



**STME**  
One Smart Solution

- School girl's headache
  - **STME** arrangement for subjective sensations like pain. numbness;
    - not for objective s/m like discharges, eruptions, discoloration
      - Presented in character & locations
  - Pain in **GENERAL** – **STME**
  - Pain **SUBPARTS** – **STME**
  - **TYPE** of Pain – **TME**
    - **SUBPARTS** – **STME**

- **SIDE**

- General rubric followed immediately by side **RIGHT -> LEFT**

- **EXCEPT** in **GENERALITIES, PERSPIRATION** etc

- SIDE as general rubric within alphabetical arrangement

- **TIME**

- **SUNRISE TO SUNSET -> NIGHT**

- Each period further divided into time like 7 AM, 4 – 8 PM etc

- Other peculiarities associated with time given as sub sub rubrics

- Cough, Paroxysmal, Evening, BED IN

- MODALITIES

- AGGR. & AMEL. Mixed together & arranged in alphabetical order

- Includes A/F, AGGR., AMEL., CONCOM (b, d, a), ALTERNATIONS, ACCOMPANIMENTS etc

- HEAD - PAIN, - coryza, - with (concom)
- HEAD - PAIN, - acids, from (A/F)
- HEAD - PAIN, - school girls (concom)
- HEAD - PAIN, - warm room - agg
- HEAD - PAIN, - warm room - amel

- EXTENSIONS

- Mainly under PAIN rubric

- In alphabetical order

- HEAD - PAIN, - extending to - eyes

- LOCATIONS ( = PAIN SUBPARTS - STME )

- Mostly under rubrics related with SENSATIONS or MODALITIES

- HEAD - PAIN, - Forehead, in

- Pain in GENERAL - STME

- FACE - DISCOLORATION, - bluish - cheeks

- Pain SUBPARTS - STME

- TYPE of Pain - TME

- Given directly in some places

- SUBPARTS - STME

- ABDOMEN - LIVER and region of

- Arranged in ALPHABETICAL or ANATOMICAL order

- EXTREMITIES - Anatomical

- HEAD, THROAT, ABDOMEN, GENITALIA MALE - Alphabetical

– After Extension, sub-locations are arranged in alphabetical order

• Under each sub-location – STME arrangement

– HEAD - PAIN, - anger, from ( PAIN GENERAL – STME)

– HEAD - PAIN, - Forehead,in - anger, after (PAIN SUBPARTS – STME)

• CHARACTER ( = TYPE OF PAIN – TME )

– Under Subjective s/m like PAIN, NOISES in ear & other

SENSATIONS

– Pain in GENERAL – STME

– Pain SUBPARTS – STME

– Character given in alphabetical order

– TYPE of Pain – TME

– Under each pain T M E given

• SUBPARTS – STME

- HEAD – PAIN, – coughing, – on – Pain in GENERAL – TIME
- HEAD – PAIN, – Forehead, in – coughing – Pain SUBPARTS – TIME
- HEAD – PAIN, – bursting – coughing, on – TYPE of Pain – TIME
- HEAD – PAIN, – bursting – Forehead – coughing, on • SUBPARTS – TIME



- CONCOMITANTS

- Scattered here & there – No separate division
- Referred under symptom in concerned chapter
  - HEAD - PAIN, - menses, - before