

CNS Module

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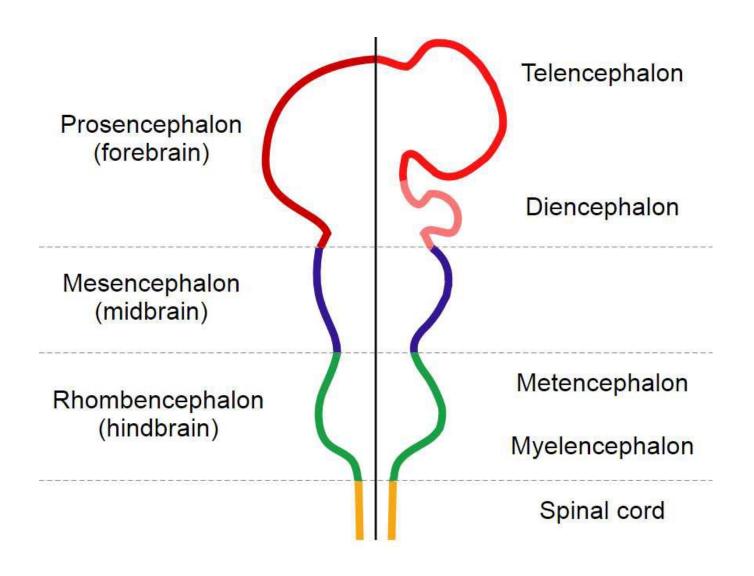




By the end of this session, you should be able to :

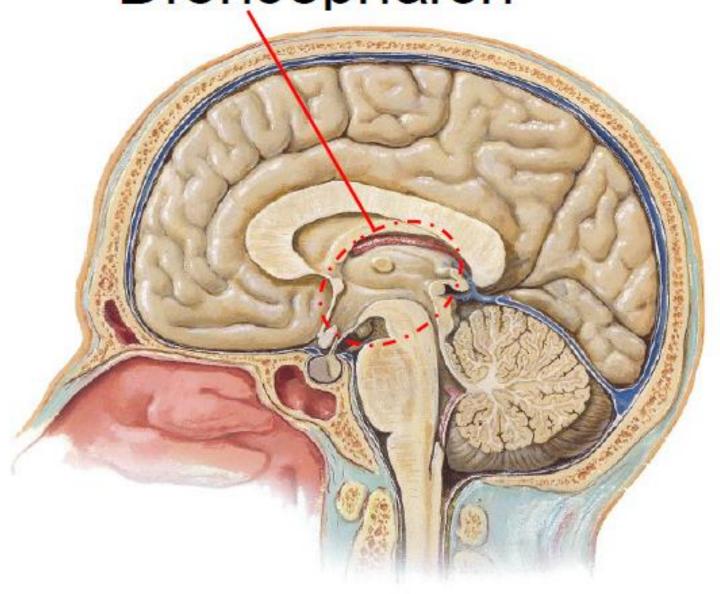
1. Know the precise location of the diencephalon, its parts, relations to near by structures

 Identify the most relevant connections with its parts



- Site: It is the part of the forebrain which lies above the midbrain, between the lower parts of the 2 cerebral hemispheres.
- Consists of
 - Thalamus
 - Subthalamus
 - Hypothalamus
 - Epithalamus
- The third ventricle lies between the 2 halves of the diencephalon.

Divisions	Subdivisions
Pars dorsalis Thalamus (dorsal thalamus) Metathalamus Epithalamus	Medial and lateral geniculate bodies Pineal gland (body), habenular nuclei and commissure, and posterior commissure
Pars ventralis	
 Subthalamus (ventral thalamus) Hypothalamus 	Subthalamic nucleus, and zona inserta

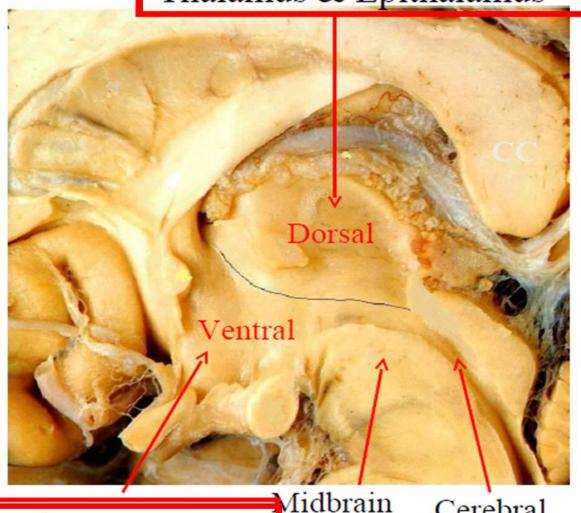


Dorsal part

Thalamus & Epithalamus

On the medial surface, the diencephalon is subdivided, by hypothalamic sulcus (indicated by black line) into:

- Dorsal part:
- Ventral part:



Ventral part

Subthalamus & Hypothalamus

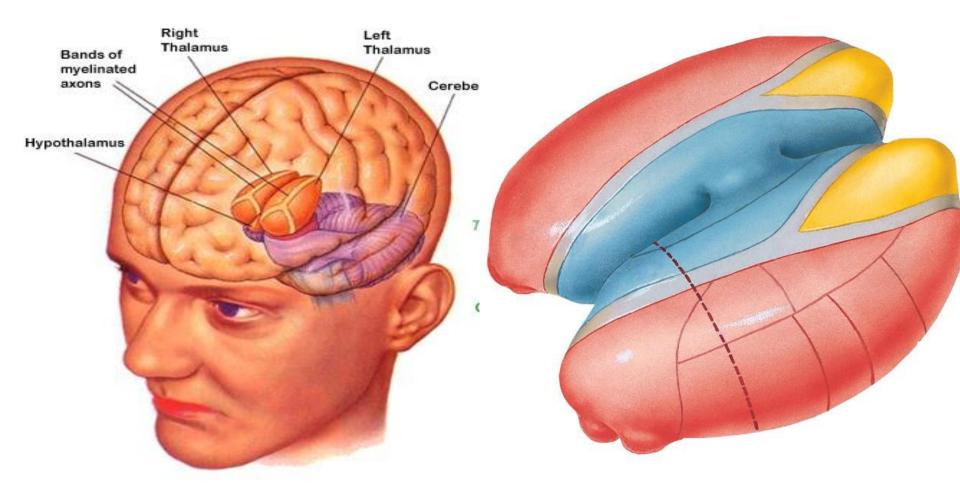
Cerebral aqueduct



Definition: The thalamus is a large, paired, ovoid mass of gray matter, forms the upper 2/3 of the lateral wall of the third ventricle.

The two thalami are connected across the midline in about 70% of humans through the interthalamic adhesion (not an actual connection).

It **relays all sensations EXCEPT Smell**. It also relays motor and limbic impulses going to the cerebral cortex.

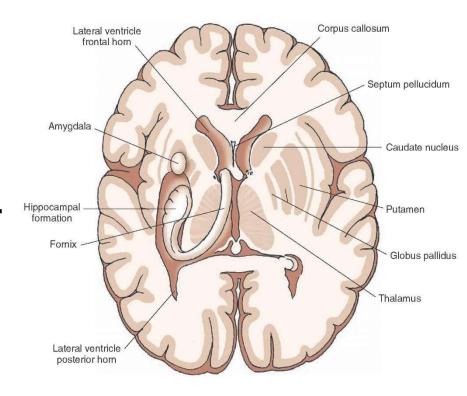


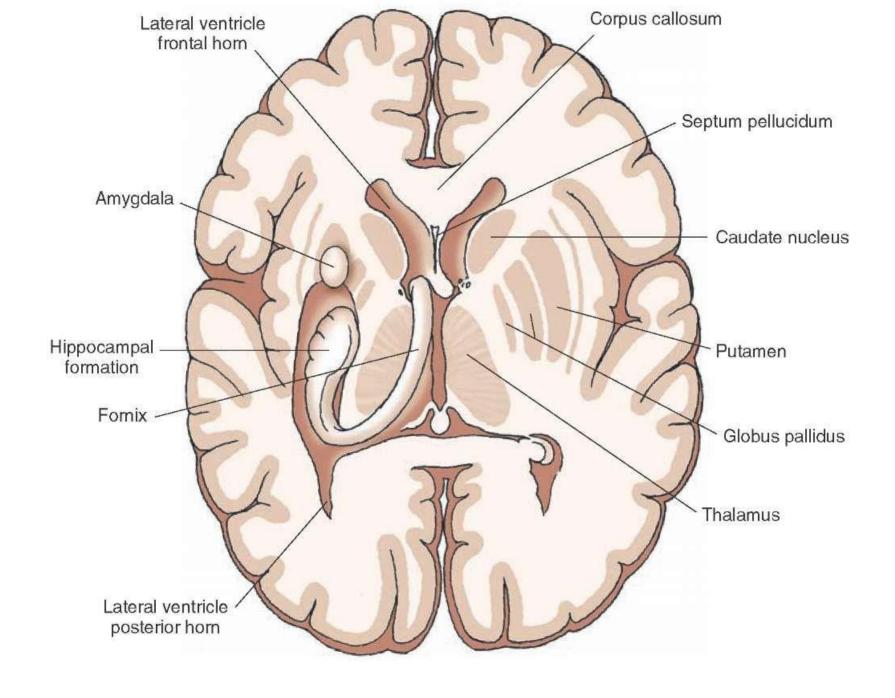


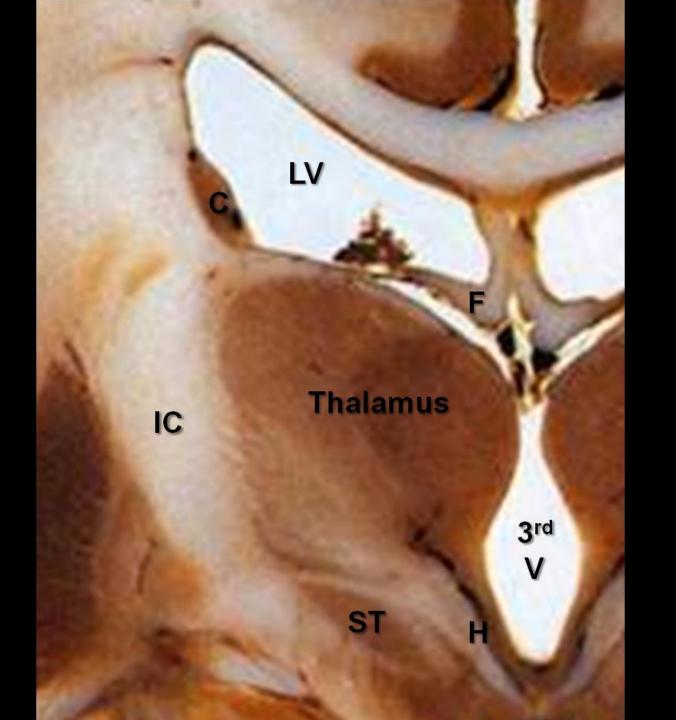
Relations

Lateral: Posterior limb of the internal capsule (IC)

Medial: Together with hypothalamus, forms the lateral wall of the 3rd ventricle







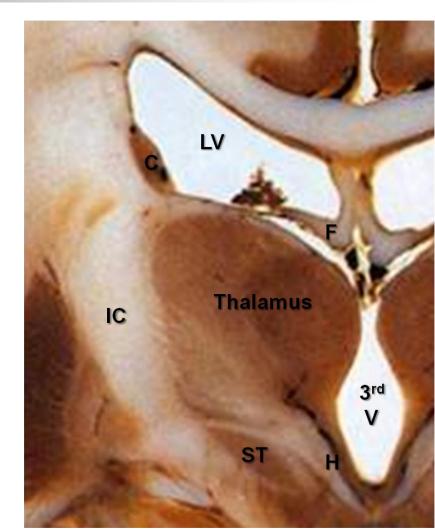


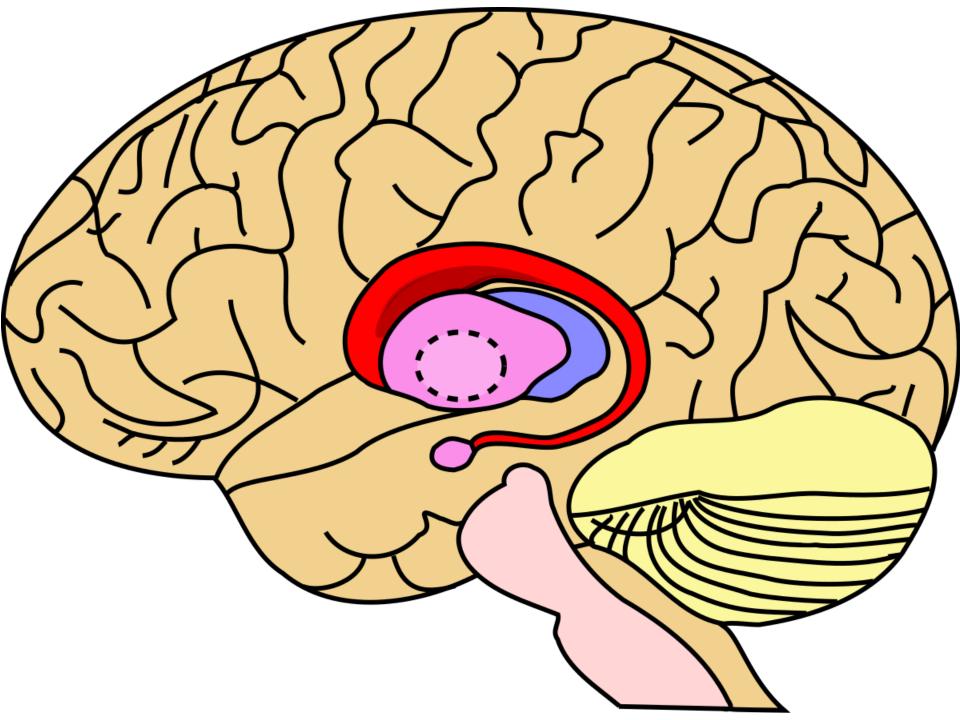
Relations

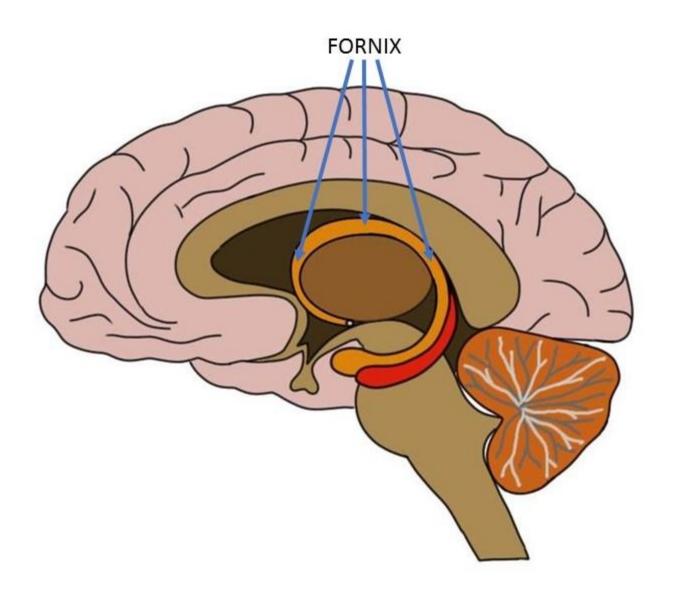
Superior: Caudate nucleus (C) fornix (F) & lateral ventricle (LV)

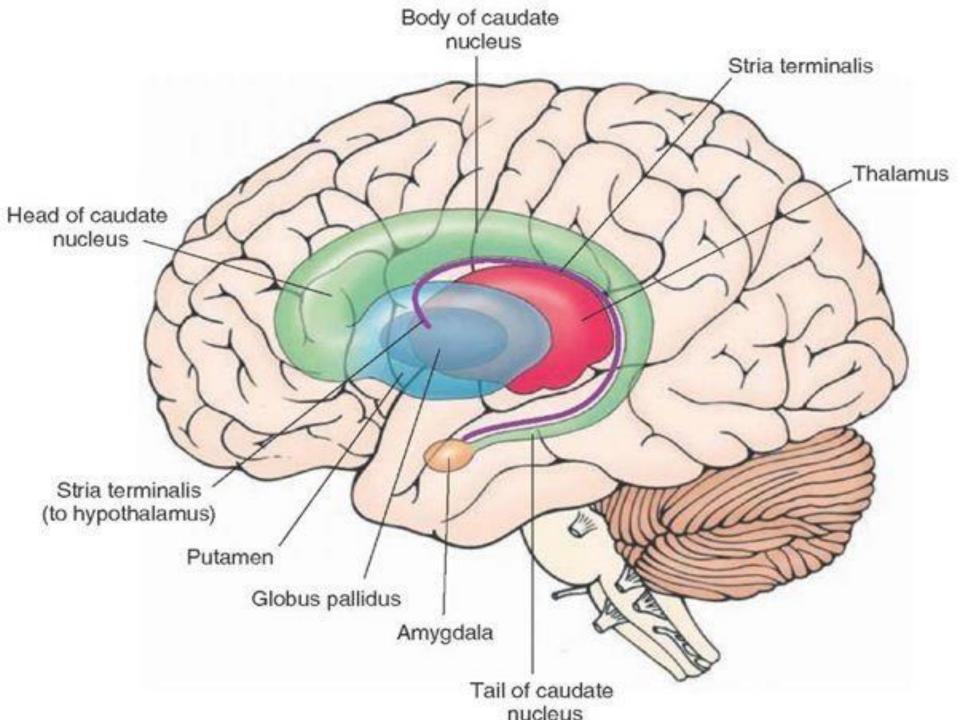
Inferior:

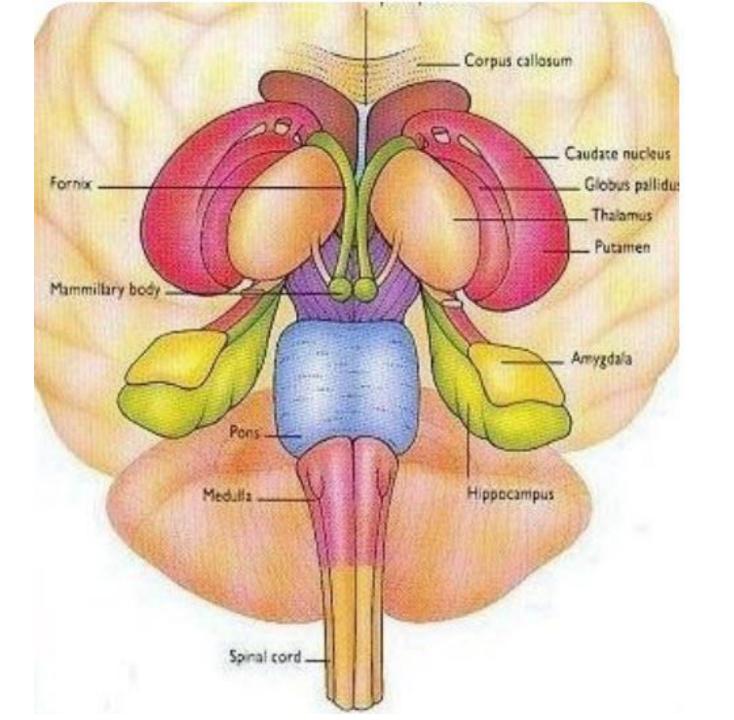
Hypothalamus (H) anteromedially & Subthalamus (ST) posterolaterally.













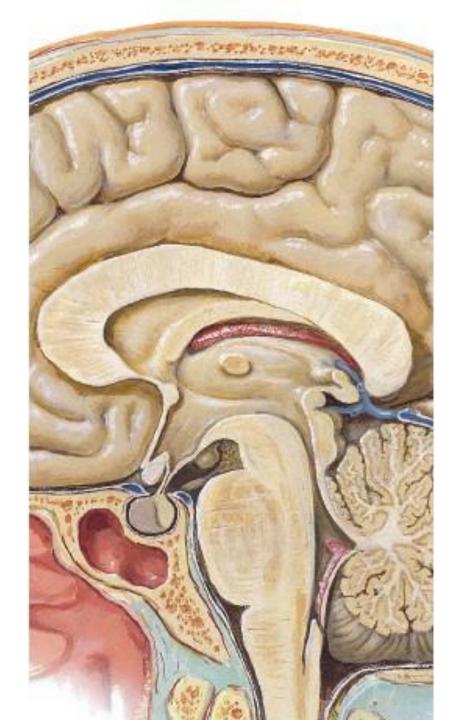
External Features of Thalamus

Thalamus has 2 ends:

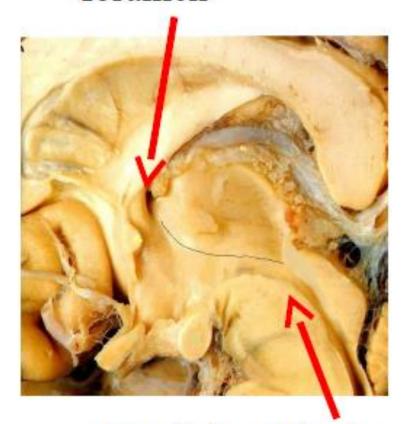
Anterior end of the thalamus is narrow and rounded, which lies just behind the interventricular foramen

Posterior end is expanded to form the pulvinar, which lies above the superior colliculus of midbrain

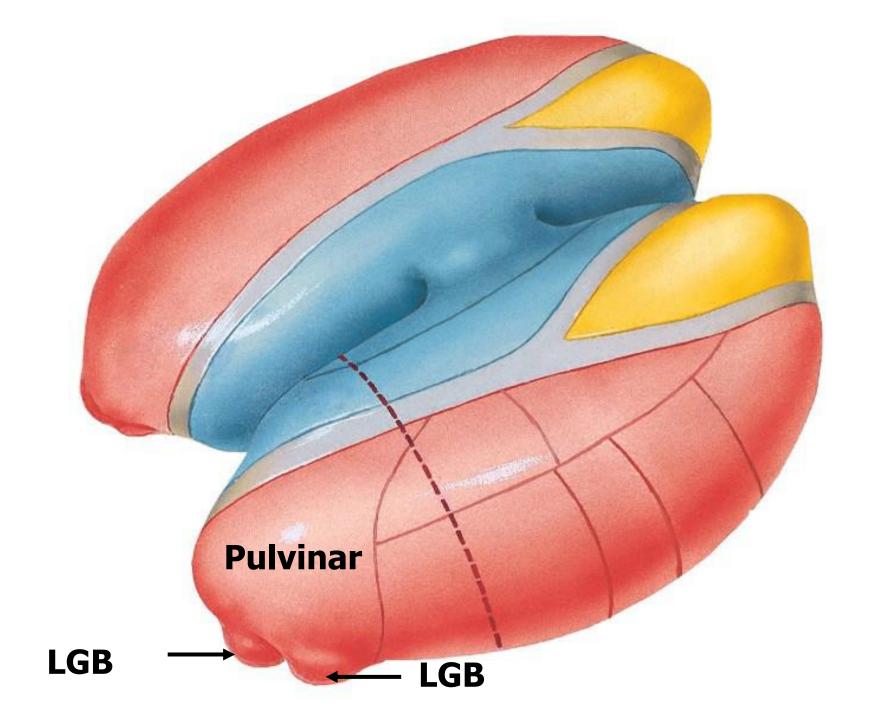
Lateral & medial geniculate bodies bulge out from pulvinar

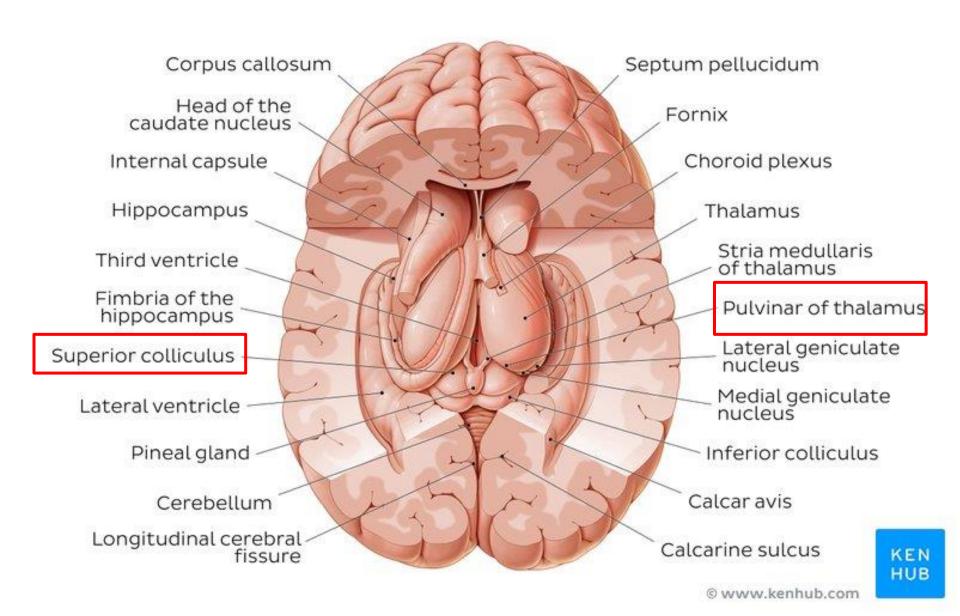


Rostrally interventricular foramen



Caudal: midbrain







Relations

Thalamus has 4 surfaces:

1. Lateral

2. Medial

- 3. Superior
- 4. Inferior



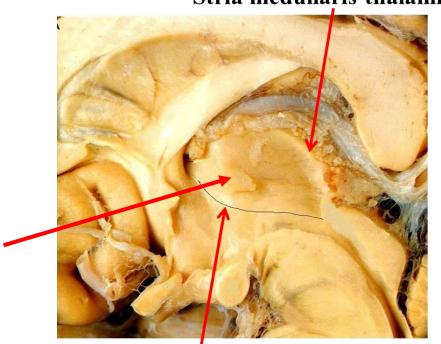


Medial Surface

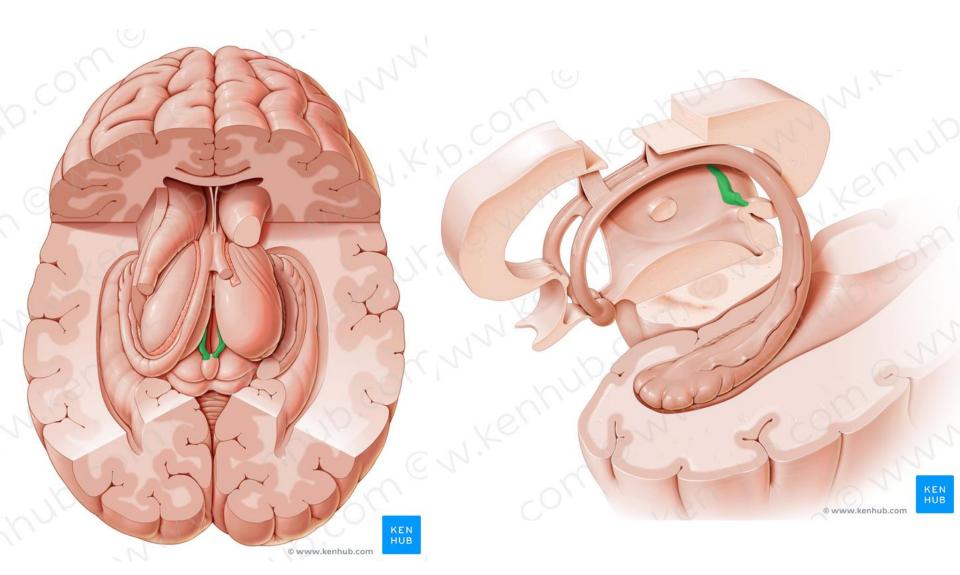
- Forms the upper 2/3 of the lateral wall of the third ventricle.
- It is lined by ependyma (neuroepithelial lining of the ventricular system)
- Stria medullaris thalami (bundle of nerve fibers) courses along its dorsomedial margin.
- The two thalami are connected across the midline through the interthalamic adhesion.
- Inferiorly is limited by hypothalamic sulcus



Stria medullaris thalami



Hypothalamic sulcus



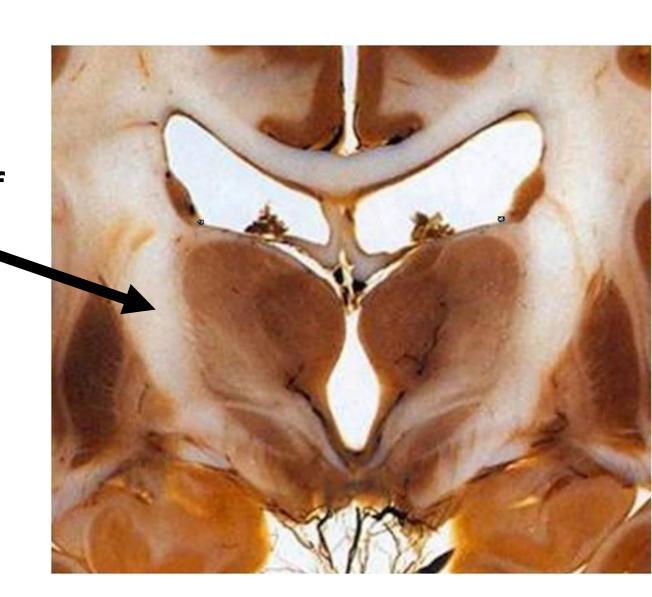


Lateral Surface of Thalamus

The lateral surface of the thalamus is coated by a layer of myelinated fibers named **external medullary lamina** that divides lateral surface with the reticular nuclei.

It is related to the **posterior limb of the internal capsule**

Posterior limb of the internal capsule





Superior Surface of Thalamus

It is covered by thin layer of white matter called **stratum zonale.**

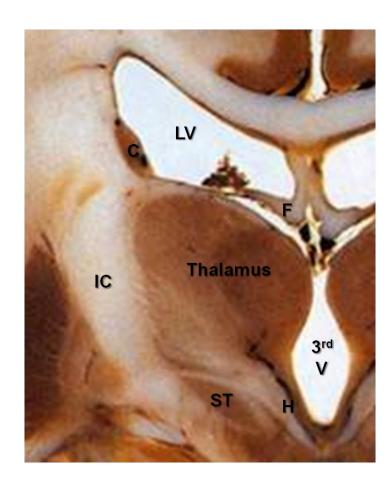
Lateral part lies in the floor of the lateral ventricle and covered by **ependyma.**





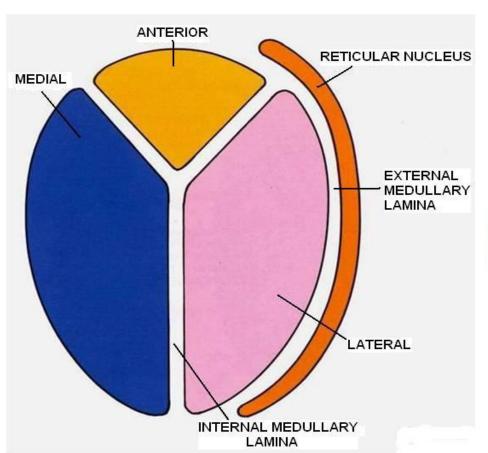
Inferior Surface of Thalamus

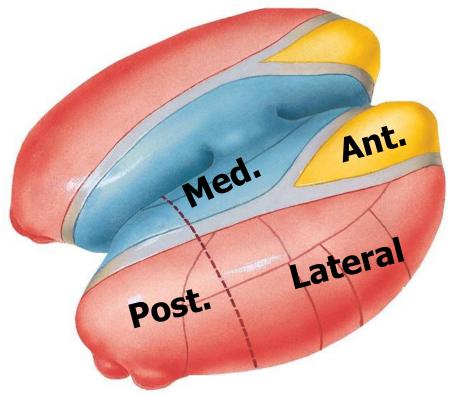
The inferior surface rest on hypothalamus (H) and subthalamus (ST).

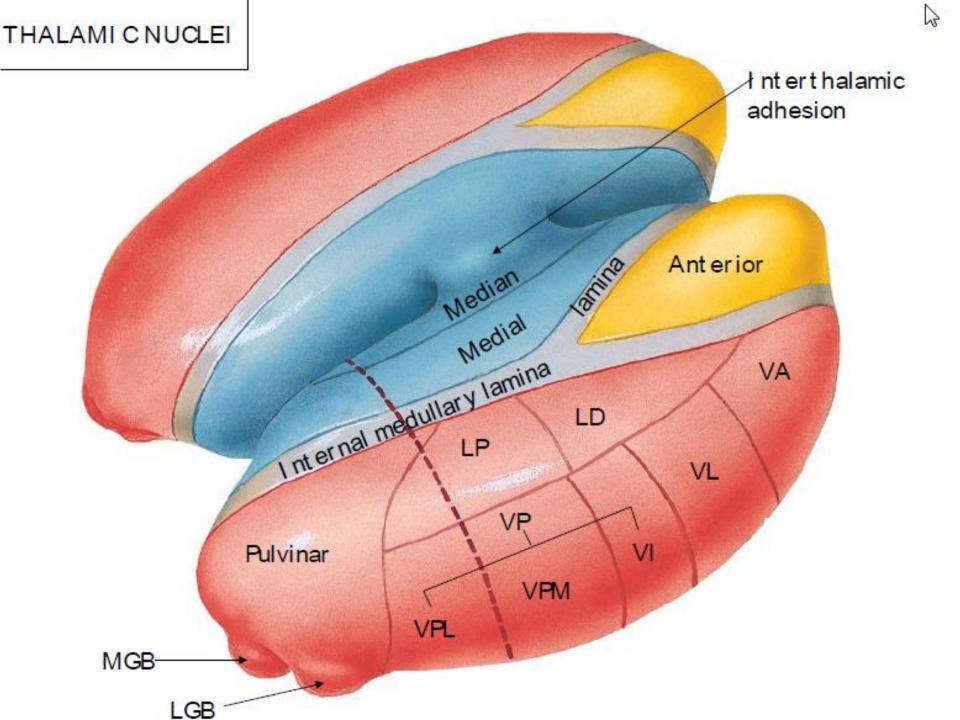


Thalamic Nuclei

- Thalamus is composed of grey matter, interrupted by 2 sheaths of white matter called medullary laminae
- External medullary lamina located laterally, separates reticular nucleus (on the lateral wall) from the rest of the thalamic mass.
- Y shaped internal medullary lamina divides the thalamus into three parts:
 - Anterior
 - Medial
 - Lateral
- Each part contains several more nuclei







Thalamic Funtions

1. Sensory fonctions.

2. Motor fonctions.

3. Integration fonctions.

4. Arousal fonction.

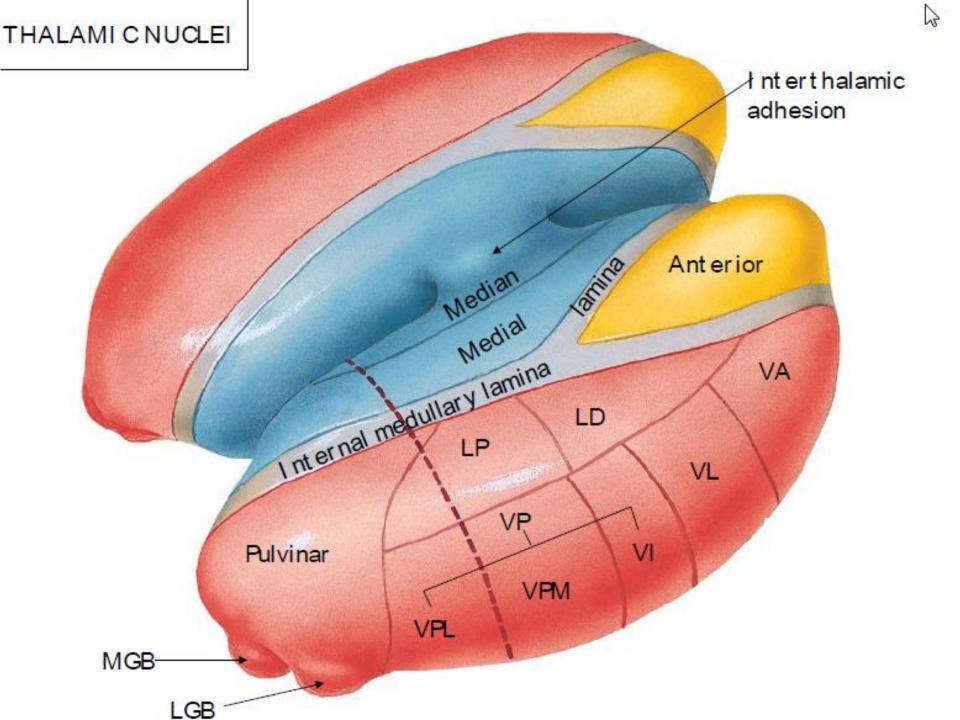
Sensory Functions

It is a sensory relay station:

All ascending sensory pathways before reaching, the cerebral cortex relay in the thalamus specially those carrying fine epicritic sensations (fine touch and temperature sensation) from opposite side of the body

1. Somatic sensory:

Pathways relay in VPL and VPM nuclei of the opposite side, where those from the body relay in V.P.L and those from the head and the face plus taste relay in VPM





Sensory Function

2. Special sensations:

Vision: the optic fibers from both retina reach LGB and projected to the visual cortex.

Hearing: auditory fibers from both ears relay in MGB before reaching the auditory cortex.

Olfaction: recently, olfactory pathway has found to pass through the dorsomedial nucleus to the orbitofrontal cortex.



Sensory Function

3. Gating of the ascending sensory information:

Nerve fiber impulses are transmitted back from the cerebral cortical sensory areas to the thalamic relay nuclei which already project to these areas.

This *cortical-feedback is inhibitory*, and it decreases transmission through these nuclei particularly *when* the *sensory input is very high*, and the sensory system is overloaded with sensory input



Sensory Function

Thalamus as a sensory center:

The discrimination of many sensory impulses occurs in the thalamus, but the *sensations felt are crude in nature* eg: diffuse pain, crude touch & extremes of temperature change.

Motor Functions

- The VA and VL nuclei relay motor signals from the BG and cerebellum to the motor and premotor areas of the frontal lobe to control their functions.
- The VPL nucleus relays tactile and proprioceptive signals to the motor cortex. This provides sensory information about position and movements of the different parts of the body.
- The non-specific nuclei adjust the general level of excitability of the motor cortex.

Association and Integration Functions

- The anterior and medial nuclei together with hypothalamus and limbic system play a role in integrating the visceral and somatic motor responses evoked during emotional reactions with incoming sensory signals.
- The reciprocal connection between the DM nucleus of the thalamus and prefrontal areas may play a role in the coding, storing and recalling of memory.

Arousal Function

■ The non-specific thalamic nuclei receive excitatory signals from the RAS of the brain stem, and project it to almost all areas of the cerebral cortex, producing arousal and wakefulness

Thalamic Nuclei

- Nuclei of the anterior group: they form part of the limbic system (a system concerning with emotion and motivation).
- Nuclei of the lateral group: they form feedback loops with the limbic system and the parietal lobes of the cerebral hemispheres. They are concerned with integration of sensory information and influencing emotional states.



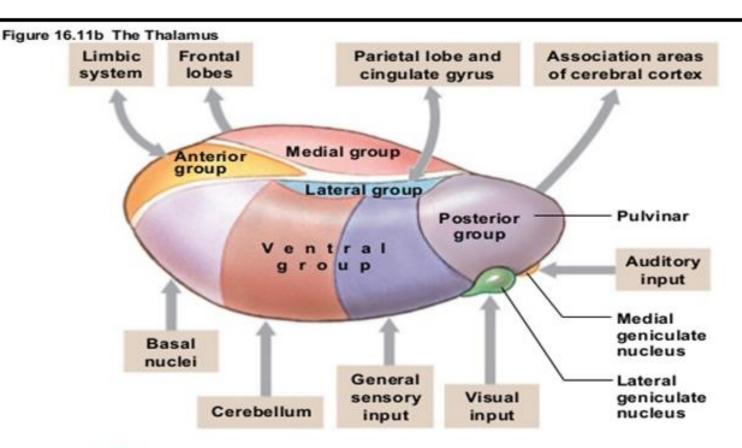
 Nuclei of the medial group: they receive and relay sensory information from other parts of thalamus.

They also provide awareness of emotional states by making connections between emotional centers of the hypothalamus and frontal lobes of the cerebral hemispheres.

Thalamic Nuclei

- Nuclei of the *ventral group*: they *relay information* from *basal nuclei* and *cerebellum* to *somatic motor* areas of the cerebral *cortex*, and also relay sensory information about (touch, pressure, pain, temperature, and sense of position) to the sensory areas of the cerebral cortex.
- The <u>posterior group</u>: includes <u>pulvinar</u> and <u>geniculate</u> <u>nuclei (MGB-LGB)</u>
- Pulvinar nuclei: integrate sensory information for projection to association areas of the cerebral cortex.

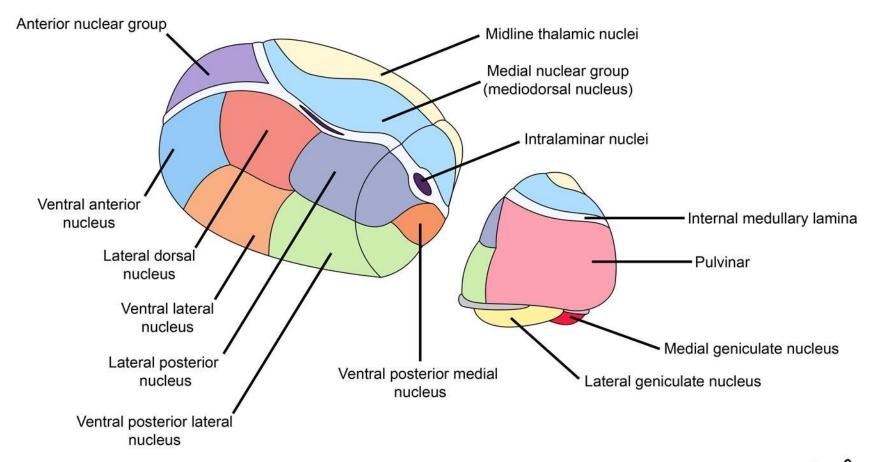
TABLE 14-5 The Thalamu	S
Group/Nuclei	Function(s)
ANTERIOR GROUP	Part of the limbic system
MEDIAL GROUP	Integrates sensory information for projection to the frontal lobes
VENTRAL GROUP	Projects sensory information to the primary sensory cortex; relays information from cerebellum and basal nuclei to motor area of cerebral cortex
POSTERIOR GROUP	
Pulvinar	Integrates sensory information for projection to association areas of cerebral cortex
Lateral geniculate nuclei	Project visual information to the visual cortex
Medial geniculate nuclei	Project auditory information to the auditory cortex
LATERAL GROUP	Integrates sensory information and influences emotional states

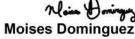


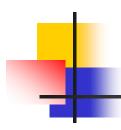
Enlarged view of the thalamic nuclei of the left side. The color of each nucleus or group of nuclei matches the color of the associated cortical region. The boxes either provide examples of the types of sensory input relayed to the basal nuclei and cerebral cortex or indicate the existence of important feedback loops involved with emotional states, learning, and memory.

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Thalamus







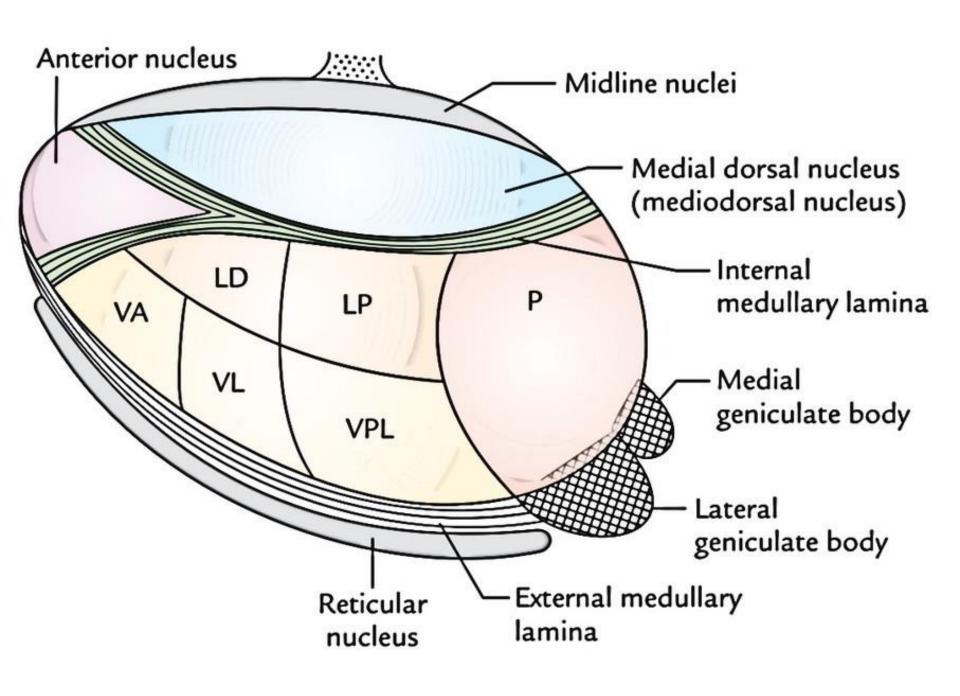
Reticular Nucleus

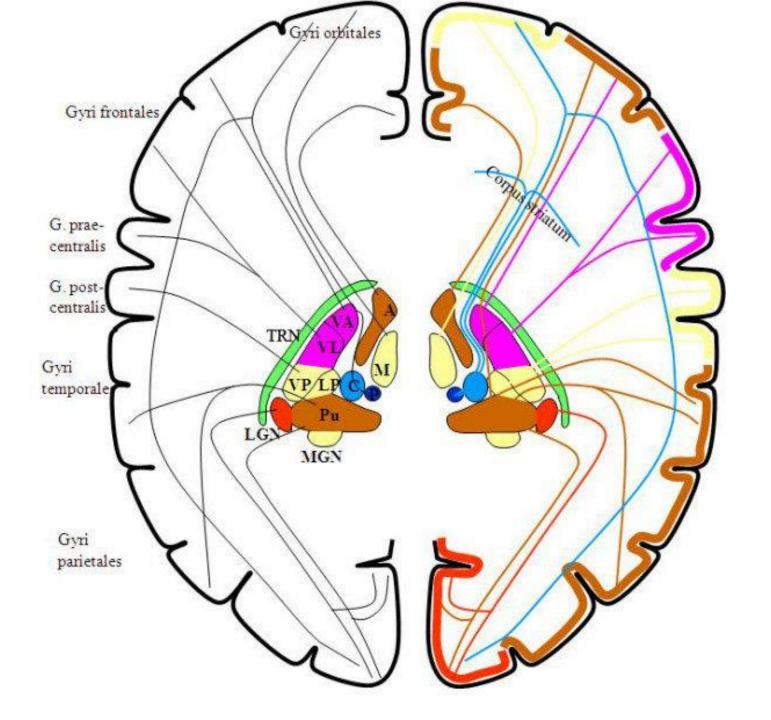
Thin layer of nerve cells between the external medullary lamina and the posterior limb of the internal capsule.

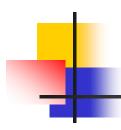
Afferent from the **cerebral cortex and the reticular formation**, and its **efferent** is mainly to **other thalamic nuclei**.

This is the only thalamic nucleus that does not project to the cerebral cortex.

Function: Modulates the activity of other thalamic nuclei.





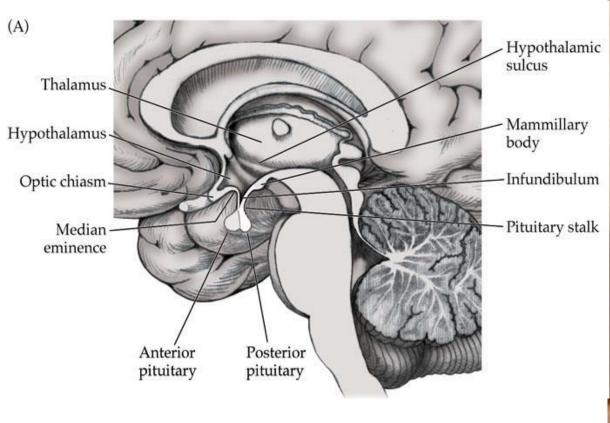


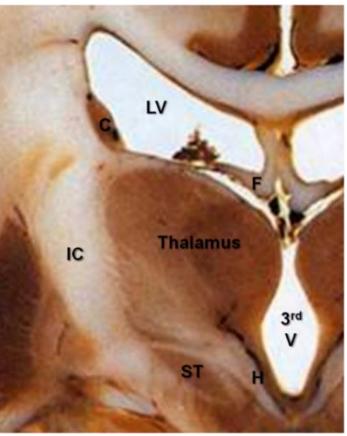
Hypothalamus

The hypothalamus is the part of the diencephalon lies *below the thalamus*, and ventromedial to subthalamus.

Forms the *floor* and the *lower part of* the *lateral wall* of the *third ventricle*.

Extends from the region of the optic chiasma to the caudal border of the mammillary bodies







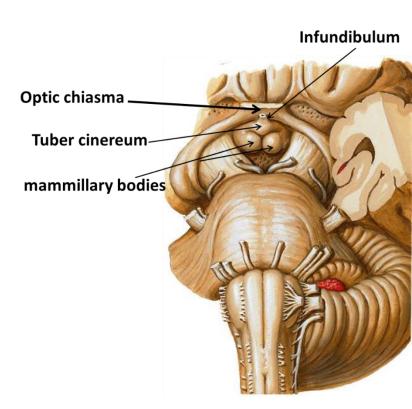
Hypothalamus

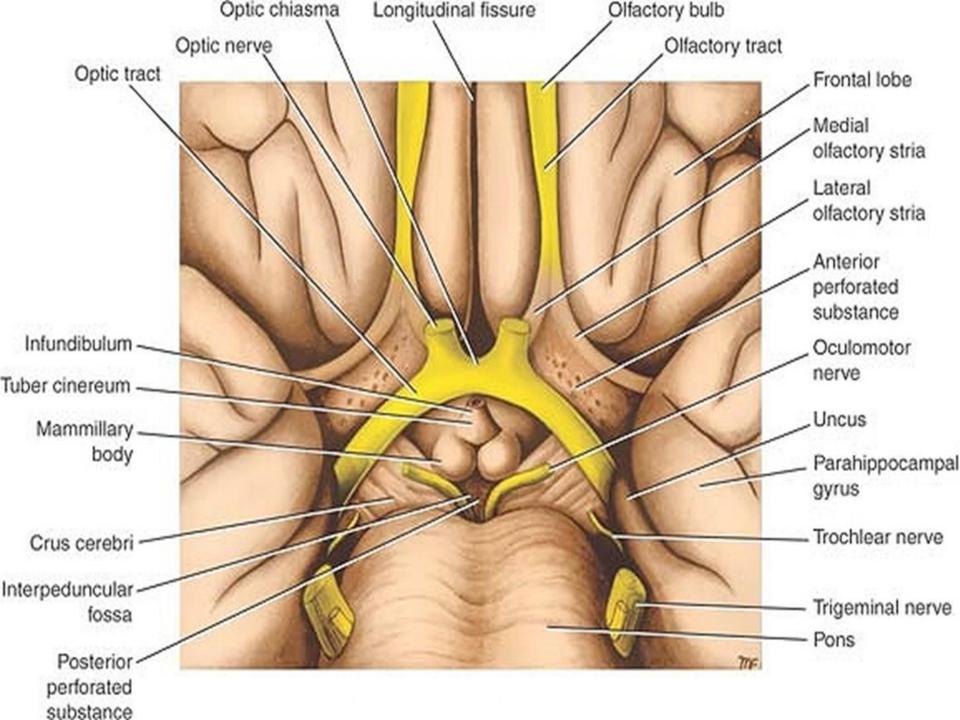
The floor of hypothalamus is formed by:

- The optic chiasm anteriorly.
- 2. The **mammillary bodies** posteriorly.
- 3. The **tuber cinereum** in between.

i.e: Interpedunctular fossa

The **infundibulum** (or pituitary stalk) extends from the apex of tuber cinereum.





- The hypothalamic nuclei are divided by an imaginary parasagittal plane into medial and lateral zones. Lying within the plane are the fornix and the mammillothalamic tract (part of the limbic system), which serve as markers:
- Lateral Zone
- 1. Part of the preoptic nucleus
- 2.Part of the suprachiasmatic nucleus
- 3. Supraoptic nucleus
- 4.Lateral nucleus
- 5. Tuberomammillary nucleus
- 6.Lateral tuberal nuclei

- Medial Zone
- 1. Preoptic nucleus
- 2. Anterior nucleus
- 3. Suprachias matic nucleus
- 4. Paraventricular nucleus
- **5. Dorsomedial nucleus**
- **6.Ventromedial nucleus**
- 7.Infundibular (arcuate) nucleus

- It is typically divided into 4 regions from rostral to caudal
- 1. Pre optic area
- 2. Supra optic area (anterior)
- 3. Tuberal area (middle)
- 4. Mamillary area (posterior)



Preoptic area:

Medial preoptic nucleus, Lateral preoptic nucleus

Anterior (supraoptic) region:

Anterior hypothalamic nucleus, Supraoptic nucleus, Paraventricular nucleus, Suprachiasmatic nucleus

Middle (tuberal) region:

Arcuate nucleus, Ventromedial nucleus, Dorsomedial nucleus

Posterior (mammillary) region:

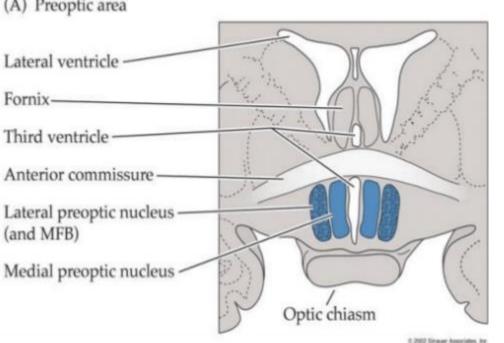
Mammillary nuclei, Posterior hypothalamic nucleus



Preoptic area:

Medial preoptic (A) Preoptic area nucleus, Lateral Lateral Ventricle preoptic nucleus

Bladder control, decrease blood pressure and heart rate



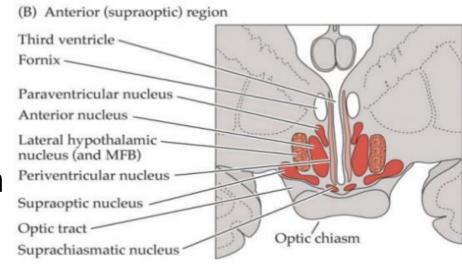
Anterior region:

Supraoptic

Supra optic(vasopressin release)

Paraventricular (oxytocin release, water conservation)

Anterior (Body Temperature, punting, sweating)



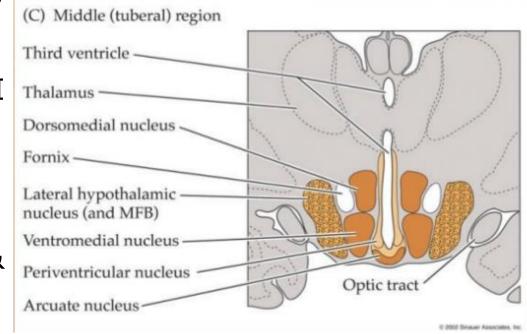
Middle (tuberal) region:

Ventromedial (satiety, neuroendocrine)

Dorso medial (GI stimulation)

Arcuate (neuroendocrine)

Lateral (hunger & thirst)

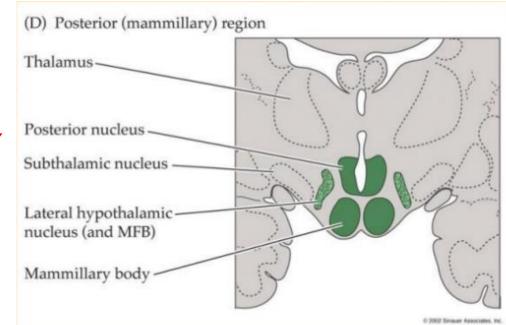


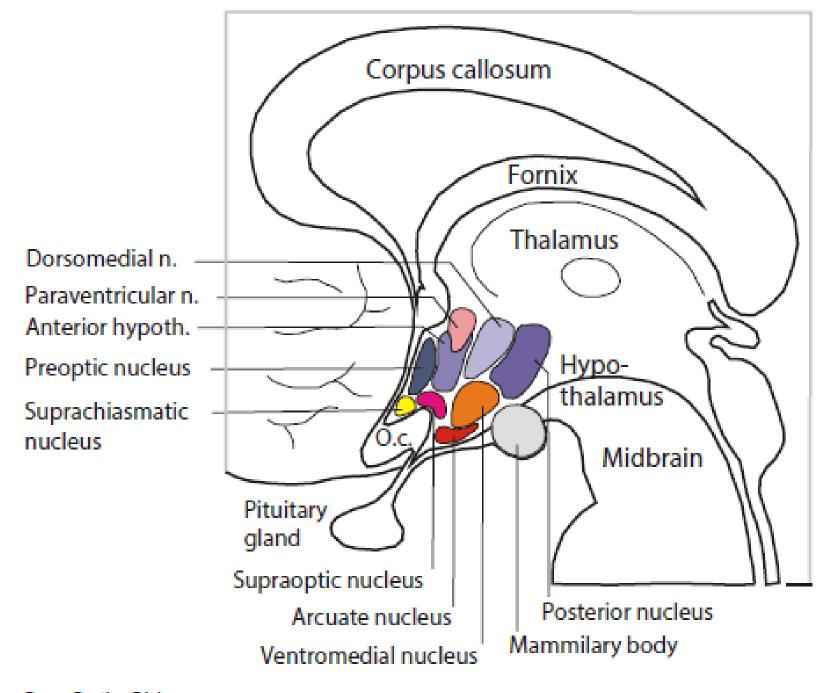


Posterior (mammillary) region:

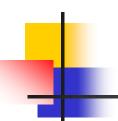
Mammilary body (feeding reflexes)

Posterior Hypothalamic N (increases BP, Pupillary dilation, Shivering)





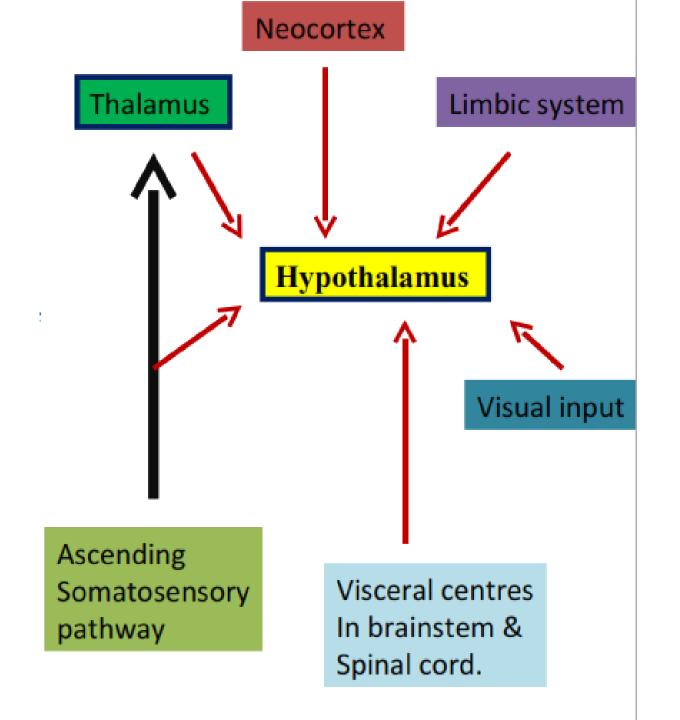
O.c: Optic Chiasm



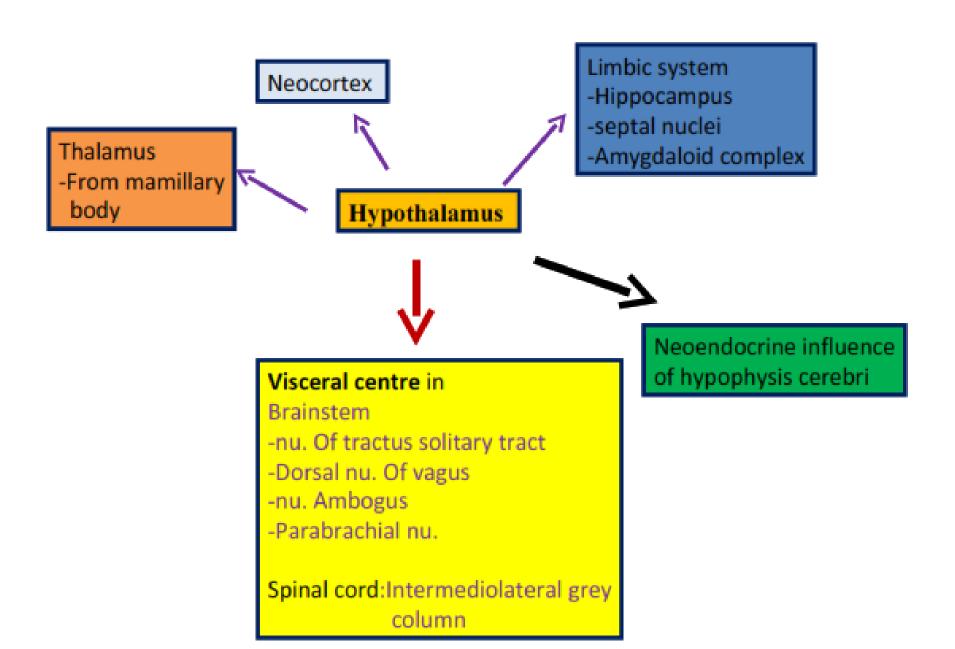
Afferent Connections

- From Olfactory area 6. Lemniscal system
- Hippocampus
- Thalamus
- 5. Amygdala

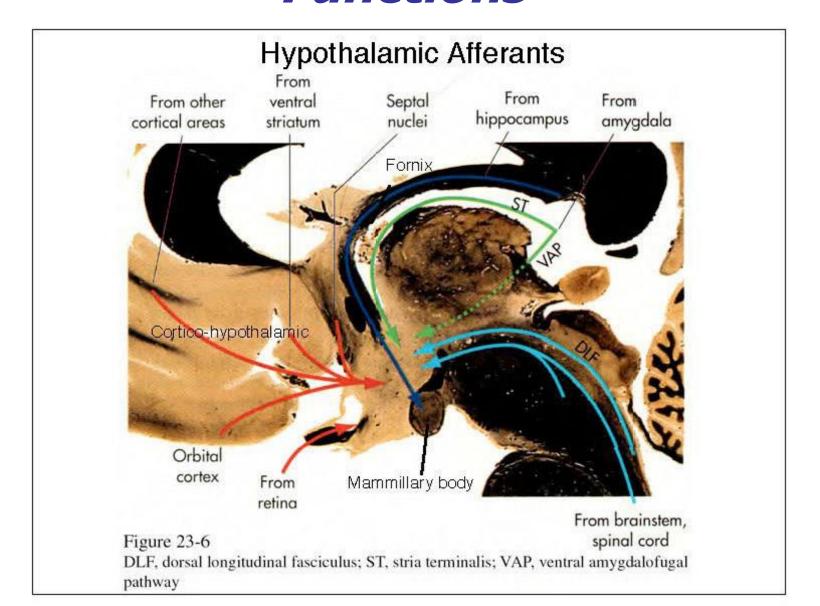
- Frontal lobe cortex 7. Reticular Activating
 - system
 - Raphe nucleus
 - Locus ceruleus



Efferent connections of Hypothalamus



Hypothalamic Connections and Functions



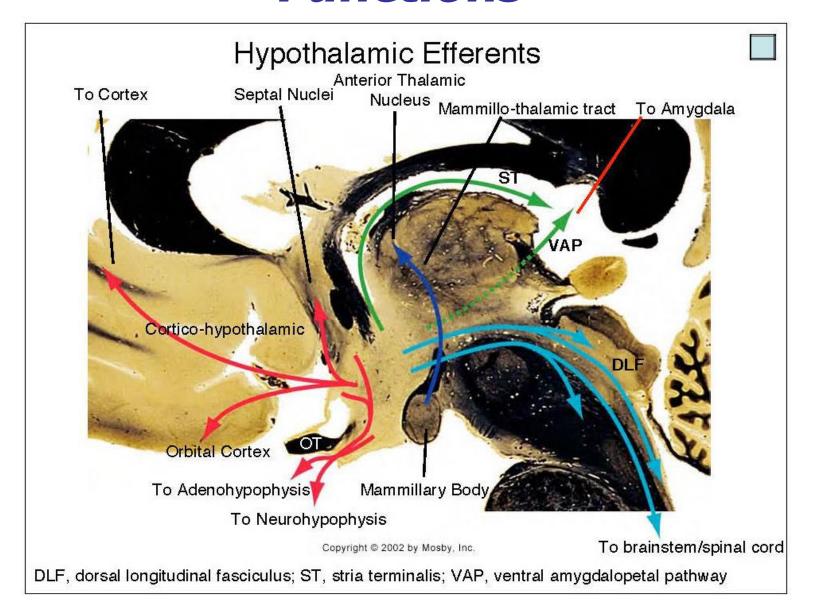


Efferent Connections

- Adenohypophysis
- 2. Neurohypophysis
- 3. Orbital cortex
- 4. Cerebral cortex
- Septal nuclei
- 6. Thalamus

- 7. Mamillo thalamictract
- Amygdala
- Brain stem
- 10. Spinal cord

Hypothalamic Connections and Functions



Hypothalamic Connections and Functions

The hypothalamus contain neurons that are sensitive to several parameters in the blood such as hormones, glucose, temperature, and osmolarity.

It interacts with endocrine glands, reticular formation, autonomic nervous system, and limbic system.

Therefore, it participate in several important functions

Control the Pituitary Gland

The axons of hypothalamic neurons are connected to the hypophysis (pituitary gland) by two pathways:

A- Hypothalamo-hypophyseal tracts: the nerve fibers that travel from the supraoptic and paraventricular nuclei to the posterior lobe of the pituitary gland.

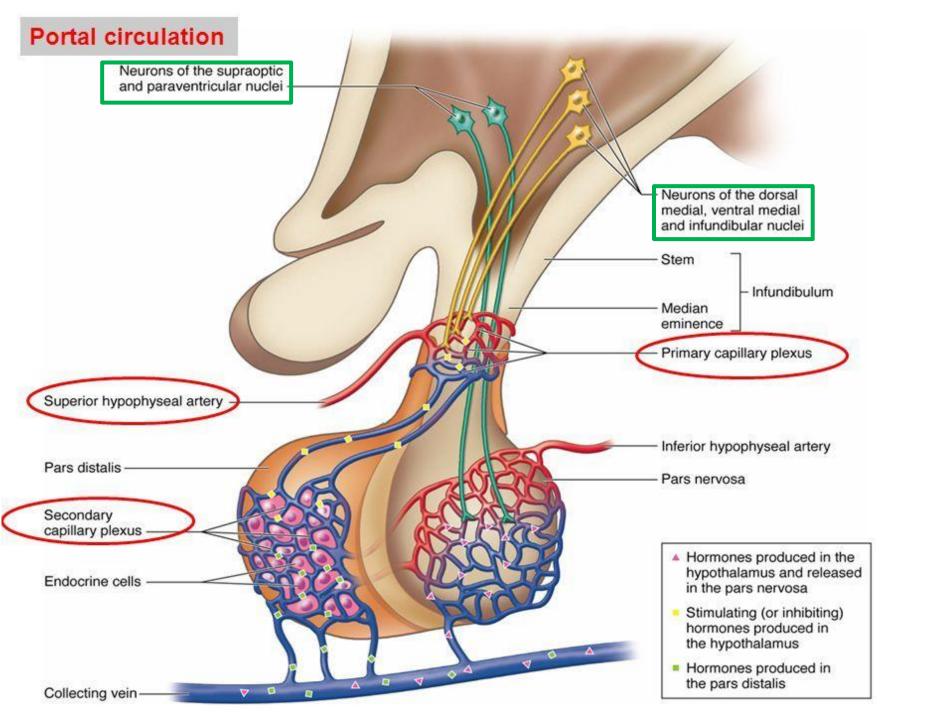
Supraoptic N. secretes vasopressin (ADH)
Paraventricular N. secretes oxytocin

Control the Pituitary Gland

B- The hypothalamo-hypophyseal portal system: vascular network that connect the hypothalamus with capillary plexuses in the anterior lobe of the hypophysis.

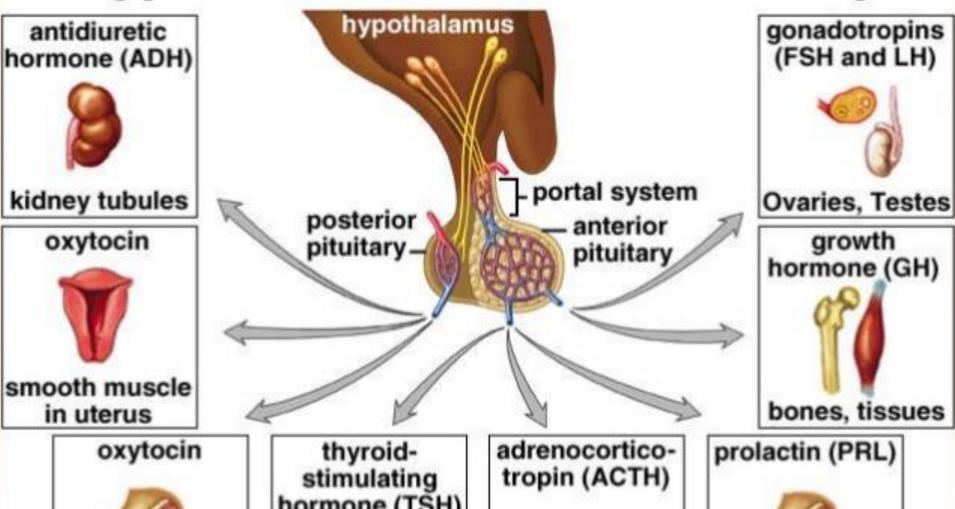
Neurosecretory cells situated mainly in **arcuate nucleus** and other nuclei are responsible for the production of the **releasing hormones and release-inhibitory hormones**. The hormones are packaged into granules and are transported along the axons of these cells into the infundibulum.

Here, the granules are released by exocytosis onto fenestrated capillaries at the upper end of the hypophyseal portal system which carries the hormones to the secretory cells of the anterior lobe of the pituitary gland.

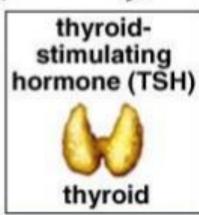


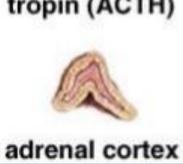
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Hypothalamus and the Pituitary



mammary glands









2- Autonomic Control

Hypothalamus <u>is the brain center for regulation of autonomic nervous system.</u>

Descending fibers from HT to autonomic centers in the brainstem and spinal cord influence the peripheral neurons of the autonomic nervous system.

They descend through a series of neurons in the reticular formation.

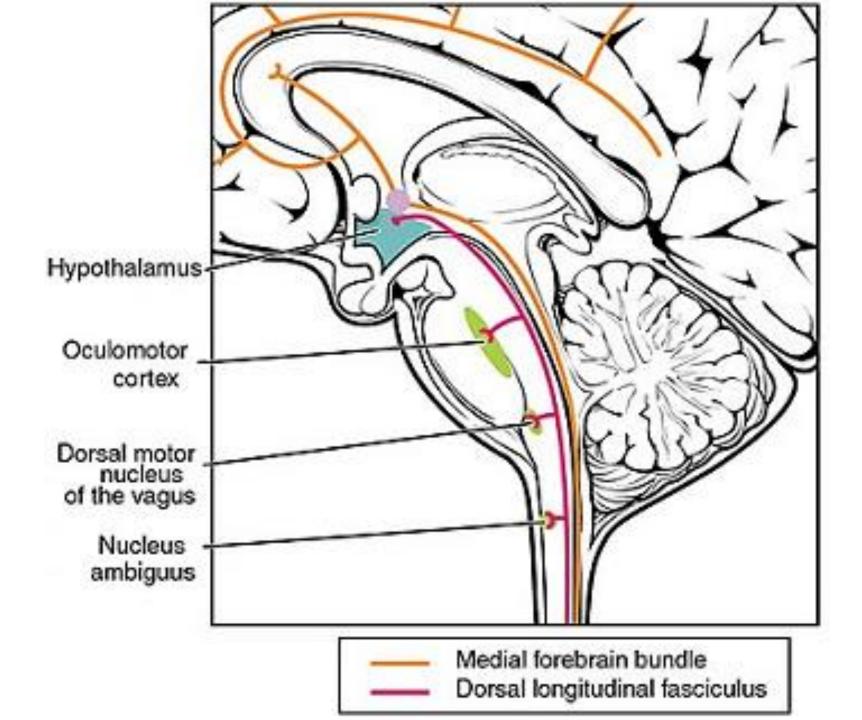


2- Autonomic Control

Anterior nuclei -- Control parasympathetic system

Posterior nuclei -- Control sympathetic system

Inputs to HT that affect autonomic functions come mostly from the amygdala and limbic cortex.



3- Control of Hunger and Feeding

Feeding center: Lateral hypothalamus

Stimulation increases the appetite

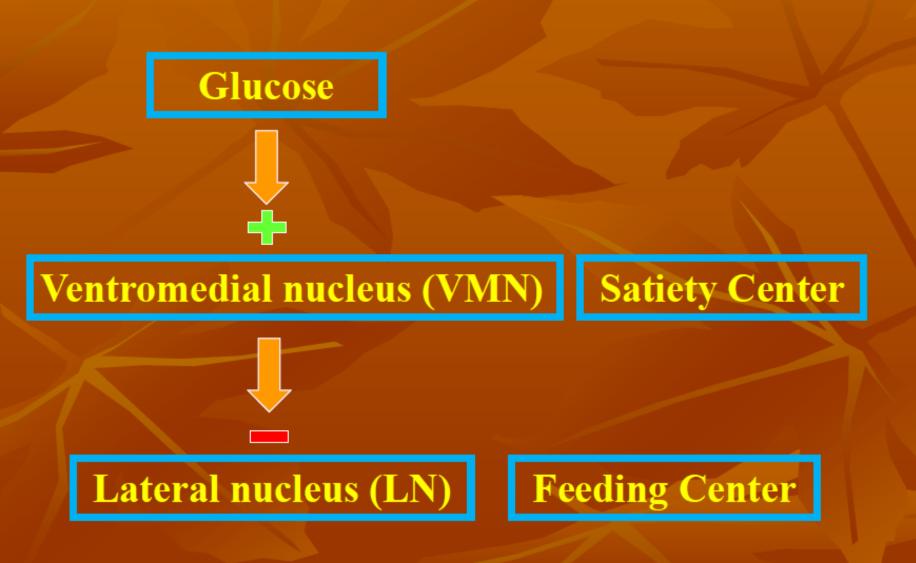
Lesion in this Nucleus makes the animal to starving and Cachexia

Satiety center: Ventromedial Nucleus

Stimulation suppresses appetite by inhibiting Lateral nucleus

Lesion makes the animal to become Obese due to voracious appetite —"Hypothalamic Obesity"

Glucose Control Theory



4- Temperature Control

Changes in body temperature affect the activity of thermosensitive hypothalamic neurons (Receive information from thermoreceptor in and body).

These neurons control the body temperature mainly <u>via their</u> <u>output to the autonomic centers.</u>

Anterior HT domain detects increased body temp. and activates systems of heat dissipation ,like vasodilation, sweating, & panting.

Posterior HT domain functions to conserve heat, by vasoconstriction and shivering of skeletal muscles.

5- Control of Water intake & Thirst

By two mechanisms:

Osmoreceptors in the **Supraoptic N.** are sensitive to osmolarity changes of plasma & ECF.

Increase in plasma osmolartiy - Supraoptic N. secretes vasopressin (ADH)

A thirst center is in the Lateral Hypothalamus stimulated by intracellular dehydration - causes water drinking



6- Control of circadian rhythms

Suprachiasmatic N. Control sleep/waking cycle.

Receive some afferent fibers directly from the retina.

Suprachiasmatic nuclei is connected to **pineal gland** which secrete **melatonin** (responsible for sleep and wake cycle).

7- Memory

Mammillary body in HT is part of limbic system which build and support memory.

8- Emotions and behavior

Through communication with limbic system and prefrontal cortex. Limbic - hypothalamic interconnections explain why emotional behavior is often accompanied by autonomic activation.

EX:

Blushing when embarrassed Sweaty palms & dry mouth when anxious or afraid

Region	Nucleus/nuclei		
Preoptic region	Preoptic nucleus		
Supraoptic region	Supraoptic nucleus Anterior nucleus Paraventricular nucleus		
Tuberal region	 Arcuate (infundibular) nucleus Ventromedial nucleus Dorsomedial nucleus 		
Mammillary region	Posterior nucleus Mammillary nuclei		

Nuclei	Function		
Anterio	Parasymp. ControlResponse to heat		
Posterior	Sympath. ControlResponse to cold		
Lateral	Hunger centerThirst center		
Medial	Satiety center		
Suprachiasmatic	Sleep and circadian rhyhthme		
Supraoptic	ADH secretion		
Paraventricular	Oxytocin secretion		

Nucleus/nuclei	Functions	
Prebiotic nucleus	Regulates release of gonadotrophic hormones	
Supraoptic and paraventricular nuclei	- Produce antidiuretic hormone (ADH) and oxytocin - Regulate water balance	
Anterior nucleus	 Regulates body temperature by dissipation of heat Stimulates parasympathetic nervous system 	
Arcuate (infundibular) nucleus	Produces hypothalamic releasing factors	
Ventromedial nucleus	It is considered as a 'satiety centre'. Its stimulation inhibits the urge to eat.	
Dorsomedial nucleus	Its stimulation causes obesity and results in savage behaviour	
Posterior nuclei	 Regulates body temperature by conservation of heat Stimulates sympathetic nervous system 	
Mammillary nuclei	Receives input from hippocampal formation through fornix	
Lateral nucleus	Its stimulation induces eating	

TABLE 14-6 Components and Functions of the Hypothalamus

Region/Nucleus	Function Control feeding reflexes (licking, swallowing, etc.)	
Mamillary bodies		
Autonomic centers	Control medullary nuclei that regulate heart rate and blood pressure	
Tuberal nuclei	Release hormones that control endocrine cells of the anterior pituitary gland	
Supraoptic nucleus	Secretes ADH, restricting water loss at the kidneys	
Paraventricular nucleus	Secretes oxytocin	
Preoptic areas	Regulate body temperature	
Suprachiasmatic nucleus	Coordinates day—night cycles of activity	



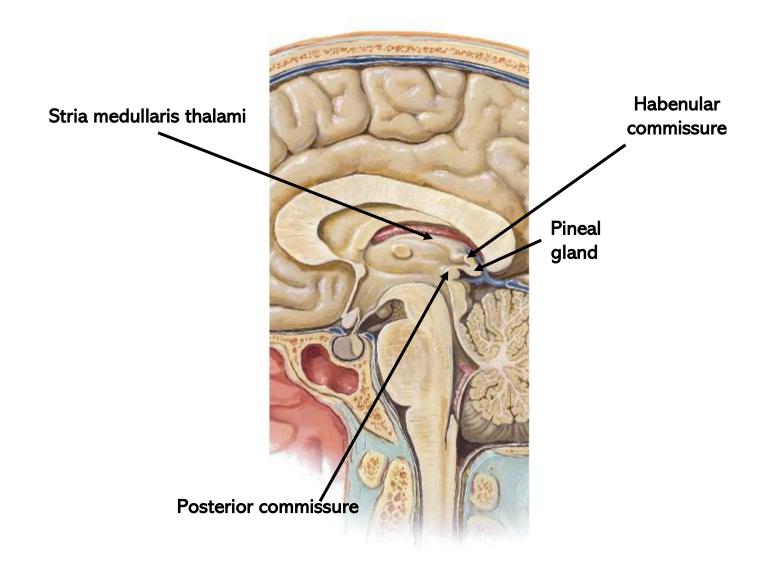
Epithalamus

Relatively small part, located in *most caudal and* dorsal region of the diencephalon.

Lies immediately rostral to superior colliculus

Consists of:

- Habenular nuclei and their interconnecting fibers the habenular commissure
- 2. Stria medullaris thalami
- 3. Pineal gland.





Habenular nuclei are medial to the posterior surface of the thalamus

They are part of limbic systems, concerned with mechanisms of **emotion & behavior.**

Connections:

Receive afferents from:

Amygdala and septal area through the **stria medullaris thalami**. Hippocampus through the **fornix**.

Send efferents to:

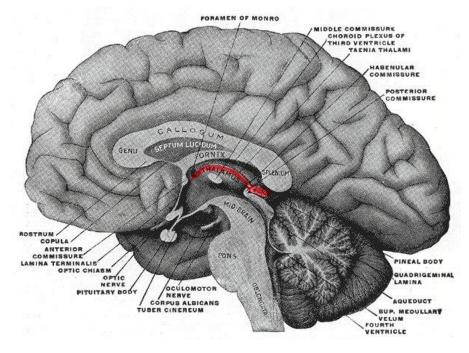
Interpeduncular nucleus and reticular formation of the midbrain.



Stria Medullaris Thalami

Part of limbic system

It arises from the septal area (medial olfactory area) and run backward along the dorsomedial region of thalamus to terminate in the habenula





Pineal Gland

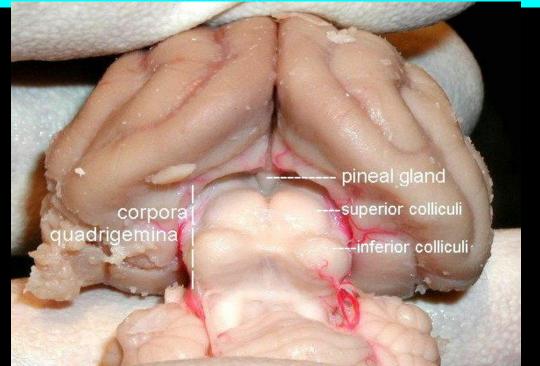
Single midline structure lies behind thalami and above superior colliculi.

Its stalk is attached to **habenular commissure** above and **posterior commissure** below.

The pineal gland secretes **Melatonin** which regulate body's circadian rhythms "wake/sleep cycle".

It becomes calcified in old age (around 20 years)







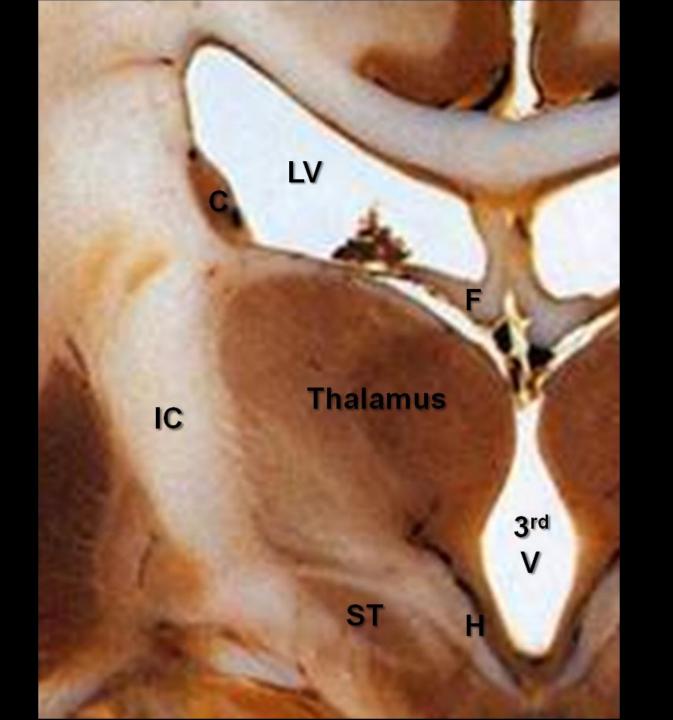
Subthalamus

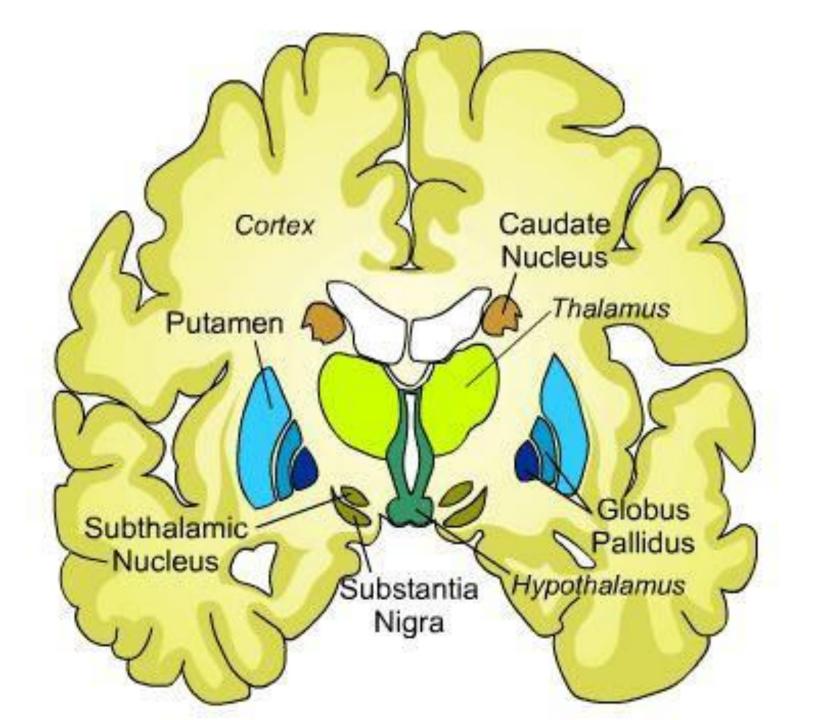
It is the area between the thalamus above and midbrain below, looks like a biconvex lens in coronal section.

Lies between the hypothalamus medially and the lower part of internal capsule laterally.

It contains 3 nuclei:

- Subthalamic nucleus (part of basal ganglia)
- Upper end of red nucleus,
- 3. Upper end of substantia nigra





Connections of the specific thalamic nuclei

Nucleus	Afferents	Efferents	Functions
Ventral posterior (VP)			
 Ventral posteromedial (VPM) 	Trigeminal lemniscus Solitariothalamic tract	To postcentral gyrus (area 3, 1, and 2)	Relay station for impulses from face and head, and taste buds
Ventral posterolateral (VPL)	Medial lemniscus Spinal lemniscus	To postcentral gyrus (area 3, 1, and 2)	Relay station for exteroceptive (pain, touch, and temperature) and proprioceptive sensations from whole of body except face and head
Ventral anterior (VA)	From globus pallidus through subthalamic fasciculus	To premotor cortex (area 6 and 8)	Relay station for striatal impulses
Ventral lateral (VL) (also called ventral intermediate (VI))	From cerebellum (dentatorubrothalamic fibres and dentatothalamic fibres)	To motor and premotor areas of cerebral cortex (area 4 and 6)	Relay station for cerebellar impulses
Medial geniculate body	Auditory fibres from inferior colliculus	To primary auditory area (area 41 and 42)	Relay station for auditory impulses
Lateral geniculate body	Optic tract	To primary visual cortex (area 17)	Relay station for visual impulses



 For further inquiries <u>PLZ</u> feel free to contact at any time through email

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Thank You