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**ENDAH KASIH INTERACTIVE SERVICES (M) SDN. BHD.**

Nursing & Rehab

**“EVERYTHING IS PRACTICE” LOGBOOK**

**NAME :**

**POSITION :**

Nurse

* A nurse is a person who is trained to give care (help) to people who are sick or injured. Nurses work with [doctors](http://simple.wikipedia.org/wiki/Medical_doctor) and other [health](http://simple.wikipedia.org/wiki/Health_care) co-workers to make [patients](http://simple.wiktionary.org/wiki/patient) well (not sick) and to keep them healthy. Nurses also help with end-of-life needs and assist other family members with grieving.
* Nursing is a [profession](http://simple.wikipedia.org/wiki/Profession), like a doctor, but training for a nurse is different in how long a person must [train](http://simple.wikipedia.org/wiki/Teaching) and what kind of training they need. In some places, nurses may train for three to five years or more before they get a [license](http://simple.wikipedia.org/wiki/License) as a nurse.
* Nurses work in many places. Nurses work in [hospitals](http://simple.wikipedia.org/wiki/Hospital), in doctor's offices, and in the community, and they even visit people at home.
* Sometimes people decide to become nurses rather than doctors, because the nurses will be able to help patients directly, by talking to them, doing things they need, carefully watching that nothing goes wrong, and then seeing them as they get better.

Endah Kasih has a group of trained nurse that had undergoes vigorous training and education so that they can give first class service to the client and his employee.

PHYSIOTHERAPY SERVICES

Our lovers in this department are trained and certified physiotherapist. They give the best performance to help Patients improve in Activity Daily Living (ADL) and improve Quality Of Life (QOL).

What is physiotherapy?

Physiotherapy help people affected by injury, illness or disabilities through movement and exercise, manual therapy, education and advice. They maintain health for people of all ages, helping Patients to manage pain and prevent disease.

It helps to encourage development and facilitate recovery and to remain independent for as long as possible.

What physiotherapist do?

Physiotherapy is a science based profession and takes a `whole Patient` approach to health and wellbeing which includes the Patients general lifestyle.

You can benefit from physiotherapy at any time in your life. Physiotherapy helps with back pain or sudden injury, managing long-term medical condition such as asthma and in preparing for childbirth or a sports injury rehabilitation.

Some of Physiotherapy area of expertise:

**Neurology**

-Strokes (CVA)

-Spinal Cord Injury (SCI)

-Traumatic Brain Injury (TBI)

-Persistent Vegetative State (PVS)

**Cardiorespiratory**

-Asthma

-Cardiac Rehab

-Lung Rehab

-Short of Breath (SOB)

-Chronic Obstructive Pulmonary Disease (COPD)

**EIP MONITORING**

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| **NO.** | **DATE** | **NAME** | **NOTES** | **SIGNATURE** |
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**NURSE MORNING SHIFT**

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|  |  | **Date** | **1** | **2** | **3** | **4** | **5** | **6** | **7** | **8** | **9** | **10** | **11** | **12** | **13** | **14** | **15** | **Others** |
| **No** | **Time** | **Things to do** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 1. | 0730 | Start morning shift/help physiotherapist |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 2. | 0800 | 4 hourly vital sign monitoring & Bathing patient |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 3. | 0830 | Grooming patients and tidying patients space |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 4. | 0900 | Pass report for night shift/serve breakfast/lover breakfast |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 5. | 0930 | Send the laundry to wash |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 6. | 1000 | Serve medication |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 7. | 1030 | Help physiotherapist |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 8. | 1100 | Help physiotherapist/serve morning tea |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 9. | 1130 | Help physiotherapist/drying the laundry |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 10. | 1200 | 4 hourly vital sign monitoring/ Help physiotherapist |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 11. | 1230 | Serve lunch |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 12. | 1300 | Lover rest/cover other lover |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 13. | 1330 | Lover rest/cover other lover |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 14. | 1400 | Cover other lover/Lover rest |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 15. | 1430 | Cover other lover/Lover rest |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 16. | 1500 | Take the dried laundry |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 17. | 1530 | Fold the laundry/help physiotherapist |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |

**Month:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **Year:** \_\_\_\_\_\_\_\_\_\_

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|  |  | **Date** | **1** | **2** | **3** | **4** | **5** | **6** | **7** | **8** | **9** | **10** | **11** | **12** | **13** | **14** | **15** | **Others** |
| **No** | **Time** | **Things to do** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 18. | 1600 | Vital sign monitoring/serve medication &evening tea |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 19. | 1630 | Help physiotherapist |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 20. | 1700 | Help physiotherapist |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 21. | 1730 | Help physiotherapist |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 22. | 1800 | Prepare to serve dinner |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 23. | 1830 | Serve dinner/Prepare for patients bath |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 24. | 1900 | Bathing patients |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 25. | 1930 | Grooming patients and tidying patients space |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 26. | 2000 | Vital signs monitoring/ mantra/pass report for morning shift |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 27. | 2030 | End of morning shift |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 28. |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 29. |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 30. |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 31. |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 32. |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 33. |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |

**NURSE NIGHT SHIFT**

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|  |  | **Date** | **1** | **2** | **3** | **4** | **5** | **6** | **7** | **8** | **9** | **10** | **11** | **12** | **13** | **14** | **15** | **Others** |
| **No** | **Time** | **Things to do** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 1. | 1900 | Start night shift/bathing patient |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 2. | 1930 | Grooming patients and tidying patients space |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 3. | 2000 | Vital signs monitoring/ mantra/pass report for morning shift |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 4. | 2030 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 5. | 2100 | Supper |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 6. | 2130 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 7. | 2200 | Serve medication |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 8. | 2230 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 9. | 2300 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 10. | 2330 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 11. | 0000 | 4 hourly vital sign monitoring |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 12. | 0030 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 13. | 0100 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 14. | 0130 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 15. | 0200 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 16. | 0230 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 17. | 0300 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |

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|  |  | **Date** | **1** | **2** | **3** | **4** | **5** | **6** | **7** | **8** | **9** | **10** | **11** | **12** | **13** | **14** | **15** | **Others** |
| **No** | **Time** | **Things to do** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 18. | 0330 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 19. | 0400 | 4 hourly vital sign monitoring |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 20. | 0430 | Monitor blood glucose every 3 days/ Monitor blood cholesterol every 10 days |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 21. | 0500 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 22. | 0530 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 23. | 0600 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 24. | 0630 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 25. | 0700 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 26. | 0730 | Help physiotherapist |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 27. | 0800 | 4 hourly vital sign monitoring/bathing patient |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 28. | 0830 | Grooming patients and tidying patients space |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 29. | 0900 | Pass report for night shift/serve breakfast |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 30. |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 31. |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 32. |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 33. |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 34. |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |

**PHYSIOTHERAPY MORNING SHIFT**

**Month:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **Year:** \_\_\_\_\_\_\_\_\_\_

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|  |  | **Date** | | **16** | | **17** | | **18** | | **19** | | **20** | | **21** | | **22** | | **23** | | **24** | | **25** | | **26** | | **27** | | **28** | | **29** | | **30** | | **31** | | **Others** | |
| **No.** | **Time** | **Things to do** | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |
| 1. | 0730 | Start morning shift/chest physiotherapy | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |
| 2. | 0800 | Bathing | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |
| 3. | 0830 | Grooming patients and tidying patients space | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |
| 4. | 0900 | Pass report for night shift/lover breakfast | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |
| 5. | 0930 | Lover breakfast/cover other lover | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |
| 6. | 1000 | Prepare the materials and plan exercise regime | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |
| 7. | 1030 | Physiotherapy session start | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |
| 8. | 1100 | Physiotherapy session | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |
| 9. | 1130 | Physiotherapy session | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |
| 10. | 1200 | Physiotherapy session | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |
| 11. | 1230 | Physiotherapy session end/patient lunch | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |
| 12. | 1300 | Lover rest/cover other lover | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |
| 13. | 1330 | Lover rest/cover other lover | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |
| 14. | 1400 | Lover rest/cover other lover | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |
| 15. | 1430 | Lover rest/cover other lover | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |
| 16. | 1500 | Prepare the materials and plan exercise regime | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |
| 17. | 1530 | Physiotherapy session start | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |
|  |  | **Date** | **16** | | **17** | | **18** | | **19** | | **20** | | **21** | | **22** | | **23** | | **24** | | **25** | | **26** | | **27** | | **28** | | **29** | | **30** | | **31** | | **Others** | |
| **No.** | **Time** | **Things to do** |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |
| 18. | 1600 | Physiotherapy session |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |
| 19. | 1630 | Physiotherapy session |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |
| 20. | 1700 | Physiotherapy session |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |
| 21. | 1730 | Physiotherapy session end |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |
| 22. | 1800 | Help SN prepare dinner |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |
| 23. | 1830 | Help SN serve dinner |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |
| 24. | 1900 | Bathing patients |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |
| 25. | 1930 | Grooming patients and tidying patients space |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |
| 26. | 2000 | Mantra/pass report for morning shift |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |
| 27. | 2030 | End of morning shift |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |
| 28. |  |  |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |
| 29. |  |  |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |
| 30. |  |  |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |
| 31. |  |  |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |
| 32. |  |  |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |
| 33. |  |  |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |
| 34. |  |  |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |