cause body-wide release of epinephrine (adrenaline) and norepinephrine in an extreme emergency (adrenaline “rush” or surge)



Sympathetic Division

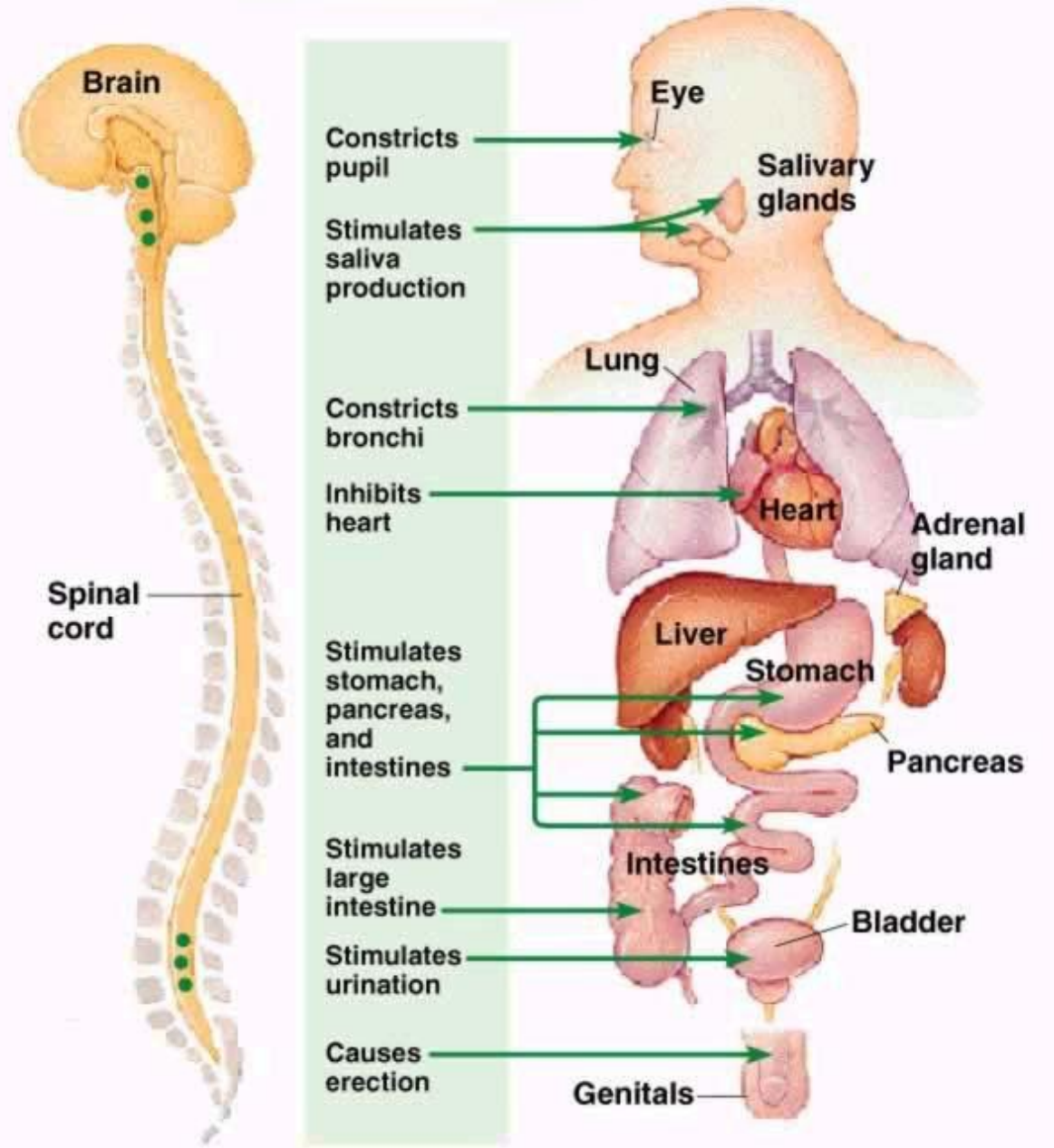


Parasympathetic Division

Parasympathetic Division

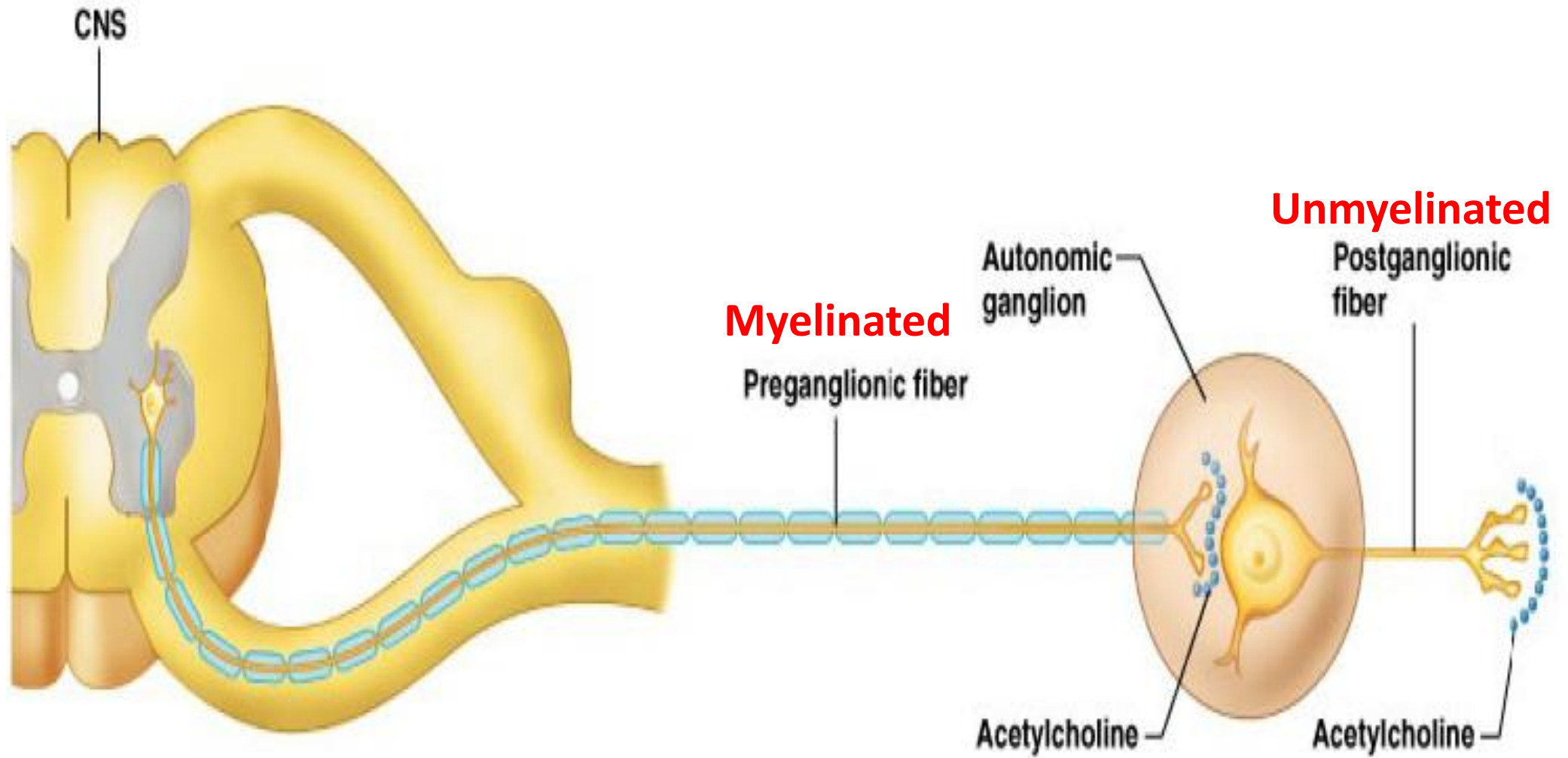
- The parasympathetic nervous system is activated during *ordinary situations - rest and digest response*
- When stimulated: Increase digestive secretions and reduce the heart rate
- The cell bodies of the preganglionic neurons are in **the brainstem** and in the **sacral spinal segments S₂ - S₄**.

PARASYMPATHETIC DIVISION



Parasympathetic Division

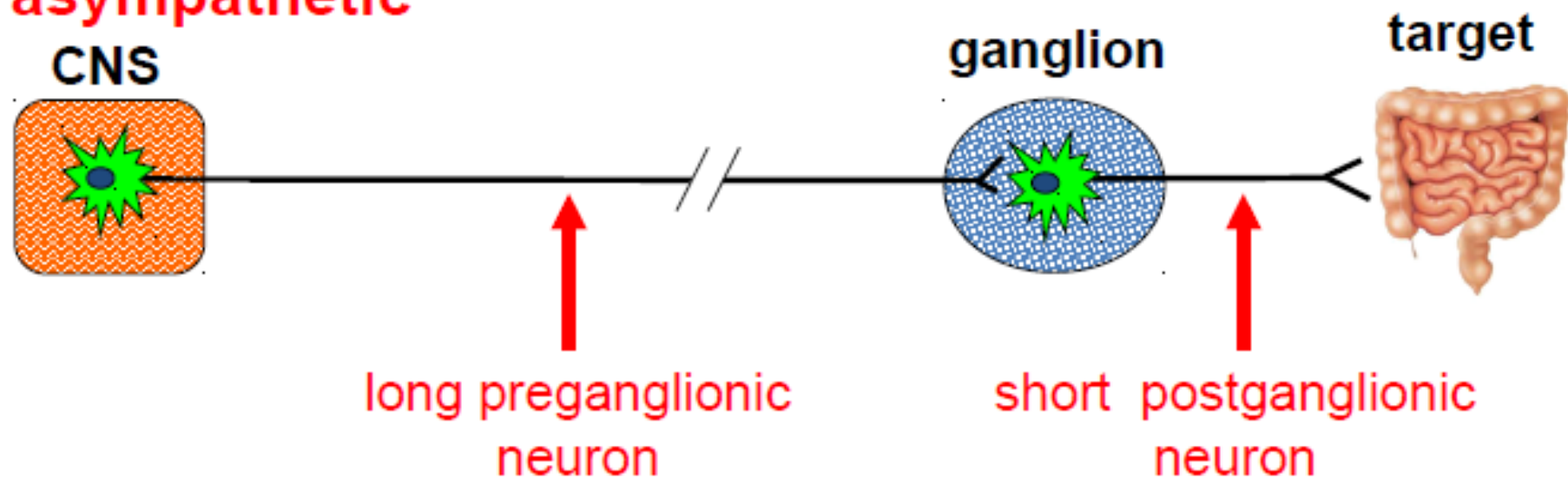
- Long preganglionic neurons; Short postganglionic neurons; The ganglia for the parasympathetic division are located near or in the organs they connect with.
- ONLY Innervates internal organ (not skin)
- Preganglionic neurons secrete **Ach** onto nicotinic receptors.
- Postganglionic neurons secrete **Ach** onto muscarinic receptors.



Parasympathetic Pathway

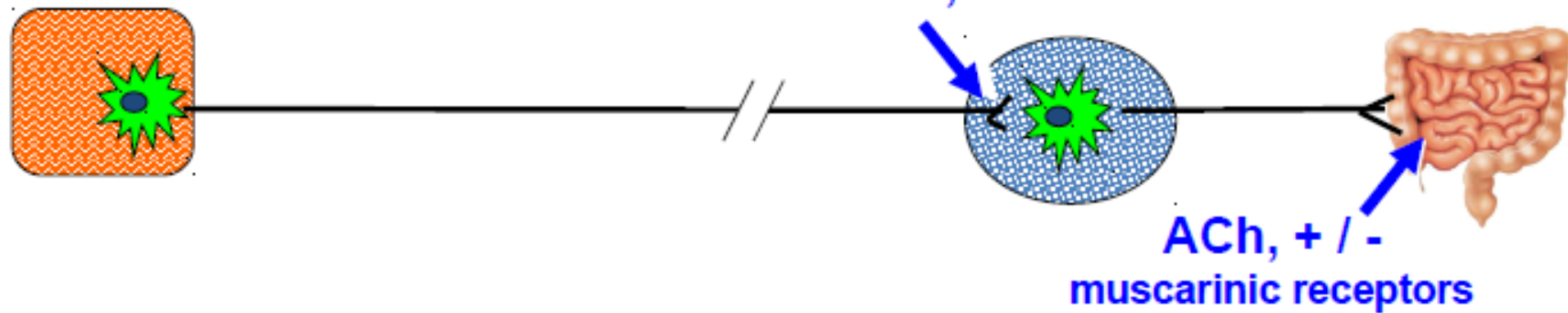
Relative Lengths of Neurons

Parasympathetic



Neurotransmitters

Parasympathetic

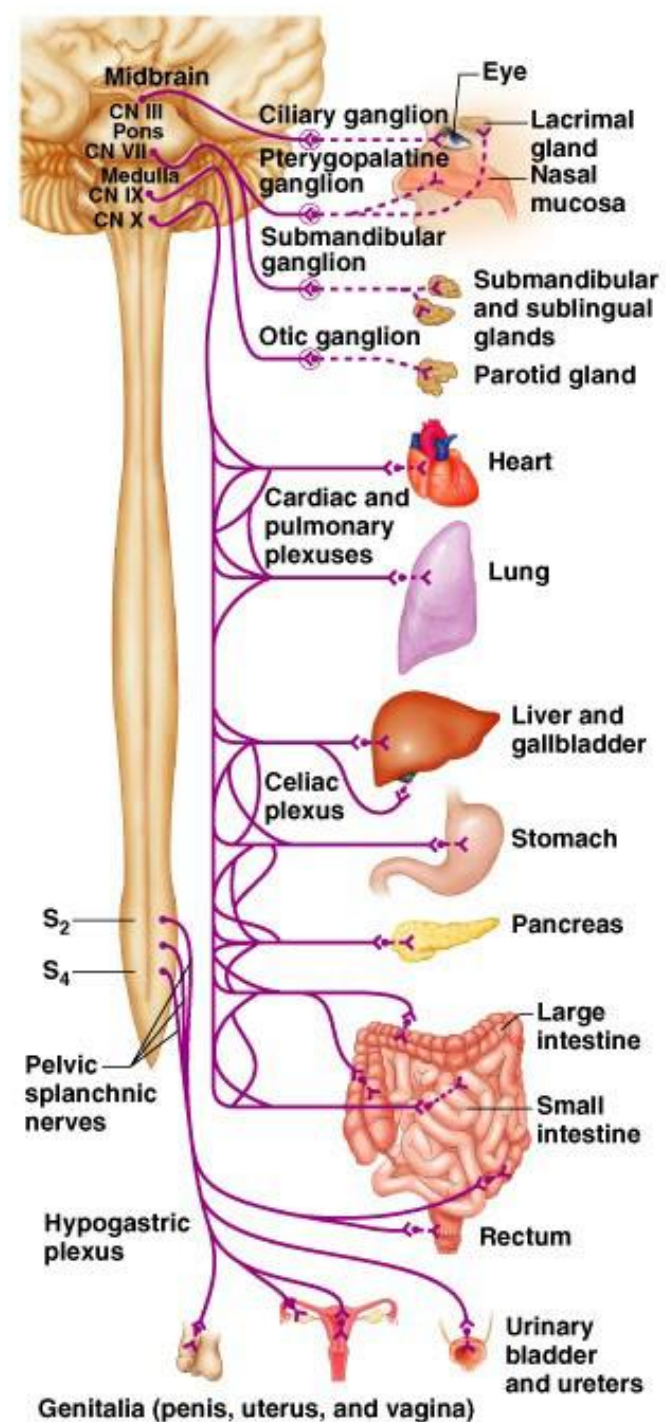


Parasympathetic Pathways

Cranial Outflow

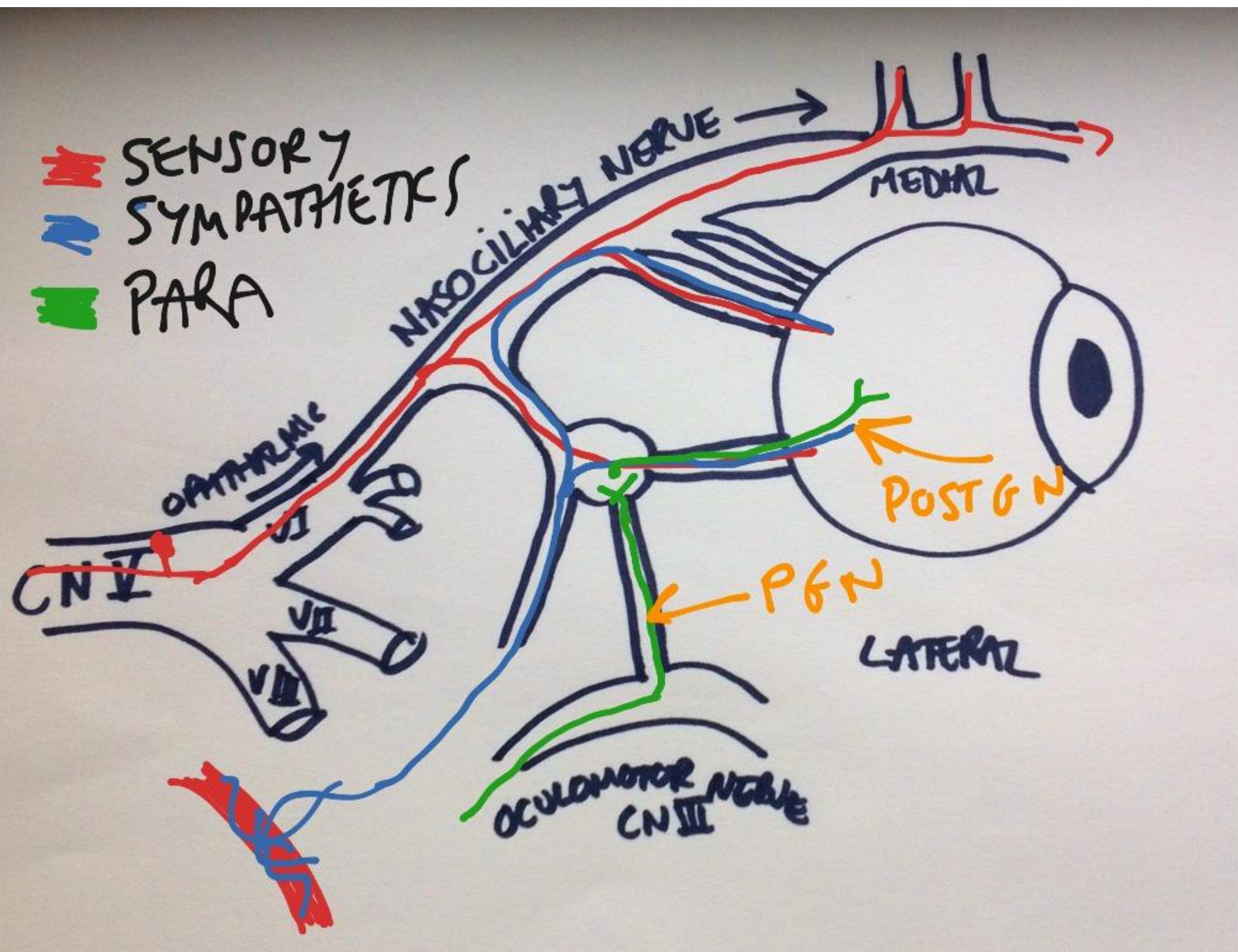
- Cell bodies of preganglionic fibers located in cranial nerve nuclei in the **brain stem**.
- Preganglionic fibers run via:
 - **3rd Cranial Nerve (Oculomotor)**
 - **7th Cranial Nerve (Facial)**
 - **9th Cranial Nerve (Glossopharyngeal)**
 - **10th Cranial Nerve (Vagus)**

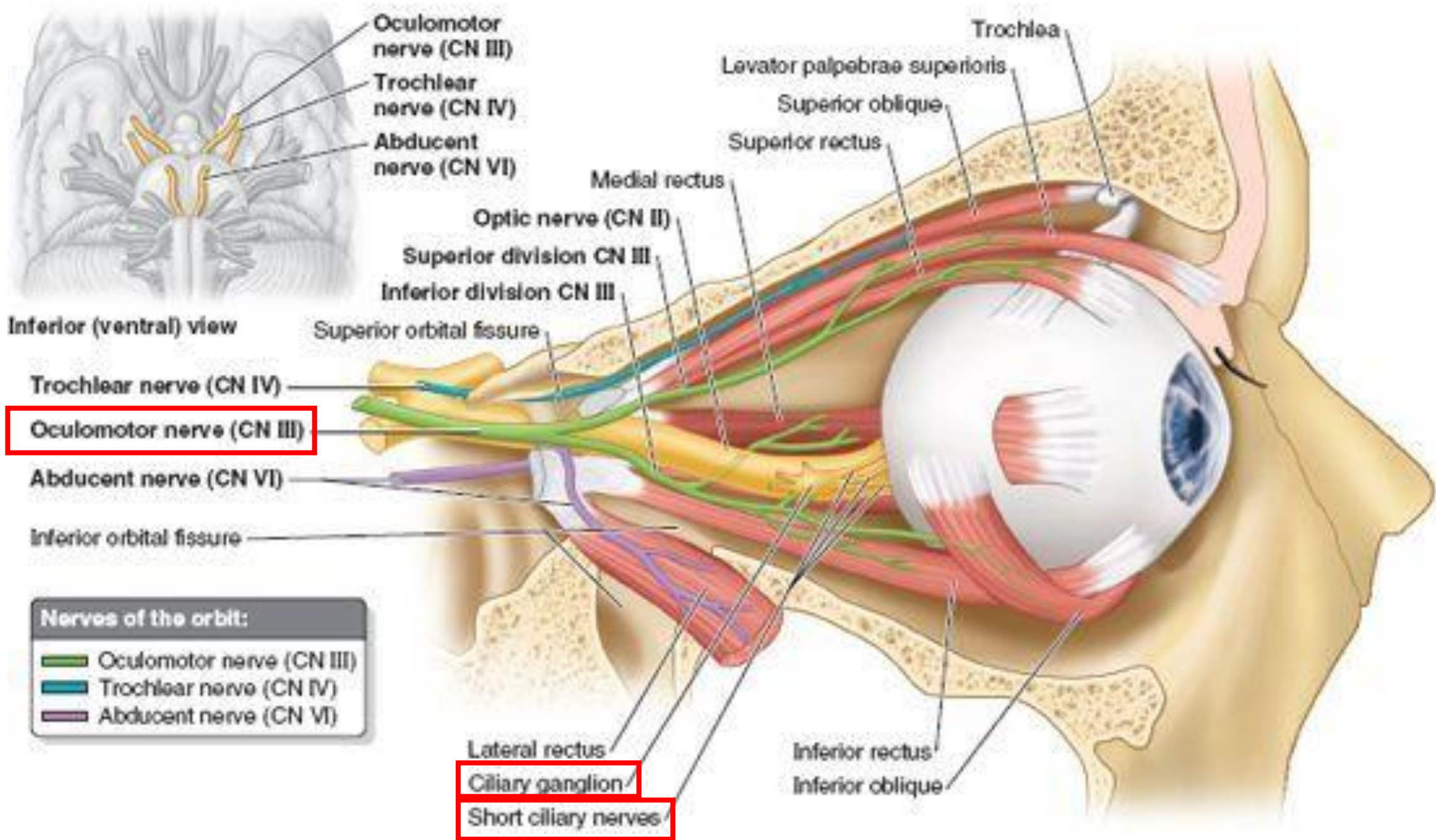
Parasympathetic Division



CN III: Oculomotor Nerve

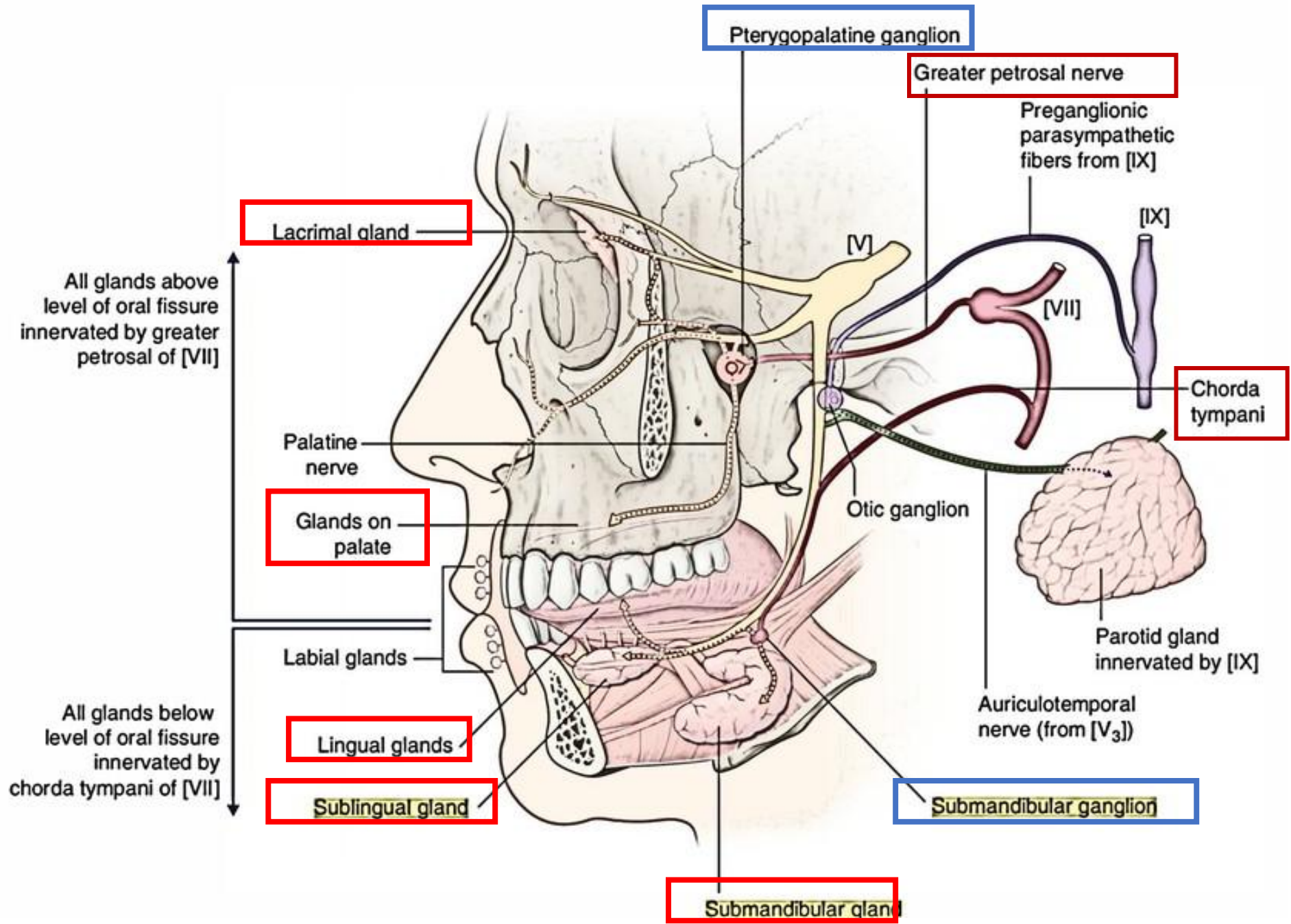
- **Origin:** Edinger-Westphal nucleus at midbrain.
- **Course:**
 - Preganglionic from E-W nucleus run via oculomotor to relay in the **Ciliary Ganglion**.
 - Postganglionic axons run in the *short ciliary nerves* and innervate two eye muscles, *pupillary constrictor muscle* (constrictor of the pupil) and *ciliary muscle* (changes the shape of the lens in the eye).
- Its stimulation leads to miosis, accommodation to near vision.

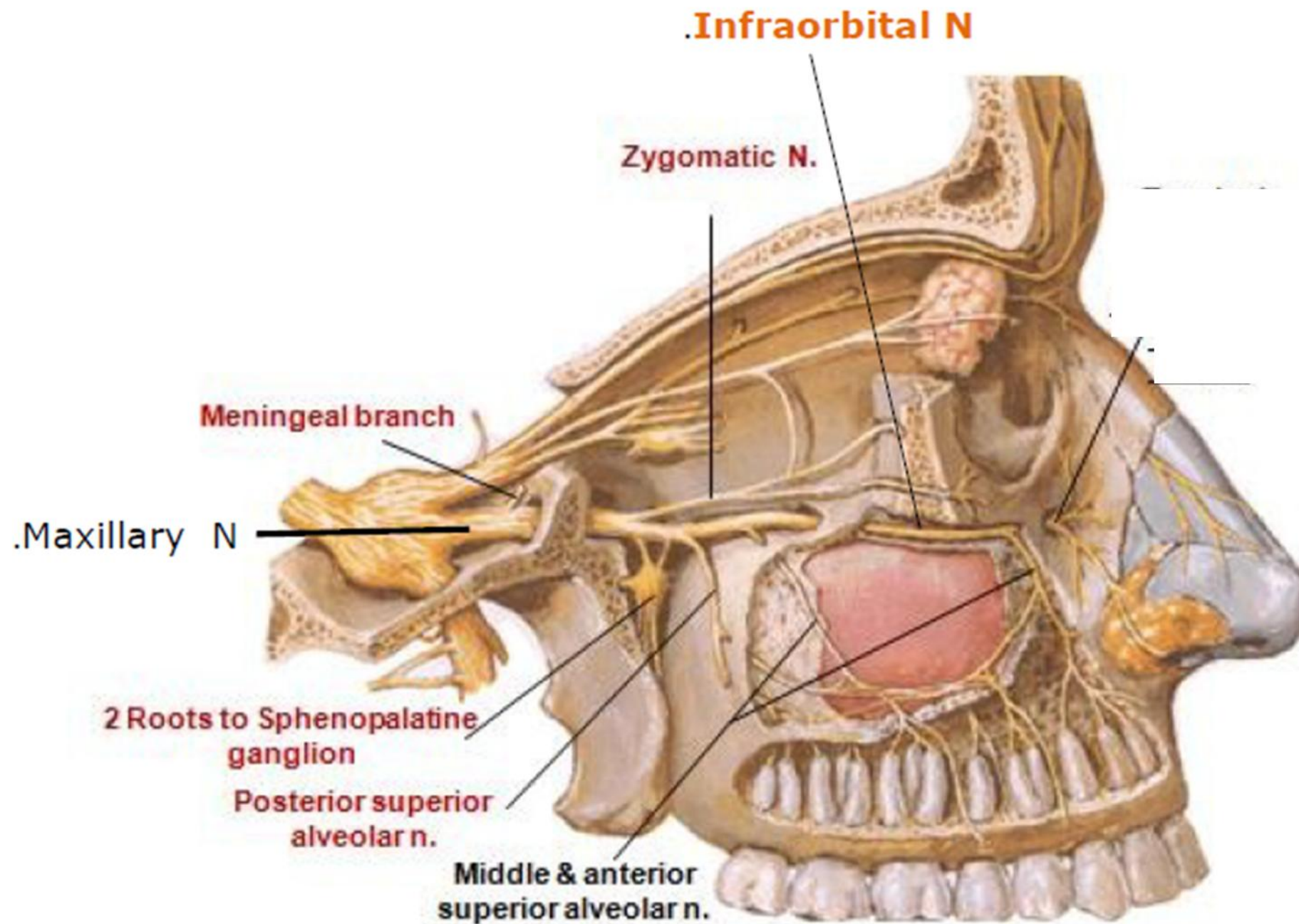




CN VII: Facial Nerve

- **Origin:** The **superior salivatory nucleus** which is a part of facial nucleus in the lower part of pons.
- **Course:** Preganglionic fibers from the superior salivatory, run via:
 1. ***Chorda tympani*** (facial nerve) and ***lingual nerve*** (mandibular nerve), and relay in **Submandibular Ganglion**.
 - Postganglionic nerve arises from submandibular ganglion supply ***submandibular and sublingual salivary glands and lingual glands***
 2. ***Greater petrosal nerve*** (facial nerve) and relay in **Pterygopalatine Ganglion**.
 - Postganglionic nerve arises from pterygopalatine ganglion supply ***Lacrimal glands and the glands of the soft palate and nasopharynx.***





.Infraorbital N

Zygomatic N.

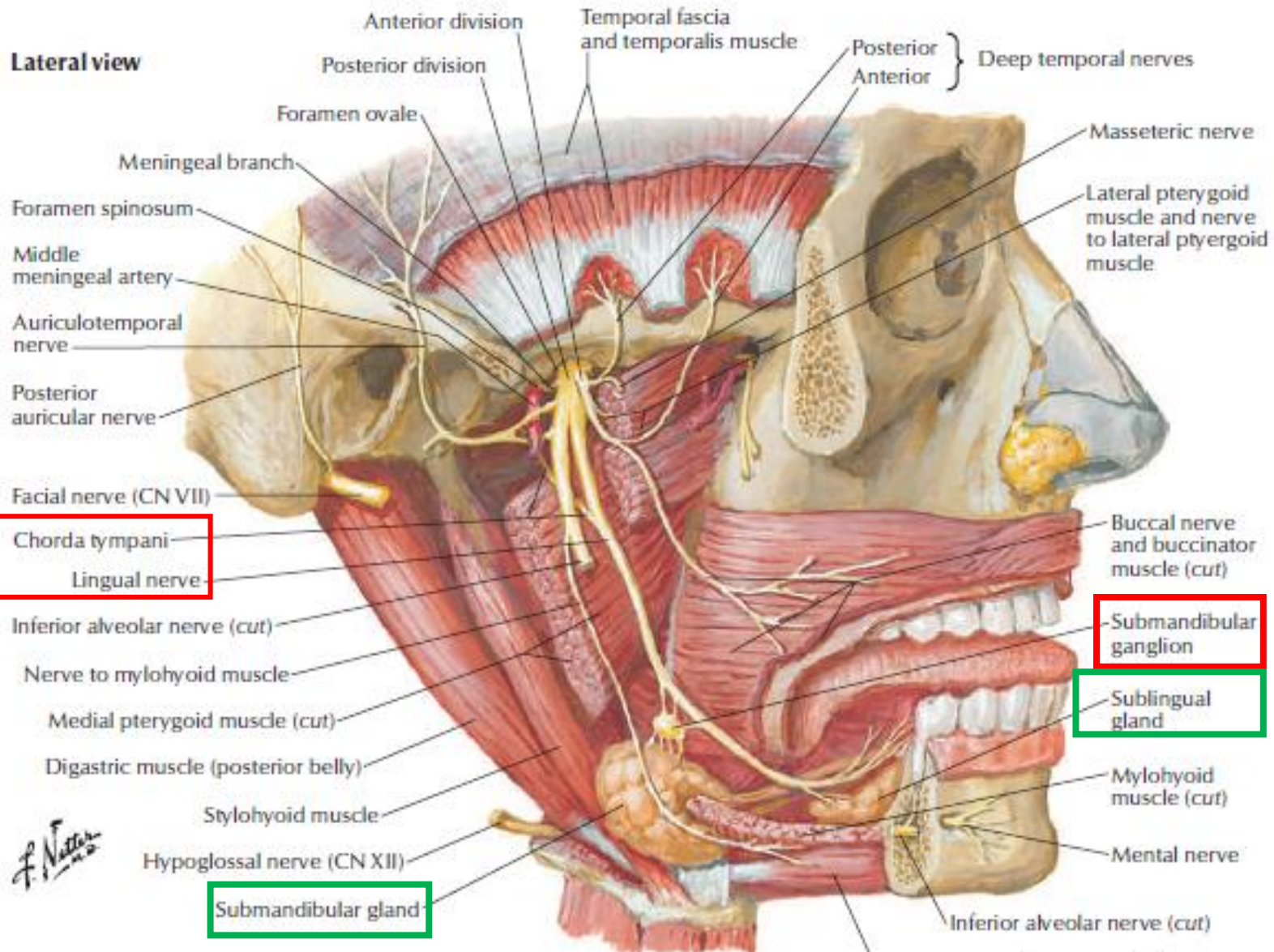
Meningeal branch

.Maxillary N

2 Roots to Sphenopalatine ganglion

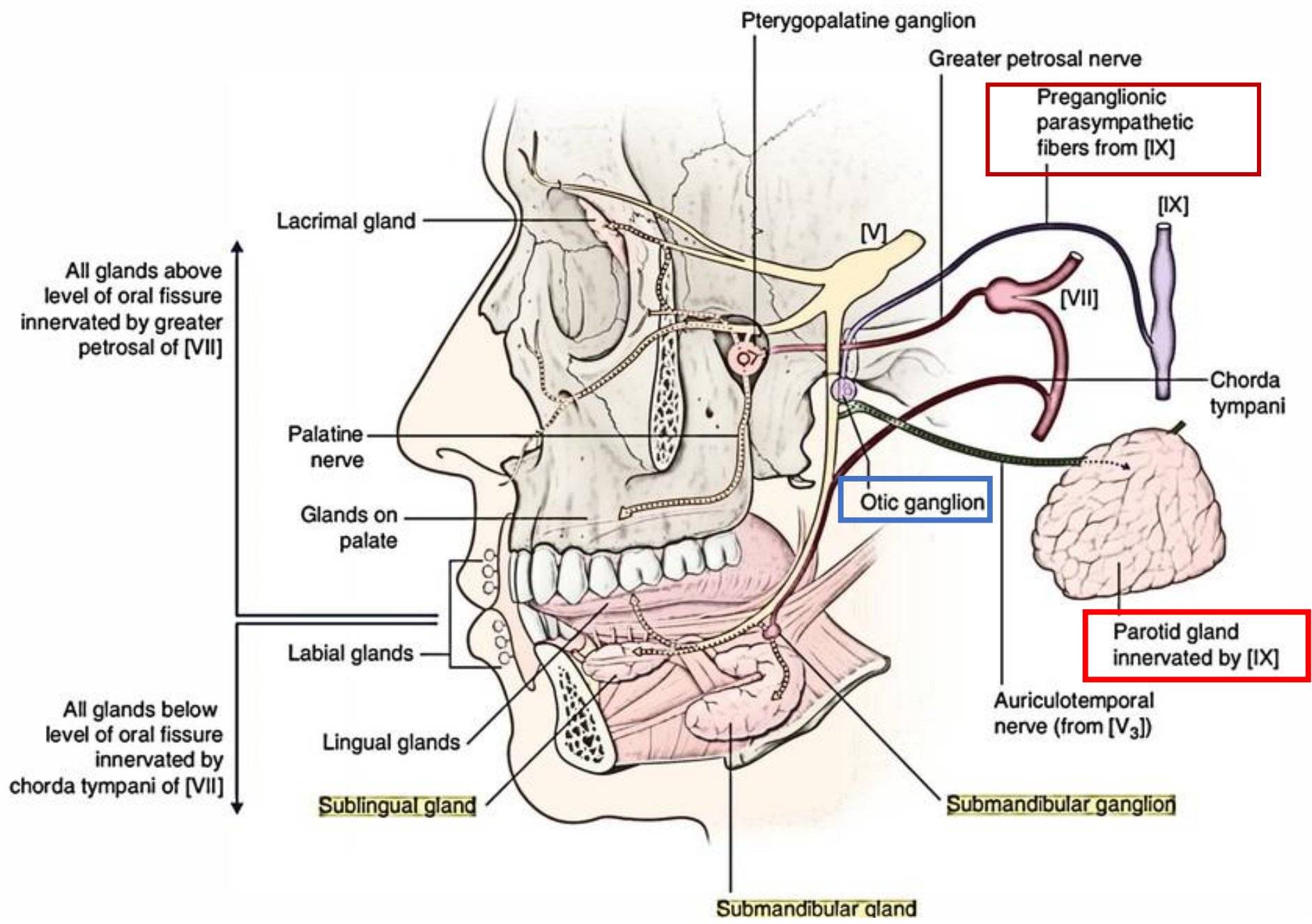
Posterior superior alveolar n.

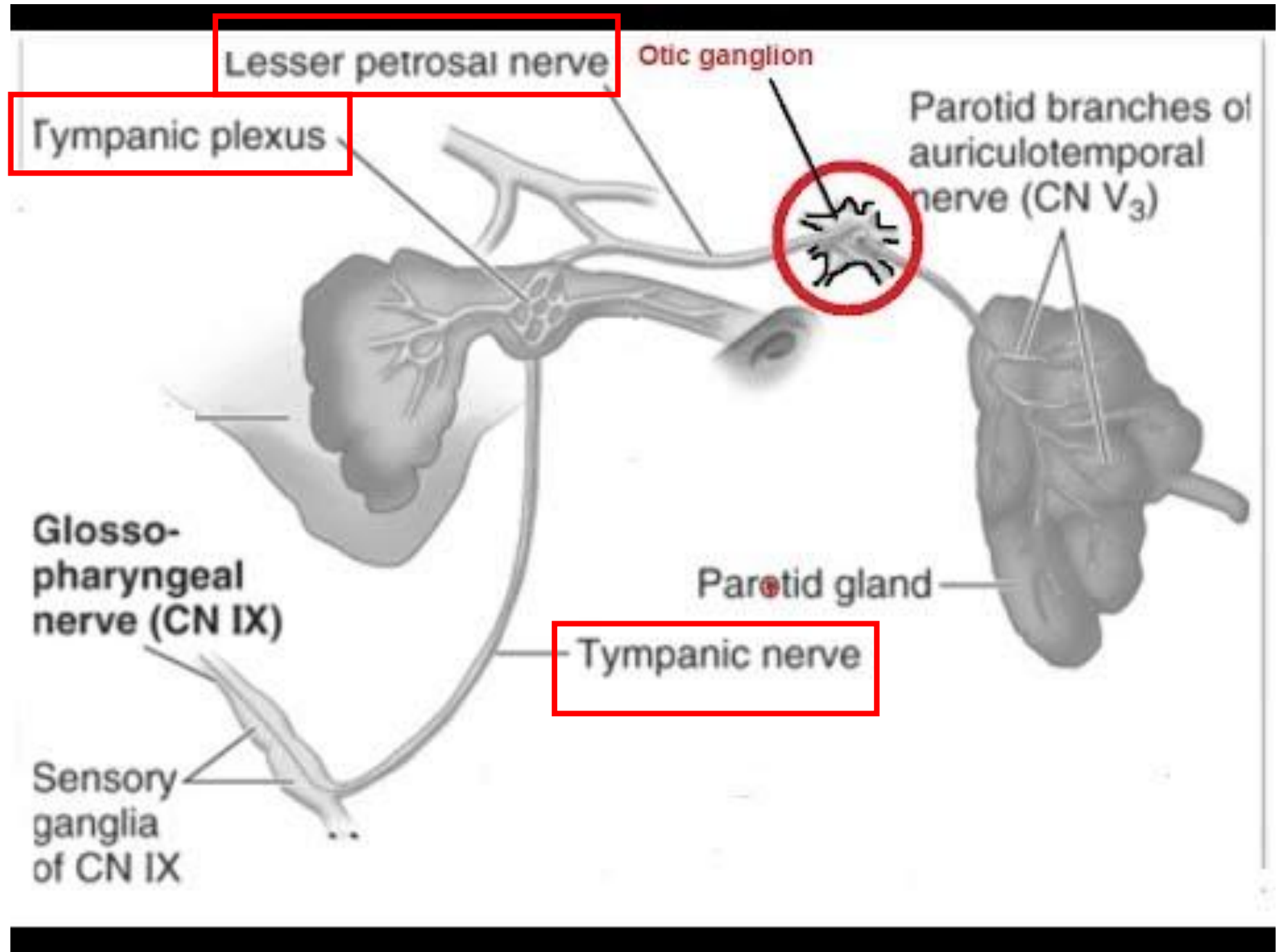
Middle & anterior superior alveolar n.



CN IX: Glossopharyngeal Nerve

- **Origin:** The preganglionic fibers originate in the **inferior salivatory nucleus** of the glossopharyngeal nerve.
- **Course:**
 - The preganglionic fibers run via *tympanic branch* and then pass via the *tympanic plexus* and the *lesser petrosal nerve* to the **Otic Ganglion**.
 - Postganglionic nerve fibers arise from otic ganglion run via *auriculotemporal nerve* and supply the *parotid salivary gland*.

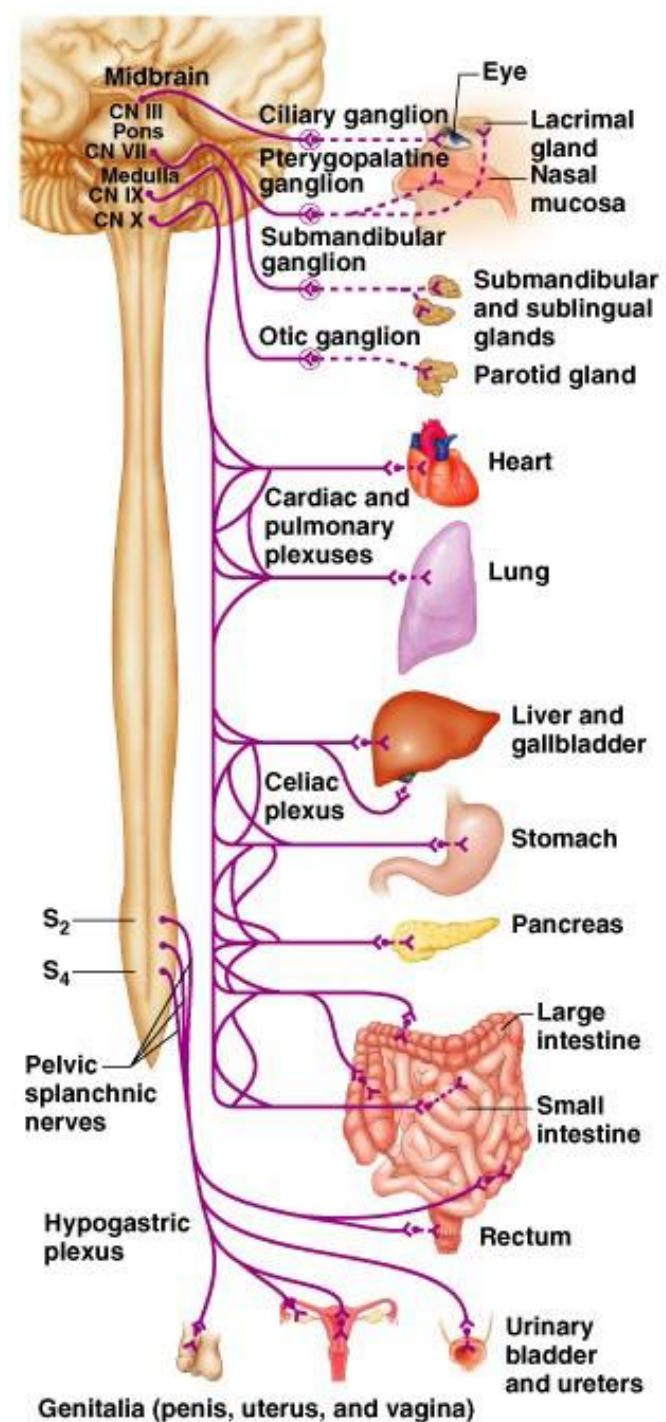


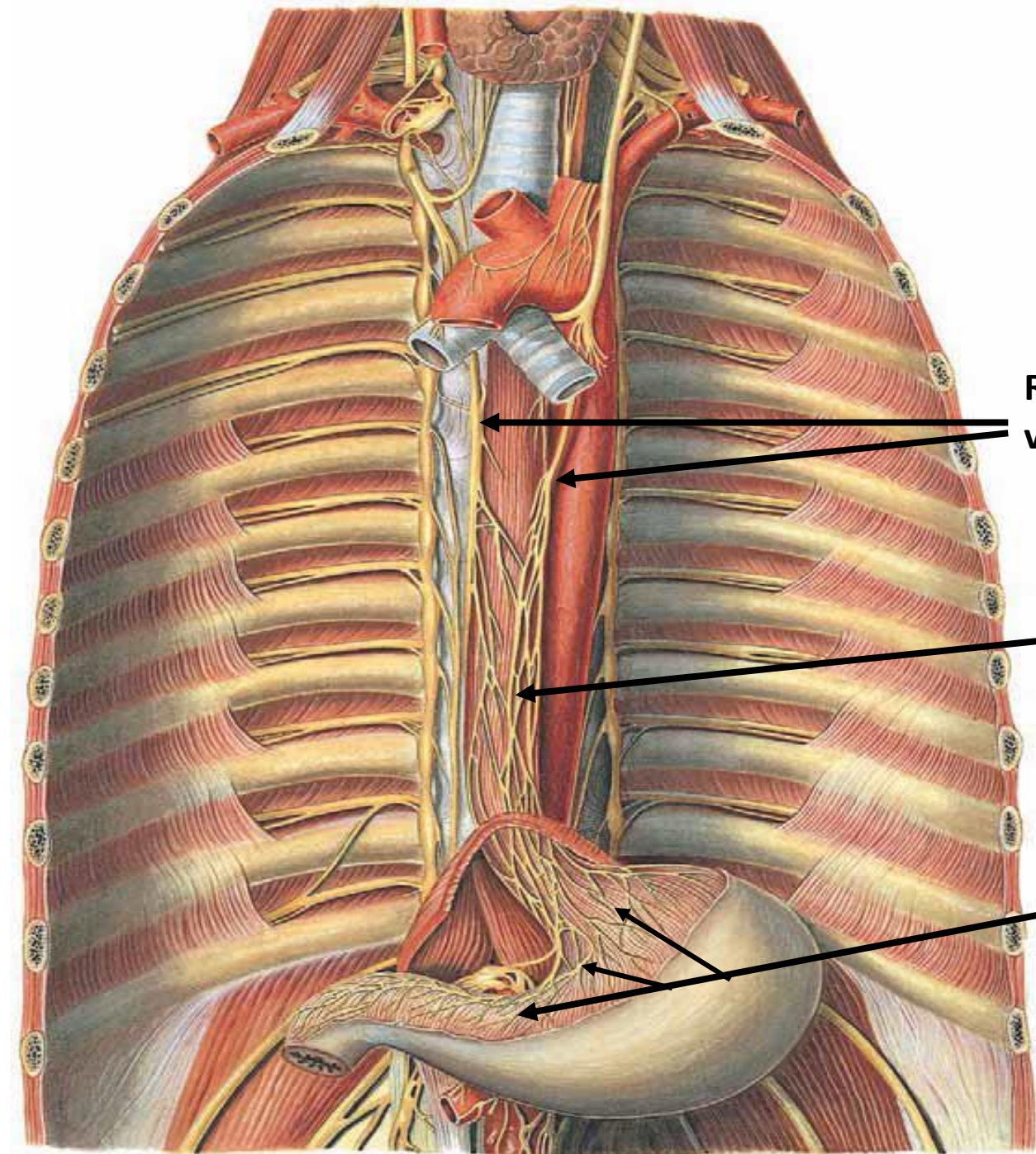


CN X: Vagus Nerve

- **Origin:** The preganglionic fibers originate in the **Dorsal vagus nucleus** in medulla oblongata
- **Course:**
 - The preganglionic fibers run via the vagus nerve the **terminal ganglia**.
 - Postganglionic nerve fibers arise from the terminal ganglia and supply the thoracic (*heart and lungs*) and abdominal viscera (*Digestive organs*).

Parasympathetic Pathways

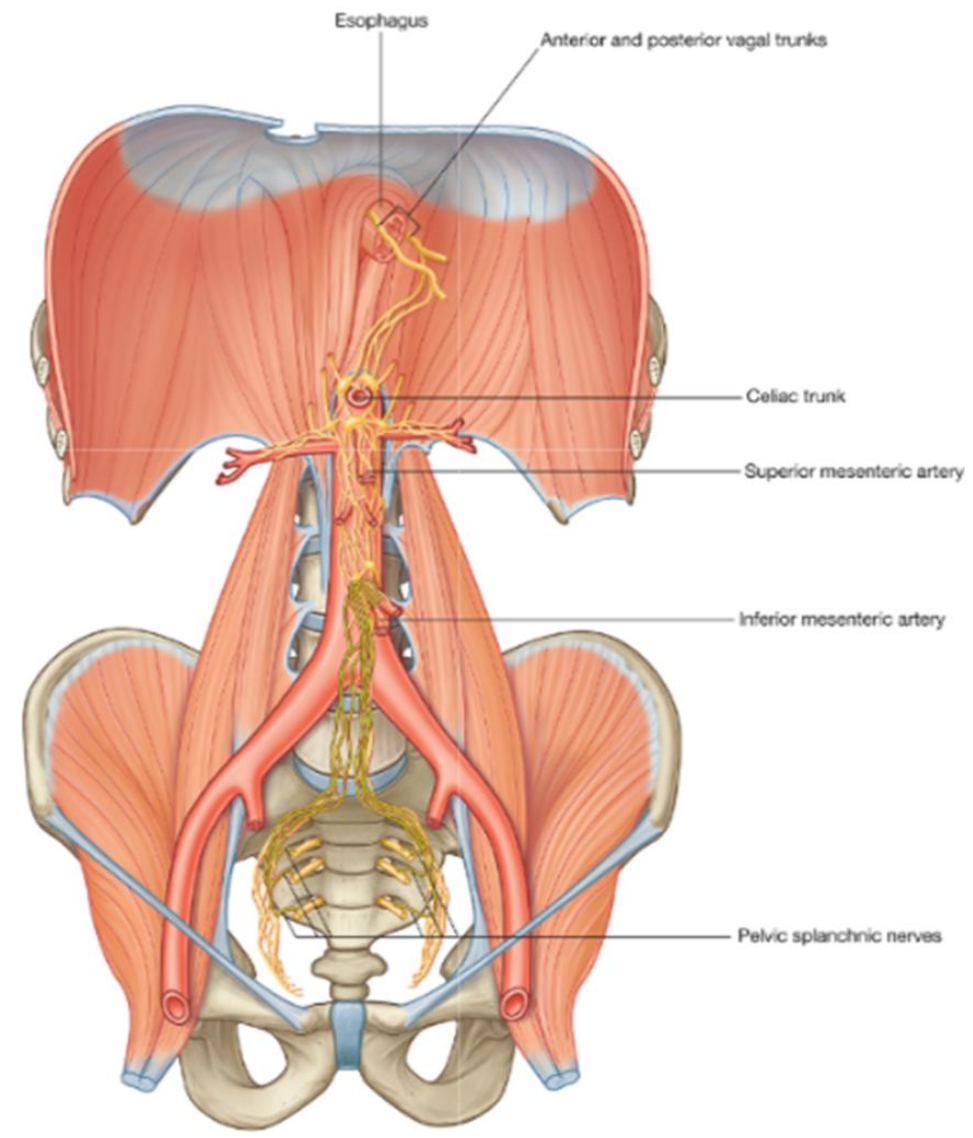




Right and left
vagus nerves

Esophageal
plexus

Anterior gast
plexus



Esophagus

Anterior and posterior
vagal trunks

Celiac trunk

Superior mesenteric artery

Inferior mesenteric artery

Pelvic splanchnic nerves

Parasympathetic Pathways

Sacral Outflow

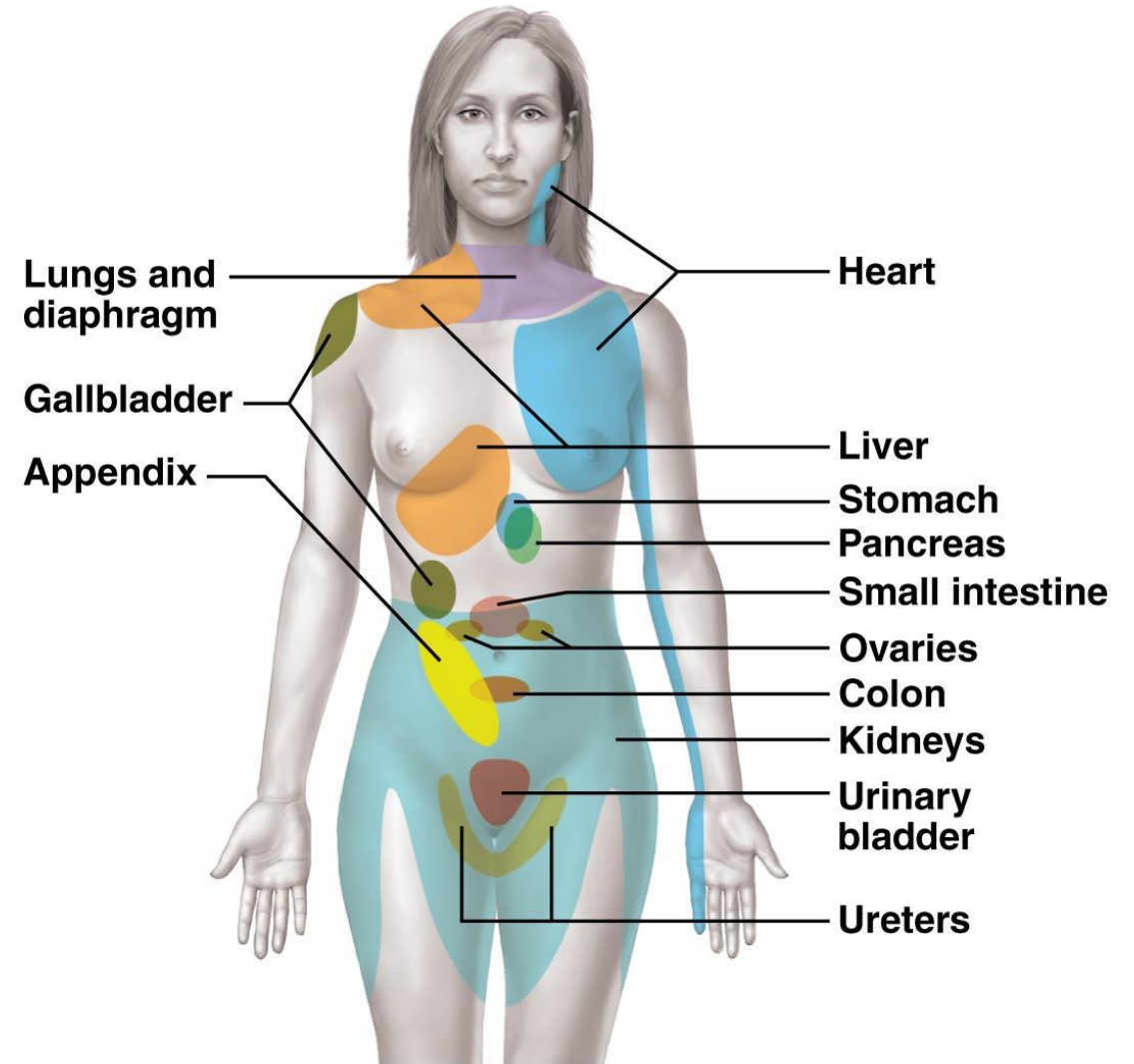
- **Origin:** Preganglionic nerve fibers arise from the **lateral horn cells of the 2nd, 3rd and 4th sacral segments.**
- **Course:** These preganglionic passes form the *pelvic nerves* which relay in the **terminal ganglia**, where the postganglionic nerve fibers emerge and supply the *descending colon and rectum, urinary bladder, seminal vesicles, prostate, and erectile tissue.*

Visceral Sensory Neurons

- Monitor temperature, pain, irritation, chemical changes and stretch in the visceral organs.
 - Brain interprets as hunger, fullness, pain, nausea,
- Receptors widely scattered – localization poor (e.g. which part is giving you the gas pain?)
- Visceral sensory fibers run within autonomic nerves, especially vagus and sympathetic nerves
 - Sympathetic nerves carry most pain fibers from visceral organs of body trunk
- **Simplified pathway:** *sensory neurons* to *spinothalamic tract* to *thalamus* to *cerebral cortex*

Referred Pain: **Important to Know**

- Pain in visceral organs is often perceived to be somatic in origin.
- This may be due to the fact that visceral pain afferents travel along the same pathways as somatic pain fibers.

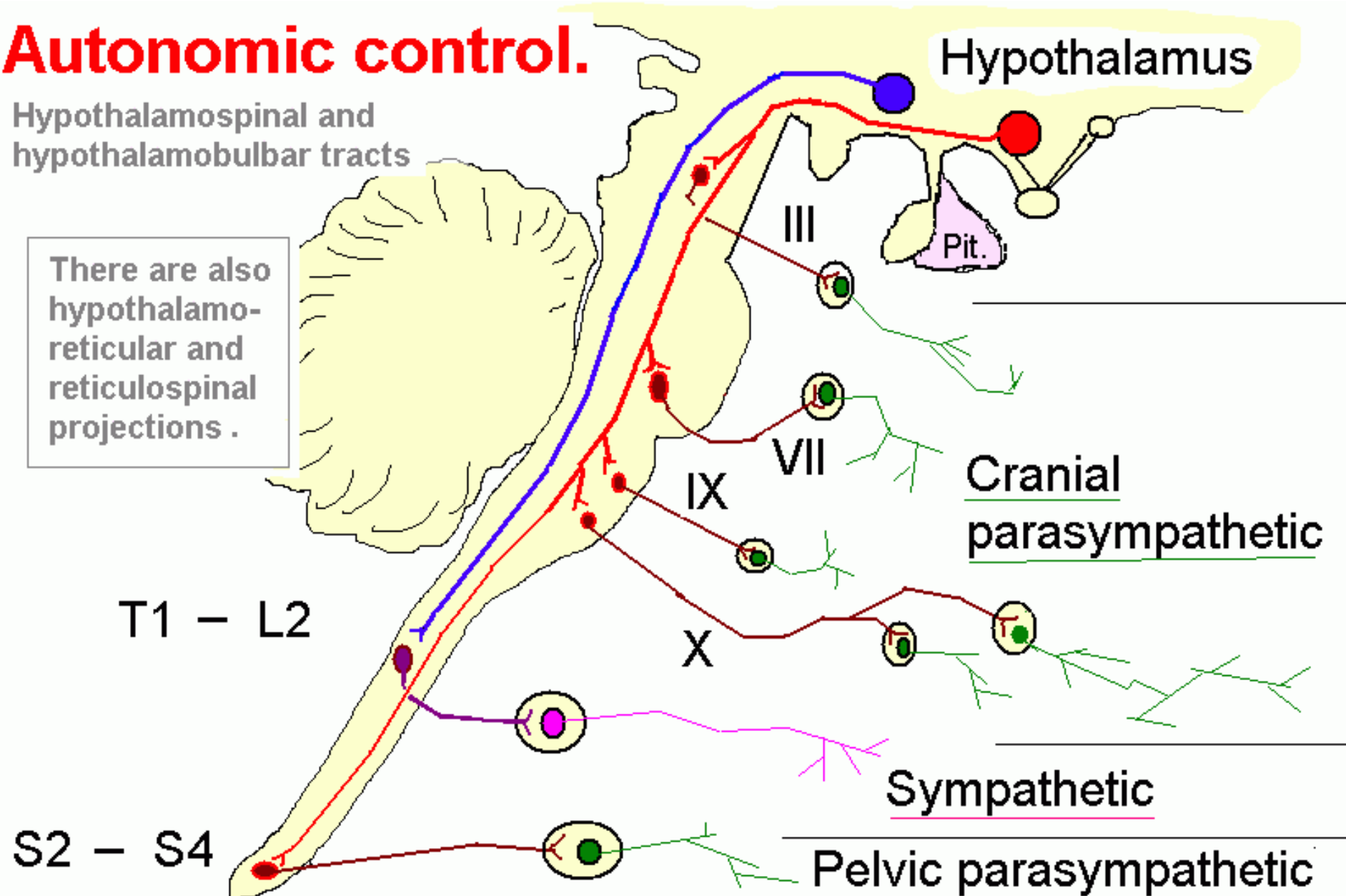


Control of ANS

Autonomic control.

Hypothalamospinal and hypothalamobulbar tracts

There are also hypothalamo-reticular and reticulospinal projections .



Thank You

Ayman.alzubi@yu.edu.jo