### Medicine - Yarmouk University

# Endocrine System / Med Exam Elixir Batch

71 questions out of 80 questions
(6 of them are not well remembered / 16 are lab pictures)

Edited

### **1.DHT:**

is the most potent form of testosterone

### 2. Desmopressin is better than Vasopressin:

it has selective effect on V2 receptors

### 3. Watery diarrhea, hypokalemia:

**VIPoma** 

### 4. A patient with hyperthyroidism, all of the following are the causes of her hear palpitation except:

- -B-adrenergic receptors
- -ATPase activity on myosin head
- -removal of calcium from the cytoplasm very quickly
- -increased cardiac output
- ++NA/K ATPase activity (because this is responsible of heat intolerance)

### 5. In DM, all are increased except:

Adiponectin

### 6. A case with no menstrual cycle, cold intolerance, weight loss, loss of lateral visual field: Prolactinoma

### 7. Not true:

increased GH positively affect GHRH

### 8. A patient with pneumonia, has insulin treatment in the hospital due to:

she had a cortisol treatment, which elevates her glucose blood level

## 9. A patient had a headache for months, her blood pressure is high, she had a surgery to remove her left adrenal gland, but still have high blood pressure:

pheocromocytoma

### 10. Which of the following is related to endocrine system:

- act by hormones carried in the blood, but not autocrine or paracrine
- -act by hormones carried in the blood, paracrine, but not autocrine
- -act by hormones carried in the blood, autocrine, but not paracrine
- -all hormones have the same synthesis, storage and use
- ++non of the above

### 11. Not true:

the ligand need a cofactor to bind its receptor

### 12. Target cell response depends on, EXCEPT:

- Quantity of receptors
- -metabolism caused by the hormone
- -other factors help the hormones in their action
- ++all are true

### 13. The enzyme of the rate limited step in epinephrine synthesis:

Tyrosine hydroxylase

### 14. Not true about adrenal steroidogenesis:

could be started with cholesterol and other factors

### 15. Which drug has the least action on ovulation:

Cabergoline

### 16. Which is not matched correctly:

Gestational diabetes – neonatal hyperglycemia

### 17. A case with hyperparathyroidism, hypoglycemia, all glands are enlarged:

Resistant to PTH

### 18. Which of the following is not true:

methylprdnisolone is one of the replacement therapy

### 19. Not with inappropriate ADH secretion:

Hyponatremia and hypokalemia

### 20. Not true about aldosterone insufficiency:

it causes constipation

### 21. What dose make a children to have un-controlled diabetes:

- -oral hypoglycemic agents
- -a child use of insulin
- -brittle DM
- -the parents don't care (take the idea :3)
- ++all are true

### 22. Characteristic of nephropathy in DM:

Nodular glomerulosclerosis

### 23. Not true about G-protein coupled receptor signal pathway:

G-protein is a transmembrane protein

### 24. All are true about Obesogenic environment in Arab countries, EXCEPT:

- -easy life
- -easy transport
- western food types
- -sedentary lifestyle
- ++childhood obesity

### **25. TSH:** is stimulated by TRH

### 26. A girl with DM2, the important mechanism that help her to counteract (reverse) these episodes are mediated by, EXCEPT:

- -use of candy
- -glucagon administration
- -increased body release of epinephrine
- -increased body release of cortisol
- ++intravenous normal saline

# 27. 14 years old boy presents for a presummer camp physical examination. Routine urinalysis discloses 3+ glucoseuria. He admits to thirst and frequent urination, accompanied by a 4kg weight loss over the past few months. His parents note that he had a flu-like illness 5 months ago. His blood glucose is 220 mg/dL. which of the following best explains the pathogenesis of hyperglycemia in this patient?

- -excess dietary glucose
- -increased peripheral insulin uptake
- -periphral insulin resistance
- -irregular insulin secretion
- ++Islet cell destruction

### 28. Hypothyroidism case, all are true except:

increase weight and appetite

- 29. Glucagon is secreted by: alpha cells
- 30. A cut in pituitary stalk will increase: prolactin
- 31. A cut in pituitary gland will decrease: GH
- 32. About hypothalamus hypophyesal portal system:

from hypothalamus to the anterior pituitary

### 33. A drug has high anti inflammatory effect without salt retaining effect:

Dexamethasone

### 34. A drug which is not used for cushing syndrome treatment:

Metyrapne, ketoconazole, aminoglutethimide, Trilostane answer: Eplerenone

### 35. Not true about insulin recombinants:

three times Lispro insulin doses and twice galarine before bed

### 36. Corticosteroids is contraindicated in all of the following except:

Anaphylactic shock

### 37. To avoid unwanted effects of Glucocorticoids:

- -use the drug every other day
- -use once daily morning dose
- ++all are true

### 38. A patient has a sore throat, very tender enlargement (case of hypothyroidism), which is the least like to be the cause:

- -viral infection
- -self limited in 2 months
- ++associated with non-hodgken B-cell lymphoma

### 39. an elderly patient who will have thyroidectomy, we give him:

prpranolol+MMI -- week gap - thyroidectomy - propranolone for 1 week

### 40. Not a steroid hormone: calcitonin

41. Not stored hormone: Aldosterone

#### 42. Not true:

- -80% of diabetes occur in low-middle income countries
- -30% of DM2 patients are not diagnosed
- -overall risk of dying among people with diabetes is at least double the risk of their peers without diabetes.
- ++DM1 can be prevented

### 43. All are true except:

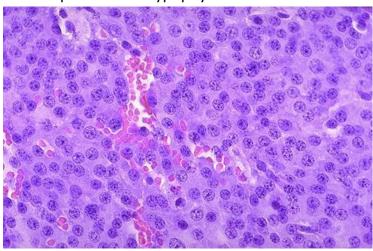
- -proinsulin, insulin, c-peptides are released from beta cells
- -insulin and c peptide have 1:1 molar ratio
- ++normal insulin level is 50 microgram/L (the true is 25)

### اسئلة تذكرنا فكرتها بدون جوابها

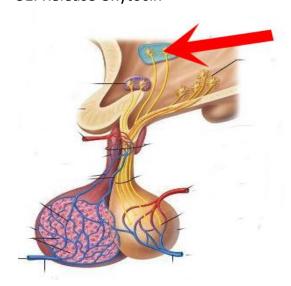
- 44. Does not cause atrophy in adrenal gland
- 45. True about primary hypoadrenalism
- 46. Not related to hyperthyroidism case
- 47. According to GH:
- -secreted in pulstile manner
- -stimulated by insulin

### اسئلة تذكرنا خياراتها بدون السؤال

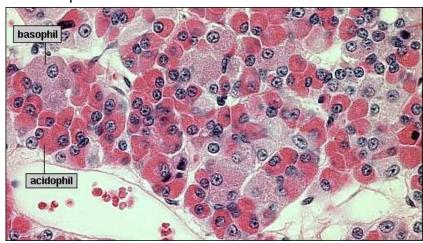
- 48. Nelson, Sheehan,....
- 49. Answer: increased TSH and TRH
- 50. basophilic adenohypophyseal adenoma



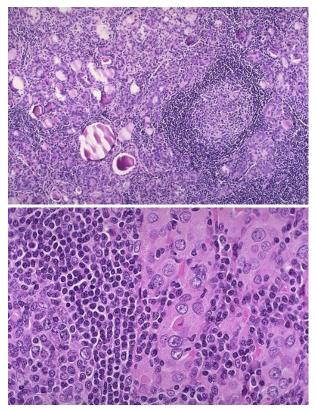
### 51. Release Oxytocin



### 52. Acidophilic cell release: GH



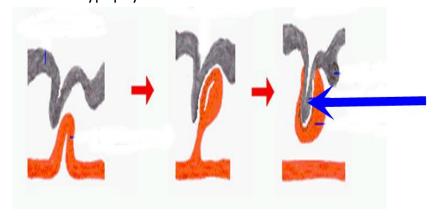
53. not related to this disease: dense fibrosis



54. Acute hemorrhage into adenoma



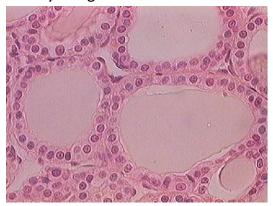
55. neurohypophyseal bud



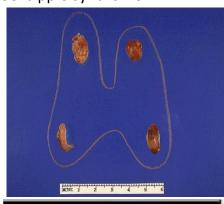
56. it is related to iodine insufficiency

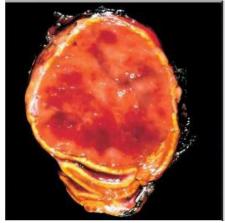


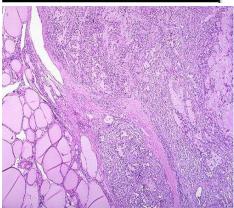
### 57. Thyroid gland



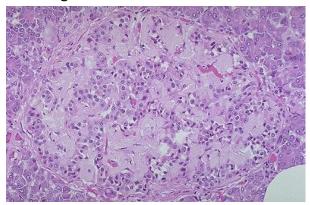
58. sipple syndrome





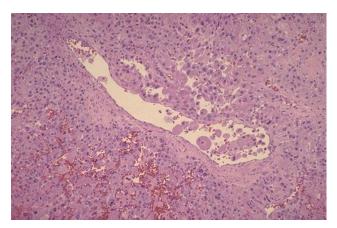


59. along his life he has been: insulin resistant

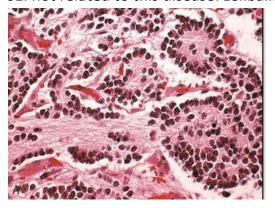


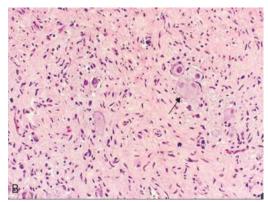
60. Adrenal cortical carcinoma



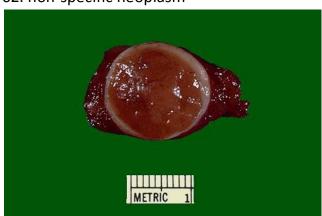


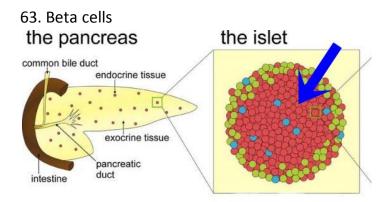
61. not related to this disease: zellballen



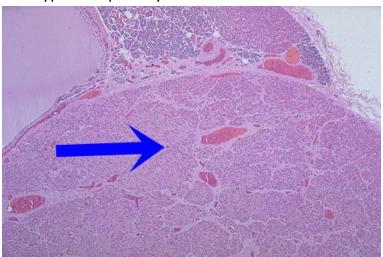


62. non-specific neoplasm

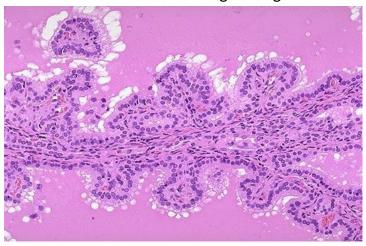




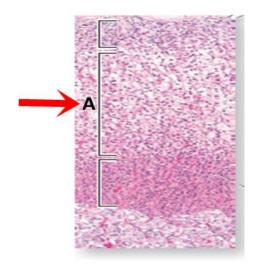
64. oxyphil cell parathyroid adenoma



65. not related to this disease: grooving cells



66. Zona fasciculate



### **67. Not true:**

HbA1c measures blood glucose level for the prior 6 months

### 68. Thyroid gland cells are:

simple cuboidal epithelium

### 69. Drugs to treat hyperprolactinemia are NOT:

dopamine antagonists

### **70. Not true:**

- -DM will be the 7<sup>th</sup> leading cause of death in 2030
- -Jordan is one of the top 10 in overweight population
- -34% above 25 years in Jordan have diabetes
- ++burden of diabetes is increasing globally due to rapid *decrease* in overweight, obesity, physical inactivity.

### 71. Hypoparathyroidism clinical appearance:

- -decreased QT interval
- ++Tendon hyper-reflexia

We tried our best to remember the most helpful informations © sorry for any mistake

### **GOOD LUCK**

**Collected by:** 

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