

## SCULLCAP & VALERIAN TABLETS

A veterinary herbal medicine (classification AVM-GSL) that relieves anxiety, nervousness and excitability in pets.

### Dosing Instructions

Dogs and cats need 1 tablet for every 5kg they weigh. The dose should be split morning and night. You can give double this amount when the fireworks are at their worst, giving the second dose 2 hours before dusk and this double dose can be given for as long as it is necessary.



## VALERIAN COMPOUND

Contains pure extracts of three herbs in liquid form, which ensure it acts within just 30 minutes. This can be given in addition to Scullcap & Valerian Tablets as a top-up for especially frightening or unplanned events.

### Administration

**For dogs:** By mouth or in food –

Small dogs: ¼ tsp

Medium dogs: ½ tsp

Large dogs: 1 tsp

Giant breeds: 1 - 1½ tsp

**For cats:** A few drops on bedding and a further ¼ tsp by mouth or in food when fireworks are severe.



## “THANK YOU DORWEST”

Thank you for supplying **Scullcap & Valerian Tablets** for our dog Saskia, it was a revelation over the Halloween and Firework period. Previously we had given her Valium from the vet which had no appreciable effect at all.

With the **Scullcap & Valerian Tablets**, whilst being initially shaky, she soon settled down to sleep ignoring the sounds of the fireworks going off nearby. It was much more bearable for all. Thank you again.

*Mr & Mrs Munro, UK*

## WHERE TO BUY:

You can buy Scullcap & Valerian Tablets and Valerian Compound from veterinary practices, pet shops or direct from [www.dorwest.com](http://www.dorwest.com) and the Dorwest Trade Stand at UK championship dog shows.

Herbal medicines made by Dorwest Herbs have been accredited a veterinary licence because of their high quality and purity. Not all herbal treatments are of similar quality. To find vets and pet shops stocking products from Dorwest Herbs, please send an email to [stockist@dorwest.com](mailto:stockist@dorwest.com).

For help and advice please call our advisors on **01308 897272** or email [advice@dorwest.com](mailto:advice@dorwest.com)

Always speak to your vet if you are concerned about the health or wellbeing of your pet.

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Scullcap & Valerian Tablets are licensed as a medicine by the VMD (Category AVM-GSL). Valerian Compound is a dietary supplement.  
SCULLCAP & VALERIAN TABLETS Active ingredients per tablet: Scullcap, 30mg; Gentian extract 2:1 24mg; Mistletoe extract 3:1 50mg; Valerian extract 5:1 50mg.  
Further information is available on request.  
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# Licensed to chill!

The herbal way to manage your pet's anxiety this firework season



[www.dorwest.com](http://www.dorwest.com)

# Wouldn't it be great if your pet stayed calm and collected as fireworks go off outside?

## What are the signs?

Whether your pet just doesn't like loud noises very much, or it has developed into a more severe phobia, these are the common behavioural signs that are indicative of stress:

- Unable to settle and pacing the room
- Shaking, salivating and panting
- Destructiveness, howling or even toileting indoors
- Cowering, hiding or trying to run away

## How can herbal products help?

Our licensed herbal medicine is perfect to calm and relax your pet, alongside behavioural techniques, as they are gentle on the system and made using high quality authenticated herbs that are full of active compounds. These specially selected herbs reduce anxiety by calming activity in the nervous system rather than sedating and relaxing muscles. This means that they will be less concerned about the noises that would normally cause distress, resulting in a more 'chilled' fireworks period for you and your pet.



# ARE YOU READY?

The countdown starts here

(For Severe Phobias)

## 1 MONTH TO GO

Pets with severe phobias will benefit from being given Scullcap & Valerian Tablets on a daily basis NOW!

(For Moderate Phobias)

## 10 DAYS TO GO

Time to start giving Scullcap & Valerian Tablets daily (Split the dose between AM and PM).

## ONE DAY TO GO

If necessary double the dose of Scullcap & Valerian Tablets (If you haven't started yet it isn't too late!).

## THE BIG DAY

Keep giving the Scullcap & Valerian Tablets at the higher rate with a dose being given before dusk. Ensure you have Valerian Compound on hand to top-up with if necessary.

Clinical canine behaviourist **Karen Wild** shares her expert knowledge to help you and your dog have a calm fireworks season.



*Karen Wild registered Dog Trainer and Clinical Animal Behaviourist, has over 20 years' experience working with and helping family dogs and cats overcome their behavioural problems.*  
[www.pawprintpets.com](http://www.pawprintpets.com)

## Tips to prepare

**You have plenty of time to get ready, so let's get started on our plan for a quiet, calm and serene fireworks season!**

- 1 Create a safe haven or a den for your pet to retreat to if they choose. A crate with the door open is ideal, or simply a room where they are protected from noise and vibration.
- 2 Use heavy curtains at windows and lay blankets along the bottom of doorways. If using a crate, you can place it on top of blankets to insulate from sound, as well as draping one over the top.
- 3 Add goodies and chew toys and a water dish inside the den. Let your pet investigate gradually. Never force them in.
- 4 Play the sounds of fireworks (available on CD or download online) quietly whilst your pet plays or eats dinner, to accustom them to the strange noises. Gradually increase the volume - over a few days or weeks - whilst your pet stays relaxed.
- 5 If you live in the centre of a very 'firework busy' area, you could consider taking them away for the worst weekend, or let them stay with friends/family elsewhere or even booking them into kennels, far away from the noise.
- 6 Talk to your Vet about help. They can refer you to an Animal Behaviourist.
- 7 Update microchip details and ensure they have an ID tag on their collar to allow safe return, in case of escape!

## On the night

**When the season arrives, you can still do plenty to help settle your pet. Here are some last minute ideas to implement on the day.**

- 1 Take your pet out for a long walk earlier in the daylight, long before fireworks start.
- 2 Give them happy activities to tire and distract them. See our special videos for fun ideas to keep their brains busy.
- 3 Stay with your pet, and act in a jolly manner. You can reassure your pet happily that all is well!
- 4 Feed your pet earlier in the day and save tasty treats for the evening. This helps them form a positive association with firework sounds.
- 5 Keep the TV on, and add a radio playing in another room to mask sound.
- 6 Allow your pet to retreat to their den (see my other tips) and let them enjoy the peace and safety of this cosy haven.
- 7 If it becomes too much, pop your pet in the car and drive to a quieter location, keeping the car warm and the radio on, of course!

