### **APOPTOSIS: An overview**

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# INTRODUCTION

Cell death by injury

-Mechanical damage

-Exposure to toxic chemicals

Cell death by suicide

- -Internal signals
- -External signals

Conted.....

Apoptosis or programmed cell death, is carefully coordinated collapse of cell, protein degradation, DNA fragmentation followed by rapid engulfment of corpses by neighbouring cells. (Tommi, 2002)

Essential part of life for every multicellular organism from worms to humans. (Faddy et al., 1992)

Apoptosis plays a major role from embryonic development to senescence.

### Why should a cell commit suicide?

#### Apoptosis is needed for proper development

Examples:

The resorption of the tadpole tail

The formation of the fingers and toes of the fetus

The sloughing off of the inner lining of the uterus

The formation of the proper connections between neurons in the brain

#### Apoptosis is needed to destroy cells

Examples:

Cells infected with viruses

Cells of the immune system

Cells with DNA damage

Cancer cells

#### What makes a cell decide to commit suicide?

#### Withdrawal of positive signals

examples : growth factors for neurons Interleukin-2 (IL-2)

#### Receipt of negative signals

examples :

increased levels of oxidants within the cell damage to DNA by oxidants death activators :

Tumor necrosis factor a

Tumor necrosis factor alpha (TNF-α) Lymphotoxin (TNF-β) Fas ligand (FasL)

### History of cell death / apoptosis research

- **41800s** Numerous observation of cell death
- **4**1908 Mechnikov wins Nobel prize (phagocytosis)
- **4**1930-40 Studies of metamorphosis
- 41948-49 Cell death in chick limb & exploration of NGF
- **41955** Beginning of studies of lysomes
- 41964-66 Necrosis & PCD described
- **4**1971 Term apoptosis coined
- 41977 Cell death genes in *C. elegans*
- **4**1980-82 DNA ladder observed & ced-3 identified
- 41989-91 Apoptosis genes identified, including bcl-2, fas/apo1 & p53, ced-3 sequenced

(Richerd *et.al., 2001)* 

# Necrosis vs. Apoptosis

| Necrosis  | Apoptosis                                |
|---|--|
| <ul> <li>Cellular swelling</li> </ul>                                   | Cellular condensation                    |
| Membranes are broken  | Membranes remain intact                  |
| <ul> <li>ATP is depleted</li> </ul>                                     | Requires ATP                             |
| <ul> <li>Cell lyses, eliciting an<br/>inflammatory reaction</li> </ul>  | Cell is phagocytosed, no tissue reaction |
| <ul> <li>DNA fragmentation is<br/>random, or smeared</li> </ul>         | Ladder-like DNA fragmentation            |
| <ul> <li>In vivo, whole areas of<br/>the tissue are affected</li> </ul> | affected                                 |

# **NECROSIS Vs APOPTOSIS**



#### Wilde, 1999

### **STAGES OF APOPTOSIS**



#### **APOPTOSIS:** Morphology



#### **APOPTOSIS:** Morphological events

#### cell shrinkage

- organelle reduction
  - mitochondrial leakage
    - chromatin condensation
      - nuclear fragmentation

membrane blebbing & changes





#### **Blebbing & Apoptotic bodies**

Bleb

The control retained over the cell membrane & cytoskeleton allows intact pieces of the cell to separate for recognition & phagocytosis by  $M\Phi$ s

**Apoptotic body** 

<u>Caenorhabditis elegans</u>

#### 1090 cells → 131 cells → apoptosis





# MAJOR PLAYERS IN APOPTOSIS

- <u>Caspases</u>
- Adaptor proteins
- TNF & TNFR family
- Bcl-2 family

| <b>Ligand-in</b> | duced cell death |
|------------------|------------------|
| Ligand           | Receptor         |
| FasL             | Fas (CD95)       |
| TNF              | TNF-R            |
| TRAIL            | DR4 (Trail-R)    |

# Ligand-induced cell death



#### **APOPTOSIS: Signaling & Control pathways**





#### **APOPTOSIS: Signaling & Control pathways II**





#### The mitochondrial pathway



# **REGULATION OF APOPTOSIS**

↓Stimuli → apoptosis → selection of targets (Rich et al., 2000)

**4**Apoptosis by conflicting signals that scramble the normal status of cell (Canlon & Raff, 1999)

♣Apoptotic stimuli → cytokines, death factors (FasL) (Tabibzadeh et al., 1999)

**↓**DNA breaks  $\rightarrow$  p53 is activated  $\rightarrow$ arrest cell cycle or activate self destruction (Blaint & Vousden, 2001)

# **Importance of Apoptosis**

- Important in normal physiology / development
  - <u>Development</u>: Immune systems maturation, Morphogenesis, Neural development
  - <u>Adult</u>: Immune privilege, DNA Damage and wound repair.
- Excess apoptosis
  - Neurodegenerative diseases
- Deficient apoptosis
  - Cancer
  - Autoimmunity

### **FUTURE PERSPECTIVES**

The biological roles of newly identified death receptors and ligands need to be studied

Weed to know whether defects in these ligands and receptors contribute to disease



- an important process of cell death
- Can be initiated extrinsically through death ligands (e.g. TRAIL, FasL) activating initiator caspase 8 through induced proximity.
- can be initiated intrinsically through DNA damage (via cytochrome c) activating initiator caspase 9 through oligomerization.
- Initiator caspases 8 and 9 cleave and activate effector caspase 3, which leads to cell death.

### **DNA DAMAGE**



### The bcl-2 family







# P53 & Apoptosis

- p53 first arrests cell growth between  $G1 \rightarrow S$ 
  - This allows for DNA repair during delay
    - If the damage is too extensive then p53 induces gene activation leading to apoptosis (programmed cell death)



### 3 mechanisms of caspase activation



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a. Proteolytic cleavage e.g. pro-caspase 3

b. Induced proximity, e.g. pro-caspase 8

c. Oligomerization, e.g. cyt c, Apaf-1 & caspase 9



#### Apoptosis signal to kill infected cells

Cytolytic lymphocyte/CTL (& natural killer lymphocyte) presents Fas ligand/CD178 on its surface to tell the infected cell to die

