January 4th 2019

**2019 B3 Concepts**

**Parameters for Presenters:**

- 3 to 5 Minute presentations (Unless there’s an activity)

- Use personal stories relating to the concept whenever possible

- Form a Rapid Action Team 4 weeks ahead of your month to put together your 1 Pager

- This is to involve the colleagues as much as possible, get their input, personal stories

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| **MONTH** | **CONCEPT** | **PRESENTER(S)** |
| January | Role Of Thought | Brian & Don |
| February | Blue Chip Mindset | Ian |
| March | Be Aware Of Your Filters |  |
| April | Stay Curious | Gabe |
| May | What Shadow Do You Cast | Andrew & Gabe |
| June | All Styles Get Results | Ricardo |
| July | Be Here Now & Listening | Ian & Francis |
| August | Teamwork | Tami & Brian |
| September | Feedback & Appreciation | Craig & Francis |
| October | Managing Mood & Energy | Brad & Kevin |
| November | Accountability & Gravity |  |
| December | Be At Your Best | Greg & Andrew |