

Dr.Sri Jagannath Guruji's Chakra energy Healing



DISCLAIMER

Chakra energy Healing Programme is not an
Alternative to

Regular Medical Practice. It is a Metaphysical science.

Bio-Well is not a medical instrument, it is not designed
for medical diagnostic, it allows conducting
energy analysis. In case of health
concerns, please, consult your doctor .

EVERYTHING IN THIS LIFE

IS

ABOUT

ENERGY

We all Want a **Healthy**
Lifestyle full of

ENERGY !

Chi

Ki

Prana

Cosmic Energy

We all Want a **Healthy**
Lifestyle full of

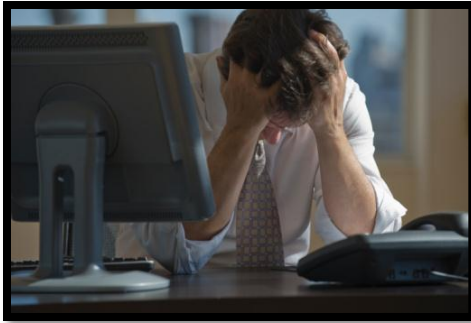
ENERGY!



RESULTS?

STRESS , EXHAUSTION, TOTAL BURN OUT

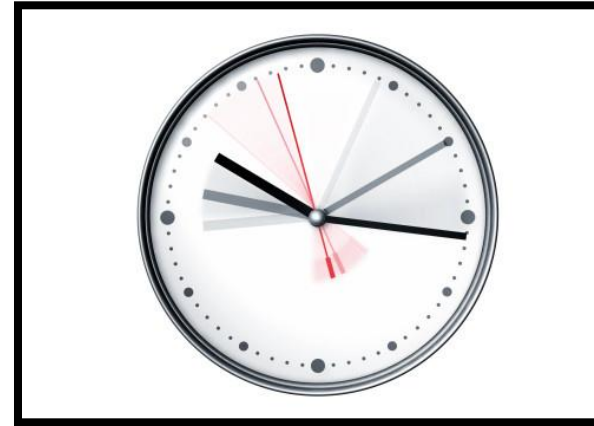
Which leads to;
Sickness & diseases



Mental Stress



Physical Stress



Fast Lifestyle

CAUSES OF DISEASES & STRESS:

Environment



- **City Pollution**
- **Food Pollution**
- **Air Pollution**
- **Water Pollution**
- **Electro Magnetic Radiation**



CAUSES OF DISEASES & STRESS

- ENVIRONMENT
- DIET
- WATER
- LIFE STYLE



Free Radicals, Lack of Oxygen, Acidic Body and Unbalanced Diet

CAUSES OF DISEASES & STRESS:

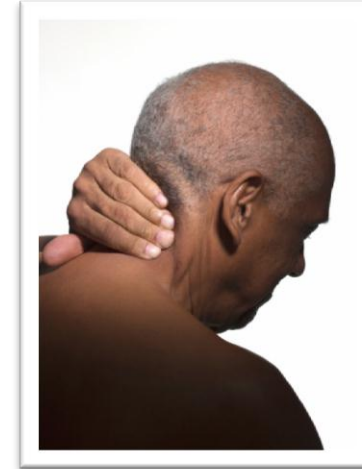
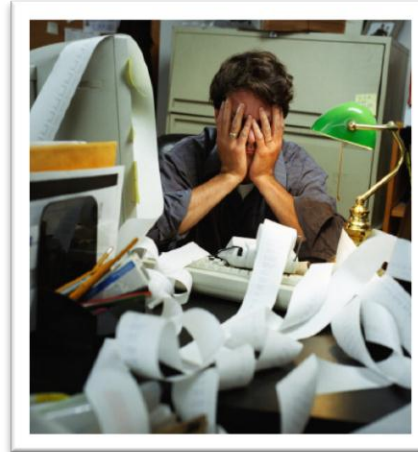
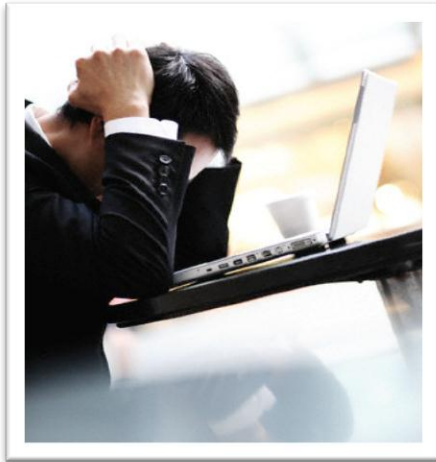
□ DIET



**Junk Food Has Become a part of our
everyday life and its killing us !!!!!!!!!!!!!!!**

SLOWLY

IS THIS THE BEGEMNING ?



SLEEP PROBLEMS ...ACHING JOINTS, MUSCLE ACHES..
FEELING LOW AND TIRED ? SUFFERING FROM CHRONIC
HEALTH ISSUES?

WHO REPORT

According to Biological Theories, Normal Lifespan of A Human is 120 years, but 99.9% of them die before that.

IT IS SHOCKING

- **By 2020, India is Likely To Account For 65 % of Cardiac Deaths In The World**
- **Around 91 People Die Of Cardiac Problems In The Country Every Hour**
- **We Have 8,00,000 New Cancer Patients Annually**



World Health Organization

W H O REPORT



World Health Organization

- The World Health Organization (WHO) Thinks You're at Risk .
- "The World Health Organization (WHO) takes seriously the concerns raised by reports about possible health effects from exposure to Electromagnetic fields (EMF).

WHO REPORT

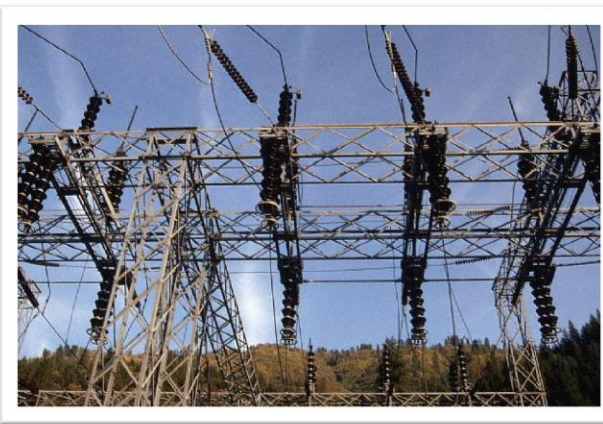
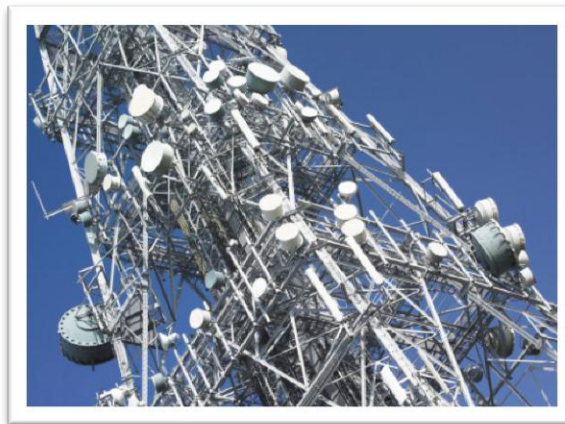
EXPOSURE to EMF CASUSES:

- CANCER**
- BEHAVIOURAL CHANGES**
- MEMORY LOSS**
- PARKINSON'S and ALZHEIMER'S disease**
- STRESS**
- INSOMNIA & DEPRESSION**



World Health Organization

HIGH TENSION CABLES BOMBARDS OUR BODIES THUS CAUSING STRESS TO OUR CELLS.



Radio waves, transmitting television and radio, microwaves from satellites, electric fields from overhead cables and even our own home lighting and power have depleted a significant amount of our own natural energy source.

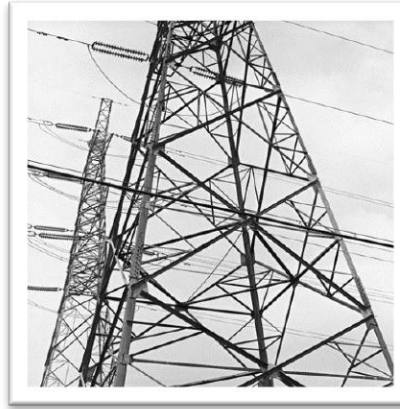
ELECTRIC FIELDS GENERATED FROM OVER HEAD CABLES DEPLETES OUR NATURAL ENERGY



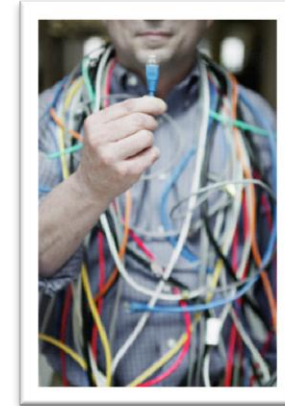
MILLENNIUM MADNESS



We live in concrete jungles



High tension wires

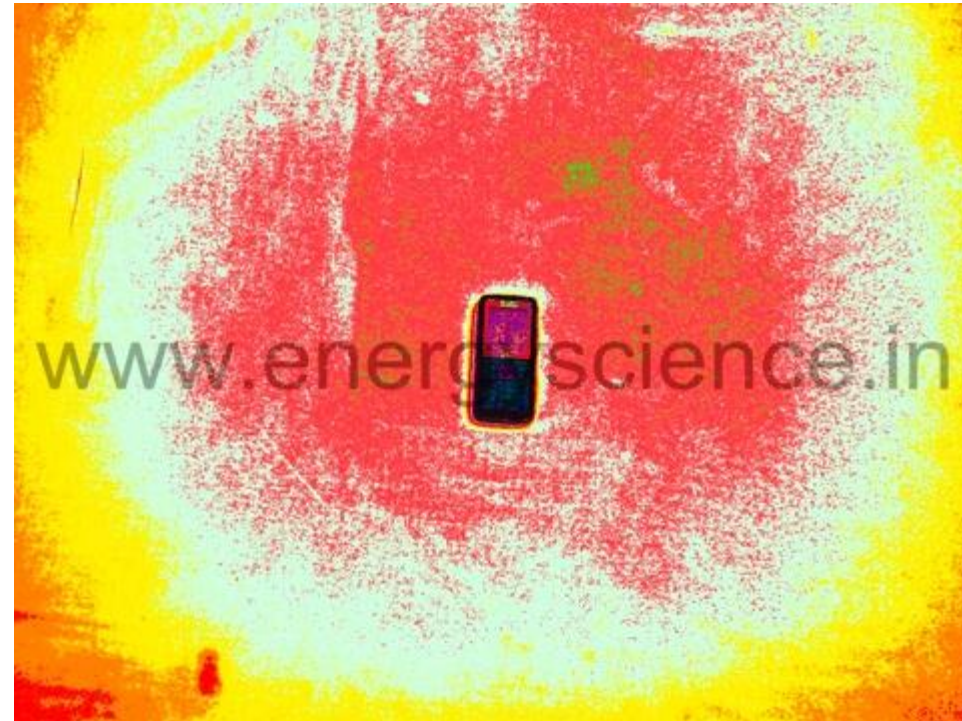


Wired life



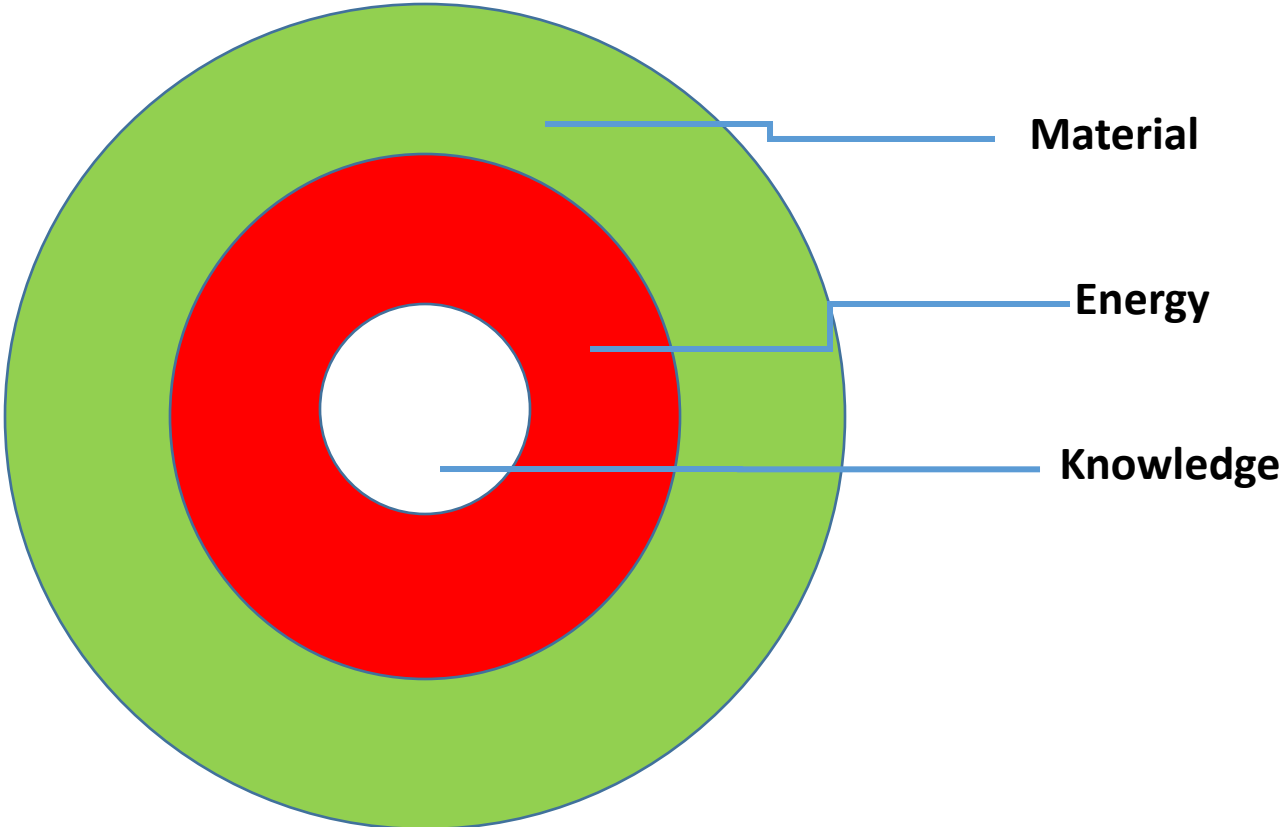
We run Behind the crowd

PIP SCAN: POLY CONTRAST INTERFERENCE PHOTOGRAPHY

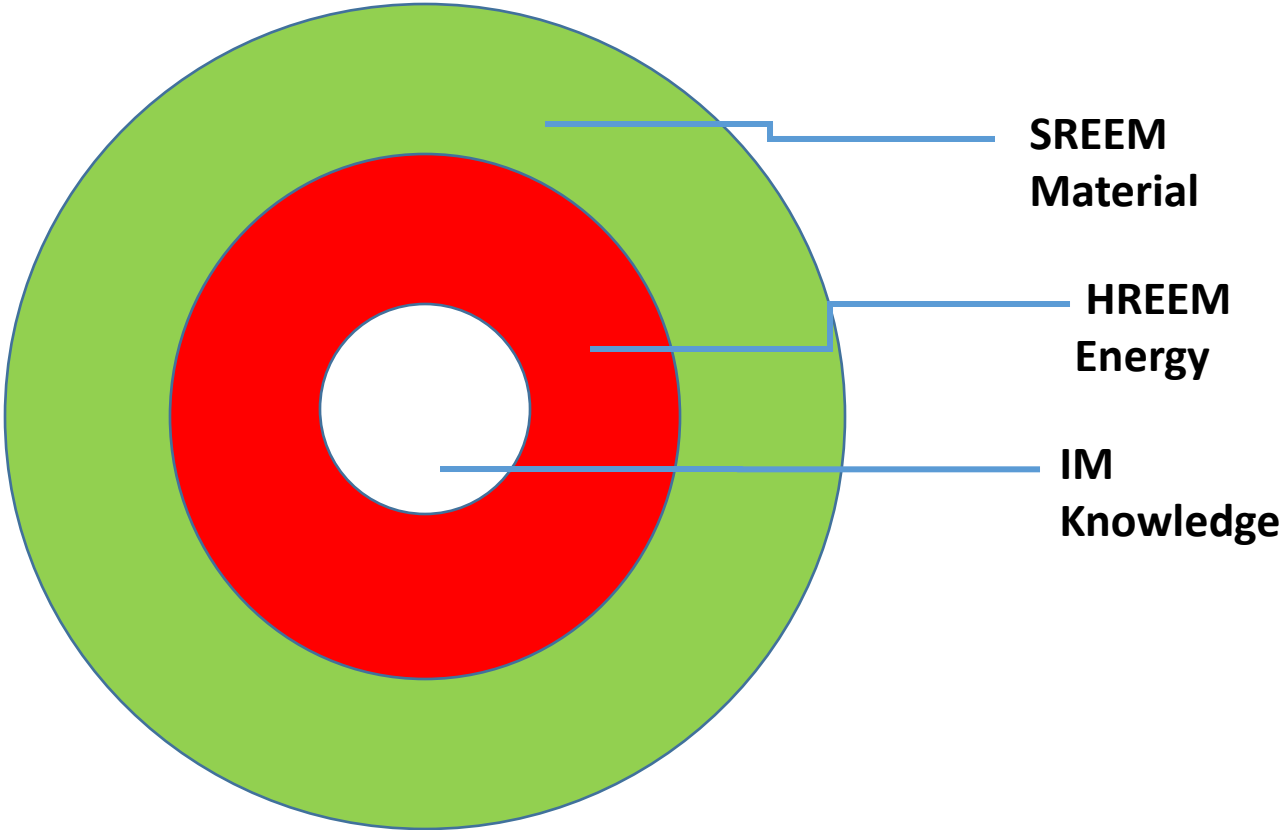


A RINGING MOBILE SHOWS RED HARMFUL RADIATION
OVER A PIP SCAN

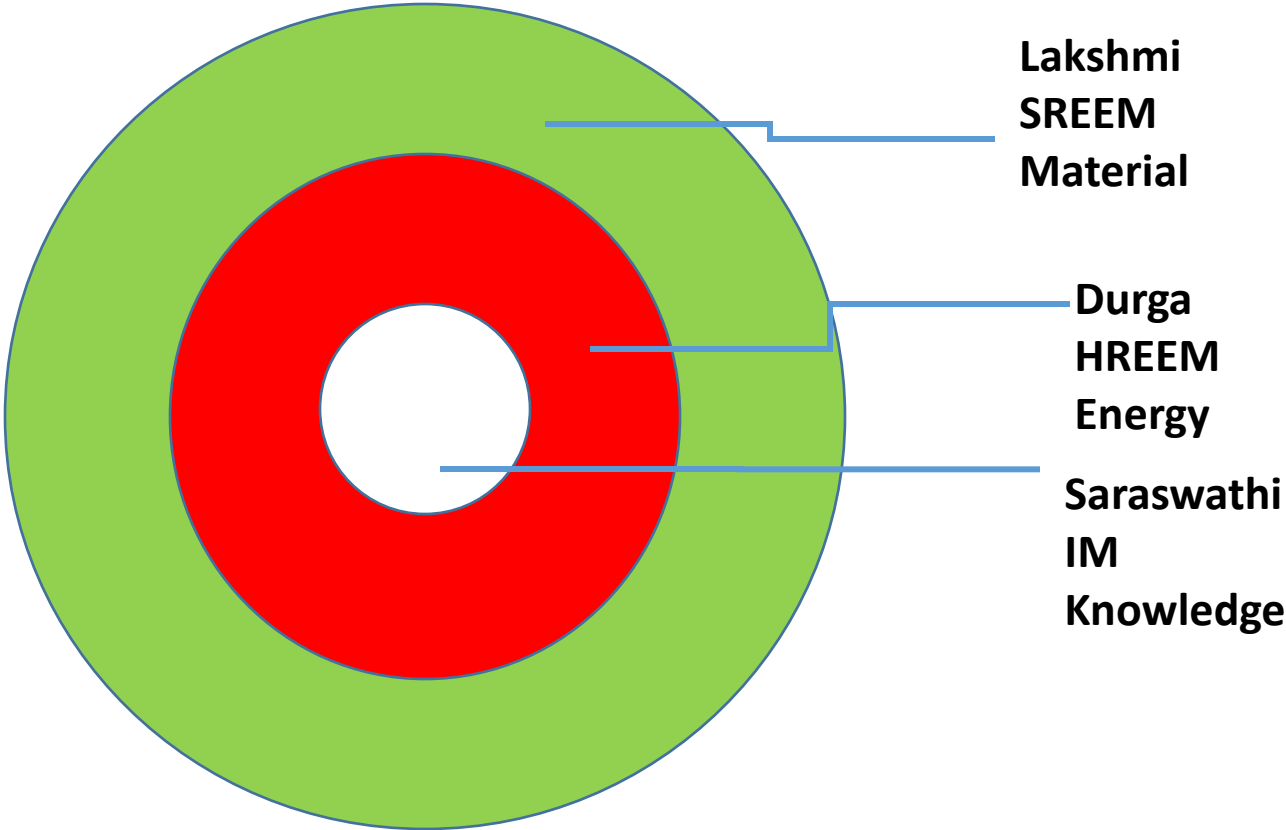
SECRET OF THE UNIVERSE



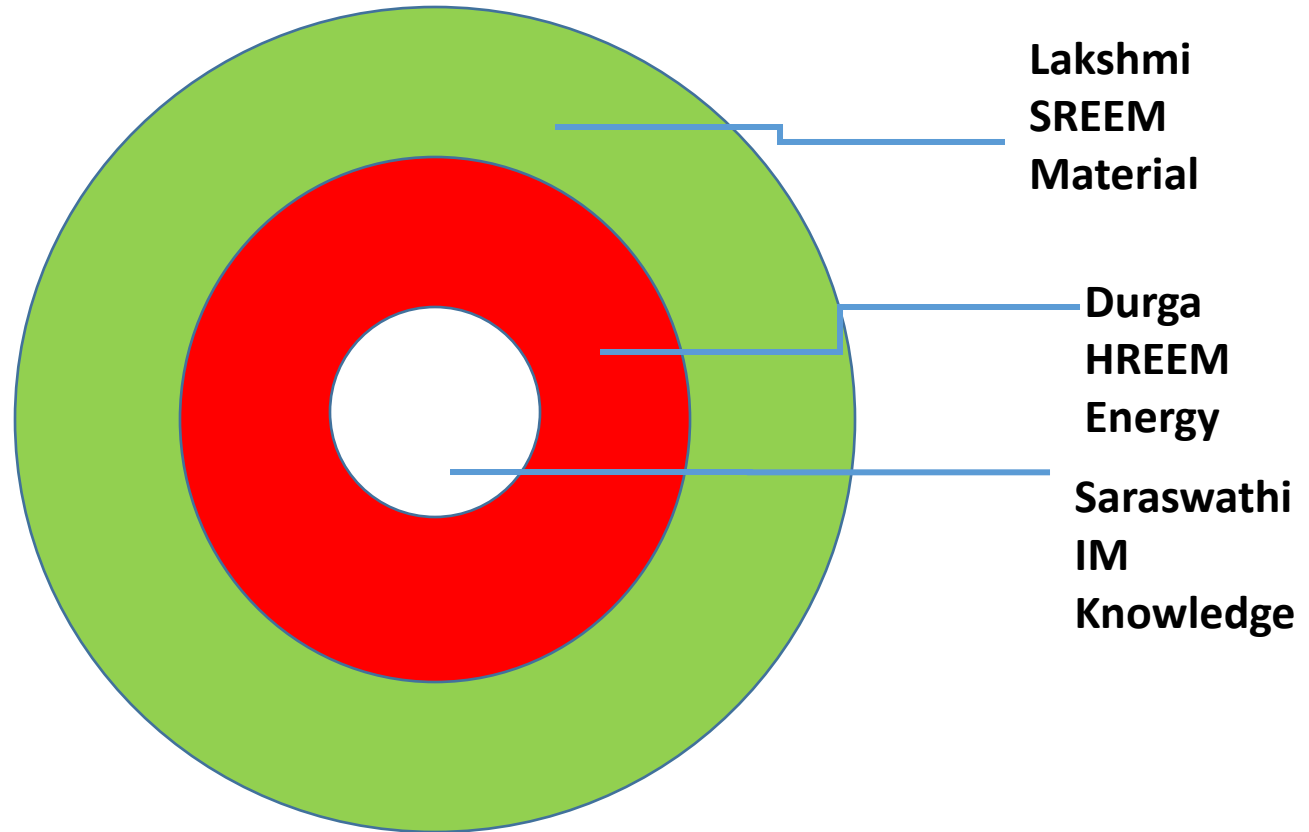
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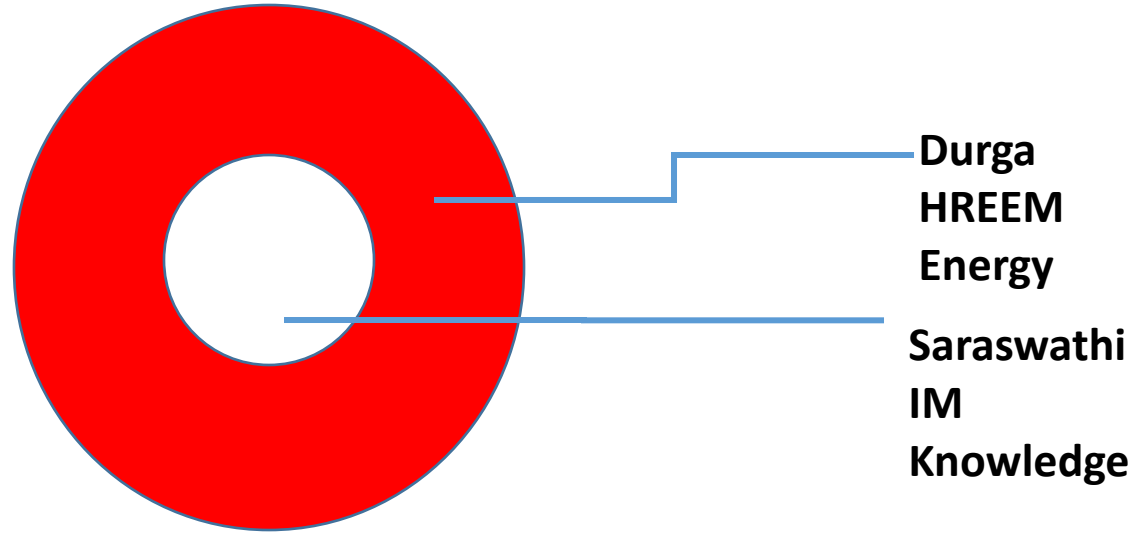
SECRET OF THE UNIVERSE



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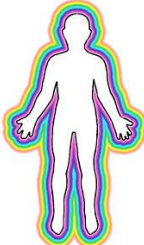
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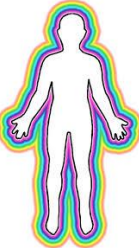
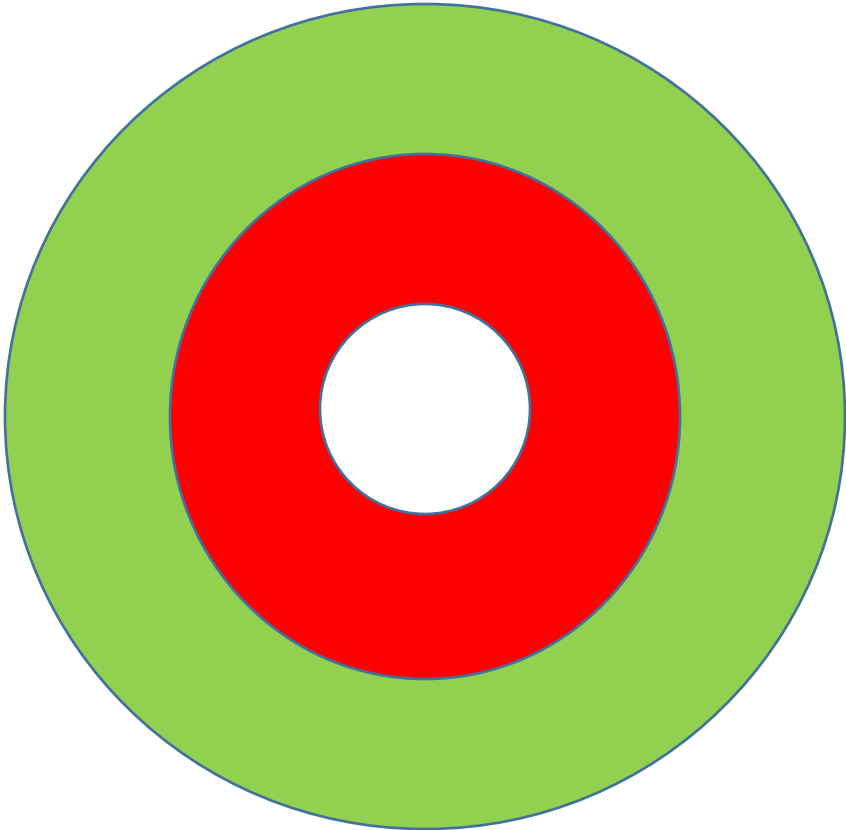
SECRET OF THE UNIVERSE



IM
Knowledge



Sri Vidya Meditation Om Im Hreem Sreem Om



A-U-M Kavacha Dyanam

SREEM

IM

HREEM

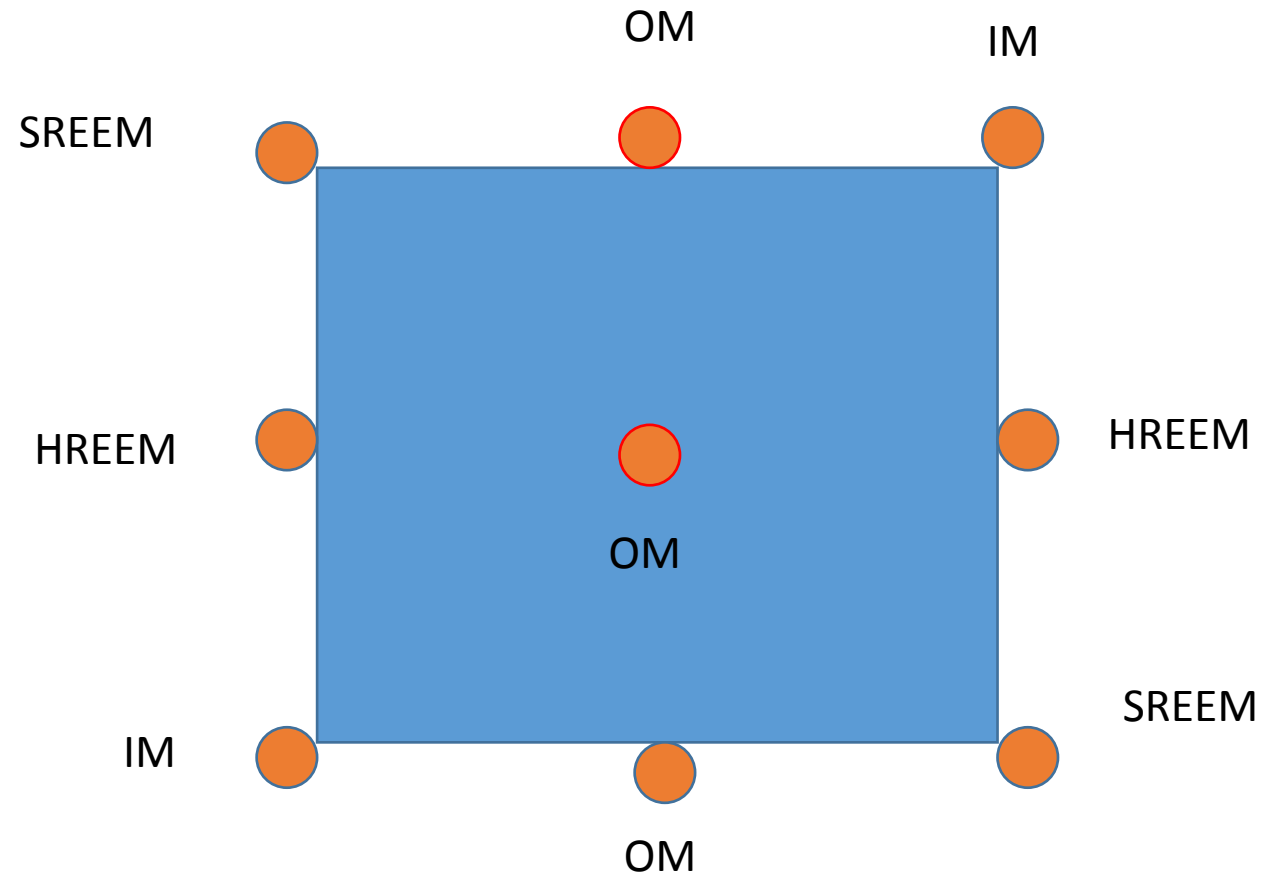


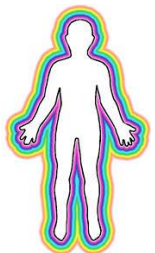
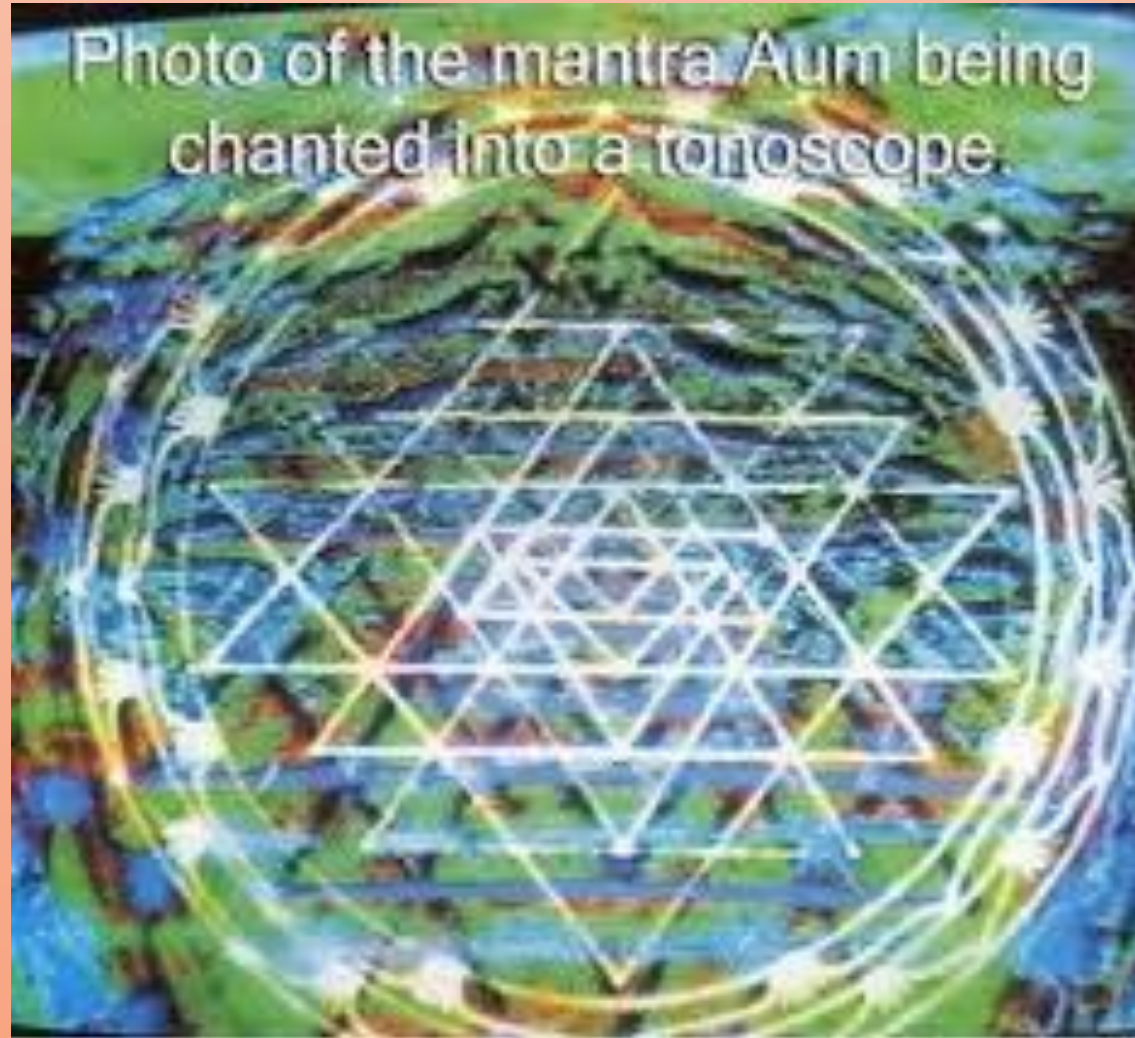
IM

HREEM

SREEM

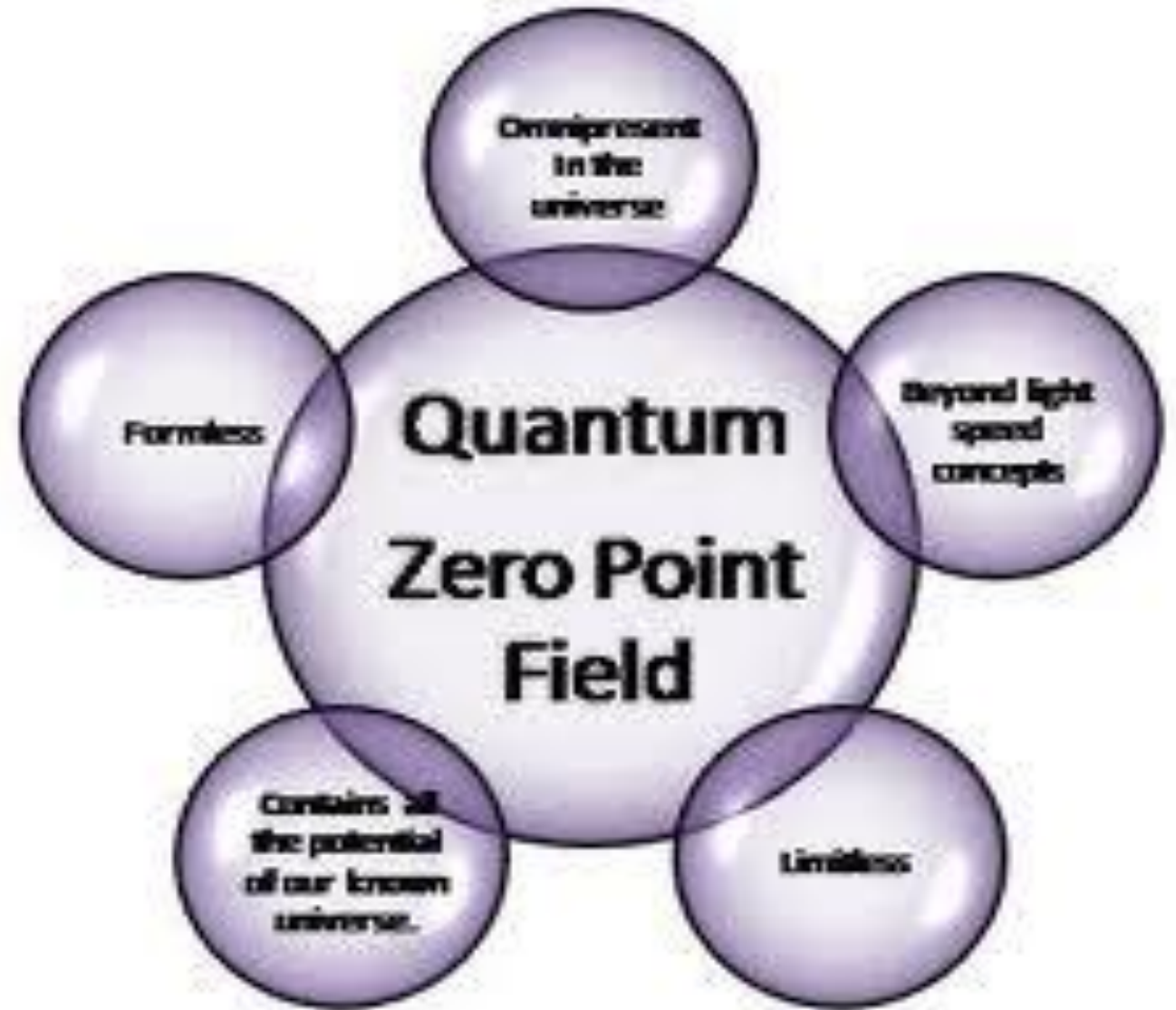
Sri Vidya





Zero-Point Field

As scientists continued pursuing their explorations on staggeringly small scales; they eventually found themselves staring at something truly confounding. They termed it the zero-point field (ZPF), because at this most infinitesimal of levels, some sort of force appears to be present even at a temperature of absolute zero, when all known forms of energy vanish.

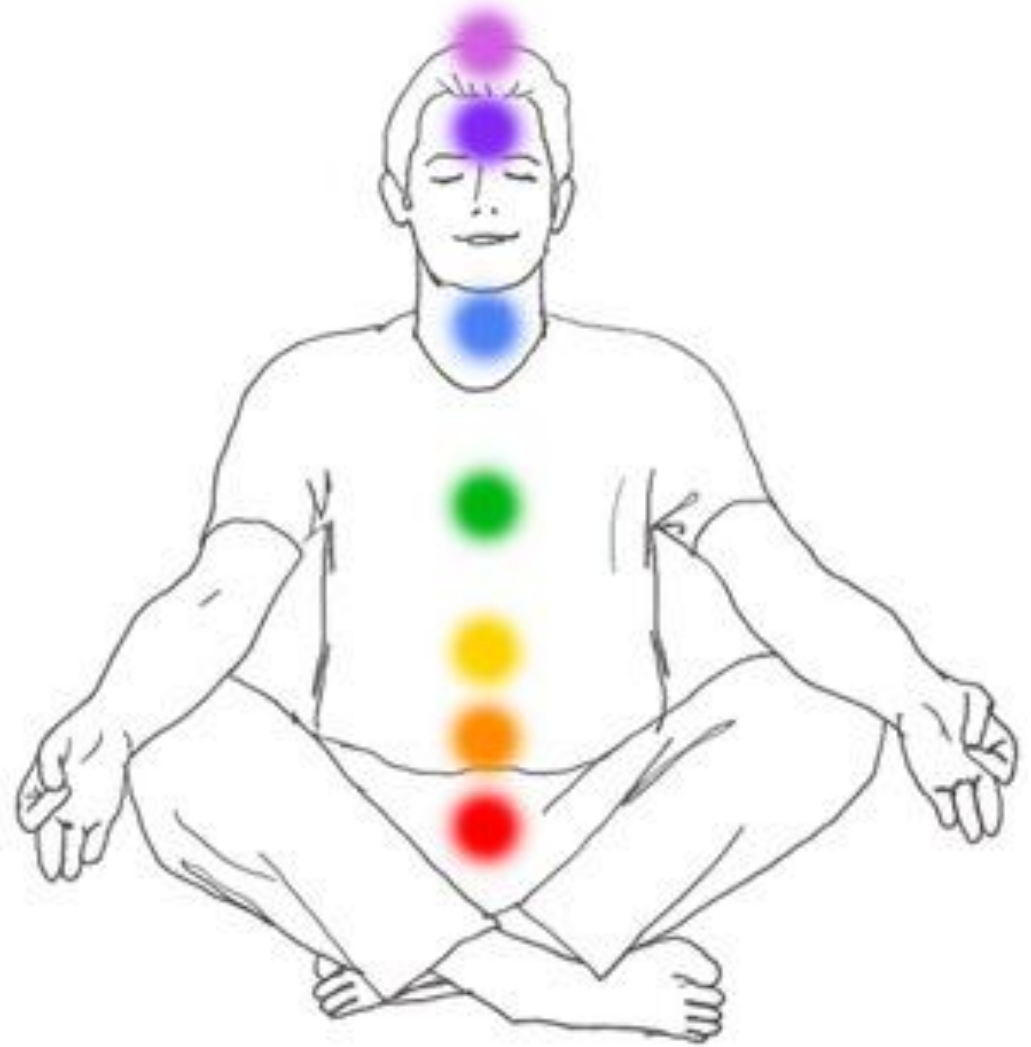


Thought Creates Everything



Your thoughts are not only matter, they create matter. Thought is where everything comes from. And your thoughts are where your life comes from.

Seven Chakra System



Introduction to Chakras

Mooladhara Chakra



Chakra 1- Muladhara or Root Chakra

1. Location: base of spine, coccygeal region
2. Function: connects us to the earth; keeps us grounded and centred.
3. Blockage symptoms: feeling worried or uneasy
4. Benefits when energized: feeling stable and secure
5. Common health issues: sciatica, varicose veins, lower back pain, piles.

Introduction to Chakras

Swathishtana Chakra



Chakra 2- Swadhisthana or Sacral Chakra

1. Location: reproductive area (lower abdomen to navel)
2. Function: associated with sexuality, birth, and creativity
3. Blockage symptoms: decreased creativity, sense of emptiness
4. Benefits when energized: increased creativity, sexual energy
5. Common health issues: sexual dysfunction, allergies, prostate and bladder cancer, pelvic/lower back pain

Introduction to Chakras

Manipuraka Chakra



Chakra 3- Manipura or Solar Plexus Chakra

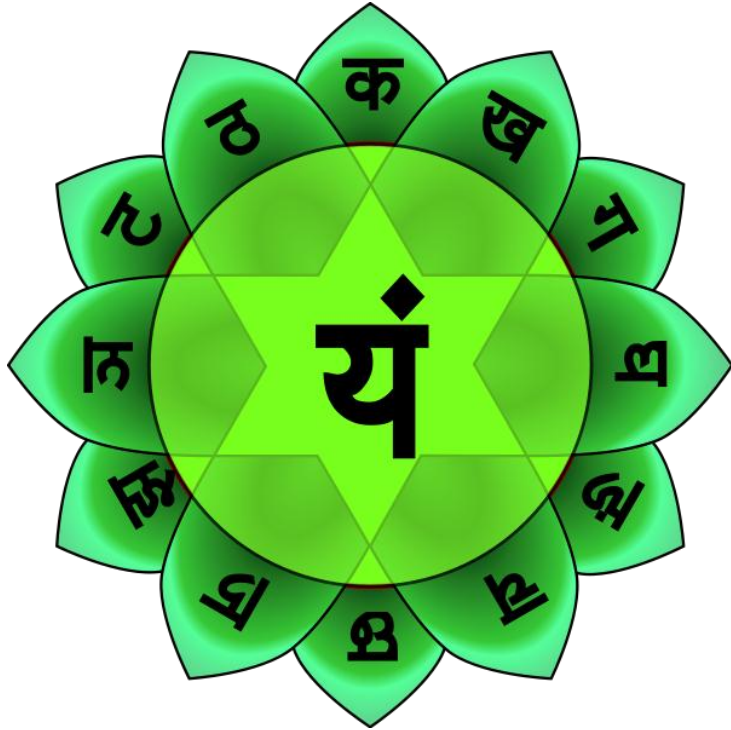
1. Location: solar plexus, abdominal area
2. Function: body's distribution point for psychic energies, "trusting your gut"
3. Blockage symptoms: fear, lack of self-confidence
4. Benefits when energized: clear intentions, ability to manifest your desires
5. Common health issues: digestive problems, arthritis, liver dysfunction, ulcers, Diabetes.

Introduction to Chakras

Anahata Chakra

Chakra 4- Anahata or Heart Chakra

1. Location: heart, center of the chest
2. Function: love, compassion, ability to “feel your heart”
3. Blockage symptoms: inability to give or receive love, issues with forgiveness, loneliness, feeling alienated
4. Benefits when energized: oneness with life, openness to love
5. Common health issues: heart problems, asthma, upper/middle back pain





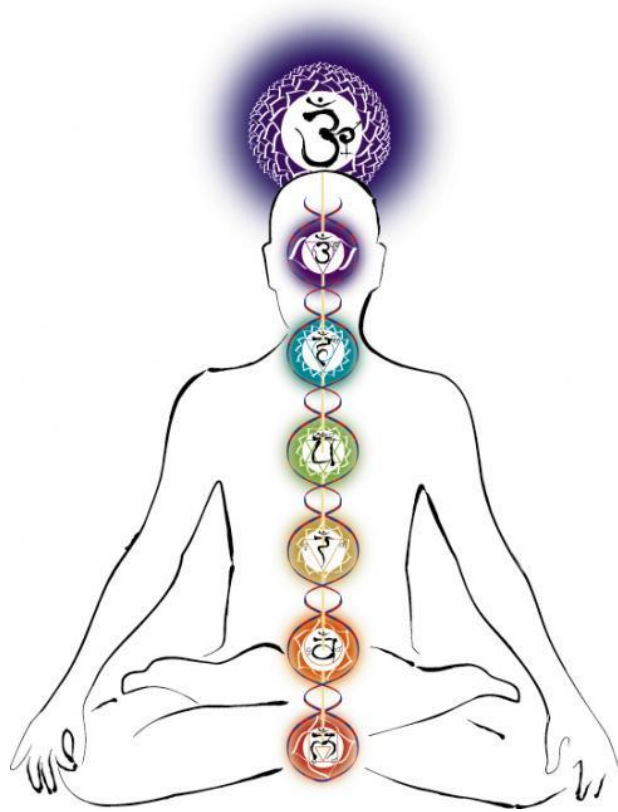
Chakra 5- Vishuddha or Throat Chakra

1. Location: throat/mouth area
2. Function: communication, “speaking your truth”
3. Blockage symptoms: inability to express your true feelings, communication problems, voice change.
4. Benefits when energized: ability to express yourself and communicate with others, mass support.
5. Common health, longevity of life.



Chakra 6- Ajna or Third Eye Chakra

1. Location: center of the forehead, between the eyebrows
2. Function: imagination and insight, intuition, “following your dreams”
3. Blockage symptoms: fear of being open to others’ ideas, psychological problems and anxiety
4. Benefits when energized: clear insight, strong intuition
5. Common health issues: headaches, brain tumors, mental confusion, sinus problems, neurological disorders



Chakra 7- Sahasrara

1. Location: top of the head where we join both our palms.
2. Function: connects us to higher consciousness, allows us to see the larger purpose in our lives
3. Blockage symptoms: inability to trust in the universe, lack of inspiration
4. Benefits when energized: connectedness with the universe, seeing the bigger picture
5. Common health issues: skeletal problems, paralysis

Mooladhara – Earth- Nervous system
Swathishtana-Water- Reproductive/excretory
system
Manipuraka-Fire-Digestive System
Anahatha-Blood circulatory System
Vishudhi-Breathing System
Aghna- Brain System

Mooladhara – Salt

Swathishtana – Sweet

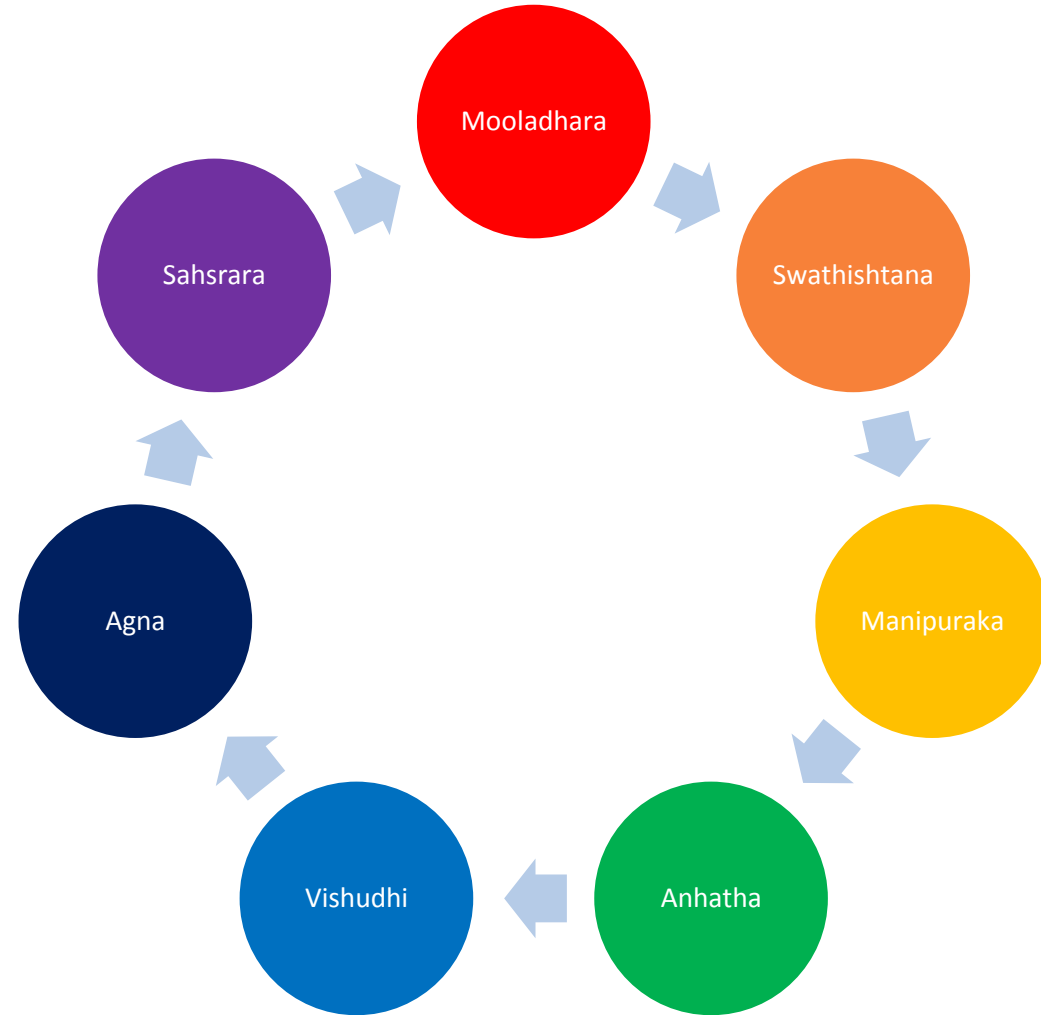
Manipuraka- காரச் சுவை Pungent

Anahatha- துவர்ப்பு Astringent

Vishudhi- புளிப்புச் சுவை Sour

Agna- Bitter

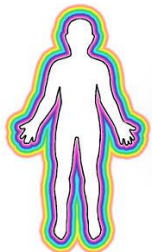
256 Colours Light Healing Technique

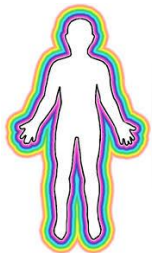
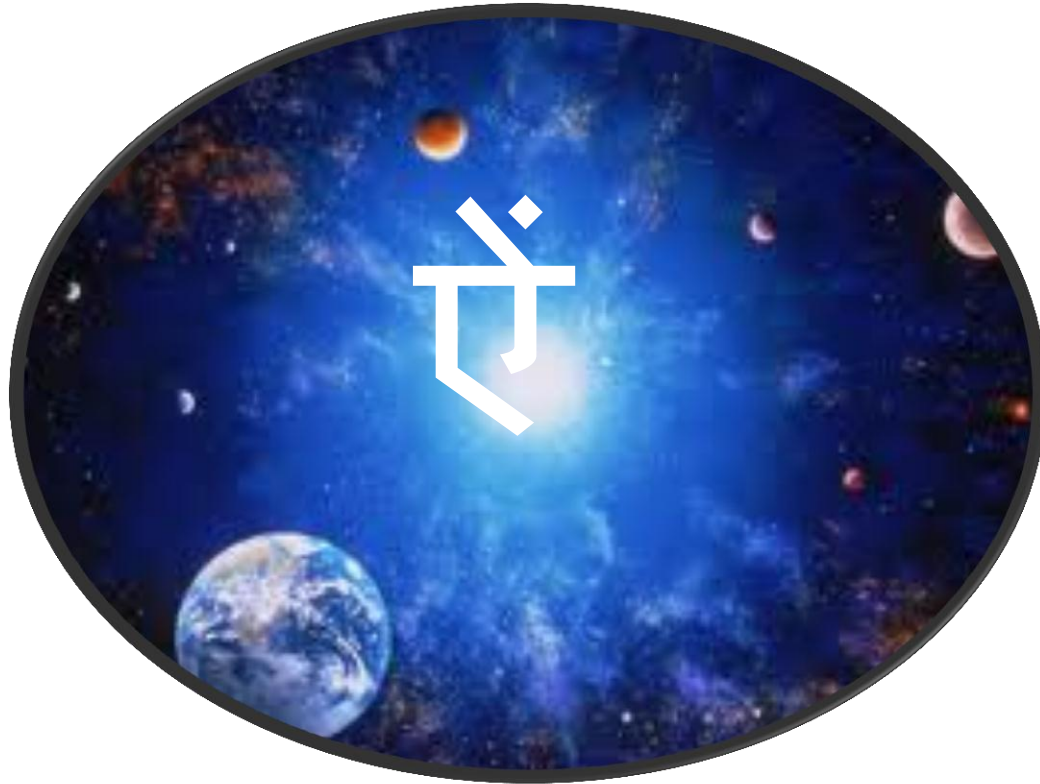


IS THERE ANY HEALING ENERGY IN THE UNIVERSE



Creation
Protection
Destruction
Disappearance
Appearance

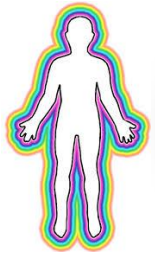




Basic Sri Vidya
Mantra Bija for
knowledge

“IM”

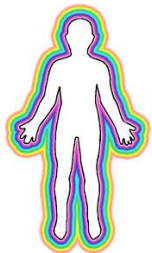




Basic Sri Vidya
Mantra for
Healing

“HREEM”

ह्रीं



Basic Sri Vidya
Mantra for
wealth

“SREEM”

श्रीं



OUR BODIES ARE MADE UP OF:

COSMIC BIO LIFE ENERGY - Crucial to life

Any disruption or imbalance to the Bio-energy strength or pathways can lead to disharmony, **ill health** and **Diseases**. When the energy flow is clogged-up toxins are generated (Ayurveda: **AMA**). That is the reason for all disease.

Chakras and tastes

Mooladhara – Salt

சுவை 6
உவர்ப்பு



Chakras and tastes

Swathishtana – Sweet

சுவை 2

இனிப்பு



Chakras and tastes

Manipuraka- காரச் சுவை Pungent



Anahatha- துவர்ப்பு Astringent

கனவை 1

ஆவர்ப்பு



Vishudhi- புளிப்புச் சுவை Sour

சுவை 3

புளிப்பு



Agna- Bitter

അഞ്ചു
കശു



Chakras and Stones

7th, Crown: *Subtle element: Intelligence.* God consciousness, spiritual intelligence

Moonstone, selenite, crystal quartz, amethyst

6th, Brow: *Subtle element: Mind.* Inner vision, intuition, comprehension

Iolite, lapis lazuli, labradorite, sapphire

5th, Throat: *Element: Ether.* Communication, expression, higher will

Turquoise, apatite

4th, Heart: *Element: Air.* Love, surrender, balance, acceptance, devotion

Rose quartz, emerald, peridot

3rd, Solar Plexus: *Element: Fire.* Will, personal power, perseverance, confidence

Citrine, topaz, tiger's eye

2nd, Sacral: *Element: Water.* Physical vitality, desire, creativity, passion

Coral, Carnelian, pearl

1st, Root: *Element: Earth.* Physical body, survival, past impressions

Garnet, ruby, hematite, onyx, jasper



Sahasrara – Ruby

Agna – Moon Stone, Pearl

Vishudhi – Blue Sapphire

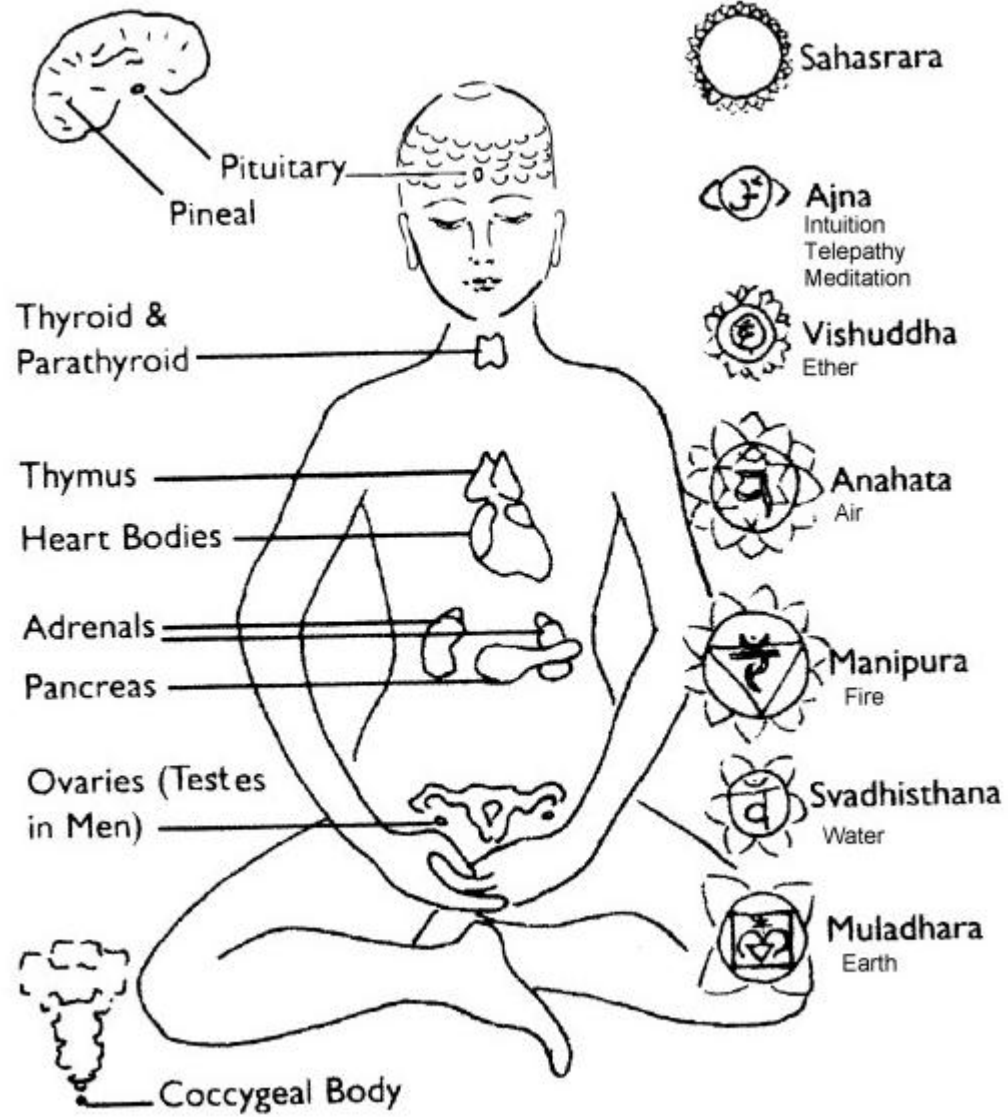
Anahatha – Yellow Sapphire

Manipuraka – Red Coral

Swathishtana – Diamond

Muladhara – Emerald, Jade

Mooladhara – Nervous disorders (Vadha)
Swathishtana – Diabetes and sexual problems
(Kapha)
Manipuraka-Kidney problems(Pitha)
Anahatha-Heart problems(Vadha)
Vishudhi-Skin allergies(Vadha)
Aghna- Psychological disorders(Kapha)
Sahasrara- Bone disorders(Pitha)



How to Change

Attitudinal Change

Life style modification

Positive thinking

Forgiving

Always be happy

Smile and laugh

Friendliness

Showing gratitude

Value Based Life

Create your own Reality

Mooladhara – Memory loss
Swathishtana – Strain in relationships
Manipuraka- Financial problems
Anahatha- Failures
Vishudhi- Loss
Aghna- Stress full life
Shasrara- Career issues

How to Change

1. Tap the cosmic energy from the abundance Self Healing/Heal Others:

2. Sounds: Mantras/Listening, Chanting and meditation

3. Food Supplements:

Mooladhara – Aswagandha

Swathishtana – Amla

Manipuraka-Curcummin

Anahatha- Arjuna

Vishudhi – Neem

Agna- Mentat

Sahasrara – Brahmi

Chakra Energy Healing

What is chakra energy healing?

It is channeling of cosmic energy to a patient who is sick or in pain, physically, emotionally, mentally or spiritually. It involves cleansing, energizing and stabilizing.

A clairvoyant studying the patient can predict the onset of a disease three to six months before hand. He does this by looking at the auras and chakras of the patient. The healer will then pass cosmic energy or prana to the patient especially at that particular chakra, which is malfunctioning. He does this either by distant or contact healing.

This is a process of channeling prana to the patient who is usually depleted of cosmic energy at that chakra, or the chakra is blocked and not functioning well. The components in cosmic healing are (1) the healer, (2) the patient (3) the venue and the (4) techniques.

Chakra Energy Healing

HOW TO TAP COSMIC ENERGY?

The first chakra is Mooladara or Root chakra. You have to concentrate this chakra for **grounding** and fixing you to the system first sit in the meditation posture and inhale deeply and hold. Send your consciousness along with the breath to the root chakra.

This is called invoking. Then visualize a golden string that fixes you with the earth tightly. Now come to the Agna or eye brow chakra and connect with the supreme cosmic energy.

Now you visualize a bright light over your head at the roof level. The light which is the cosmic energy flows through the centre of the head. This healing wave spreads all over your body and cleanses, heals, energizes all inner organs and you can also focus on the affected areas if any. After some time as you feel satisfied remove your grounding and the energy flow from the source of light vanishes. open your eyes and look in to your palms.

Chakra Energy Healing

The
universe is having full of cosmic energy.
but we are not focused to it.
When we focus upon it the flow of energy
begins. Just raise you left hand upwards
and the palm towards the sky and keep
your right palm closing your navel the
solar plexus chakra., close your eyes and
take deep breaths. Now the cosmic
energy starts flowing...once you feel full
you can open your eyes.

Energizing Chakras

- Let us split the source of cosmic healing light in to 7 VIBGYOR
 - Violet -Crown chakra * Indigo -Eye brow chakra * Blue-Throat chakra
*Green- Heart chakra *Yellow -Solar plexus * Orange - Sacral chakra
*Red – Root chakra
- Sit in meditation posture eyes closed.
- Visualize a bright light over your head and split 7 colors and start sending the specific colors to the appropriate chakra.
- Once you complete root chakra, visualize the source of cosmic healing light as the only one light and open your eyes looking into your palms.

Chakra Energy Healing

Every one can become a healer. No equipment or medicines required. The essential thing is a graceful mind to help others. It has no cost. Just be open to receive the abundant grace, compassion and love from the cosmos and channelize the same to others. The secret of healing is the green colour . Visualize green light and send to the suffering person for minimum three minutes.

Cleansing, Energizing and Stabilizing

- Keep your left palm open to sky and use right palm to do the practice. Rotate your palm three times clock wise and three times anti-clock wise over the chakras and pull the negative energies and throw out of your aura.
- Start from the Sahasrara Chakra and finish with Muladhara.
- Again show your right palm in front of your chakras and visualize that you are receiving the healing rays from the source of cosmos and it passes through your left palm fills your body and beams out through your right palm. Energize up to sahasrara.
- For stabilization do in the same way Sahasrara to Muladhara.

Healing with Mantras

- Mantra Beejas are the seed letters which have all the healing powers.
- Powerful and common healing mantra is “HREEM”. You can chant this as many number of times and send to the paining area or to any other patients.
- Fevers: “Kleem”
- High B.P: “Kshum”
- Low B.P. : “Hreem”
- Diabetes: “Shreem”

Wellness is the future



Wellness is the future

Bio Well[®]



Bio-Well analysis to measure your Bio Energy Field

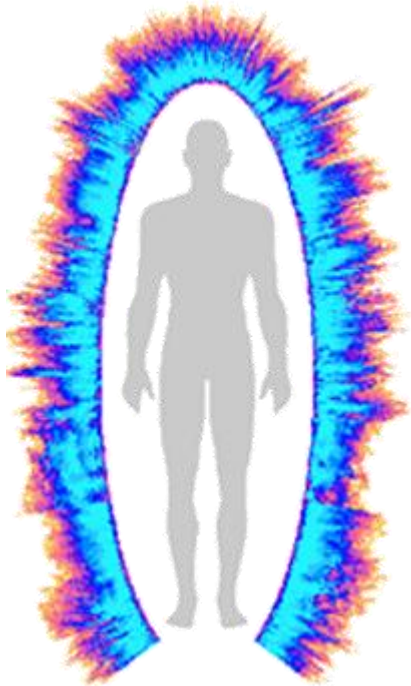
What is Bio-Well?©

Bio-well is a special device from Europe invented by **Dr.Korotkov** Russian Scientist and it estimates the aura and bio energy fields of persons.



Wellness is the future

Bio Well[®]



- **Powerful technology at your fingertips:**
- Bio-Well is a revolutionary, non-intrusive way to measure the human energy field using a specialized camera and software system.

Wellness is the future

Bio Well[®]

- GDV TECHNIQUE
- GDV Technique is the computer registration and analysis of electro-photonic emissions of different objects, including biological (specifically the human fingers) resulting from placing the object in the high-intensity electromagnetic field on the device lens.
- When a scan is conducted, a weak electrical current is applied to the fingertips for less than a millisecond. The object's response to this stimulus is the formation of a variation of an "electron cloud" composed of light energy photons.



The electronic "glow" of this discharge, which is invisible to the human eye, is captured by the camera system and then translated and transmitted back in graphical representations to show energy, stress and vitality evaluations. The images are then mapped to different organs and systems of the body, tapping into Chinese energy meridians. After scrutinizing your bio-well report Dr. Jagannath and a team of experts will guide you to improve your energies of Chakras and inner organs. This is not a medical diagnosis but an analysis of energy fields.

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By the end of this session, you'll:

Understand the levels of energies flowing through your chakras.
Learn how to enhance your chakra energies through meditation,
aromas, yantra, colours, music and food supplements.

Have reorientation of your thoughts and thought patterns

Discover the power to make significant changes in your life

Connect yourself with the core of supreme consciousness

Learn to build rapport quickly and connect to people
at a deeper level

Enhance the quality of your relationships

Be able to communicate and convince more powerfully

Learn to attract wealth and prosperity and attain economic freedom

Know how to maintain good health

Create a new future and make your dreams true

Regenerate yourself and explore your new world of success and happiness.

Thanks and Blessings with Healing waves

- **Dr.Jagannath Ph.D.,**
- A learned scholar(Dotorte in Philosophy from Madurai Kamaraj University) and a renowned spiritual guru with academic merits teaches the path of Spiritual Intelligence for the past 25 years. His expertise in Philosophy, astrology, music and articulation has fetched many followers. He has guided many students and people who were stuck with problems of life and saved them. He is called by his followers as “Friend, Philosopher and Guide”.
- **Fix your appointment for a private Chakra Energy Sessions with Dr.Jagannath**
- **Please contact Bala, Director, Akkarshana Mobile: 77 08 180646**
- **Visit us at :**
- **www.theaakarshana.com**

Disclaimer

- Chakra Energy Healing is a faith based technique.
- No claims will be accepted regarding the concepts or results.
- Chakra Energy Healing or Bio Well report is not equivalent to any medical treatment.
- Regarding any ailments please consult your doctor.

www.theaakarshana.com